

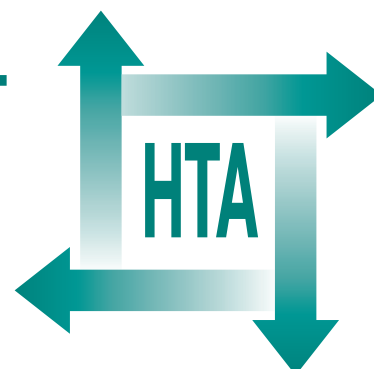
# **Cyclooxygenase-2 selective non-steroidal anti-inflammatory drugs (etodolac, meloxicam, celecoxib, rofecoxib, etoricoxib, valdecoxib and lumiracoxib) for osteoarthritis and rheumatoid arthritis: a systematic review and economic evaluation**

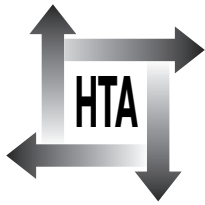
Y-F Chen, P Jobanputra, P Barton, S Bryan,  
A Fry-Smith, G Harris and RS Taylor



April 2008

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# Cyclooxygenase-2 selective non-steroidal anti-inflammatory drugs (etodolac, meloxicam, celecoxib, rofecoxib, etoricoxib, valdecoxib and lumiracoxib) for osteoarthritis and rheumatoid arthritis: a systematic review and economic evaluation

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# NIHR Health Technology Assessment Programme

The Health Technology Assessment (HTA) Programme, part of the National Institute for Health Research (NIHR), was set up in 1993. It produces high-quality research information on the effectiveness, costs and broader impact of health technologies for those who use, manage and provide care in the NHS. 'Health technologies' are broadly defined as all interventions used to promote health, prevent and treat disease, and improve rehabilitation and long-term care.

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## Abstract

### **Cyclooxygenase-2 selective non-steroidal anti-inflammatory drugs (etodolac, meloxicam, celecoxib, rofecoxib, etoricoxib, valdecoxib and lumiracoxib) for osteoarthritis and rheumatoid arthritis: a systematic review and economic evaluation**

Y-F Chen,<sup>1\*</sup> P Jobanputra,<sup>2</sup> P Barton,<sup>3</sup> S Bryan,<sup>3</sup> A Fry-Smith,<sup>1</sup> G Harris<sup>4</sup> and RS Taylor<sup>5</sup>

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**Objectives:** To review the clinical effectiveness and cost-effectiveness of cyclooxygenase-2 (COX-2) selective non-steroidal anti-inflammatory drugs (NSAIDs) (etodolac, meloxicam, celecoxib, rofecoxib, etoricoxib, valdecoxib and lumiracoxib) for osteoarthritis (OA) and rheumatoid arthritis (RA).

**Data sources:** Electronic databases were searched up to November 2003. Industry submissions to the National Institute for Health and Clinical Excellence (NICE) in 2003 were also reviewed.

**Review methods:** Systematic reviews of randomised controlled trials (RCTs) and a model-based economic evaluation were undertaken. Meta-analyses were undertaken for each COX-2 selective NSAID compared with placebo and non-selective NSAIDs. The model was designed to run in two forms: the 'full Assessment Group Model (AGM)', which includes an initial drug switching cycle, and the 'simpler AGM', where there is no initial cycle and no opportunity for the patient to switch NSAID.

**Results:** Compared with non-selective NSAIDs, the COX-2 selective NSAIDs were found to be equally as efficacious as the non-selective NSAIDs (although meloxicam was found to be of inferior or equivalent efficacy) and also to be associated with significantly fewer clinical upper gastrointestinal (UGI) events (although relatively small numbers of clinical gastrointestinal (GI) and myocardial infarction (MI) events were reported across trials). Subgroup analyses of clinical and complicated UGI events and MI events in relation to aspirin use, steroid use, prior GI history and

*Helicobacter pylori* status were based on relatively small numbers and were inconclusive. In the RCTs that included direct COX-2 comparisons, the drugs were equally tolerated and of equal efficacy. Trials were of insufficient size and duration to allow comparison of risk of clinical UGI events, complicated UGI events and MIs. One RCT compared COX-2 (celecoxib) with a non-selective NSAID combined with a gastroprotective agent (diclofenac combined with omeprazole); this included arthritis patients who had recently suffered a GI haemorrhage. Although no significant difference in clinical GI events was reported, the number of events was small and more such studies, where patients genuinely need NSAIDs, are required to confirm these data. A second trial showed that rofecoxib was associated with fewer diarrhoea events than a combination of diclofenac and misoprostol (Arthrotec). Previously published cost-effectiveness analyses indicated a wide of range of possible incremental cost per quality-adjusted life-year (QALY) gained estimates. Using the simpler AGM, with ibuprofen or diclofenac alone as the comparator, all of the COX-2 products are associated with higher costs (i.e. positive incremental costs) and small increases in effectiveness (i.e. positive incremental effectiveness), measured in terms of QALYs. The magnitude of the incremental costs and the incremental effects, and therefore the incremental cost-effectiveness ratios, vary considerably across all COX-2 selective NSAIDs. The base-case incremental cost per QALY results for COX-2 selective NSAIDs compared with diclofenac for the simpler

model are: celecoxib (low dose) £68,400; celecoxib (high dose) £151,000; etodolac (branded) £42,400; etodolac (generic) £17,700; etoricoxib £31,300; lumiracoxib £70,400; meloxicam (low dose) £10,300; meloxicam (high dose) £17,800; rofecoxib £97,400; and valdecoxib £35,500. When the simpler AGM was run using ibuprofen or diclofenac combined with proton pump inhibitor (PPI) as the comparator, the results change substantially, with the COX-2 selective NSAIDs looking generally unattractive from a cost-effectiveness point of view (COX-2 selective NSAIDs were dominated by ibuprofen or diclofenac combined with PPI in most cases). This applies both to 'standard' and 'high-risk' arthritis patients defined in terms of previous GI ulcers. The full AGM produced results broadly in line with the simpler model.

**Conclusions:** The COX-2 selective NSAIDs examined were found to be similar to non-selective NSAIDs for the symptomatic relief of RA and OA and to provide superior GI tolerability (the majority of evidence is in patients with OA). Although COX-2 selective NSAIDs offer protection against serious GI events, the amount

of evidence for this protective effect varied considerably across individual drugs. The volume of trial evidence with regard to cardiovascular safety also varied substantially between COX-2 selective NSAIDs. Increased risk of MI compared to non-selective NSAIDs was observed among those drugs with greater volume of evidence in terms of exposure in patient-years. Economic modelling shows a wide range of possible costs per QALY gained in patients with OA and RA. Costs per QALY also varied if individual drugs were used in 'standard' or 'high'-risk patients, the choice of non-selective NSAID comparator and whether that NSAID was combined with a PPI. With reduced costs of PPIs, future primary research needs to compare the effectiveness and cost-effectiveness of COX-2 selective NSAIDs relative to non-selective NSAIDs with a PPI. Direct comparisons of different COX-2 selective NSAIDs, using equivalent doses, that compare GI and MI risk are needed. Pragmatic studies that include a wider range of people, including the older age groups with a greater burden of arthritis, are also necessary to inform clinical practice.



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## List of abbreviations

ACCES	Arthritis Cost Consequences Evaluation System	ITT	intention-to-treat
ADVANTAGE	Assessment of Difference Between Vioxx and Naproxen to Ascertain Gastrointestinal Tolerability and Effectiveness	MELISSA	Meloxicam Large-Scale International Study Safety Assessment
AGM	Assessment Group Model	MI	myocardial infarction
APTC	Antiplatelet Trialists' Collaboration	MUCOSA	Misoprostol Ulcer Complications Outcome Safety Assessment
BNF	British National Formulary	NICE	National Institute for Health and Clinical Excellence
CI	confidence interval	NNT	number-needed-to-treat
CLASS	Celecoxib Long-term Arthritis Safety Study	NNH	number-needed-to-harm
COX	cyclooxygenase	NSAID	non-steroidal anti-inflammatory drug (excluding aspirin)
Coxib	refers to certain chemical classes of NSAID but does not necessarily reflect COX-2 selectivity	OA	osteoarthritis
CV	cardiovascular	OR	odds ratio
DMARD	disease-modifying antirheumatic drug	POB	perforation, obstruction or bleed: refers only to complicated UGI events (see below)
EMEA	European Medicines Agency	PPI	proton pump inhibitor (such as omeprazole and lansoprazole)
FDA	Food and Drug Administration	PUB	perforation, ulcer or bleed: refers to symptomatic ulcers (see below) and complicated UGI events (see below) combined
GI	gastrointestinal	QALY	quality-adjusted life-year
GORD	gastro-oesophageal reflux disease	RA	rheumatoid arthritis
GPA	gastroprotective agent	RCT	randomised controlled trial
GPD	gastroprotective drug	RR	relative risk
H2RA	histamine-2 receptor antagonist (such as cimetidine and ranitidine)	SA	sensitivity analysis
HAQ	Health Assessment Questionnaire		
ICER	incremental cost-effectiveness ratio		

*continued*

**List of abbreviations (continued)**

SELECT	Safety and Efficacy Large-scale Evaluation of COX-inhibiting Therapies	UGI	upper gastrointestinal
Syst Rev	systematic review	VACT	Vioxx, Acetaminophen, Celecoxib Trial
SR	(following a drug name) slow-release	VAS	visual analogue scale
SUCCESS	Successive Celecoxib Efficacy and Safety Studies	VIGOR	Vioxx Gastrointestinal Outcomes Research
TARGET	Therapeutic Arthritis Research and Gastrointestinal Event Trial	WOMAC	Western Ontario and McMaster Universities

All abbreviations that have been used in this report are listed here unless the abbreviation is well known (e.g. NHS), or it has been used only once, or it is a non-standard abbreviation used only in figures/tables/appendices in which case the abbreviation is defined in the figure legend or at the end of the table.

**Definitions**

**COX-2 selective NSAIDs** For the purposes of this review, the following NSAIDs are included in this category: celecoxib, etodolac, etoricoxib, lumiracoxib, meloxicam, rofecoxib, and valdecoxib. Diclofenac appears to have similar levels of COX-2 selectivity as some of these agents but is not included in this category.

**Clinical upper GI events** This includes symptomatic upper GI ulcers and complicated upper GI events (see below).

**Complicated upper GI events** This includes perforations, obstructions and bleeding of the stomach and/or duodenum.

**Serious cardiovascular thrombotic events** The definition by the Antiplatelet Trialists' Collaboration is adopted. These include cardiovascular, haemorrhagic and unknown death, non-fatal myocardial infarction and non-fatal stroke.

**Symptomatic upper gastrointestinal (GI) ulcers** Symptomatic upper GI ulcers are defined as ulcers seen on endoscopy or radiographs with associated symptoms, for example where patients have been investigated for upper GI symptoms of dyspepsia during a study (i.e. evaluated 'for cause').

**Note**

The contents of this monograph are based upon a technology assessment report that was compiled during a review of Technology Appraisal Guidance No. 27 for cyclooxygenase-2 (COX-2) selective non-steroidal anti-inflammatory drugs (NSAIDs) for osteoarthritis (OA) and rheumatoid arthritis (RA) carried out by the National Institute for Clinical Excellence (NICE) in 2003–4. The publication of the monograph was substantially delayed due to the unusual circumstances surrounding this technology appraisal, which was subsequently suspended. Readers are referred to Chapter 10, 'Postscript', for an overview of the project history and are reminded that new evidence that has emerged since the initial completion of the technology assessment report should be considered alongside the evidence presented in this monograph.

Data that were commercial-in-confidence at the initial completion of this report in 2004 have been removed.



## Executive summary

### Objectives

The objectives were to review the clinical effectiveness and cost-effectiveness of cyclooxygenase-2 (COX-2) selective non-steroidal anti-inflammatory drugs (NSAIDs) (etodolac, meloxicam, celecoxib, rofecoxib, etoricoxib, valdecoxib and lumiracoxib) for osteoarthritis (OA) and rheumatoid arthritis (RA).

### Epidemiology and background

OA and RA are common conditions that cause pain, disability and reduced physical function. Treatment costs of arthritis to the NHS are substantial, and rising. NSAIDs are effective treatments for symptomatic relief of arthritis. COX-2 selective NSAIDs have the potential for maintaining symptomatic benefits but also may reduce the adverse gastrointestinal (GI) effects associated with non-selective NSAIDs.

### Methods

#### Clinical effectiveness

Systematic reviews of randomised controlled trials (RCTs) were undertaken. Electronic databases were searched up to November 2003. Industry submissions to NICE in 2003 were also reviewed. Meta-analyses were undertaken for each COX-2 selective NSAID compared with placebo and non-selective NSAIDs.

#### Cost-effectiveness

A new modelling exercise was undertaken that used the Markov model developed originally by Maetzel and colleagues (2001) as a starting point. The model was designed to run in two different forms: the 'full Assessment Group Model (AGM)', which includes an initial drug switching cycle, and the 'simpler AGM', where there is no initial cycle and no opportunity for the patient to switch NSAID.

The main data sources for clinical parameters were the meta-analysis results from this systematic review. Where necessary, other sources have been used.

### Results

#### Clinical effectiveness

##### *Etodolac*

Twenty-nine RCTs were included. Studies compared etodolac with either placebo or non-selective NSAIDs. Compared with non-selective NSAIDs (naproxen, piroxicam, diclofenac, indomethacin, tenoxicam, ibuprofen, nabumetone or nimesulide), etodolac (600–1000 mg/day) was equally efficacious and of equivalent or superior gastrointestinal (GI) tolerability. Pooled analysis did not show a difference in complicated upper gastrointestinal (UGI) events (POBs) [relative risk (RR) 0.39, 95% confidence interval (CI) 0.12 to 1.24]. Etodolac was associated with significantly fewer clinical UGI events (PUBs) (RR 0.32, 95% CI 0.15 to 0.71). No myocardial infarctions (MIs) were reported.

##### *Meloxicam*

Sixteen RCTs were included (plus 11 trials available only in abstract form that were included in sensitivity analysis). Studies compared meloxicam with either placebo or non-selective NSAIDs. Compared with non-selective NSAIDs (naproxen, diclofenac, nabumetone or piroxicam), meloxicam (7.5–22.5 mg/day) was of inferior or equivalent efficacy and superior GI tolerability. Pooled analysis did not show a difference in complicated UGI events (RR 0.56, 95% CI 0.27 to 1.15). Meloxicam was associated with significantly fewer clinical UGI events (RR: 0.53, 95% CI: 0.29 to 0.97). There were insufficient events to comment on MI risk. Inclusion of abstract-only data made no difference to these conclusions.

##### *Celecoxib*

Forty RCTs were included. Studies compared celecoxib with placebo, non-selective NSAIDs or other COX-2 selective NSAIDs. Compared with non-selective NSAIDs (naproxen, diclofenac, ibuprofen or loxoprofen), celecoxib (200–800 mg/day) was equally efficacious and of superior GI tolerability. Celecoxib was associated with significantly fewer clinical UGI events (RR 0.55, 95% CI 0.40 to 0.76) and complicated UGI

events (RR 0.57, 95% CI 0.35 to 0.95) and a significantly higher risk of MI (RR 1.77, 95% CI 1.00 to 3.11).

### **Rofecoxib**

Twenty-seven RCTs were included. Studies compared rofecoxib with placebo, non-selective NSAIDs, Arthrotec or other COX-2 selective NSAIDs. Compared with non-selective NSAIDs (naproxen, ibuprofen, or nabumetone), rofecoxib (12.5–50 mg/day) was equally efficacious and had superior GI tolerability. Rofecoxib was associated with significantly fewer clinical UGI events (RR 0.43, 95% CI 0.32 to 0.57) and complicated UGI events (RR 0.40, 95% CI 0.23 to 0.70) and a significantly higher risk of MI (RR 2.92, 95% CI 1.36 to 6.28) compared with non-selective NSAIDs.

### **Etoricoxib**

Seven RCTs were included. Studies compared etoricoxib with either placebo or non-selective NSAIDs. Compared with non-selective NSAIDs (naproxen, diclofenac and ibuprofen), etoricoxib (60–120 mg/day) was equally efficacious and of equivalent or superior GI tolerability. Pooled analysis did not show a significant difference in clinical UGI events (RR 0.23, 95% CI 0.05 to 1.08) and complicated UGI events (RR 0.46, 95% CI 0.07 to 3.10). MI events were reported in only one trial (RR 1.58, 95% CI 0.06 to 38.66).

### **Valdecoxib**

Eleven RCTs were included. Studies compared valdecoxib with either placebo or non-selective NSAIDs. In comparison with non-selective NSAIDs (naproxen, diclofenac or ibuprofen), valdecoxib (10–80 mg/day) was equally efficacious and had equivalent or superior GI tolerability. Pooled analysis did not show a significant difference in clinical UGI events (RR 0.20, 95% CI 0.03 to 1.46). Valdecoxib was associated with significantly fewer complicated UGI events (RR 0.43, 95% CI 0.19 to 0.97) and lower risk of MI (RR 0.25, 95% CI 0.06 to 1.00). The latter estimate was based on a total of six MI events and needs to be interpreted with great caution.

### **Lumiracoxib**

Fifteen RCTs were included. Studies compared lumiracoxib with either placebo, non-selective NSAIDs or other COX-2 selective NSAIDs. Compared with non-selective NSAIDs (diclofenac, ibuprofen or naproxen), lumiracoxib (100–1200 mg/day) appeared to be equally efficacious and of significantly superior GI

tolerability. Lumiracoxib was associated with significantly fewer clinical UGI events (RR 0.47, 95% CI 0.37 to 0.61) and complicated UGI events (RR 0.34, 95% CI 0.23 to 0.52) and a statistically non-significant increase in clinically confirmed MI risk (RR 1.71, 95% CI 0.86 to 3.37), particularly compared with naproxen. Lumiracoxib at 400 mg/day was associated with significantly increased hepatotoxicity compared with naproxen and ibuprofen.

There is a need for caution in the interpretation of the above meta-analysis results as relatively small numbers of clinical GI and MI events were reported across trials.

### **Subgroup analyses**

Celecoxib appears to reduce clinical GI events and significantly increase MI risk, relative to non-selective NSAIDs, in both aspirin users and non-users. Rofecoxib appears to reduce clinical GI events, relative to non-selective NSAIDs, in both patients with prior GI history and no prior GI history, steroid users and non-users and patients positive and negative for *Helicobacter pylori*. The GI protective effect of lumiracoxib appeared to be reduced in aspirin users. These subgroup analyses are based on small numbers and need confirmation. It is not possible to comment on the effect of the use of anticoagulants and age on clinical GI or MI risk of COX-2 selective NSAIDs.

### **Direct COX-2 comparisons**

Fourteen RCTs were included. Studies compared rofecoxib (12.5–25 mg/day) with celecoxib (200 mg/day) or valdecoxib (10 mg/day) or lumiracoxib (200–400 mg/day) and celecoxib (200–400 mg/day) with lumiracoxib (200–800 mg/day). Compared drugs were equally tolerated and of equal efficacy. Trials were of insufficient size and duration to allow comparison of risk of clinical UGI events, complicated UGI events and MIs.

### **COX-2 versus non-selective NSAID combined with a gastroprotective agent**

One RCT directly compared celecoxib with diclofenac combined with omeprazole. Arthritis patients who had recently suffered a GI haemorrhage were included. Although no significant difference in clinical GI events was reported, the number of events was small and more such studies, where patients genuinely need NSAIDs, are required to confirm these data. A second trial showed that rofecoxib was associated with fewer diarrhoea events than Arthrotec.

## Cost and cost-effectiveness

A review of previous published cost-effectiveness analyses, principally comparing either celecoxib or rofecoxib with non-selective NSAIDs, indicated a wide range of possible incremental cost per quality-adjusted life-year (QALY) gained estimates.

Using the simpler AGM, with ibuprofen or diclofenac alone as the comparator, all of the COX-2 products are associated with higher costs (i.e. positive incremental costs) and small increases in effectiveness (i.e. positive incremental effectiveness), measured in terms of QALYs. The magnitude of the incremental costs and the incremental effects, and therefore the incremental cost-effectiveness ratios, vary considerably across all COX-2 selective NSAIDs.

The base-case incremental cost per QALY results for COX-2 selective NSAIDs compared with diclofenac for the simpler model are as follows: celecoxib (low dose) £68,400; celecoxib (high dose) £151,000; etodolac (branded) £42,400; etodolac (generic) £17,700; etoricoxib £31,300; lumiracoxib £70,400; meloxicam (low dose) £10,300; meloxicam (high dose) £17,800; rofecoxib £97,400; and valdecoxib £35,500.

When the simpler AGM was run using ibuprofen or diclofenac combined with proton pump inhibitor (PPI) as the comparator, the results change substantially, with the COX-2 selective NSAIDs looking generally unattractive from a cost-effectiveness point of view (COX-2 selective NSAIDs were dominated by ibuprofen or diclofenac combined with PPI in most cases). This applies both to 'standard' arthritis patients and to 'high-risk' arthritis patients defined in terms of previous GI ulcers.

The full AGM produced results broadly in line with the simpler model.

## Limitations of the calculations

There are substantive differences in the incremental costs per QALY results in this report compared with industry submissions. These differences reflect, principally, variations in parameter values for

clinical GI events and MI risk. There are also key differences in the choice of comparator non-selective NSAIDs and costs, and whether cardiovascular risks are included within the model.

## Conclusions

The COX-2 selective NSAIDs examined in this report (i.e. etodolac, meloxicam, celecoxib, rofecoxib, valdecoxib, etoricoxib and lumiracoxib) were found to be similar to non-selective NSAIDs for the symptomatic relief of RA and OA and to provide superior GI tolerability (the majority of evidence is in patients with OA). Although COX-2 selective NSAIDs offer protection against serious GI events (i.e. PUBs and POBs), the amount of evidence for this protective effect varied considerably across individual drugs. The volume of trial evidence with regard to cardiovascular safety also varied substantially between COX-2 selective NSAIDs. Increased risk of MI compared to non-selective NSAIDs was observed among those drugs with greater volume of evidence in terms of exposure in patient-years.

Economic modelling shows a wide range of possible costs per QALY gained in patients with OA and RA. Costs per QALY also varied if individual drugs were used in 'standard' or 'high'-risk patients, and according to the choice of non-selective NSAID comparator and whether that NSAID was combined with a PPI.

## Need for further research

With reduced costs of PPIs, future primary research needs to compare the effectiveness and cost-effectiveness of COX-2 selective NSAIDs relative to non-selective NSAIDs with a PPI. Direct comparisons of different COX-2 selective NSAIDs, using equivalent doses, that compare GI and MI risk are needed. Pragmatic studies that include a wider range of people, including the older age groups with a greater burden of arthritis, are also necessary to inform clinical practice.



# Chapter I

## Aims of the review

The aims of this review are four-fold:

- To undertake a systematic review of the clinical effectiveness and cost-effectiveness of cyclooxygenase-2 (COX-2) selective non-steroidal anti-inflammatory drugs (NSAIDs), including etodolac, meloxicam celecoxib, rofecoxib, etoricoxib, valdecoxib and lumiracoxib, for osteoarthritis (OA) and rheumatoid arthritis (RA).
- To assess the cost-effectiveness of COX-2 selective NSAIDs from an NHS perspective.
- To explore the potential impact of concomitant gastroprotective agents, with either COX-2 selective NSAIDs, or other non-selective NSAIDs, on the incidence of symptomatic gastrointestinal (GI) ulcers and complications such as bleeding, perforation or gastric outlet obstruction.
- To explore the impact of low-dose aspirin ( $\leq 325$  mg/day) used in conjunction with COX-2 selective NSAIDs on the incidence of cardiovascular (CV) adverse events and symptomatic upper gastrointestinal (UGI) ulcers and their complications.





# Chapter 2

## Background

*The National Institute for Health and Clinical Excellence (NICE) Technology Appraisal Guidance No. 27 issued in July 2001 is referred to as the 'current NICE guidance' in this report.<sup>1</sup> This guidance covers celecoxib, rofecoxib, meloxicam and etodolac. The guidance no longer applies to rofecoxib following the voluntary worldwide withdrawal of this drug by Merck Sharp & Dohme in September 2004.*

*Following the safety review by the European Medicines Agency (EMA), which confirmed the increase in CV risk associated with the use of COX-2 selective NSAIDs, NICE issued a document detailing the interpretation of the original guidance in January 2006 in response to the changes in the summaries of product characteristics for both COX-2 selective and non-selective NSAIDs associated with the EMA review.<sup>2</sup> Readers should take note of these changes.*

NSAIDs are effective analgesics used commonly for musculoskeletal disorders such as OA, RA, soft-tissue disorders, spinal pain, headaches (including migraine), menstrual disorders and postoperative pain. Sales of ibuprofen, available over the counter and the most widely used NSAID, have increased as sales of aspirin and paracetamol have fallen.<sup>3</sup> The volume of prescribed NSAIDs has also increased and costs of prescription NSAIDs have increased by one-quarter due to the use of COX-2 selective NSAIDs. UGI toxicity, especially gastric ulcers with complications such as haemorrhage and perforation, is an important public health problem that may be reduced by wider use of COX-2 selective NSAIDs. Current NICE guidance<sup>1</sup> recommends that COX-2 selective inhibitors:

1. should **not** be used
  - (a) routinely in patients with OA and RA
  - (b) in preference to non-selective NSAIDs in those with CV disease or those taking low-dose aspirin
  - (c) in combination with gastroprotective agents as a means of further reducing potential GI adverse events
2. should be used in preference to non-selective agents in high-risk patients such as
  - (a) those aged 65 years or above
  - (b) those with serious co-morbidity

- (c) those taking other medications known to increase the likelihood of UGI adverse events
- (d) those needing prolonged therapy with NSAIDs at maximal doses
- (e) those with a history of previous gastric or duodenal ulcers, upper gut bleeding or perforation.

About 6% of those over 65 years of age receive NSAIDs for at least three-quarters of a given year and up to 40% of this population at least one prescription for an NSAID.<sup>4</sup> The annual cost of prescribed NSAIDs is around £200 million in England.<sup>5</sup>

### Description of health problem

#### Osteoarthritis

OA is the commonest cause of musculoskeletal disability and joint replacement surgery. It may be defined as **a condition of synovial joints characterised by cartilage loss and evidence of an accompanying periarticular bone response.**<sup>6</sup> Definitions such as this – which need radiographic confirmation – ignore the clinical experience of OA and have limited clinical utility, especially in primary care where most patients are treated. Radiographic changes of OA at sites such as the spine are universal with ageing – age is the strongest determinant of radiographic, and clinical, OA. However, the dissonance of symptoms and radiographic change, and the difficulties of defining OA, make it hard to estimate prevalence with confidence. For instance, 15% of women between the ages of 55 and 64 years have knee pain and 7% have radiographic knee OA (but not necessarily any pain).<sup>7</sup>

OA causes joint pain – often aggravated by physical activity; joint stiffness or gelling – often after periods of inactivity; and joint swelling, deformity or enlargement. Patients might also experience creaking or crepitus in affected joints. Symptoms may arise as a result of joint injury, endocrine or metabolic disturbances and developmental or heritable factors. The spine, certain finger and thumb joints, acromio-

clavicular, hip, and knee joints are commonly affected by OA. Physical impairments due to OA vary greatly and depend, to a limited extent, on radiographic change: individual factors such as occupation, psychological adjustment and degree of social support all have a bearing.<sup>8</sup>

The goals of treating OA are to relieve symptoms and improve functional limitations. At present no treatment seems to have a convincing, and clinically relevant, benefit in terms of delaying the structural progression of established OA or of preventing the development of OA in new joints.<sup>9,10</sup> Education about OA and advice on behaviour change, such as diets for weight reduction, may be successful for some and could even reduce the rate of deterioration. Others may need medication, including analgesics and NSAIDs,<sup>11</sup> topical rubefacients, nutritional supplements and, occasionally, joint injections.<sup>12</sup> Physical therapy for muscle strengthening, walking aids and advice on appropriate exercises have an important role in clinical practice. For more advanced disease, especially involving the knee and hip, surgery, including joint replacement, may be needed.

### Rheumatoid arthritis

RA is a systemic inflammatory disorder of unknown cause that mainly affects synovial joints. It has an annual incidence of 31 per 100,000 women and 13 per 100,000 men and a prevalence of 1.2% in women and 0.4% in men.<sup>13</sup> Disease incidence peaks in the sixth decade and RA is more common in women than men by a ratio of 2.5:1.<sup>14</sup>

RA is diagnosed from a constellation of clinical, laboratory and radiographic abnormalities. The disease can cause pain, swelling and stiffness in a variety of joints, including the hands, wrists, neck and large joints. Symptoms may begin within days or evolve over many weeks and are often worse in the morning. Other organ systems, such as the lungs, the pericardium, blood vessels and eyes, may be also be affected with a potential for severe disability, systemic ill-health and life-threatening complications, in some cases. The severity of disease is variable: for instance, in a community cohort 18% of patients were in remission, and on no treatment, after 3 years of follow-up. By contrast, nearly half had moderate disability at 3 years<sup>15</sup> and one-quarter had a joint replaced after around 20 years.<sup>16</sup>

The goals of treating RA are also to relieve symptoms and improve functional limitations. Additional goals, attainable for RA with drug

therapy, include reduction of structural joint damage.<sup>17</sup> Drugs used for RA include NSAIDs, analgesics, corticosteroids, disease-modifying antirheumatic drugs (DMARDs) such as methotrexate and tumour necrosis  $\alpha$  inhibitors, in varying combinations. Orthopaedic surgery, including joint replacement and soft tissue procedures, may be necessary and many professionals allied to medicine contribute to the care of patients with RA.<sup>18</sup>

### Outcome measures for rheumatoid arthritis and osteoarthritis

Assessing outcomes in RA and OA is best done by relying on patient reports,<sup>9,19</sup> although some outcome scales have key elements that encompass physician judgements about disease status. In both OA and RA, radiographic assessment of joint damage is also an important research tool: radiographic outcomes are better validated and accepted as relevant end-points in RA.

At least two self-completed questionnaires are used widely to assess pain, function and stiffness of knee and hip OA: the Lequesne and the Western Ontario and McMaster Universities (WOMAC) OA index; both combine responses in these three symptoms to yield a single measure. Many studies of OA also report pain alone or **patient global assessments**, using either a Likert scale or a 10-cm visual analogue scale (VAS). Global assessments may refer to overall disease status or response to a particular therapy. The latter allows patients and physicians to make an overall judgement about efficacy, taking into account adverse effects. Global outcome scores are also well validated, and are accepted by regulatory agencies.<sup>9</sup>

In RA joint pain, swelling, assessments of physical function, blood acute phase response and patient and physician global assessments have been combined, in various ways, to give composite measures of disease activity. Most widely used are the American College for Rheumatology percentage criteria – ACR20 referring to a 20% improvement in several disease measures – and the disease activity score (DAS) – which relies on a formula using several disease measures.<sup>17</sup>

### Non-steroidal anti-inflammatory drugs

NSAIDs, by inhibiting the enzyme COX and reducing prostaglandin production, diminish inflammation and pain. Currently three forms of COX are known: COX-1, found in most normal

tissues including the GI tract, kidneys and platelets; COX-2, found particularly in the kidney, brain, bone and reproductive organs but increased substantially in any tissue with inflammation or injury; and COX-3, a newly identified COX found in highest concentrations in the brain and heart and possibly one of many isoenzymes of COX-1.<sup>20</sup>

At present only COX-1 and COX-2 are clinically relevant. COX-1 is regarded as a housekeeping enzyme responsible – through prostaglandins and thromboxane A2 – for physiological functions such as helping to protect gut mucosal integrity and vascular homeostasis by aiding vasoconstriction and platelet activation and clumping. COX-2 appears to be a more important mediator in inflammation and thus a key factor in arthritis pain. This is supported by clinical studies of COX-2 selective NSAIDs that reduced arthritis pain equally as well as non-selective NSAIDs, while reducing the risk of gut ulceration. However, concerns have been raised that suppression of COX-2 may inhibit beneficial inflammation and cause harm; for example, COX-2 expression found with *Helicobacter pylori* infection of the stomach, and gastric ulcers, may contribute to tissue repair.<sup>21,22</sup>

## Classification of NSAIDs

Aspirin inhibits COX-1 irreversibly in platelets; these cells, lacking a nucleus, are unable to re-synthesise COX-1. In higher doses, aspirin is an effective analgesic but also inhibits COX-1 in the gut and increases the risk of UGI bleeding and ulcers greatly. The risk of GI haemorrhage with low-dose aspirin (<325 mg/day), used for

preventing strokes and heart attacks, is 2.5% compared with 1.4% for placebo [odds ratio (OR) 1.7].<sup>23</sup>

NSAIDs differ in their ability to inhibit COX-2 and can be separated according to the ratio of COX-1 to COX-2 inhibition. Such distinctions relate, to some extent, to clinical GI toxicity seen in observational studies. However, higher doses used in practice – or a longer plasma half-life – may make laboratory assessments of COX-2 selectivity irrelevant, at least for older NSAIDs.<sup>24</sup> Older NSAIDs are, mostly, not selective for COX-2, although some, such as diclofenac, are similar to celecoxib and meloxicam in laboratory assays of COX-2 selectivity. Drugs, safer for the gut, tend to be given to people at higher risk of bleeding, and tend to have less favourable results in observational studies than might be expected.<sup>25</sup> As there is no consensus on the best way of defining COX-2 selectivity, an emphasis on overall clinical advantage for each drug seems sensible.<sup>26,27</sup>

## COX-2 selective NSAIDs

*Rofecoxib and valdecoxib have been withdrawn after the initial completion of this report (see the section 'Safety of COX-2 selective NSAIDs', p. 133).*

*Lumiracoxib was launched in the UK in January 2006. The recommended dose for lumiracoxib for OA is 100 mg/day and for acute pain 400 mg/day (not exceeding 5 days) according to the Summary of Product Characteristics.*

The licensed doses for OA and RA for each of the COX-2 selective NSAIDs considered in this report are summarised in *Table 1*.

**TABLE 1** Recommended and maximum daily doses for COX-2 selective NSAIDs

Drug	OA (mg)		RA (mg)	
	Recommended	Maximum	Recommended	Maximum
Etodolac	600	600	600	600
Meloxicam	7.5	15	15	15
Celecoxib	200	400	200–400	400
Rofecoxib	12.5	25	25	25
Etoricoxib	60	60	90	90
Valdecoxib	10	20	10	20
Lumiracoxib <sup>a</sup>	100–200	200	Not licensed	Not licensed

<sup>a</sup> Company submission.  
Source: BNF 46 (September 2003).

## Toxicity of NSAIDs

### Gastrointestinal disorders

Anorexia, heartburn, nausea, dyspepsia, diarrhoea and abdominal pain are common symptoms in the general population and often lead to consultation in primary care. Around 5–10% of the population seek advice from a GP for dyspepsia and 1% are referred to hospitals.<sup>28,29</sup> Use of NSAIDs increases the likelihood of dyspeptic symptoms and of using drugs for dyspepsia<sup>30</sup> – so, up to 26% of NSAID users take drugs for dyspepsia or to prevent peptic ulcers in community studies.<sup>4</sup>

Dyspeptic symptoms occur in 4.8% of NSAID-treated patients compared with 2.3% on placebo, in randomised trials (which are likely to include healthier subjects) and are the most common reason for cessation of therapy.<sup>31</sup> Dyspeptic symptoms are especially common with indomethacin and piroxicam and with higher doses of NSAIDs, but seem to be equally common with COX-2 selective and non-selective drugs, with prolonged use,<sup>32</sup> and are a poor predictor of peptic ulcers. Half of those investigated for dyspepsia have a normal endoscopy, 15% gastro-oesophageal reflux disease (GORD), 25% peptic ulcers and 2% malignancies. Endoscopic abnormalities are more likely in people over 45 years of age.<sup>33,34</sup>

Serious UGI events such as perforation or bleeding from gastric or duodenal ulcers occur in up to 2% of NSAID users, with an estimated 2000 deaths annually in the UK.<sup>35</sup> Bleeding and perforation are often not heralded by symptoms<sup>36</sup> and ulcers seen at endoscopy occur in over one-quarter of people taking ibuprofen and other non-selective NSAIDs, but less commonly with COX-2 selective NSAIDs.<sup>37</sup> Endoscopic lesions are a poor surrogate for upper gut bleeding or perforation: there are only limited data linking ulcers on endoscopy with these complications. This may be because the gut mucosa adapts to noxious insults such as NSAIDs.<sup>38</sup> There are also indications that NSAIDs may cause ulcers, bleeding, inflammation and scarring in the small intestine and colon although, in contrast to UGI bleeding, such events are much less common.<sup>39</sup>

### Predictors of serious GI toxicity

*In January 2006, NICE issued a document detailing the interpretation of the 2001 guidance following the EMEA safety review of COX-2 selective NSAIDs.*

*A summary of key points of this document can be found in the section 'Current licensing status and NICE guidance', p. 134. Readers should take note of these changes.*

NICE guidance No. 27, issued in 2001,<sup>1</sup> does not recommend routine use of COX-2 selective NSAIDs but gives situations in which they may be preferred to non-selective NSAIDs, and others in which COX-2 selective drug use would be inappropriate. A brief commentary on NICE 2001 guidance is given below.

- *People aged 65 years or above*  
Age is a continuous risk factor; thresholds for use at specific ages are, therefore, arbitrary and depend on appropriate judgements. Relative risks (RRs) for each decade, from 50 years, rise from 1.8 (compared with those under 50) in the 50s to 9.2 over the age of 80 years.<sup>40</sup>
- *For people with a past history of peptic ulcer*  
History of a peptic ulcer confers a higher risk of bleeding from the upper gut for NSAID users (COX-2 selective or otherwise) and non-users.<sup>41</sup> The RRs are rofecoxib 5.2 and naproxen 13.5.<sup>42</sup>
- *For people with other serious illnesses*  
The NICE 2001 guidance is rather imprecise and cites additional co-morbidity including CV disease, renal or hepatic impairments, diabetes and hypertension. Data on these factors are limited and potentially unreliable;<sup>43</sup> however, serious disability, for example from RA, is linked with a higher risk of UGI bleeding.<sup>44</sup>
- *For people also taking anticoagulants*  
Very high rates of GI haemorrhage have been reported for people using warfarin and NSAIDs; RRs exceed 6.0.<sup>45,46</sup>
- *For people also using corticosteroids*  
A consistently higher risk is noted for steroid users, but it is unclear whether this is because steroids tend to be used in sicker individuals, especially in RA. RRs vary between 2 and 6.<sup>44,45</sup>
- *For people using NSAIDs for prolonged periods*  
Since both OA and RA are incurable conditions, and assuming that an individual gains sustained benefit from an NSAID, use is likely to be prolonged. On this basis, many patients with RA and OA would qualify for COX-2 selective agents from the outset.<sup>47</sup> The risk at a particular time point appears similar, regardless of the duration of prior NSAID use,<sup>41</sup> but cumulative risk is likely to be greater with longer use. Some studies have indicated a higher risk of complications earlier during treatment<sup>48</sup> and the Celecoxib Long-term Arthritis Safety Study (CLASS) showed that GI events were rare with diclofenac after 3 months of treatment but continued to accrue with celecoxib.<sup>49,50</sup>
- *Not for use with GI protective agents in order to reduce adverse effects*  
A report from the Canadian Coordinating Office for Health Technology also does not recommend the routine use of COX-2 selective

inhibitors and gastroprotective agents, such as proton pump inhibitors (PPIs), as a way of reducing GI toxicity.<sup>51</sup> However, experience is that gastroprotective agents are often used with the goal of reducing dyspeptic symptoms – using pragmatic approaches, and allowing continued use of an NSAID, where there is worthwhile benefit – not necessarily to reduce UGI bleeds or ulcers.<sup>51,52</sup> UGI symptoms or use of gastroprotective agents does appear to be linked, modestly, to higher rates of GI complications (RR 1.8).<sup>44</sup>

- *Not for use with concomitant aspirin*  
Low-dose aspirin, alone or combined with COX-2 selective or with non-selective NSAIDs, increases the risk of endoscopic ulcers<sup>53</sup> and complications of ulcers,<sup>54</sup> perhaps to a greater extent with non-selective NSAIDs. However, large enough trials have not been done, so far, to determine whether COX-2 selective agents should be preferred to non-selective NSAIDs in aspirin users.

### Preventing gastrointestinal toxicity due to NSAIDs

PPIs such as omeprazole and lansoprazole, misoprostol, a prostaglandin analogue, and double doses of histamine-2 receptor antagonists (H2RAs) (equivalent to ranitidine 300 mg twice daily) all reduce the risk of NSAID-induced gastric and duodenal ulcers (detected on endoscopy).<sup>51</sup> Standard doses of H2RAs (equivalent to ranitidine 150 mg twice daily) reduce the risk of duodenal ulcers but not gastric ulcers: the latter are a more important problem with NSAIDs; so, standard doses of H2RAs should not be used for preventing ulcers. Lansoprazole reduces the risk of ulcer complications in people who had developed ulcer complications, and who had *H. pylori* infection, while taking low-dose aspirin.<sup>55</sup> Only one study, the Misoprostol Ulcer Complications Outcome Safety Assessment (MUCOSA) trial, has investigated the role of prophylactic drug therapy (misoprostol 800 µg/day), used with NSAIDs, to prevent ulcer complications.<sup>56</sup> In MUCOSA the risk of ulcer complications was 0.57% with misoprostol and a variety of NSAIDs compared with 0.95% for placebo with NSAIDs, but 10% of patients on misoprostol had diarrhoea compared with 4% on placebo.

Direct comparisons of gastroprotective agents show that omeprazole and misoprostol are superior to standard dose ranitidine for preventing NSAID-induced gastric ulcers (omeprazole also prevents duodenal ulcers).<sup>51</sup> Again, more people given misoprostol withdrew

because of abdominal pain and diarrhoea. Lansoprazole was equally effective at 15 or 30 mg<sup>57</sup> and omeprazole at 20 or 40 mg in these trials.<sup>58</sup>

A COX-2 selective NSAID (celecoxib) was compared against diclofenac and omeprazole (20 mg) in people with arthritis who had experienced a bleeding ulcer, in a recent randomised trial. The probability of further bleeding was similar with either approach – around 6% over 6 months. Many patients in this study had other illnesses: over 20% had abnormal renal function, at entry, and over 20% more than one previous episode of ulcer bleeding.<sup>59</sup> About 6% of patients developed renal failure (creatinine >200 µmol/litre). It is questionable whether some of these patients should have received any NSAID at all.

### *Helicobacter pylori* and NSAIDs

The two most important factors related to peptic ulcer disease are *H. pylori* infection and NSAIDs, although the proportion of ulcers associated with neither of these is increasing,<sup>60</sup> and the proportion attributed to aspirin now exceeds that due to NSAIDs, in some studies.<sup>61</sup> It might be assumed that NSAIDs and *H. pylori*, together, magnify ulcer risk. This is unclear. Studies are inconsistent: some show that *H. pylori* infection reduces NSAID risk, perhaps because *H. pylori* increases prostaglandins,<sup>61,62</sup> others, that NSAIDs increase risk only in people with *H. pylori* infection who have not previously had NSAIDs.<sup>60</sup> *Post hoc* analysis of the Vioxx Gastrointestinal Outcomes Research (VIGOR) and CLASS studies, in which COX-2 selective NSAIDs were compared with other NSAIDs and evidence of *H. pylori* infection was sought, shows no clear relationship between signs of infection and ulcer complications.<sup>44,63</sup>

### Cardiovascular and renal toxicity of NSAIDs

*See the section 'Current status of COX-2 selective NSAIDs and emerging evidence' (p. 133) for updated information regarding the CV safety of NSAIDs.*

Non-selective NSAIDs that inhibit COX-1 have anti-platelet effects similar to aspirin but, because inhibition is reversible, are unreliable at inhibiting vascular thromboses.<sup>64</sup> Increased COX-2 expression, seen in tissue inflammation, may help maintain patent blood vessels, by limiting the effects of platelet activation. This is suggested by studies showing that COX-2 inhibitors reduce the production of prostacyclin, an important vasodilator and inhibitor of platelet clumping.<sup>21,65</sup> These laboratory data and the occurrence of more CV events in RA patients treated with rofecoxib

compared with naproxen raised concerns about the CV safety of COX-2 selective NSAIDs.<sup>66,67</sup> Ibuprofen, but not diclofenac, antagonises the effect of aspirin and it has been suggested that it too may be hazardous in people at increased CV risk.<sup>64</sup> This has not, in general, been substantiated in observational studies of people with myocardial infarctions (MIs).<sup>68,69</sup>

Prostaglandins control renal blood flow, glomerular filtration rate and salt and water excretion by the kidney. NSAIDs may cause oedema, hypertension and renal failure and exacerbate heart failure in susceptible individuals. Both COX-1 and COX-2 are important in regulating renal blood flow and COX-2 selective NSAIDs do not have any advantages over non-selective agents in terms of renal toxicity or hypertension. Care is needed with NSAIDs, of all classes, in people on antihypertensives, the elderly and others at risk of renal diseases.<sup>70</sup>

### Other adverse effects

*Pfizer suspended the sale of valdecoxib in 2005 following Food and Drug Administration (FDA) and EMEA reviews that highlighted serious skin reactions associated with this drug (see the section 'Safety of COX-2 selective NSAIDs', p. 133).*

A variety of other adverse effects such as skin rashes including photosensitivity, allergic reactions, mouth ulcers, headaches and tinnitus may occur with NSAIDs. Newer COX-2 selective NSAIDs (coxibs) belong to three distinct chemical classes: aryl methyl sulphones, including rofecoxib and etoricoxib, aryl sulphonamides, including celecoxib and valdecoxib, and carboxylic acids, including lumiracoxib. Sulphonamides commonly cause skin reactions – sometimes severe and life-threatening – which might account for more skin rashes seen with celecoxib and valdecoxib than with other NSAIDs.<sup>50,71</sup>

In about 10% of cases, asthma may be aggravated by NSAIDs and aspirin. Reports suggest that COX-2 selective NSAIDs may be safer than non-selective NSAIDs in aspirin-sensitive asthmatics.<sup>72</sup> NSAIDs, including COX-2 selective drugs, may also exacerbate inflammatory bowel diseases.<sup>73</sup>

### Use of NSAIDs in osteoarthritis and rheumatoid arthritis

Guidelines for OA management recommend that analgesics, other than NSAIDs, are tried first, for pain.<sup>74</sup> However, as NSAIDs are more efficacious than paracetamol in OA trials, NSAIDs may be considered as initial therapy, if they were to be as

safe<sup>75</sup> – and especially as most people are familiar with the effects of paracetamol. In practice, patients sometimes use NSAIDs only for brief periods, perhaps for short-lived exacerbations of pain, and many choose not to use any regular medication at all. Analyses of NSAID prescribing patterns in primary care indicate that patients frequently switch NSAIDs and often also use a gastroprotective agent.<sup>76,77</sup> This probably reflects the difficulties of pain management in some cases.

Experts do not recommend NSAIDs as sole therapy in RA since other drugs may reduce the risk of joint damage.<sup>78</sup> Patients with RA are twice as likely as patients with OA to experience complications of NSAIDs, perhaps because of greater levels of disability, co-morbidity or concomitant steroid use.<sup>78</sup> In practice, effective disease management with DMARDs may allow cessation or reduction in use of NSAIDs and steroids, but some patients remain dependent on full doses of NSAIDs for many years.

### Current use of NSAIDs

*The prescribing pattern of NSAIDs has inevitably been changed since the initial completion of this report, because of the withdrawal of rofecoxib and valdecoxib and the EMEA safety review of COX-2 selective NSAIDs.*

Prescribing of NSAIDs in primary care in England has shown little change during 2000–4: the key change is an increase in use of COX-2 selective NSAIDs, such that nearly one-quarter of all NSAID prescriptions are for COX-2 selective NSAIDs and these drugs account for half of all NSAID costs.<sup>5</sup> Diclofenac, ibuprofen and naproxen, in that order, are the most widely prescribed non-selective NSAIDs; prescribing volumes for diclofenac have increased slightly in recent years whereas prescribing for ibuprofen has declined.

Data from the Prescription Pricing Authority in 2002 indicate that rofecoxib was the most frequently prescribed COX-2 selective agent.<sup>5</sup> The indications for the use of NSAIDs cannot be ascertained from these data but primary care surveys show, unsurprisingly, the use of NSAIDs for a wide variety of indications. Audits of routine practice indicate that adherence to NICE guidance is poor, particularly in terms of underutilisation of COX-2 selective agents in relevant circumstances but also use in patients not meeting guidance.<sup>47,79</sup> Overall, it appears that strict adherence to current NICE guidance could lead to a substantial increase in the use of COX-2 selective NSAIDs.<sup>47</sup>

## Chapter 3

# Review of previous systematic reviews on COX-2 selective NSAIDs

The searches for this review of systematic reviews were carried out in November 2003.

At the time of writing of this report in 2004, a number of published systematic reviews have reported on the efficacy and safety of COX-2 selective NSAIDs in patients with RA or OA. A review of these previous systematic reviews was therefore undertaken.

Several systematic reviews were identified from searches (see Appendix 1). Reviews were included if they fulfilled the following criteria:

- reported a search strategy
- addressed one or more of the COX-2 selective NSAIDs included in this report
- reported results numerically [either in the form of a qualitative or quantitative (e.g. meta-analysis) synthesis].

In addition to traditional systematic reviews, a number of 'pooled analyses' were identified, many of which appeared to use individual patient data from trials.<sup>32,80–111</sup> These pooled analyses tended to provide little or no detail of trial search methods and criteria for selection of included trials and often failed to identify individual trials clearly. Therefore, these pooled analyses were judged to be open to major bias and were therefore excluded from this review.

Twenty English language systematic reviews meeting our inclusion criteria were found.<sup>53,112–130</sup> Two foreign language systematic reviews were not included due to difficulties in obtaining the references within the project time frame.<sup>131,132</sup> Three aspects of these reviews were assessed in detail:

- characteristics, that is, drug(s) examined
- trials included, patient population and outcomes assessed
- quality of the review; results of the review for key efficacy and safety outcomes, where possible in the form of a pooled numerical mean estimate and 95% confidence interval (CI).

A detailed overview of the characteristics, quality and findings of the included systematic reviews is provided in Appendix 1.

In summary, the findings of this review of existing systematic reviews are as follows:

- Systematic reviews of the safety and efficacy of meloxicam, etodolac, celecoxib, rofecoxib and valdecoxib were identified. No published systematic reviews for etoricoxib or lumiracoxib were identified.
- The findings of these reviews are remarkably consistent despite differences in quality, methods and inclusion criteria.
- COX-2 selective NSAIDs were, in general, superior to placebo and had comparable efficacy to non-selective NSAIDs for RA and OA.
- COX-2 selective NSAIDs and placebo had similar rates of withdrawal due to adverse effects (including withdrawals due to GI symptoms).
- Compared with placebo, some reviews suggested that COX-2 selective NSAIDs had similar rates of ulcers on endoscopy and PUBs, although data are limited and there are concerns about the overall quality of reviews.
- Compared with non-selective NSAIDs, reviews showed that selective NSAIDs had a reduced incidence of withdrawal due to adverse effects including GI adverse effects, ulcers on endoscopy and PUBs.
- Reviews suggested an increased risk of CV events with COX-2 selective NSAIDs.
- More recent and better quality systematic reviews also suggest important differences in safety for COX-2 selective NSAIDs related to dose, treatment duration and comparator non-selective NSAID.





# Chapter 4

## Clinical effectiveness

### Methods

#### Protocol

This systematic review was undertaken in accord with the protocol published on the NICE website in November 2003. The methods for the identification of previous systematic reviews and meta-analyses are discussed in Chapter 3 and Appendix 1.

#### Search strategy

The following sources were searched:

- Bibliographic databases: Cochrane Library (CENTRAL) 2003 Issue 4, MEDLINE (Ovid) 1966–October 2003, MEDLINE in Process and Other Non-Indexed Citations (Ovid) 4 and 11 November 2003 and EMBASE (Ovid) 1980–October 2003. Index and text words representing the drug names were combined with terms for osteoarthritis and rheumatoid arthritis. A filter to identify clinical trials was incorporated as appropriate (see Appendix 2, for full details).
- Internet sites of EMEA and the FDA.
- Citations of relevant studies.
- Contact with experts.
- Invited pharmaceutical company submissions to NICE (both 2004 and 2000).

Because of the broader inclusion criteria of this review relative to the previous assessment report undertaken by NICE, databases were searched from their inception date for all drugs. Searches were not restricted by language. Industry submissions were also searched for both published and unpublished studies.

#### Inclusion and exclusion criteria

Studies were included if they met the following criteria:

- Study design: randomised controlled trials (RCTs) with duration of treatment  $\geq 2$  weeks (no restriction on patient numbers).
- Population: patients with OA or RA; other forms of arthritis were excluded.
- Intervention: COX-2 selective NSAIDs (i.e. celecoxib, rofecoxib, meloxicam, etodolac,

etoricoxib, valdecoxib and lumiracoxib) with or without concomitant medication. Trials including licensed and supra-licensed doses were considered.

- Comparator: placebo, non-selective NSAIDs or direct comparisons between COX-2 selective NSAIDs.

The following categories of studies were excluded: dose-finding studies of COX-2 selective NSAIDs without a comparator; trials published only as abstracts (pharmaceutical companies were contacted to seek unpublished data in full) and trials that included only sub-therapeutic doses of COX-2 selective NSAIDs.

Based on these inclusion criteria, study selection was carried out independently by two reviewers. Disagreements were resolved by discussion. A third reviewer (PJ) was consulted when disagreements persisted after discussion. Agreement on study selection between reviewers was judged to be 'good' (weighted Cohen's kappa 0.78, 95% CI 0.74 to 0.82). Reviewers were not blinded to any features of the report including authorship; however, inclusion and exclusion decisions were made prior to detailed scrutiny of results.

#### Data extraction strategy

Data from included trials were extracted by one reviewer using a standard data extraction form and independently checked by another reviewer. Results were extracted, where possible, for the intention-to-treat (ITT) population as raw numbers plus any summary measures with standard deviations, CIs and *p*-values. Discrepancies were resolved by discussion.

Full trial reports were given primacy over published trial reports and, where possible, the published trial report results were cross-checked.

#### Quality assessment strategy

The methodological quality of included studies was assessed on the basis of randomisation, adequate concealment of randomisation, level of blinding, use of ITT analysis, and description

of loss to follow up. An overall quality score (Jadad) was assigned to each study. Quality was assessed by a single reviewer and checked by a second. Disagreements were resolved by discussion, with reference to a third party where necessary.

### Data reporting and synthesis

The population characteristics, interventions and methodological quality of all included studies, and for each COX-2 selective NSAID, were tabulated.

The following outcomes were selected for data synthesis:

- *Effectiveness*  
OA trials: patient's assessment of pain due to arthritis assessed on a VAS or WOMAC subscale for pain where the former was not available; patient global assessment of response to therapy or disease status where the former was not available; and withdrawals due to lack of efficacy.  
RA trials: patient's assessment of VAS pain due to arthritis (or WOMAC pain subscale where the former was not available); ACR-20; patient global assessment of response to therapy or disease status where the former was not available; and withdrawals due to lack of efficacy.
- *Tolerability outcomes*  
For OA and RA trials: total adverse events; GI-specific adverse events (including clinical and complicated upper GI events); withdrawals due to adverse events; withdrawals due to GI-specific adverse events; and all withdrawals (for any reason).
- *Safety outcomes*  
For OA and RA trials: endoscopically confirmed GI ulcers; complicated UGI events [perforation, obstruction or bleed (POB)]; symptomatic UGI ulcers and complicated UGI events combined [perforation, ulcer or bleed (PUB)]; MI; and serious cardiovascular thrombotic events.

We experienced substantial difficulties in event classification and ascertainment, particularly in relation to POBs and PUBs during initial data extraction and analysis. We have subsequently developed algorithms (shown in Appendix 3) and re-checked the data for POBs and PUBs to ensure that our approach is consistent across trials as much as possible.

Given the policy basis of this report, the reporting and discussion of evidence focus on the benefits and harms of COX-2 selective NSAIDs relative to non-selective NSAIDs. To reflect this, in the results tables, placebo trials results are shaded in the tables and not discussed in the text of the report. Since not all trials have reported all the outcomes, the tables and figures for each outcome include only the trials for which the results of the specific outcome were reported.

Standard meta-analytic methods were used to pool data. Binary outcomes were expressed as RRs and pooled using the Mantel–Haenszel method. For continuous outcomes, the mean difference between baseline and follow-up was compared between pairs of treatment groups. Mean differences were pooled as weighted mean differences, weighted for variance. Where statistically significant heterogeneity was indicated (i.e.  $p < 0.10$ ), outcomes were pooled using the DerSimonian Laird random effects approach and heterogeneity explored using meta-regression.<sup>133,134</sup> Where trials reported only a mean variance at baseline and follow-up, the baseline–follow-up mean difference variance was imputed assuming an intercorrelation coefficient of 0.50.<sup>135</sup>

For the purposes of economic modelling, we sought an overall pooled estimate of effect of each COX-2 drug. Trials outcome data were therefore pooled across trials, drug doses, follow-up and arthritis indication. The reasons for this were, first, that the effect of COX-2 selective drugs appears to be equivalent across arthritis indications<sup>125,130</sup> and, second, pilot meta-regression analyses for celecoxib showed that the duration of trial follow-up, dose and arthritis indication were not independent predictors of the effect of drug efficacy and safety (see Appendix 4). However, where possible, pooled results stratified by drug dose and arthritis indication are presented. Pooled results stratified by comparator NSAIDs are also presented for PUBs, POBs and MI. Where trials randomised patients to more than one dose of COX-2 or NSAID, results from the eligible arms were combined into a single estimate for inclusion in the meta-analysis.

Summary statistics are presented with 95% CIs throughout. Statistically significant results ( $p \leq 0.05$ ) are *italicised* in the results tables. All analyses were undertaken using Microsoft Excel and Stata versions 7 and 8.

**TABLE 2** COX-2 selective NSAIDs – summary of number of identified RCTs

	Included RCTs	Additional RCTs identified	Comments
Etodolac	29	0	A complete list of company-sponsored trial was not available
Meloxicam	16	11	RCTs were available in abstract or synopsis form at the time of this review. Company provided data for 10 of the trials and these were included in a sensitivity analysis
Celecoxib	40	9	Company identified nine RCTs. Trial reports were not available at time of this review
Rofecoxib	27	5	Poster presentations or part trial reports of RCTs were available at time of this review
Etoricoxib	7	3	Poster presentations or part trial reports of RCTs were available at time of this review
Valdecoxib	11	0	
Lumiracoxib	15	0	
Total	131 <sup>a</sup>	28 <sup>b</sup>	

<sup>a</sup> There were 14 head-to-head trials in which two COX-2 selective NSAIDs were compared against each other. The number of trials for each individual drug totals 145 as the head-to-head trials would have been counted twice.

<sup>b</sup> Details of the trials are listed in Appendix 5.

## Results

### Quantity of research available

Sensitive rather than specific search strategies were used and therefore a large number of publications were identified. Many of these could be excluded on the basis of title or abstract and, after detailed review of full papers and identification of duplicate publication, a total of 131 relevant RCTs (but see the footnote to *Table 2*) were included: 29 for etodolac, 16 for meloxicam, 40 for celecoxib, 27 for rofecoxib, seven for etoricoxib, 11 for valdecoxib and 15 for lumiracoxib (see *Figure 1*). Within these trials there were 14 that compared two COX-2 selective drugs directly: six trials compared rofecoxib with celecoxib, five compared celecoxib with lumiracoxib, two compared rofecoxib with lumiracoxib and one compared rofecoxib with valdecoxib.

Some RCTs that met inclusion criteria were not included as they were not available either as full publications or as full reports from industry at the time of this systematic review (see *Table 2* and Appendix 5).

### Etodolac

#### Description of included trials

Twenty-nine trials of etodolac recruiting a total of 5775 participants met inclusion criteria. Only four

trials had placebo controls; various non-selective NSAIDs were used as comparators (naproxen 10, piroxicam 7, diclofenac 4, indomethacin 2, tenoxicam 2, ibuprofen 1, nabumetone 1, nimesulide 1). Full details of the 29 trials are outlined in Appendix 6 and summarised in *Table 3*. Sample sizes of trials ranged from 20 to 1446 (median 120) patients. Nineteen of the trials had a sample of less than 200 patients. All but one trial had duration of treatment  $\leq 3$  months. The only long-term trial, which compared etodolac 300 or 1000 mg/day with ibuprofen 2400 mg/day in RA patients, lasted 3 years.

#### Patient characteristics

Twenty-four trials recruited exclusively OA patients and five trials RA patients. The mean age of patients was between 48 and 71 years. Many of the studies excluded patients with a history of peptic ulcers. The majority (22 out of 27) of the trials were published more than a decade ago (prior to 1995) and therefore information in relation to *H. pylori* and low-dose aspirin was scant.

#### Assessment of the quality of included trials

Only two trials were judged to be of good quality (Jadad score 5). Seven trials scored only 2 on the Jadad scale due to poor reporting of trial methodology. The quality of included trials is summarised in Appendix 7.

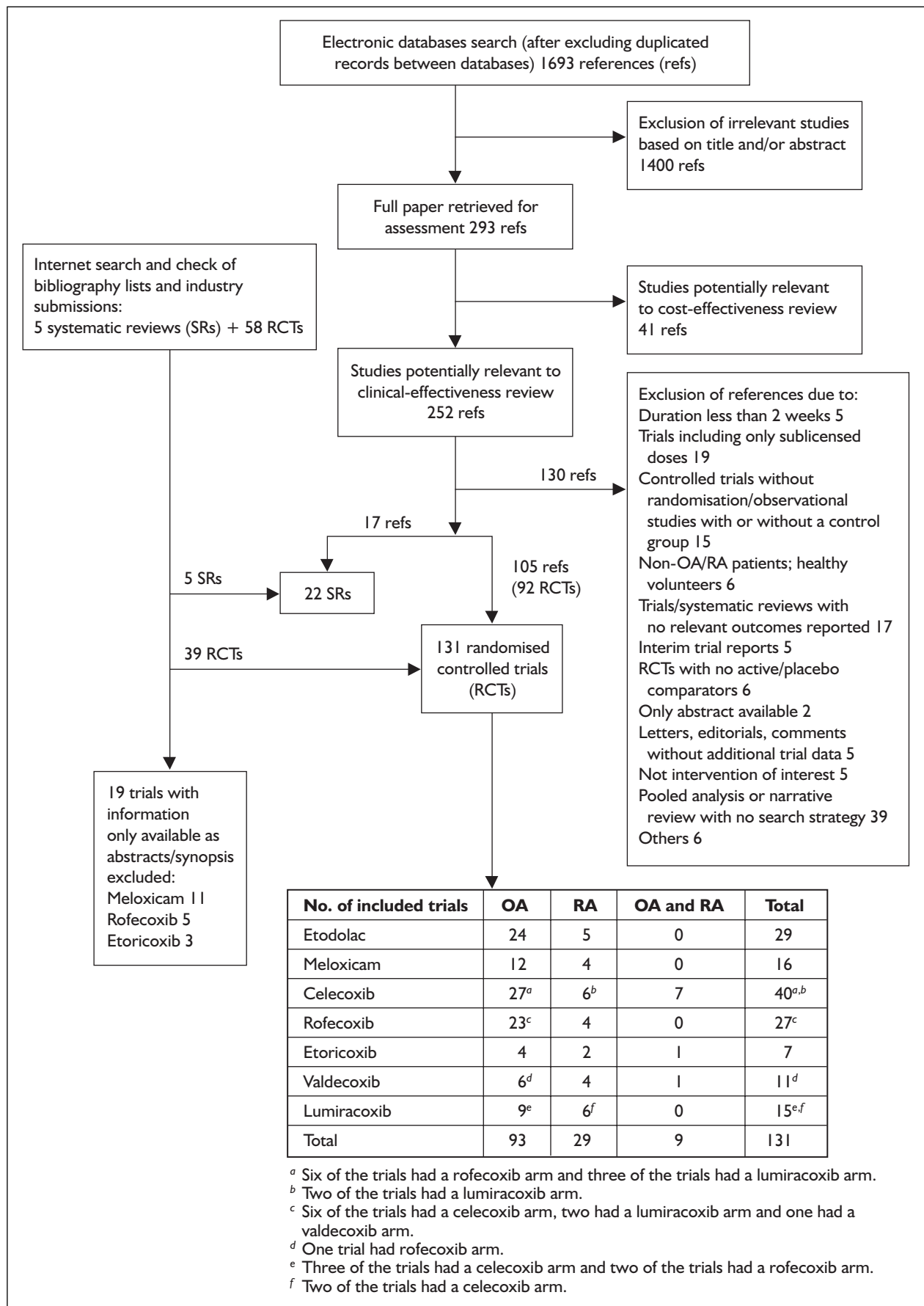


FIGURE 1 Flow diagram for identified trials

## Assessment of etodolac efficacy

The efficacy results across trials are summarised in *Table 4*. It was not possible to carry out meta-analyses for several efficacy outcomes because of the variations in the assessment methods used and poor reporting of the variance of outcome measures.

### Patient's assessment of arthritis pain

Etodolac was equivalent to non-selective NSAIDs for pain relief in OA patients. One RA trial observed no significant difference between etodolac 600 mg/day and indomethacin 100 mg/day.

### Patient's assessment of global efficacy

Etodolac was equally efficacious compared with non-selective NSAIDs.

### ACR-20 responder

No trial reported ACR-20 outcome.

### Withdrawals due to lack of efficacy

Etodolac was associated with similar levels of withdrawals due to lack of efficacy compared with non-selective NSAIDs.

## Etodolac tolerability

### Adverse events

Compared with non-selective NSAIDs, etodolac was associated with a lower risk of all adverse events and GI adverse events (*Table 5*).

### Withdrawals

There was no difference between etodolac and non-selective NSAIDs for withdrawals due to adverse events, GI adverse events and for all causes (*Table 6*).

## Safety of etodolac

### Endoscopic ulcers

One trial reported no difference in endoscopic ulcers between etodolac and non-selective NSAIDs (*Table 7*).

### Clinical UGI events (PUBs) and complicated UGI events (POBs)

Compared with non-selective NSAIDs, etodolac appears to be associated with fewer PUBs (RR 0.32, 95% CI 0.15 to 0.71; number-needed-to-treat (NNT), RR 74, 95% CI 59 to 174). Given the small number of events reported, it was not possible to assess the impact of etodolac on POBs (*Table 7, Figures 2 and 3*).

### Myocardial infarctions and serious cardiovascular thrombotic events

No trials reported the risk of MI. Only two trials reported a total of six serious CV

thrombotic events (two events in the etodolac group versus four events in the NSAID groups).

A summary of serious CV thrombotic events for etodolac versus placebo or NSAIDs is given in *Table 8*.

## Subgroup analyses

Few trials reported the results of subgroup analysis. Williams and colleagues<sup>138</sup> reported a slightly higher risk of adverse events in patients older than 65 years in both etodolac and placebo groups.

## Impact of concomitant gastroprotective agents

No trials addressing this issue were identified.

## Summary

Based on the systematic review and meta-analyses, it is concluded that:

- Twenty-nine RCTs were included. Studies compared etodolac (600–1000 mg/day) with either placebo or non-selective NSAIDs (naproxen, piroxicam, diclofenac, indomethacin, tenoxicam, ibuprofen, nabumetone or nimesulide). Twenty-four trials were exclusively in OA patients and five trials in RA patients.
- Only two trials were judged to be of good quality (Jadad score 5).
- Etodolac is of equivalent efficacy to non-selective NSAIDs.
- Etodolac was associated with a lower risk of all adverse events than non-selective NSAIDs.
- Withdrawals due to adverse events, GI adverse events and for all causes were equivalent between etodolac and non-selective NSAIDs.
- Compared with non-selective NSAIDs, etodolac appears to be associated with fewer PUBs. Given the small number of events reported, it is not possible to assess the impact of etodolac on POBs.
- There is no trial evidence to assess the effects of etodolac on MI.
- There is insufficient trial evidence to comment on the GI safety of etodolac in high-risk patients, those taking low-dose aspirin or anticoagulants or according to *H. pylori* status.
- There is no trial evidence comparing etodolac with non-selective NSAIDs with a GI-protective agent.

TABLE 3 Characteristics and quality of included etodolac RCTs

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised			Outcomes		Duration (weeks)	Jadad score
		Etodolac	Placebo	NSAID	Efficacy <sup>a</sup>	Safety <sup>a</sup>		
Bacon, 1990a <sup>136,137</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 70)	-	Naproxen 1000 mg/day (500 mg b.d.) (n = 73)	Pain, patient's global assessment	-	6	2
Bacon, 1990b <sup>136,137</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 170)	-	Piroxicam 20 mg/day (20 mg o.d.) (n = 165)	Pain, patient's global assessment	-	12	2
Bacon, 1990c <sup>136,137</sup>	OA (knee)	600 mg/day (200 mg t.d.s.) (n = 98)	-	Diclofenac 150 mg/day (50 mg t.d.s.) (n = 106)	Pain, patient's global assessment	-	8	2
Williams, 1989 <sup>138</sup>	OA (knee, hip)	Knee 600 mg/day (300 mg b.d.) (n = 50) Hip 600 mg/day (300 mg b.d.) (n = 54)	Knee n = 54 Hip n = 52	-	Patient's global assessment	Withdrawal due to AE, total withdrawal, dyspepsia, total AE, withdrawals due to GI AE	4	3
Freitas, 1990 <sup>139</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 33)	-	Piroxicam 20 mg/day (20 mg o.d.) (n = 32)	Patient's global assessment	Withdrawal due to AE, total withdrawal, total CV thrombotic, withdrawal due to GI AE	8	4
Astorga Paulsen, 1991 <sup>143</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 112)	-	Piroxicam 20 mg/day (20 mg o.d.) (n = 108)	Pain, patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, POBs, dyspepsia, total CV thrombotic	8	3
Brasseur, 1991 <sup>140</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 32)	-	Diclofenac SR 100 mg/day (100 mg o.d.) (n = 29)	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia, total AE, withdrawals due to GI AE	6	4
Karbowski, 1991 <sup>141</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 31)	-	Indomethacin 150 mg/day (50 mg t.d.s.) (n = 33)	Pain, patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, POBs, dyspepsia, total AE	6	3
Palferman, 1991 <sup>142</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 29)	-	Naproxen 1000 mg/day (500 mg b.d.) (n = 27)	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia, withdrawals due to GI AE	6	4

continued

TABLE 3 Characteristics and quality of included etodolac RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes	Duration (weeks)	Jadad score
		Etodolac	Placebo			
Pena, 1991 <sup>144</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 31)	-	Naproxen 1000 mg/day (500 mg b.d.) (n = 31)	8	3
Perpignano, 1991 <sup>145</sup>	OA (knee, hip)	600 mg/day (600 mg o.d.) (n = 10)	-	Naproxen 750 mg/day (750 mg o.d.) (n = 10)	4	4
Dick, 1992 <sup>146</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 57)	-	Piroxicam 20 mg/day (20 mg o.d.) (n = 59)	6	3
Grisanti, 1992 <sup>147</sup>	OA (knee)	600 mg/day (200 mg t.d.s.) (n = 85)	-	Diclofenac 150 mg/day (50 mg t.d.s.) (n = 87)	8	3
Waterworth, 1992 <sup>148</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 28)	-	Piroxicam 20 mg/day (20 mg o.d.) (n = 29)	6	3
Burssens, 1993 <sup>149</sup>	OA (knee)	600 mg/day (600 mg slow-release o.d.) (n = 37)	-	Tenoxicam 20 mg/day (20 mg o.d.) (n = 36)	4	2
Eisenkolb, 1993 <sup>150</sup>	OA (knee)	600 mg/day (200 mg t.d.s.) (n = 66)	-	Diclofenac 150 mg/day (50 mg t.d.s.) (n = 69)	6	3
Chikanza, 1994 <sup>151</sup>	OA (knee, hip)	600 mg/day (300 mg b.d.) (n = 39) for 4 weeks	-	Naproxen 1000 mg/day (500 mg b.d.) (n = 37) for 4 weeks	4 × 2 (8 weeks)	4

continued

TABLE 3 Characteristics and quality of included etodolac RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		NSAID	Placebo	n	Efficacy <sup>a</sup>	Safety <sup>a</sup>	Duration (weeks)	Jadad score
		Etodolac	Placebo							
Lucker, 1994 <sup>152</sup>	OA (knee)	600 mg/day (300 mg b.d.) (n = 99)	–	Nimesulide 200 mg/day (100 mg b.d.) (n = 100)	–	–	Pain, patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, total AE	12	5
Perpignano, 1994 <sup>153</sup>	OA (knee, hip)	600 mg/day (600 mg slow-release o.d.) (n = 60)	–	Tenoxicam 20 mg/day (20 mg o.d.) (n = 60)	–	–	Pain, patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, total AE	8	5
Dore, 1995 <sup>154</sup>	OA (knee)	800 mg/day (400 mg b.d.) (n = 86)	–	Naproxen 1000 mg/day (500 mg b.d.) (n = 82)	n = 86	–	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, POBs, dyspepsia, total AE, withdrawals due to GI AE	4	4
Schnitzer, 1995 <sup>155</sup>	OA (knee)	800 mg/day (400 mg b.d.) (n = 91)	–	Nabumetone 1500 mg/day (1500 mg o.d.) (n = 89)	n = 90	–	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia	4	4
Jennings, 1997 <sup>156</sup>	OA (foot, ankle)	800 mg/day (400 mg b.d.) (n = 29)	–	Naproxen 1000 mg/day (500 mg b.d.) (n = 31)	–	–	–	Withdrawal due to AE, total AE	5	2
Rogind, 1997 <sup>157</sup>	OA (knee, hip)	600 mg/day (300 mg b.d.) (n = 138)	–	Piroxicam 20 mg/day (20 mg o.d.) (n = 133)	–	–	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, POBs, total CV thrombotic, total AE	8	4
Schnitzer, 1997 <sup>158</sup>	OA (knee)	800 mg/day (400 mg b.d.) (n = 106) 200 mg q.d.s. (n = 105)	–	Naproxen 1000 mg/day (500 mg b.d.) (n = 109)	n = 104	–	Patient's global assessment, withdrawal due to lack of efficacy	Total withdrawal, PUBs, total AE	4	4
Taha, 1989 <sup>159,160</sup>	RA	600 mg/day (300 mg b.d.) (n = 15)	–	Naproxen 1000 mg/day (500 mg b.d.) (n = 15)	–	–	Pain, patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, ulcer (endoscopic)	4	2

continued



TABLE 3 Characteristics and quality of included etodolac RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes	Duration (weeks)	Jadad score		
		Etodolac	Placebo				NSAID	Efficacy <sup>a</sup>
Delcambre, 1990 <sup>339</sup>	RA	600 mg/day (200 mg t.d.s.) (n = 50)	-	Indomethacin 100 mg/day (25 mg b.d. and 50 mg o.d.) (n = 52)	Spontaneous global pain (VAS, 100 mm), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, total AE	6	4
Taha, 1990 <sup>160,162</sup>	RA	600 mg/day (300 mg b.d.) (n = 14)	-	Naproxen 1000 mg/day (500 mg b.d.) (n = 13)	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal	4	2
Lightfoot, 1997 <sup>163</sup>	RA	400 mg/day (200 mg b.d.) (n = 140) 600 mg/day (300 mg b.d.) (n = 147)	-	Piroxicam 20 mg/day (20 mg o.d.) (n = 139)	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, dyspepsia	12	3
Neustadt, 1997 <sup>164</sup>	RA	300 mg/day (150 mg b.d.) (n = 620) 1000 mg/day (500 mg b.d.) (n = 409)	-	Ibuprofen 2400 mg/day (600 mg q.d.s.) (n = 417)	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, dyspepsia	156 (3 years)	3

<sup>a</sup> Only the outcomes which were included in meta-analyses are listed. AE, adverse events; b.d., twice daily; o.d., once daily; q.d.s., four times daily; t.d.s., three times daily.

TABLE 4 Summary of efficacy results for etodolac versus placebo and NSAIDs

	Placebo			NSAIDs				
	Pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)	Pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)
600 mg/day	[1] <sup>a</sup>	[1] <sup>a</sup>	No trials	No trials	2.06 (-2.09 to 6.22) [2]	-0.08 (-0.25 to 0.09) [3]	No trials	1.10 (0.76 to 1.61) [15]
>600 mg/day	[3] <sup>a</sup>	[3] <sup>a</sup>	No trials	0.29 (0.18 to 0.45) [3]	[4] <sup>a</sup>	No difference or etodolac better [4] <sup>a</sup>	No trials	0.97 (0.80 to 1.17) [4]
OA only	[4] <sup>a</sup>	[4] <sup>a</sup>	No trials	0.29 (0.18 to 0.45) [3]	2.06 (-2.09 to 6.22) [2]	-0.00 (-0.22 to 0.22) [2]	No trials	1.14 (0.72 to 1.78) [13]
RA only	No trials	No trials	No trials	No trials	[1] <sup>a</sup>	-0.20 (-0.46 to 0.06) [1]	No trials	0.97 (0.81 to 1.17) [3]
All trials	[4] <sup>a</sup>	[4] <sup>a</sup>	No trials	0.29 (0.18 to 0.45) [3]	2.06 (-2.09 to 6.22) [2]	-0.08 (-0.25 to 0.09) [3]	No trials	1.00 (0.85 to 1.19) [16]

<sup>a</sup> Insufficient data for meta-analysis; [ ] number of trials.

TABLE 5 Summary of adverse events for etodolac versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse events</b>		
600 mg/day	1.47 (0.86 to 2.52) [1]	0.76 (0.60 to 0.95) <sup>a</sup> [9]
>600 mg/day	1.38 (0.95 to 2.00) <sup>a</sup> [2]	1.00 (0.86 to 1.17) [3]
OA only	1.43 (1.19 to 1.73) [3]	0.85 (0.71 to 1.01) <sup>a</sup> [11]
RA only	Not reported	0.62 (0.34 to 1.14) [1]
<b>All trials</b>	<b>1.43 (1.19 to 1.73) [3]</b>	<b>0.83 (0.70 to 0.99)<sup>a</sup> [12]</b>
<b>GI adverse events</b>		
600 mg/day	1.53 (0.78 to 3.01) [1]	0.68 (0.53 to 0.87) [8]
>600 mg/day	1.93 (1.12 to 3.34) [1]	1.38 (0.85 to 2.24) [1]
OA only	1.75 (1.15 to 2.68) [2]	0.77 (0.55 to 1.08) <sup>a</sup> [9]
RA only	Not reported	Not reported
<b>All trials</b>	<b>1.75 (1.15 to 2.68) [2]</b>	<b>0.77 (0.55 to 1.08)<sup>a</sup> [9]</b>

<sup>a</sup> Significant (p < 0.10) statistical heterogeneity – random effects meta-analysis.

**TABLE 6** Summary of withdrawals for etodolac versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse event withdrawals</b>		
600 mg/day	1.22 (0.39 to 3.88) [1]	0.89 (0.69 to 1.16) [17]
>600 mg/day	0.89 (0.54 to 1.48) [3]	0.96 (0.74 to 1.25) [5]
OA only	0.94 (0.59 to 1.49) [4]	0.94 (0.74 to 1.20) [19]
RA only	Not reported	0.90 (0.68 to 1.20) [3]
<b>All trials</b>	<b>0.94 (0.59 to 1.49) [4]</b>	<b>0.93 (0.77 to 1.12) [22]</b>
<b>All GI withdrawals</b>		
600 mg/day	1.02 (0.26 to 3.97) [1]	0.99 (0.56 to 1.75) [7]
>600 mg/day	0.33 (0.01 to 8.07) [1]	0.32 (0.01 to 7.70) [1]
OA only	0.83 (0.24 to 2.83) [2]	0.95 (0.54 to 1.65) [8]
RA only	Not reported	Not reported
<b>All trials</b>	<b>0.83 (0.24 to 2.83) [2]</b>	<b>0.95 (0.54 to 1.65) [8]</b>
<b>All withdrawals</b>		
600 mg/day	Not reported	0.96 (0.80 to 1.14) [17]
>600 mg/day	0.50 (0.39 to 0.65) [3]	0.98 (0.91 to 1.06) [4]
OA only	0.50 (0.39 to 0.65) [3]	1.01 (0.84 to 1.20) [18]
RA only	Not reported	0.96 (0.89 to 1.03) [3]
<b>All trials</b>	<b>0.50 (0.39 to 0.65) [3]</b>	<b>0.97 (0.90 to 1.05) [21]</b>

**TABLE 7** Summary of endoscopic GI ulcers and clinical and complicated UGI events (PUBs and POBs) for etodolac versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>Endoscopic GI ulcers</b>	Not reported	
600 mg/day		0.50 (0.05 to 4.67) [1] <sup>a</sup>
>600 mg/day		Not reported
OA only		0.50 (0.05 to 4.67) [1] <sup>a</sup>
RA only		<sup>a</sup>
<b>All trials</b>		<b>0.50 (0.05 to 4.67) [1]<sup>a</sup></b>
<b>PUBs</b>		
600 mg/day	No trials	0.33 (0.12 to 0.94) [6] <sup>141,143,145,148,157,163 a</sup>
>600 mg/day	0.69 (0.08 to 5.67) [2] <sup>154,158</sup>	0.32 (0.10 to 1.05) [3] <sup>154,158,164</sup>
OA only	0.69 (0.08 to 5.67) [2] <sup>154,158</sup>	0.45 (0.17 to 1.22) [7] <sup>141,143,145,148,154,157,158</sup>
RA only	No trials	0.20 (0.05 to 0.77) [2] <sup>163,164 a</sup>
vs ibuprofen	–	0.23 (0.05 to 1.04) [1] <sup>164</sup>
vs diclofenac	–	No trials
vs naproxen	–	0.60 (0.13 to 2.75) [3] <sup>145,154,158 a</sup>
vs other NSAIDs	–	0.30 (0.09 to 0.99) [5] <sup>141,143,148,157,163</sup>
<b>All trials</b>	<b>0.69 (0.08 to 5.67) [2]<sup>154,158</sup></b>	<b>0.32 (0.15 to 0.71) [9]<sup>141,143,145,148,154,157,158,163,164 a</sup></b>
<b>POBs</b>		
600 mg/day	<sup>a</sup>	0.41 (0.12 to 1.40) [5] <sup>141,143,148,157,163 b</sup>
>600 mg/day	0.33 (0.01 to 8.07) [1] <sup>154</sup>	0.32 (0.01 to 7.70) [1] <sup>154</sup>
OA only	0.33 (0.01 to 8.07) [1] <sup>154 a</sup>	0.46 (0.13 to 1.63) [5] <sup>141,143,148,154,157 a</sup>
RA only	No trials	0.19 (0.01 to 3.91) [1] <sup>163 a</sup>
vs ibuprofen	–	No trials
vs diclofenac	–	No trials
vs naproxen	–	0.32 (0.01 to 7.70) [1] <sup>154 b</sup>
vs other NSAIDs	–	0.41 (0.12 to 1.40) [5] <sup>141,143,148,157,163</sup>
<b>All trials</b>	<b>0.33 (0.01 to 8.07) [1]<sup>154 a</sup></b>	<b>0.39 (0.12 to 1.24) [6]<sup>141,143,148,154,157,163 b</sup></b>

Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials.

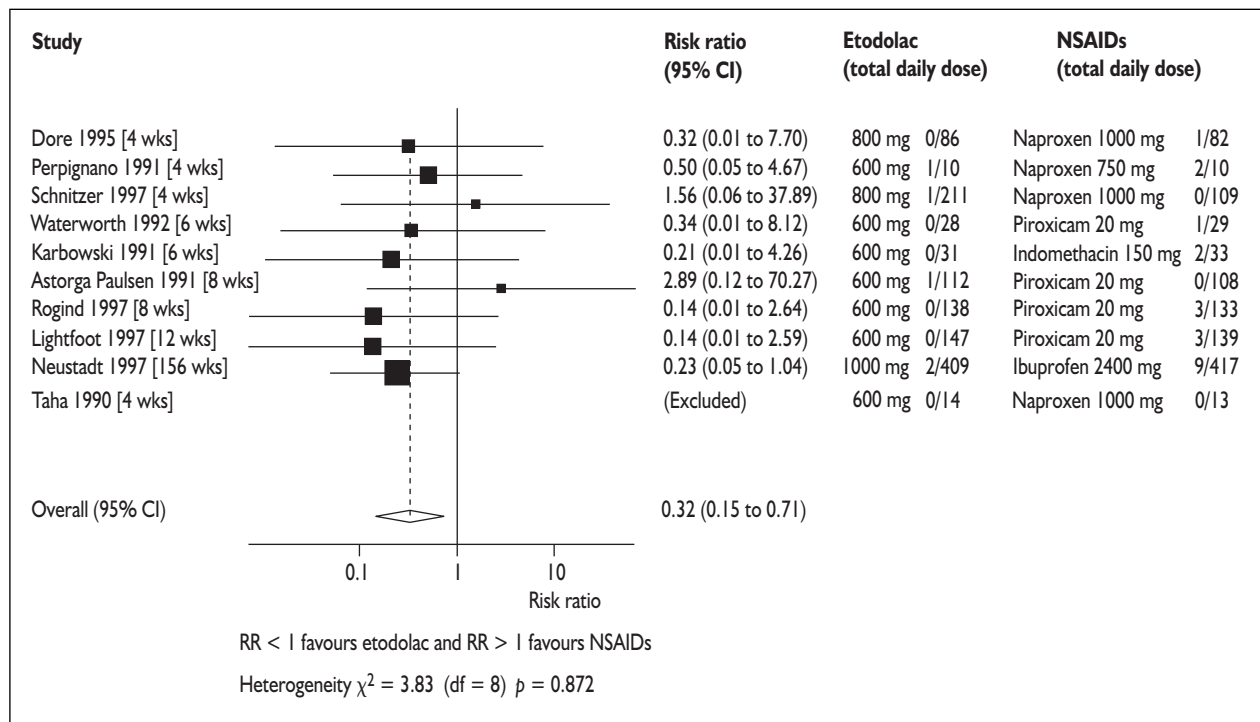


FIGURE 2 Risk of PUBs with etodolac (all doses) versus NSAIDs (all drugs)

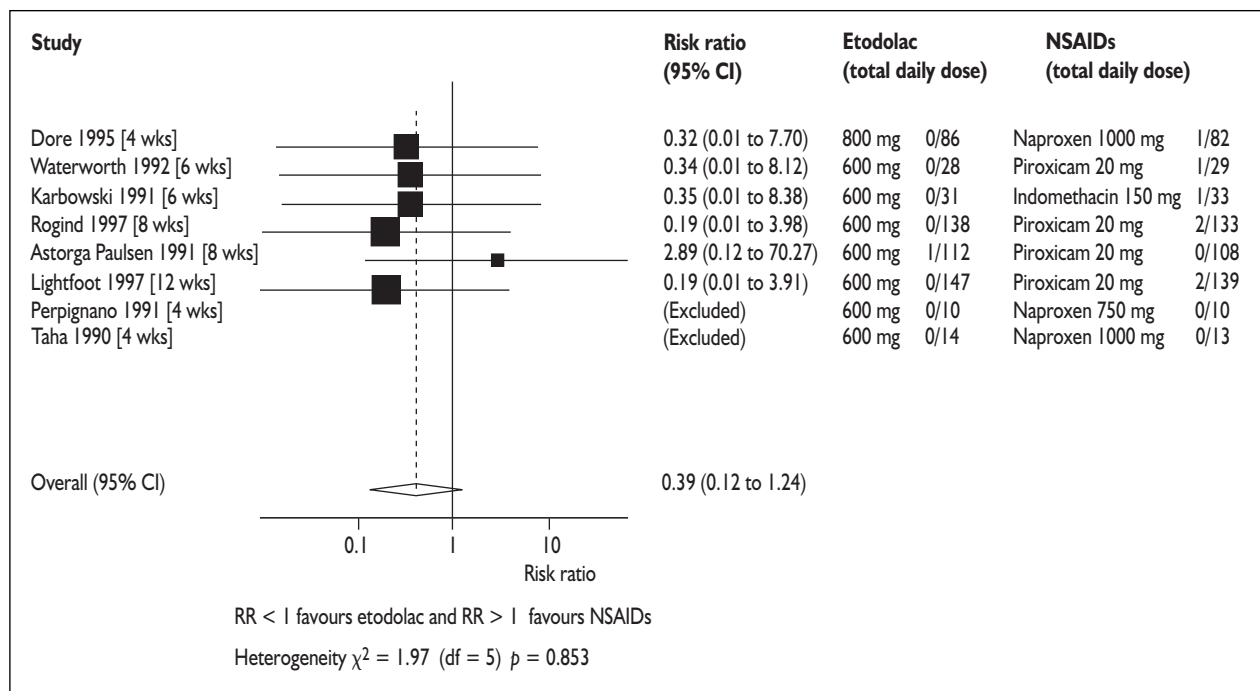


FIGURE 3 Risk of POBs with etodolac (all doses) versus NSAIDs (all drugs)

**TABLE 8** Summary of serious cardiovascular thrombotic events for etodolac versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>MI</b>	Not reported	Not reported
<b>Serious CV thrombotic events</b>	Not reported	
600 mg/day		0.50 (0.09 to 2.66) [2]
>600 mg/day		Not reported
OA only		0.50 (0.09 to 2.66) [2]
RA only		Not reported
<b>All trials</b>		<b>0.50 (0.09 to 2.66) [2]</b>

## Meloxicam

### Description of included trials

Sixteen trials of meloxicam recruiting 22,886 patients met inclusion criteria. Full details of these trials are detailed in Appendix 6 and summarised in *Table 9*. We identified a further 11 trials with abstract-level information only. We were not able to assess the quality of these trials or to extract fully their outcome results. The key safety outcomes (POBs, PUBs and MI) reported by 10 of these abstracts were added to the main body of trial evidence meta-analyses. These additional data are therefore reported as sensitivity analyses in the section 'Summary' (p. 29).

Two major trials, Meloxicam Large-Scale International Study Safety Assessment (MELISSA) and Safety and Efficacy Large-scale Evaluation of COX-inhibiting Therapies (SELECT), recruited over 8000 patients each. A majority (11/16) of trials were of short duration (<3 months) and ranged from 2 weeks to 6 months.

### MELISSA

This large international multicentre double-blind RCT was designed to assess the tolerability and safety of meloxicam 7.5 mg/day (half the maximum licensed dose;  $n = 4320$  patients) compared with slow-release diclofenac 100 mg/day (two-thirds of the usual full dose;  $n = 4326$ ) in OA over 28 days. MELISSA was powered to detect a 1% difference in adverse events. Because of limited reporting, the quality of MELISSA was judged to be only 'moderate' (i.e. Jadad score 3).

### SELECT

SELECT was similar in design to MELISSA, except that meloxicam 7.5 mg/day ( $n = 4635$  patients) was compared with piroxicam 20 mg/day (two-thirds of the maximum licensed dose;  $n = 4336$ ) in OA over 28 days. Again, because of limited reporting, the quality of MELISSA was judged to be only 'moderate' (i.e. Jadad score 3).

### Patient characteristics

Most trials studied OA patients (12 trials) rather than RA patients (four trials) with a mean age in the range 54–72 years and females 54–90%. Patient characteristics were often poorly reported but, where reported, 5–12% had experienced a previous GI ulcer. Usage of low-dose aspirin and oral corticosteroids was not reported. It appeared that virtually all included patients were already taking NSAIDs at the time of recruitment.

### Study interventions

Meloxicam at licensed doses (7.5 or 15 mg/day) was used in all trials and three trials also studied doses greater than 15 mg/day, but in two of these trials<sup>165,166</sup> data for 30 mg/day were not reported. One trial provided data on meloxicam 22.5 mg/day.<sup>167</sup> Four trials compared meloxicam with placebo, two of these trials being placebo-only trials. Fourteen trials compared meloxicam with NSAIDs: diclofenac (6/14), piroxicam (5/14), naproxen (1/14) and nabumetone (2/14).

### Assessment of the quality of included trials

The median Jadad score across trials was 3, indicating that the trials were generally of 'moderate' quality (see *Table 9*). A detailed summary of the quality of trials is provided in Appendix 7.

Low quality scores were largely the result of poor reporting of methods. Very few trials provided details of randomisation (3/16) or concealment (0/16); most were double blind (14/16) and stated ITT analysis (15/16); and in four of six trials, where details were reported, there was a loss to follow-up of less than 5%. As with other COX-2 selective drugs, a potential source of the bias in these trials was the large proportion of withdrawals: withdrawal in the non-selective NSAIDs arm of trials exceeded that of meloxicam, although drug doses used are not directly comparable.

### Assessment of meloxicam efficacy

Efficacy results across trials are summarised in *Table 10*.

TABLE 9 Characteristics and quality of included meloxicam RCTs

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Meloxicam	Placebo	Efficacy <sup>a</sup>	Safety <sup>a</sup>		
Carrabba, 1995 <sup>168,169</sup>	OA (hip, knee)	15 mg/day (15 mg o.d.) (n = 216)	–	Piroxicam 20 mg/day (20 mg o.d.) (n = 109)	Patient's global assessment	3	1
Hosie, 1996, <sup>170</sup> BI Study 63	OA (hip, knee)	7.5 mg/day (7.5 mg o.d.) (n = 169)	–	Diclofenac SR 100 mg/day (100 mg o.d.) (n = 167)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	25 (6 months)	3
Linden, 1996, <sup>165</sup> BI Study 43	OA (hip)	15 mg/day (15 mg o.d.) (n = 129) 30 mg/day (30 mg o.d.) (n = ?)	–	Piroxicam 20 mg/day (20 mg o.d.) (n = 127)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	6	3
Goei The, 1997, <sup>166</sup> BI Study 44	OA (knee)	15 mg/day (15 mg o.d.) (n = 128) 30 mg/day (30 mg o.d.) (n = ?)	–	Diclofenac SR 100 mg/day (100 mg o.d.)	Patient's global assessment	6	2
Hosie, 1997, <sup>171</sup> BI Study 45	OA (hip, knee)	15 mg/day (15 mg o.d.) (n = 306)	–	Piroxicam 20 mg/day (20 mg o.d.) (n = 149)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	25 (6 months)	3
Dequeker, 1998, <sup>172</sup> SELECT, BI Study 154	OA (knee, spine, hip, hand)	7.5 mg/day (7.5 mg o.d.) (n = 4320)	–	Piroxicam 20 mg/day (20 mg o.d.) (n = 4336)	Pain 100 mm VAS (on active movement), pain 100 mm VAS (at rest), patient's global efficacy, withdrawal due to lack of efficacy	4	3
Hawkey, 1998, <sup>173</sup> MELISSA, BI Study 153	OA (knee, spine, hip, hand)	7.5 mg/day (7.5 mg o.d.) (n = 4635)	–	Diclofenac SR 100 mg/day (100 mg o.d.) (n = 4688)	Pain 100 mm VAS – active movement, pain 100 mm VAS – at rest, patient's global efficacy, withdrawal due to lack of efficacy	4	3

continued

TABLE 9 Characteristics and quality of included meloxicam RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Meloxicam	Placebo	Efficacy <sup>a</sup>	Safety <sup>a</sup>		
Lund, 1998, <sup>174,175</sup> BI Study 42	OA (knee)	7.5 mg/day (7.5 mg o.d.) (n = 140) 30 mg/day (30 mg o.d.) (n = 102)	n = 137 –	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, total AE	3	3
Yocum, 2000, <sup>176-178</sup> BI Study 181	OA (hip, knee)	3.75 mg/day (3.75 mg o.d.) (n = 154) 7.5 mg/day (7.5 mg o.d.) (n = 154) 15 mg/day (15 mg o.d.) (n = 156)	n = 157 Diclofenac 100 mg/day (50 mg b.d.) (n = 153)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia, total AE, withdrawals due to GI AE	12	3
Chang, 2001 <sup>179</sup>	OA (knee)	7.5 mg/day (7.5 mg o.d.) (n = 36)	– Piroxicam 20 mg/day (20 mg o.d.) (n = 36)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, ulcer (endoscopic, definition: $\geq 3$ mm), dyspepsia, total AE	4	4
Valat, 2001, <sup>180</sup> BI Study 94	OA (lumbar spine)	7.5 mg/day (7.5 mg o.d.) (n = 117)	– Diclofenac 100 mg/day SR (100 mg o.d.) (n = 112)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, MI, total CV thrombotic, total AE	2	4
Xu, 2002a <sup>181</sup>	OA (knee)	7.5 mg/day (7.5 mg o.d.) (n = 31)	– Nabumetone 1000 mg/day (1000 mg o.d.) (n = 29)	Pain during activity (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, total AE, withdrawals due to GI AE	4	5
Wojtulewski, 1996, <sup>182,183</sup> BI Study 61	RA	7.5 mg/day (7.5 mg o.d.) (n = 199)	– Naproxen 750 mg/day (250 mg t.d.s.) (n = 180)	Pain (VAS), patient's global assessment efficacy, withdrawal due to lack of efficacy	Withdrawal due to AE, PUBs, total AE, withdrawals due to GI AE	25 (6 months)	4

continued

TABLE 9 Characteristics and quality of included meloxicam RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score	
		Meloxicam	Placebo	Efficacy <sup>a</sup>	Safety <sup>a</sup>			
Lemmel, 1997, <sup>184,185</sup> BI Study 35	RA	7.5 mg/day (7.5 mg o.d.) (n = 159) 15 mg/day (15 mg o.d.) (n = 162)	n = 147	–	Pain (VAS), patient's global assessment efficacy, withdrawal due to lack of efficacy	Withdrawal due to AE, total AE, withdrawals due to GI AE	3	3
Furst, 2002, <sup>167,186</sup> BI Study 183	RA	7.5 mg/day (7.5 mg o.d.) (n = 175) 15 mg/day (15 mg o.d.) (n = 184) 22.5 mg/day (22.5 mg o.d.) (n = 177)	n = 177	Diclofenac 150 mg/day (75 mg b.d.) (n = 181)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, POBs, dyspepsia, total AE, withdrawals due to GI AE	12	4
Xu, 2002b <sup>187,188</sup>	RA	15 mg/day (15 mg o.d.) (n = 59)	–	Nabumetone 1000 mg/day (1000 mg o.d.) (n = 61)	Patient's global assessment (disease status), withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, total AE, withdrawals due to GI AE	4	4

<sup>a</sup> Only the outcomes which were included in meta-analyses are listed.



TABLE 10 Summary of efficacy results for meloxicam versus placebo and NSAIDs

	Placebo				NSAID			
	VAS pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)	VAS pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)
7.5 mg/day	-5.7 (-8.7 to -2.8) [1] <sup>a</sup>	-0.49 (-0.92 to 0.03) [2]	No trials	0.59 (0.50 to 0.70) [4]	2.2 (1.2 to 3.1) [7]	-0.13 (-0.16 to -0.09) [4]	No trials	1.67 (1.36 to 2.04) [7]
15 mg/day	-7.4 (-10.3 to -4.4) [3]	-0.85 (-1.31 to 0.39) [2]	No trials	0.54 (0.43 to 0.68) [4]	-1.2 (-4.0 to 1.6) [4]	0.02 (-0.37 to 0.40) [3]	No trials	1.48 (1.08 to 2.04) [4]
22.5 mg/day	-9.9 (-15.7 to -4.1) [1]	-0.87 (-1.42 to -0.32) [1]	No trials	0.90 (0.53 to 0.89) [1]	1.1 (-4.7 to 6.9) [1]	0.20 (-0.45 to 0.65) [1]	No trials	1.65 (1.12 to 2.42) [1]
OA only	-5.3 (-10.5 to -0.1) [1]	-0.50 (-1.20 to 0.20) [1]	No trials	0.58 (0.44 to 0.77) [2]	1.7 (0.80 to 2.8) [7]	-0.06 (-0.28 to 0.16) [3]	No trials	1.40 (1.14 to 1.72) [8]
RA only	-7.2 (-10.2 to -4.3) [2]	-0.80 (-1.15 to -0.08) [1]	No trials	0.60 (0.48 to 0.74) [2]	1.4 (-1.9 to 4.2) [3]	0.03 (-0.44 to 0.51) [2]	No trials	1.61 (1.21 to 2.13) [3]
<b>All trials</b>	<b>-6.8</b> <b>(-9.3 to -4.2) [3]</b>	<b>-0.65</b> <b>(-1.14 to -0.14) [2]</b>	<b>No trials</b>	<b>0.59</b> <b>(0.49 to 0.70) [4]</b>	<b>1.7</b> <b>(0.8 to 2.7) [10]</b>	<b>-0.05</b> <b>(-0.25 to 0.15) [5]</b>	<b>No trials</b>	<b>1.47</b> <b>(1.24 to 1.73) [11]</b>

<sup>a</sup> [ ], No. of trials.

**Patient's assessment of arthritis pain**

Meloxicam was marginally inferior to non-selective NSAIDs for providing pain relief.

**Patient's assessment of global efficacy**

Meloxicam was no different to non-selective NSAIDs for global efficacy. These results were consistent across meloxicam doses and OA and RA patients.

**ACR-20 responder**

No included meloxicam trials reported ACR-20.

**Withdrawals due to lack of efficacy**

More people on meloxicam withdrew because of lack of efficacy compared with non-selective NSAIDs. Again, these results appeared to be consistent for OA and RA patients and across meloxicam doses.

**Meloxicam tolerability****Adverse events**

Significantly fewer people given meloxicam developed adverse events, overall and GI-specific events, compared with non-selective NSAIDs in OA and RA. There was evidence of substantial heterogeneity in the level of GI-specific adverse events across meloxicam trials (Table 11).

**Withdrawals**

Meloxicam significantly reduced the level of both overall and GI-specific withdrawals compared with non-selective NSAIDs (Table 12).

**Safety of meloxicam**

Few trials assessed the safety of meloxicam in

terms of endoscopic GI ulcers, PUBs, POBs, MIs and serious CV thrombotic events (Tables 13–15, Figures 4 and 5).

**Endoscopic GI ulcers**

Meloxicam appeared to reduce the endoscopic ulcers compared to NSAIDs, although this difference failed to reach statistical significance.

**Clinical UGI events (PUBs)**

The pooled RR indicated that meloxicam was associated with significantly fewer PUBs compared with non-selective NSAIDs (RR = 0.53, 95% CI 0.29 to 0.97; NNT 707, 95% CI 468 to 11,083; Figure 4). This pooled estimate however was mainly driven by data from two short-term trials<sup>172,173</sup> (4 weeks) that used low-dose meloxicam (7.5 mg per day).

**Complicated UGI events (POBs)**

When meloxicam was compared with non-selective NSAIDs, no statistically significant differences in POBs were found.

**Myocardial infarctions and serious cardiovascular thrombotic events**

Only three events were reported across all included meloxicam trials providing insufficient data for meaningful comparisons.

**Subgroup analyses****Low-dose aspirin**

No relevant trial data were found.

**H. pylori status**

No relevant trial data were found.

**TABLE 11** Summary of adverse events for meloxicam versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse events</b>		
7.5 mg/day	1.07 (0.94 to 1.22) [4]	0.86 (0.84 to 0.89) [10]
15 mg/day	1.12 (0.98 to 1.326) [4]	0.97 (0.87 to 1.09) [5]
22.5 mg/day	1.13 (0.95 to 1.35) [1]	1.00 (0.85 to 1.18) [1]
OA trials	1.11 (0.94 to 1.31) [2]	0.88 (0.81 to 0.95) <sup>a</sup> [10]
RA trials	1.10 (0.96 to 1.27) [2]	0.99 (0.87 to 1.13) [3]
<b>All trials</b>	<b>1.10 (0.99 to 1.23) [4]</b>	<b>0.91 (0.84 to 0.99)<sup>a</sup> [13]</b>
<b>All GI adverse events</b>		
7.5 mg/day	0.68 (0.41 to 1.10) <sup>a</sup> [4]	0.29 (0.28 to 0.31) <sup>a</sup> [10]
15 mg/day	0.86 (0.58 to 1.26) <sup>a</sup> [4]	0.33 (0.21 to 0.51) [5]
22.5 mg/day	1.79 (1.42 to 2.27) [1]	1.15 (0.99 to 1.94) [1]
OA only	0.68 (0.33 to 1.39) <sup>a</sup> [2]	0.28 (0.22 to 0.37) <sup>a</sup> [10]
RA only	0.91 (0.53 to 1.56) <sup>a</sup> [2]	0.43 (0.31 to 0.61) <sup>a</sup> [3]
<b>All trials</b>	<b>0.79 (0.55 to 1.12)<sup>a</sup> [4]</b>	<b>0.31 (0.24 to 0.39)<sup>a</sup> [13]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

**TABLE 12** Summary of withdrawals for meloxicam versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse event withdrawals</b>		
7.5 mg/day	1.21 (0.76 to 1.92) [2]	0.60 (0.42 to 0.85) <sup>a</sup> [8]
15 mg/day	1.32 (0.84 to 2.08) [3]	0.96 (0.66 to 1.35) [4]
22.5 mg/day	1.07 (0.53 to 2.15) [1]	0.77 (0.40 to 1.45) [1]
OA only	1.25 (0.72 to 2.20) [2]	0.97 (0.62 to 1.52) [3]
RA only	1.20 (0.68 to 2.11) [1]	0.86 (0.53 to 1.40) [1]
<b>All trials</b>	<b>1.23 (0.82 to 1.84) [3]</b>	<b>0.92 (0.66 to 1.28) [11]</b>
<b>All GI withdrawals</b>		
7.5 mg/day	1.40 (0.72 to 2.77) [4]	0.60 (0.53 to 0.69) [5]
15 mg/day	1.35 (0.69 to 2.65) [4]	0.76 (0.40 to 1.47) [3]
22.5 mg/day	1.18 (0.41 to 3.46) [1]	0.92 (0.38 to 2.11) [1]
OA only	2.01 (0.76 to 5.30) [2]	0.60 (0.53 to 0.69) [5]
RA only	1.04 (0.48 to 2.6) [2]	0.66 (0.41 to 1.06) [2]
<b>All trials</b>	<b>1.38 (0.76 to 2.51) [4]</b>	<b>0.61 (0.54 to 0.69) [7]</b>
<b>All withdrawals</b>		
7.5 mg/day	0.83 (0.66 to 1.05) [2]	0.85 (0.76 to 0.96) [6]
15 mg/day	0.73 (0.57 to 0.93) [2]	1.14 (0.83 to 1.52) [3]
22.5 mg/day	0.68 (0.53 to 0.89) [1]	1.11 (0.87 to 1.49) [1]
OA only	0.82 (0.40 to 1.68) [1]	0.80 (0.71 to 0.91) [6]
RA only	0.74 (0.61 to 0.90) [1]	1.21 (0.94 to 1.55) [2]
<b>All trials</b>	<b>0.75 (0.62 to 0.90) [2]</b>	<b>0.86 (0.77 to 0.96) [8]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

**TABLE 13** Summary of endoscopic GI ulcers for meloxicam versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>Endoscopic GI ulcers</b>		
7.5 mg/day	No events [1]	0.50 (0.21 to 1.15) [5]
15 mg/day	No trials	No trials
22.5 mg/day	No trials	No trials
OA only	No events [1]	0.56 (0.23 to 1.36) [4]
RA only	No trials	0.18 (0.01 to 3.74) [1]
<b>All trials</b>	<b>No events [1]</b>	<b>0.50 (0.21 to 1.15) [5]</b>

**Age**

In SELECT, when subgroups of younger ( $\leq 65$  years) and older ( $> 65$  years) male and female patients were analysed, in both the incidence of GI adverse events was found to be lower with meloxicam than piroxicam. Actual numbers of events were not reported in these two age groups. Furst and colleagues<sup>167</sup> reported the rate of all adverse events to be lower in meloxicam than diclofenac for both patients aged  $\leq 65$  years (24.1% versus 29.4%) and patients aged  $> 65$  years (36.4% versus 42.1%).

**Prior GI disease (GI ulcer)**

In SELECT, fewer people who had a history of an ulcer developed GI adverse events when given

meloxicam (7.5 mg/day) than piroxicam (20 mg/day): 91/236 (38.6%) compared with 95/212 (44.8%), respectively. This, however, was not statistically significant ( $p = 0.180$ ).

**Impact of concomitant gastroprotective agents**

No relevant trials were identified.

**Summary**

- Sixteen RCTs were included. Studies compared meloxicam (7.5–22.5 mg/day) with either placebo or non-selective NSAIDs (naproxen, diclofenac, nabumetone or piroxicam). Twelve trials were exclusively in OA patients and four trials in RA patients.

**TABLE 14** Summary of serious GI events for meloxicam versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>PUBs</b>		
7.5 mg/day	5.06 (0.24 to 104.58) [1] <sup>167 b</sup>	0.58 (0.31 to 1.09) [4] <sup>167,172,173,182 b</sup>
15 mg/day	2.89 (0.12 to 70.39) [1] <sup>167 b</sup>	0.59 (0.14 to 2.48) [3] <sup>165-167 b</sup>
22.5 mg/day	3.00 (0.12 to 73.15) [1] <sup>167</sup>	3.07 (0.13 to 74.80) [1] <sup>167</sup>
OA only	<sup>a</sup>	0.49 (0.26 to 0.95) [4] <sup>165,166,172,173 c</sup>
RA only	2.98 (0.16 to 55.14) [1] <sup>167 a</sup>	0.82 (0.15 to 4.34) [2] <sup>167,182</sup>
vs ibuprofen	–	No trial
vs diclofenac	–	0.85 (0.32 to 2.25) [3] <sup>166,167,173 a</sup>
vs naproxen	–	0.18 (0.01 to 3.75) [1] <sup>182</sup>
vs other NSAIDs	–	0.42 (0.18 to 0.96) [2] <sup>165,172 b</sup>
<b>All trials</b>	<b>2.98 (0.16 to 55.14) [1]<sup>167 b</sup></b>	<b>0.53 (0.29 to 0.97) [6]<sup>165-167,172,173,182 c</sup></b>
<b>POBs</b>		
7.5 mg/day	3.03 (0.12 to 73.98) [1] <sup>167 c</sup>	0.56 (0.26 to 1.21) [4] <sup>167,170,172,173 e</sup>
15 mg/day	2.89 (0.12 to 70.39) [1] <sup>167 c</sup>	1.09 (0.24 to 5.00) [3] <sup>165,167,171 c</sup>
22.5 mg/day	<sup>a</sup>	<sup>a</sup>
OA only	<sup>b</sup>	0.52 (0.25 to 1.10) [5] <sup>165,170-173 e</sup>
RA only	1.66 (0.08 to 34.36) [1] <sup>167 a</sup>	1.69 (0.08 to 35.13) [1] <sup>167 b</sup>
vs ibuprofen	–	No trials
vs diclofenac	–	0.66 (0.21 to 2.12) [3] <sup>167,170,173 b</sup>
vs naproxen	–	<sup>a</sup>
vs other NSAIDs	–	0.51 (0.21 to 1.27) [3] <sup>165,171,172 d</sup>
<b>All trials</b>	<b>1.66 (0.08 to 34.36) [1]<sup>167 c</sup></b>	<b>0.56 (0.27 to 1.15) [6]<sup>165,167,170,172,173,182 f</sup></b>
Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> three trials; <sup>d</sup> four trials; <sup>e</sup> five trials; <sup>f</sup> seven trials.		

**TABLE 15** Summary of myocardial infarction and serious CV thrombotic events for meloxicam versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>MI</b>		
7.5 mg/day	0.33 (0.01 to 7.94) [1] <sup>174 b</sup>	0.33 (0.01 to 8.03) [1] <sup>170 d</sup>
15 mg/day	0.34 (0.01 to 8.29) [1] <sup>174 b</sup>	<sup>b</sup>
22.5 mg/day	No trials	No trials
OA only	0.17 (0.01 to 4.08) [1] <sup>174 a</sup>	0.33 (0.01 to 8.03) [1] <sup>170 d</sup>
RA only	<sup>c</sup>	<sup>a</sup>
vs ibuprofen	–	No trials
vs diclofenac	–	0.33 (0.01 to 8.03) [1] <sup>170 b</sup>
vs naproxen	–	No trials
vs other NSAIDs	–	<sup>c</sup>
<b>All trials</b>	<b>0.17 (0.01 to 4.08) [1]<sup>174 b</sup></b>	<b>0.33 (0.01 to 8.03) [1]<sup>170 e</sup></b>
<b>Serious CV thrombotic events</b>		
7.5 mg/day	<sup>f</sup>	0.99 (0.05 to 15.7) [1]
15 mg/day	<sup>f</sup>	No trials
22.5 mg/day	<sup>f</sup>	No trials
OA only	<sup>f</sup>	0.99 (0.06 to 15.9) [1]
RA only	<sup>f</sup>	<sup>f</sup>
All trials	<sup>f</sup>	0.99 (0.06 to 15.9) [1]
Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> three trials; <sup>d</sup> four trials; <sup>e</sup> five trials. <sup>f</sup> Trials reported zero events.		

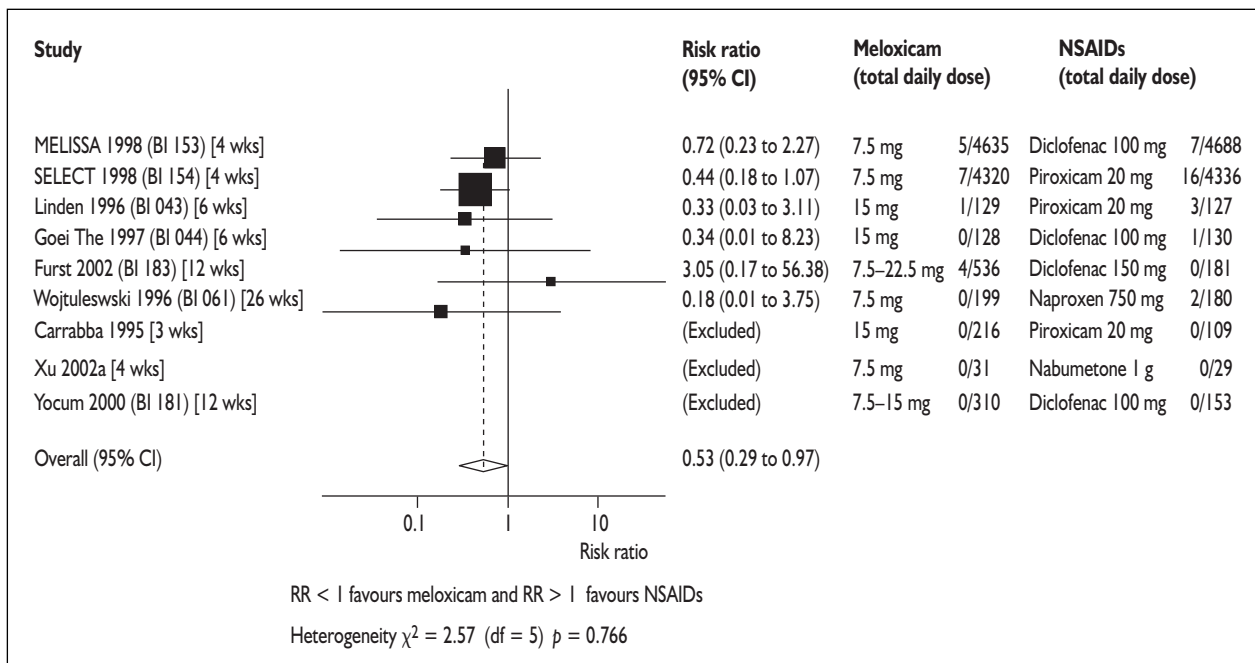


FIGURE 4 Risk of PUBs with meloxicam (all doses) versus NSAIDs (all drugs). df, degree of freedom.

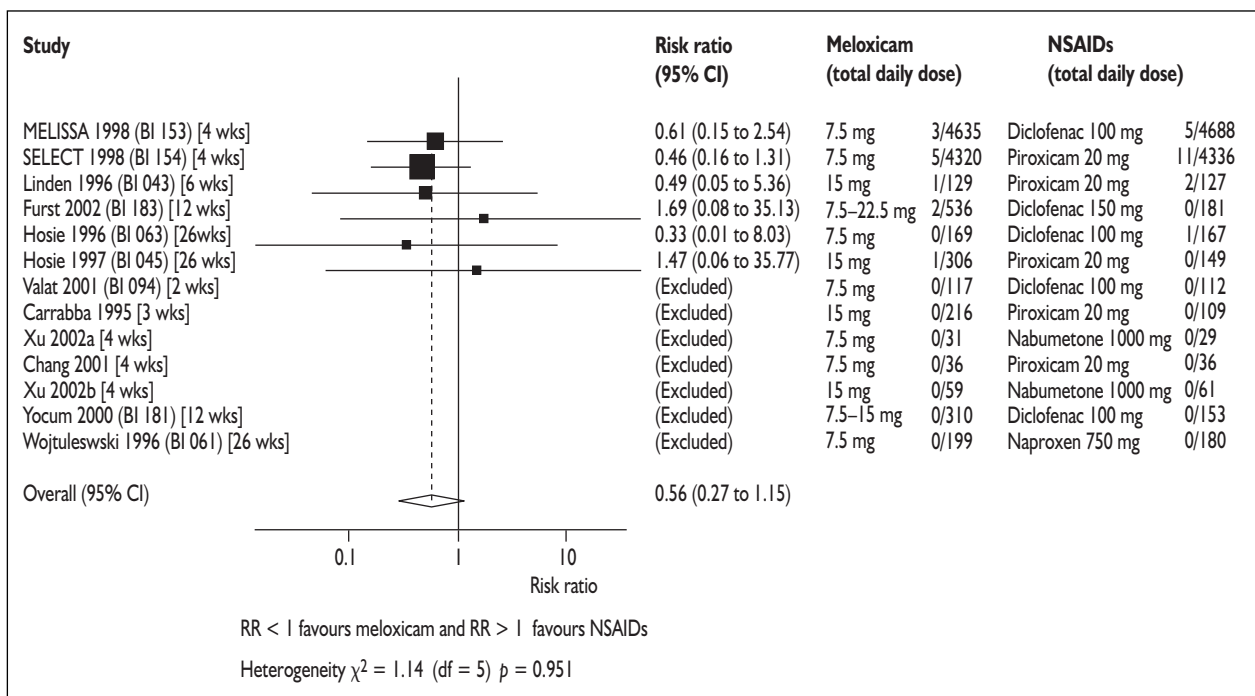


FIGURE 5 Risk of POBs with meloxicam (all doses) versus NSAIDs (all drugs)

- Meloxicam is of similar to or poorer efficacy than non-selective NSAIDs for the symptomatic treatment of OA and RA.
- Median Jadad score across trials was 3, indicating that the trials were generally of ‘moderate’ quality.
- Meloxicam is associated with significantly fewer GI-related adverse events and related withdrawals than non-selective NSAIDs.
- Meloxicam is associated with fewer endoscopic GI ulcers and clinical and complicated UGI events than non-selective NSAIDs, although only the difference in clinical UGI events (PUBs) reached statistical significance. The pooled estimate was mainly driven by data from short-term trials that used low-dose meloxicam (7.5 mg per day).

- There are insufficient trial events to assess the impact of meloxicam on the incidence of MI compared with non-selective NSAIDs.
- The GI-protective effects of meloxicam appear to be consistent across age ( $\leq 65$  years versus  $> 65$  years) and prior history of GI events, but no trial evidence that examined the relative effect of meloxicam in patients taking concomitant low-dose aspirin, anticoagulants or *H. pylori* status was found.
- The inclusion of data from the 10 abstracts (for trials not available as full published reports or trial reports) slightly improved the pooled GI safety and MI estimates towards meloxicam relative to non-selective NSAIDs: RR for PUBs 0.42 (95% CI: 0.26 to 0.72); RR for POBs 0.44 (95% CI: 0.23 to 0.85); RR for MI 0.33 (95% CI: 0.01 to 8.02).
- No comparisons of meloxicam with non-selective NSAIDs with a gastroprotective agent were found.

## Celecoxib

### Description of included trials

*Trials considered commercial-in-confidence in Table 16 may have subsequently been published.*

Forty trials of celecoxib met the inclusion criteria. Six trials compared celecoxib with rofecoxib and five trials compared celecoxib with lumiracoxib. These direct comparisons are described in the section 'Direct comparison of COX-2 selective NSAIDs' (p. 78). This section describes 37 of the 40 trials in which celecoxib was compared with either placebo or non-selective NSAIDs. A detailed summary of the characteristics of these trials is given in Appendix 6, and summarised in Table 16.

A large proportion of trials were of a relatively short duration ( $\leq 3$  months), only two trials having a follow-up of 6 months or longer. The median sample size of trials was 655 patients. The two major trials were CLASS and Successive Celecoxib Efficacy and Safety Studies I (SUCCESS-I), each trial recruiting over 5000 patients.

### CLASS

CLASS is a double-blind RCT that included patients with OA and RA with the aim of comparing the tolerability and safety of celecoxib at supra-licensed dose (400 mg twice daily,  $n = 3987$ ) with diclofenac (75 mg twice daily,  $n = 1996$ ) and ibuprofen (1.2 g twice daily,  $n = 1985$ ).

This study has been highly controversial and the published findings, in 1999, were challenged because the published report described 26-week

outcome data that claimed superiority of celecoxib (PUBs 32/3987) against pooled data for ibuprofen and diclofenac (PUBs 51/3981: RR 0.63, 95% CI 0.40 to 0.97).

This study comprised two study protocols designed prospectively to combine results into a single study that pooled celecoxib data.<sup>189</sup> The primary end-point for CLASS was to compare the incidence of clinically significant UGI events (which refers to UGI bleeding, perforation or obstruction). The sponsors justified publication of the 6-month data on the grounds that this was a clinically relevant time point and allowed comparison with the MUCOSA study, which studied misoprostol with NSAIDs for prevention of UGI toxicity. Pfizer also claimed that disproportionate withdrawal of patients treated with ibuprofen or diclofenac, due to the development of GI symptoms but not serious GI events, during the first 6 months contributed to fewer significant UGI events in these groups (described as 'informative censoring').<sup>189</sup> These arguments were refuted by the FDA and the final study data were made available on their website. At 52 weeks, PUBs in the celecoxib group (46/3987) were not significantly different from those in the combined ibuprofen and diclofenac group (65/3981) (RR 0.71, 95% CI 0.49 to 1.03).

### SUCCESS-I

This was a 12-week double-blind RCT of OA patients undertaken across 1142 centres in 37 countries. The primary objective was to compare the tolerability and safety of licensed doses of celecoxib (100 or 200 mg twice daily,  $n = 8840$ ) with naproxen (500 mg twice daily,  $n = 914$ ) or diclofenac (50 mg twice daily,  $n = 3510$ ). Although efficacy was assessed in this trial, outcome means (and not measures of variance) were only available for individual countries or continents. It was therefore not possible to include efficacy data in a meta-analysis of all trials. However, the pattern of efficacy results indicated that both doses of celecoxib had similar efficacy to non-selective NSAIDs. The tolerability and safety results of this trial were included in our meta-analyses.

### Patient characteristics

Most trials involved patients with OA (24 studies), usually hip or knee. Seven trials included both RA and OA patients and six trials only RA patients. The average age of patients across trials ranged from 50 to 74 years with 35–89% of patients being female.

Details of baseline risk characteristics were either not reported or not collected in many trials, for

TABLE 16 Characteristic and quality of included celecoxib RCTs

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Celecoxib	Placebo	NSAID	Safety <sup>a</sup>		
Simon, 1998a, <sup>190</sup> Pfizer Study 013	OA (knee)	80 mg/day (40 mg b.d.) (n = 71) 200 mg/day (100 mg b.d.) (n = 73) 400 mg/day (200 mg b.d.) (n = 76)	n = 73	-	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	2	3
Bensen, 1999, <sup>191-193</sup> Pfizer Study 020	OA	100 mg/day (50 mg b.d.) (n = 218) 200 mg/day (100 mg b.d.) (n = 217) 400 mg/day (200 mg b.d.) (n = 222)	n = 220	Naproxen 1000 mg/day (500 mg b.d.) (n = 216)	Withdrawal due to AE, total withdrawal, ulcer (clinical or symptomatic), PUBs, POBs, dyspepsia, MI, total CV thrombotic, total AE, withdrawals due to GI/AE	12	4
Williams, 2000, <sup>194</sup> Pfizer Study 060	OA (knee)	200 mg/day (100 mg b.d.) (n = 231) (200 mg o.d.) (n = 223)	n = 232	-	Withdrawal due to AE, total withdrawal, dyspepsia, MI, total CV thrombotic, total AE	6	1
Goldstein, 2001b, <sup>195,224</sup> SUCCESS-1, Pfizer Study 096 (Pfizer 2004 submission)	[Confidential information removed]						
Kivitz, 2001, <sup>196</sup> Pfizer Study 054	OA (hip)	100 mg/day (50 mg b.d.) (n = 216) 200 mg/day (100 mg b.d.) (n = 207) 400 mg/day (200 mg b.d.) (n = 213)	n = 218	Naproxen 1000 mg/day (500 mg b.d.) (n = 207)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	12	3
McKenna, 2001b, <sup>197</sup> Pfizer Study 152	OA (knee)	200 mg/day (200 mg o.d.) (n = 63)	n = 60	Rofecoxib <sup>b</sup>	Withdrawal due to AE, total withdrawal, dyspepsia, MI, total CV thrombotic, total AE, withdrawals due to GI/AE	6	5

continued

TABLE 16 Characteristic and quality of included celecoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Celecoxib	Placebo	NSAID	Efficacy <sup>a</sup>		
McKenna, 2001 <sup>a,198</sup> Pfizer Study 118	OA (knee)	200 mg/day (100 mg b.d.) (n = 199)	n = 201	Diclofenac 150 mg/day (50mg t.d.s.) (n = 200)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Total withdrawal, withdrawal due to AE, dyspepsia, total AE	6 3
Pfizer Study 021 <sup>21</sup> (2000–1 submission)	[Confidential information removed]						
McKenna, 2002, <sup>199</sup> Pfizer Study 042	OA (hip, knee)	200 mg/day (100 mg b.d.) (n = 346)	–	Diclofenac 100 mg/day (50 mg b.d.) (n = 341)	Patient's global assessment, withdrawal due to lack of efficacy	Total withdrawal, dyspepsia, withdrawals due to GI AE	6 3
Pfizer Study 047 <sup>44</sup> (2000–1 submission)	[Confidential information removed]						
Williams, 2001, <sup>200</sup> Pfizer Study 087	OA (knee)	200 mg/day (100 mg b.d.) (n = 243) (200 mg o.d.) (n = 231)	n = 244	–	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Total withdrawal, MI, total CV thrombotic, total AE, withdrawal due to AE, withdrawal due to GI AE	6 2
Suarez-Otero, 2002 <sup>201</sup>	OA (knee, hand, hip)	200 mg/day (100 mg b.d.) (n = 40)	–	Diclofenac– cholestyramine 280 mg/day (140 mg b.d.) (n = 41)	Pain (VAS)	Withdrawal due to AE, dyspepsia	6 3
Gibofsky, 2003, <sup>202</sup> Pfizer Study 003	OA (knee)	200 mg/day (200 mg o.d.) (n = 189)	n = 96	Rofecoxib <sup>b</sup>	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia, total AE	6 5
Hawel, 2003 <sup>203</sup>	OA (hip)	200 mg/day (100 mg b.d.) (n = 74)	–	Dexibuprofen 800 mg/day (400 mg b.d.) (n = 74)	Pain (VAS), patient's global assessment efficacy, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, total AE	2 4

continued



TABLE 16 Characteristic and quality of included celecoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Celecoxib	Placebo	NSAID	Efficacy <sup>a</sup>		
Pincus, 2004a, <sup>204,205</sup> PACES-a, Pfizer Study 010	OA (hip, knee)	First 6 weeks: 200 mg/day (200 mg o.d.) (n = 181)	n = 172	- (Acetaminophen 4000 mg/day, n = 171)	MDHAQ <sup>c</sup> VAS pain	NR	6 × 2 1
Sowers, 2003, <sup>206,249</sup> CRESCENT, Pfizer Study 002 (2004 submission)	OA (hip, knee)	200 mg/day (200 mg o.d.) (n = 136)	-	Naproxen 1000 mg/day (500 mg b.d.) (n = 130) Rofecoxib <sup>b</sup>	[Confidential information removed]		12 5
Pincus, 2004b, <sup>204</sup> PACES-b, Pfizer Study 249	OA (hip, knee)	First 6 weeks: 200 mg/day (200 mg o.d.) (n = 189)	n = 182	- (Acetaminophen 4000 mg/day, n = 185)	MDHAQ <sup>c</sup> VAS pain	NR	6 × 2 1
Pfizer Study 209 <sup>439</sup> (2004 submission)	[Confidential information removed]	[Confidential information removed]					
Pfizer Study 210 <sup>440</sup> (2004 submission)	[Confidential information removed]	[Confidential information removed]					
Pfizer Study 211 <sup>225</sup> (2004 submission)	[Confidential information removed]	[Confidential information removed]					
Pfizer Study 216 <sup>223</sup> (2004 submission)	[Confidential information removed]	[Confidential information removed]					
Hawkey, 2004, <sup>207,287</sup> Novartis Study 0126	[Confidential information removed]	[Confidential information removed]					
Fleischmann, 2003, <sup>208,209</sup> Novartis Study 0109	OA (knee)	200 mg/day (200 mg o.d.) (n = 446)	n = 232	Lumiracoxib <sup>b</sup>	[Confidential information removed]		13 5
Tannenbaum, 2004, <sup>210</sup> Novartis Study 0112	OA (knee)	200 mg/day (200 mg o.d.) (n = 481)	n = 243	Lumiracoxib <sup>b</sup>	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, POBs, dyspepsia, total AE, withdrawal due to GI AE	13 5

continued

TABLE 16 Characteristic and quality of included celecoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score	
		Celecoxib	Placebo	NSAID	Efficacy <sup>a</sup>			Safety <sup>a</sup>
Simon, 1998b, <sup>190</sup> Pfizer Study 012	RA	80 mg/day (40 mg b.d.) (n = 81) 400 mg/day (200 mg b.d.) (n = 82) 800 mg/day (400 mg b.d.) (n = 82)	n = 85	–	Patient's global assessment, withdrawal due to lack of efficacy	NR	4	3
Emery, 1999, <sup>211</sup> Pfizer Study 041	RA	400 mg/day (200 mg b.d.) (n = 326)	–	Diclofenac 150 mg/day (75 mg b.d.) (n = 329)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, ulcer (endoscopic, definition: $\geq 7$ mm), POBs, dyspepsia, MI, total CV thrombotic, total AE	24	5
Simon, 1999, <sup>212,213</sup> Pfizer Study 022	RA	200 mg/day (100 mg b.d.) (n = 240) 400 mg/day (200 mg b.d.) (n = 235) 800 mg/day (400 mg b.d.) (n = 218)	n = 231	Naproxen 1000 mg/day (500 mg b.d.) (n = 500)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, ulcer (endoscopic, definition: $\geq 3$ mm), dyspepsia, MI, total CV thrombotic, total AE, withdrawals due to GI AE	12	5
Pfizer Study 023 <sup>227</sup> (2000–1 submission)		[Confidential information removed]						
Kivitz, 2004, <sup>214</sup> Novartis Study 0110	RA	400 mg/day (200 mg b.d.) (n = 223)	–	Ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 216) Lumiracoxib <sup>b</sup>	Pain (Likert), patient's global assessment, withdrawal due to lack of efficacy	Total withdrawal, PUBs, dyspepsia, MI, total CV thrombotic, total AE	13	4
Novartis Study 0114 <sup>222</sup> (2004 submission)		[Confidential information removed]						

continued

TABLE 16 Characteristic and quality of included celecoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)		Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
	Celecoxib	Placebo	NSAID	Efficacy <sup>a</sup>	Safety <sup>a</sup>			
Silverstein, 2000, <sup>30,54,215-219</sup> CLASS study, Pfizer Study 035/102	RA (27%) and OA (73%)	-	Diclofenac 150 mg/day (75 mg b.d.) (n = 1996), ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 1985)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, POBs, withdrawals due to GI/AE	≥26	5	
Goldstein, 2001, <sup>220,269</sup> Pfizer Study 062	RA (28%) & OA (72%)	-	Naproxen 1000 mg/day (500 mg b.d.) (n = 267)	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, ulcer (endoscopic, definition: ≥ 3 mm), POBs, dyspepsia, MI, total CV thrombotic, total AE, withdrawals due to GI/AE	12	5	
Pfizer Study 071 <sup>226</sup> (2000-1 submission)	[Confidential information removed]							
Chan, 2002 <sup>59</sup>	OA (87%), & RA (2%) & other (11%)	-	Diclofenac 150 mg/day (75 mg b.d.) + omeprazole 20 mg/day (20 mg o.d.) (n = 143)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total AE, withdrawals due to GI/AE	25 (6 months)	5	
Pfizer Study 105 <sup>445</sup> (2004 submission)	[Confidential information removed]							
Pfizer Study 106 <sup>446</sup> (2004 submission)	[Confidential information removed]							
Pfizer Study 107 <sup>447</sup> (2004 submission)	[Confidential information removed]							

NR, not reported.

<sup>a</sup> Only the outcomes which were included in meta-analyses are listed.

<sup>b</sup> See the section 'Direct comparison of COX-2 selective NSAIDs' (p. 78).

<sup>c</sup> Multidimensional Health Assessment Questionnaire.

example current steroid use, *H. pylori* status or previous peptic ulcers. Where such information was reported, included patients were of functional class I to III, 3–100% had experienced a previous GI ulcer, 7–21% were taking low-dose aspirin and over 75% of patients were chronic NSAIDs users.

### Study interventions

Most trials assessed licensed celecoxib doses (200 mg/day,  $n = 26$ , and 400 mg/day,  $n = 18$ ); six trials also included supra-licensed doses of celecoxib (>400 mg/day). Twenty-two studies compared celecoxib with placebo and 22 compared celecoxib with non-selective NSAIDs: naproxen 500 mg twice daily ( $n = 11$ ), diclofenac 100–150 mg daily ( $n = 9$ ), diclofenac–cholestyramine 280 mg/day ( $n = 1$ ), diclofenac 150 mg plus omeprazole 20 mg/day ( $n = 1$ ) and ibuprofen 800 mg three times daily ( $n = 4$ ).

### Assessment of the quality of included trials

A median Jadad score across trials of 5 indicated that trials were generally of ‘very good’ quality (Table 16). A detailed summary of the quality of included trials is provided in Appendix 7).

It was possible, because of access to full trial reports for most celecoxib trials, to assess methodological aspects of their trial design in detail. The majority of trials were properly randomised, double blind, stated ITT analysis and reported small losses to follow-up (<5%). A small number of trials reported concealment details.

Although trial quality was good, a large proportion of patients withdrew (20–50%) due to adverse events, lack of efficacy or other reasons. Withdrawal often differed between drugs and, in general, was lower for celecoxib than for non-selective NSAIDs. This meant that the duration of drug exposure was unequal across randomised groups, leading to a potential bias against celecoxib, although appropriate expression of data, for example as events per 100 patient years of exposure in CLASS, allowed meaningful comparisons.

### Assessment of celecoxib efficacy

Efficacy results are summarised in Table 17.

#### Patient’s assessment of arthritis pain

There was no statistically significant improvement in pain over non-selective NSAIDs. These results held for OA and RA patients, different celecoxib doses and choice of NSAID comparator.

#### Patient’s assessment of global efficacy

There was no significant difference in global efficacy to comparator NSAIDs. This result held for OA and RA patients, celecoxib doses and also the choice of NSAID comparator.

#### ACR-20 responder

ACR-20 response was reported in three trials of RA patients. Celecoxib was no better than comparator NSAIDs. These effects were consistent for different celecoxib doses and choice of NSAID comparator.

#### Withdrawals due to lack of efficacy

There was no difference in withdrawal rates on comparing celecoxib with non-selective NSAIDs. These results held for OA and RA patients, celecoxib dose and choice of NSAID comparator.

### Celecoxib tolerability

#### Adverse events

Adverse events were considered at two levels: all adverse events and GI-related adverse events (Table 18).

There were no statistically significant differences in overall and GI-specific adverse events compared with NSAIDs. There was evidence of significant heterogeneity across trials.

#### Withdrawals

Withdrawals were considered at three levels: withdrawal from the trials for any reason (including loss to follow-up, lack of efficacy or adverse events), withdrawal due to adverse events and withdrawal due to GI-specific adverse events (Table 19).

The proportion of GI-specific withdrawals with celecoxib was lower than that with NSAIDs. However, the reduction in withdrawal due to any adverse events and withdrawal for any reason did not reach conventional levels of statistical significance. There was evidence of significant heterogeneity across trials for the latter two outcomes. Stratified analysis by celecoxib dose (Table 19) showed that the decrease in GI withdrawal with celecoxib was independent of celecoxib dose.

### Safety of celecoxib

The safety of celecoxib was evaluated by considering the development of endoscopic GI ulcers, clinical UGI events (PUBs), complicated UGI events (POBs), MIs and serious CV thrombotic events (Tables 20 and 21).

TABLE 17 Summary of efficacy results for celecoxib versus placebo and NSAIDs

	Placebo				NSAIDs			
	VAS pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)	VAS pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)
200 mg/day	-9.7 (-11.8 to -7.8) <sup>a</sup> [17]	-0.36 (-0.40 to -0.29) [11]	1.38 (1.13 to 1.69) [2]	0.39 (0.28 to 0.53) <sup>a</sup> [11]	-1.4 (-4.1 to 1.9) <sup>a</sup> [12]	0.00 (-0.05 to 0.06) [10]	0.92 (0.62 to 1.33) <sup>a</sup> [2]	0.81 (0.57 to 1.15) <sup>a</sup> [13]
400 mg/day	-9.4 (-10.9 to -7.8) [6]	-0.36 (-0.42 to -0.29) [7]	1.64 (1.38 to 1.95) [3]	0.44 (0.34 to 0.58) <sup>a</sup> [6]	2.3 (-2.2 to 6.8) [5]	-0.01 (-0.06 to 0.05) [9]	1.07 (0.92 to 1.25) [3]	1.02 (0.89 to 1.16) [8]
>400 mg/day	-11.6 (-16.6 to -6.6) <sup>a</sup> [3]	-0.39 (-0.48 to -0.29) [4]	1.53 (1.28 to 1.82) [3]	0.54 (0.47 to 0.62) <sup>a</sup> [4]	-0.8 (-2.0 to 0.4) [2]	-0.01 (-0.07 to 0.05) [3]	0.97 (0.78 to 1.21) [2]	0.89 (0.74 to 1.07) [3]
OA only	-10.4 (-12.4 to -8.3) <sup>a</sup> [15]	-0.37 (-0.51 to -0.21) <sup>a</sup> [8]	No trials	0.31 (0.21 to 0.47) <sup>a</sup> [8]	1.73 (-1.24 to 4.70) [4]	0 (-0.05 to 0.07) [4]	No trials	0.72 (0.48 to 1.27) <sup>a</sup> [7]
RA only	-9.9 (-13.7 to -6.1) [3]	-0.32 (-0.45 to -0.20) [4]	1.54 (1.32 to 1.79) [3]	0.53 (0.44 to 0.65) <sup>a</sup> [4]	-0.1 (-3.6 to 3.4) [2]	-0.02 (-0.17 to 0.13) <sup>a</sup> [4]	1.01 (0.89 to 1.14) [3]	1.05 (0.50 to 2.22) [4]
<b>All trials</b>	<b>-10.6 (-12.1 to -8.5)<sup>a</sup> [18]</b>	<b>-0.35 (-0.45 to -0.25) [12]</b>	<b>1.54 (1.32 to 1.79) [3]</b>	<b>0.41 (0.33 to 0.52)<sup>a</sup> [12]</b>	<b>-0.42 (-2.4 to 1.6)<sup>a</sup> [14]</b>	<b>0 (-0.05 to 0.03) [15]</b>	<b>1.00 (0.89 to 1.14) [3]</b>	<b>0.94 (0.77 to 1.14)<sup>a</sup> [17]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis; [], no. of trials.

**TABLE 18** Summary of adverse events for celecoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse events</b>		
200 mg/day	1.07 (1.02 to 1.13) [13]	0.91 (0.89 to 0.95) [15]
400 mg/day	1.12 (1.06 to 1.11) [10]	0.96 (0.93 to 1.00) [9]
800 mg/day	1.07 (0.38 to 1.16) [5]	1.00 (0.98 to 1.02) [4]
OA only	1.06 (1.00 to 1.12) [13]	0.92 (0.89 to 0.96) [11]
RA only	1.13 (1.03 to 1.22) [4]	1.00 (0.82 to 1.08) [4]
<b>All trials</b>	<b>1.03 (1.04 to 1.13) [17]</b>	<b>0.96 (0.91 to 1.01)<sup>a</sup> [21]</b>
<b>All GI adverse events</b>		
200 mg/day	1.13 (0.94 to 1.36) [9]	0.80 (0.64 to 0.91) <sup>a</sup> [9]
400 mg/day	1.40 (0.98 to 1.99) [8]	0.95 (0.81 to 1.11) [8]
800 mg/day	1.44 (1.20 to 1.75) [5]	0.85 (0.71 to 1.00) [3]
OA only	1.15 (0.89 to 1.50) [7]	0.77 (0.65 to 0.91) [4]
RA only	1.15 (0.89 to 1.50) [4]	1.04 (0.80 to 1.33) <sup>a</sup> [4]
<b>All trials</b>	<b>1.30 (1.05 to 1.61)<sup>a</sup> [11]</b>	<b>0.90 (0.78 to 1.04)<sup>a</sup> [13]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

**TABLE 19** Summary of withdrawals for celecoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse event withdrawals</b>		
200 mg/day	1.20 (0.93 to 1.52) [14]	0.74 (0.64 to 0.94) [15]
400 mg/day	1.00 (0.51 to 1.97) [10]	1.00 (0.69 to 1.45) <sup>a</sup> [8]
800 mg/day	1.61 (1.14 to 2.88) [5]	0.91 (0.84 to 0.98) [4]
OA only	1.00 (0.64 to 1.58) <sup>a</sup> [13]	0.75 (0.62 to 0.92) <sup>a</sup> [10]
RA only	1.61 (0.87 to 2.98) <sup>a</sup> [4]	1.16 (0.68 to 1.97) <sup>a</sup> [4]
<b>All trials</b>	<b>1.14 (0.76 to 1.69)<sup>a</sup> [17]</b>	<b>0.86 (0.73 to 1.00)<sup>a</sup> [21]</b>
<b>All GI withdrawals</b>		
200 mg/day	1.38 (0.74 to 2.58) [5]	0.35 (0.24 to 0.52) [7]
400 mg/day	1.54 (0.83 to 2.83) [4]	0.48 (0.36 to 0.64) [7]
800 mg/day	2.27 (1.00 to 5.17) [2]	0.62 (0.35 to 1.10) [2]
OA only	1.51 (0.85 to 2.66) [5]	0.39 (0.26 to 0.57) [3]
RA only	2.60 (0.60 to 11.20) [1]	0.38 (0.25 to 0.58) [2]
<b>All trials</b>	<b>1.65 (0.97 to 2.79) [6]</b>	<b>0.45 (0.35 to 0.56) [11]</b>
<b>All withdrawals</b>		
200 mg/day	0.76 (0.61 to 0.95) <sup>a</sup> [12]	1.03 (0.89 to 1.19) <sup>a</sup> [13]
400 mg/day	0.65 (0.52 to 0.81) <sup>a</sup> [8]	0.94 (0.75 to 1.19) <sup>a</sup> [7]
800 mg per day	0.72 (0.61 to 0.84) [4]	0.94 (0.90 to 0.97) [3]
OA only	0.71 (0.59 to 0.86) <sup>a</sup> [13]	1.05 (0.87 to 1.26) <sup>a</sup> [10]
RA only	0.60 (0.29 to 1.22) [2]	0.82 (0.68 to 1.00) [2]
<b>All trials</b>	<b>0.70 (0.39 to 0.83)<sup>a</sup> [15]</b>	<b>0.93 (0.84 to 1.05)<sup>a</sup> [18]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

**Endoscopic ulcers**

There was a statistically (RR 0.32, 95% CI 0.23 to 0.47) significant decrease in endoscopically confirmed GI ulcers with celecoxib compared with non-selective NSAIDs. This decrease was consistent across celecoxib doses and type of arthritis. There was evidence of significant heterogeneity across trials.

**Clinical UGI events (PUBs)**

Significantly fewer patients experienced PUBs on celecoxib compared with non-selective NSAIDs (RR 0.55, 95% CI 0.40 to 0.76; NNT 225, 95% CI 168 to 421; *Figure 6*). There were too few trials to examine the effect of type of arthritis, follow-up time and choice of NSAID on the effect of celecoxib on PUBs relative to comparator NSAIDs.

**TABLE 20** Summary of endoscopic GI ulcers and serious GI events (PUBs and POBs) for celecoxib versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>Endoscopic GI ulcers</b>		
200 mg/day	1.49 (0.66 to 3.34) [2]	0.29 (0.10 to 0.54) [3]
400 mg/day	1.78 (0.69 to 4.59) [2]	0.31 (0.20 to 0.48) <sup>o</sup> [5]
800 mg/day	1.52 (0.47 to 4.91) [1]	0.23 (0.11 to 0.48) [1]
OA only	2.07 (0.79 to 5.46) [1]	0.28 (0.17 to 0.49) [1]
RA only	1.25 (0.48 to 3.83) [1]	0.22 (0.15 to 0.33) [2]
<b>All trials</b>	<b>1.70 (0.83 to 3.45) [2]</b>	<b>0.32 (0.23 to 0.47)<sup>o</sup> [6]</b>
<b>PUBs</b>		
200 mg/day	2.19 (0.24 to 20.29) [2] <sup>210,221 j</sup>	0.31 (0.14 to 0.69) [4] <sup>191,196,223,224 c</sup>
400 mg/day	3.01 (0.31 to 28.83) [2] <sup>212,222 f</sup>	0.45 (0.24 to 0.86) [4] <sup>191,196,214,224 a</sup>
800 mg/day	—	0.69 (0.47 to 1.02) [1] <sup>50 a</sup>
OA only	1.54 (0.16 to 14.76) [2] <sup>221,210 i</sup>	0.42 (0.23 to 0.76) [4] <sup>196,191,223,224 a</sup>
RA only	1.83 (0.21 to 16.16) [2] <sup>212,222 b</sup>	0.06 (0.01 to 0.98) [1] <sup>214 a</sup>
vs ibuprofen	—	0.51 (0.33 to 0.79) [2] <sup>50,214</sup>
vs diclofenac	—	0.79 (0.53 to 1.20) [2] <sup>50,224 b</sup>
vs naproxen	—	0.10 (0.04 to 0.22) [3] <sup>224,191,196 a</sup>
vs other NSAIDs	—	[Confidential information removed] <sup>223</sup>
<b>All trials</b>	<b>1.68 (0.35 to 8.05) [4]<sup>210,212,221,222 j</sup></b>	<b>0.55 (0.40 to 0.76) [6]<sup>50,191,196,214,223,224 c</sup></b>
<b>POBs</b>		
200 mg/day	0.17 (0.01 to 4.14) [1] <sup>202 m</sup>	0.17 (0.04 to 0.75) [4] <sup>191,196,224,225 j</sup>
400 mg/day	—	0.45 (0.17 to 1.15) [6] <sup>191,196,211,220,224,226 d</sup>
800 mg/day	—	0.81 (0.43 to 1.53) [1] <sup>50 b</sup>
OA only	0.17 (0.01 to 4.14) [1] <sup>202 l</sup>	0.17 (0.05 to 0.55) [4] <sup>191,196,224,225 h</sup>
RA only	—	0.34 (0.01 to 8.23) [1] <sup>211 c</sup>
vs ibuprofen	—	0.84 (0.41 to 1.74) [2] <sup>226,50 a</sup>
vs diclofenac	—	0.74 (0.38 to 1.43) [4] <sup>226,50,211,224 e</sup>
vs naproxen	—	0.12 (0.04 to 0.37) [5] <sup>191,196,220,224,225 f</sup>
vs other NSAIDs	—	—
<b>All trials</b>	<b>0.17 (0.01 to 4.14) [1]<sup>202 n</sup></b>	<b>0.57 (0.35 to 0.95) [8]<sup>191,196,211,215,220,224–226 k</sup></b>

Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> three trials; <sup>d</sup> four trials; <sup>e</sup> five trials; <sup>f</sup> six trials; <sup>g</sup> seven trials; <sup>h</sup> eight trials; <sup>i</sup> 11 trials; <sup>j</sup> 13 trials; <sup>k</sup> 14 trials; <sup>l</sup> 17 trials; <sup>m</sup> 19 trials; <sup>n</sup> 21 trials.  
<sup>o</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

### Complicated UGI events (POBs)

Eight trials compared rates of POBs for celecoxib and NSAIDs (naproxen, ibuprofen or diclofenac). The pooled risk of POBs was reduced with celecoxib (RR 0.57, 95% CI 0.35 to 0.95; NNT 723, 95% CI 478 to 6215; *Figure 7*) and stratification by celecoxib dose indicated that POBs were independent of celecoxib dose.

### Myocardial infarctions and serious cardiovascular thrombotic events

An almost two-fold increase in the RR of MI was seen with celecoxib compared with NSAIDs (RR 1.77, 95% CI 1.00 to 3.11; *Figure 8*). This increased risk appeared to be independent of celecoxib dose (*Table 21*).

### Subgroup analyses

Subgroup analyses of endoscopic ulcers according to low-dose aspirin use, *H. pylori* status, age

( $\leq 65$  years versus  $> 65$  years) and history of prior GI ulceration was done in six trials; two large trials (CLASS and SUCCESS-I) did subgroup analyses of PUBs and POBs by low-dose aspirin use. SUCCESS-I also presented MI rates in treatment groups stratified by low-dose aspirin use. No identified trials reported subgroup analysis based on the use of anticoagulants.

### Endoscopic ulcers

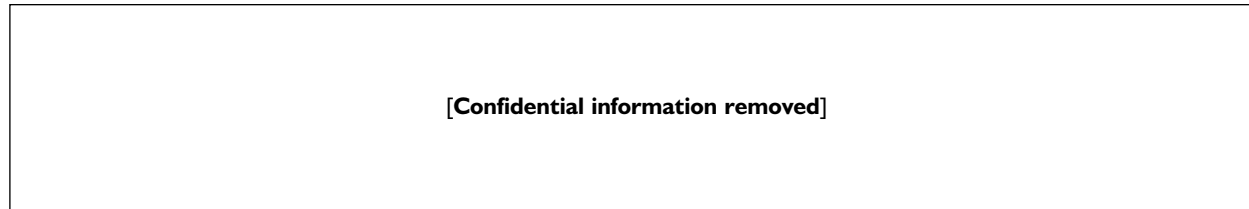
Subgroup stratified pooled RRs for endoscopically detected ulcers with celecoxib compared with non-selective NSAIDs are summarised in *Table 22*.

Relatively small numbers of events in these subgroups counsel caution when interpreting these data. Celecoxib significantly reduced endoscopic events compared with non-selective NSAIDs in each subgroup pair.

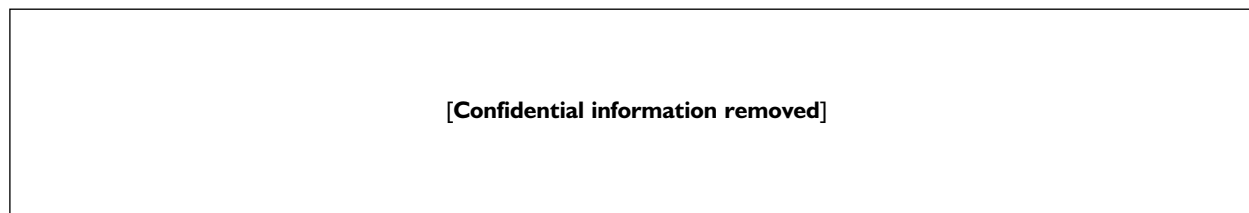
**TABLE 21** Summary of myocardial infarction and serious CV thrombotic events for celecoxib versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>MI</b>		
200 mg/day	0.85 (0.23 to 3.16) [4] <sup>194,196,212,227 i</sup>	5.45 (1.21 to 24.53) [3] <sup>196,224,227 g</sup>
400 mg/day	2.98 (0.60 to 14.71) [3] <sup>191,196,212 c</sup>	2.30 (0.80 to 6.58) [7] <sup>191,196,211,212,220,224,226 b</sup>
800 mg/day	1.04 (0.15 to 7.45) [2] <sup>212,227 b</sup>	1.52 (0.76 to 3.01) [2] <sup>50,227 a</sup>
OA only	1.32 (0.31 to 5.68) [3] <sup>191,194,196 h</sup>	3.98 (0.92 to 17.27) [3] <sup>191,196,224 e</sup>
RA only	0.78 (0.12 to 5.26) [2] <sup>212,227</sup>	1.74 (0.30 to 10.23) [3] <sup>211,212,227</sup>
vs ibuprofen	–	0.96 (0.45 to 2.07) [2] <sup>50,226</sup>
vs diclofenac	–	3.08 (1.18 to 8.00) [3] <sup>211,215,224 d</sup>
vs naproxen	–	1.32 (0.45 to 3.87) [6] <sup>191,196,212,220,224,227 c</sup>
vs other NSAIDs	–	<sup>b</sup>
<b>All trials</b>	<b>1.10 (0.35 to 3.49)</b> [5] <sup>191,194,196,212,227 j</sup>	<b>1.77 (1.00 to 3.11)</b> [9] <sup>191,196,211,212,215,220,224,226,227 f</sup>
<b>Serious CV thrombotic events</b>		
200 mg/day	1.20 (0.23 to 4.37) [3]	0.92 (0.42 to 2.01) [2]
400 mg/day	0.92 (0.31 to 2.74) [6]	1.07 (0.55 to 2.11) [6]
800 mg/day	1.00 (0.14 to 7.03) [2]	2.91 (0.12 to 7.11) [1]
OA only	0.89 (0.28 to 2.82) [5]	0.91 (0.47 to 1.76) [3]
RA only	0.35 (0.02 to 5.18) [1]	2.57 (0.33 to 20.03) [2]
<b>All trials</b>	<b>0.78 (0.27 to 2.22) [6]</b>	<b>0.99 (0.54 to 1.79) [6]</b>

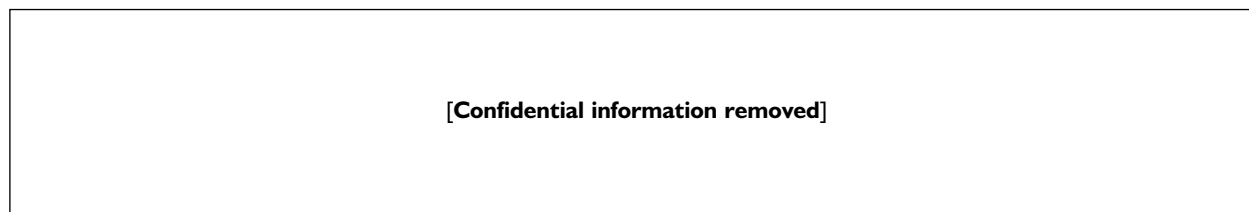
Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> five trials; <sup>d</sup> six trials; <sup>e</sup> nine trials; <sup>f</sup> 12 trials; <sup>g</sup> 14 trials; <sup>h</sup> 15 trials; <sup>i</sup> 16 trials; <sup>j</sup> 17 trials.



**FIGURE 6** Risk of PUBs with celecoxib (all doses) versus NSAIDs (all drugs) [figure confidential except pooled estimate]



**FIGURE 7** Risk of POBs with celecoxib (all doses) versus NSAIDs (all drugs) [figure confidential except pooled estimate]



**FIGURE 8** Risk of MI with celecoxib (all doses) vs NSAIDs (all drugs)



**TABLE 22** Endoscopic ulcer for celecoxib versus non-selective NSAIDs by subgroups

Subgroup [N trials]	Pooled events: celecoxib vs NSAIDs	Pooled RR (95% CI) <sup>a</sup>	Comparative RR and p-value <sup>b</sup>
<b>H. pylori status:</b>			
Positive [5]	31/326 vs 82/337	0.39 (0.27 to 0.57)	1.56
Negative [5]	44/884 vs 161/788	0.25 (0.18 to 0.34)	p = 0.211
<b>Low-dose aspirin:</b>			
User [5]	18/185 vs 44/164	0.39 (0.23 to 0.66)	1.18
Non-user [5]	78/1596 vs 233/1347	0.33 (0.18 to 0.63) <sup>c</sup>	p = 0.678
<b>Age:</b>			
≤65 years [5]	33/528 vs 104/430	0.33 (0.19 to 0.59) <sup>c</sup>	1.06
>65 years [5]	64/1452 vs 178/1178	0.31 (0.21 to 0.44)	p = 0.756
<b>Prior GI ulcer:</b>			
Present [5]	28/263 vs 68/208	0.42 (0.29 to 0.62)	1.68
Not present [5]	69/1737 vs 223/1334	0.25 (0.15 to 0.42)	p = 0.171
<b>Steroids:</b>			
User [4]	16/378 vs 44/238	0.25 (0.10 to 0.63)	0.69
Non-user [4]	58/877 vs 227/976	0.36 (0.27 to 0.48)	p = 0.376

<sup>a</sup> RR celecoxib vs non-selective NSAID.  
<sup>b</sup> Significance of comparative RR ≠ 1.00.  
<sup>c</sup> Significant heterogeneity – pooled by random effects.

**TABLE 23** POBs and PUBs for celecoxib versus non-selective NSAIDs by low-dose aspirin use

Subgroup [N trials]	Pooled events: celecoxib vs NSAIDs	Pooled RR (95% CI) <sup>a</sup>	Comparative RR and p-value <sup>b</sup>
<b>POBs</b>			
User [2]	10/1134 vs 8/973	0.99 (0.39 to 2.50)	2.82
Non-user [2]	9/11283 vs 27/7860	0.35 (0.17 to 0.72)	p = 0.138
<b>PUBs</b>			
User [1]	[Confidential information removed]		0.67
Non-user [1]	[Confidential information removed]		p = 0.04

<sup>a</sup> RR celecoxib vs non-selective NSAID.  
<sup>b</sup> Significance of comparative RR ≠ 1.00.

### PUBs and POBs

The subgroup stratified pooled relative risks of PUBs and POBs for celecoxib compared with non-selective NSAIDs are summarised in *Table 23*.

Low-dose aspirin is suggestive of a reduction in celecoxib benefit on POBs and an increase in benefit on PUBs. However, given the very small number of events observed in the trials, these data need confirmation.

### Myocardial infarction

Subgroup analyses for low-dose aspirin on MI rates from the the SUCCESS-I trial are summarised in *Table 24*.

The increase in risk of MI compared with non-selective NSAIDs appeared higher in aspirin users than non-users, although not statistically significant. Given the very small number of events, caution is necessary when interpreting these data.

### Impact of concomitant gastroprotective agents

Only one trial comparing celecoxib with an NSAID plus a gastroprotective agent was identified. Chan and colleagues<sup>59</sup> compared diclofenac and omeprazole combined versus celecoxib alone in patients with arthritis who had suffered a recent GI haemorrhage on NSAIDs. The 6-month probability of recurrent bleeding

**TABLE 24** MI for celecoxib versus non-selective NSAIDs by low-dose aspirin use

Subgroup [N trials]	Pooled events	Pooled RR (95% CI) <sup>a</sup>	Comparative RR and p-value <sup>b</sup>
<b>MI</b>			
User [1]	[Confidential information removed]		2.24
Non-user [1]			p = 0.121
<sup>a</sup> RR celecoxib vs non-selective NSAID.			
<sup>b</sup> Significance of comparative RR ≠ 1.00.			

was 4.5 and 5.6% for the celecoxib and diclofenac–omeprazole groups, respectively (not statistically significant). The authors concluded that the two strategies for recurrent ulcer prevention were equivalent.

### Summary

- Forty RCTs were included. Studies compared celecoxib (200–800 mg/day) with either placebo or non-selective NSAIDs (naproxen, ibuprofen, diclofenac). Most trials (24) were in OA patients.
- Celecoxib is of similar efficacy to non-selective NSAIDs for the symptomatic treatment of OA and RA.
- The median Jadad score across trials of 5 indicated that trials were generally of ‘very good’ quality
- Celecoxib was associated with a non-significant reduction in GI adverse events and significantly fewer GI withdrawals compared with non-selective NSAIDs.
- Celecoxib is associated with significantly fewer endoscopic GI ulcers than non-selective NSAIDs. This benefit appears to be independent of low-dose aspirin use, prior GI ulcer history, *H. pylori* status and age, although conclusions are based on limited data.
- Celecoxib is associated with significantly fewer clinical and complicated UGI events than non-selective NSAIDs. This benefit appears to be independent of concomitant low-dose aspirin, but this conclusion is based on small numbers and needs confirmation.
- In people with a recent UGI bleed, celecoxib and diclofenac plus omeprazole may be equivalent, but this is based on a single trial and needs confirmation.
- Celecoxib was associated with a significantly raised risk of MI compared with non-selective NSAIDs (particularly diclofenac). This effect of celecoxib appears to be independent of low-dose aspirin use, although this conclusion is based on limited data and needs confirmation.

## Rofecoxib

### Description of included trials

Twenty-seven trials met the inclusion criteria. Nine trials compared rofecoxib with another COX-2 selective NSAID: six with celecoxib, two with lumiracoxib and one with valdecoxib. These direct comparisons are described in the section ‘Direct comparison of COX-2 selective NSAIDs’ (p. 78). In this section we describe 23 of the trials that compared rofecoxib with a non-selective NSAID or placebo: full details are outlined in Appendix 6 and Table 25.

The 23 trials recruited a total of 26,406 participants. The median sample size of the trials was 673 patients. The largest were VIGOR and Assessment of Difference Between Vioxx and Naproxen to Ascertain Gastrointestinal Tolerability and Effectiveness (ADVANTAGE), which recruited over 8000 and 5000 patients, respectively. Most trials lasted for 3 months or less (18 out of 23), but some lasted as long as 1 year and four trials had an extension phase permitting observations up to 3 years after inception. The results from these trial extensions have not been included here, either because the initial randomisation was not maintained or insufficient data were available.

### VIGOR

This key multicentre international RCT studied the safety of rofecoxib 50 mg once daily (twice the licensed dose; *n* = 4047) and naproxen 500 mg twice daily (*n* = 4029) in RA patients. Patients, 80% of whom were female with a mean age of 58 years and had had RA for around 11 years, were treated for a median of 9 months. Over 50% of patients were also on oral corticosteroids, around 43% had evidence of *H. pylori* infection and around 8% had had a serious UGI event previously. PPIs were not permitted in this study but standard doses of H2RAs and antacids were allowed. Confirmed PUBs occurred with rofecoxib at a rate of 2.1 per 100 patient years (POB 0.6) and with naproxen at

TABLE 25 Characteristics and quality of included rofecoxib RCTs

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Rofecoxib	Placebo	NSAID	Efficacy <sup>a</sup>		
Ehrich, 1999, <sup>229</sup> MSD Study 010	OA (knee)	25 mg/day (25 mg o.d.) (n = 73) 125 mg/day (125 mg o.d.) (n = 74)	n = 72	-	Pain (VAS), patient's global assessment of disease status, withdrawal due to lack of efficacy	6	5
Laine, 1999, <sup>37</sup> MSD Study 044/045	OA (not stated)	25 mg/day (25 mg o.d.) (n = 195) 50 mg/day (50 mg o.d.) (n = 186)	n = 177	Ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 183)	Patient's global assessment of disease, withdrawal due to lack of efficacy	24	5
Cannon, 2000, <sup>230,231</sup> MSD Study 035	OA (hip, knee)	12.5 mg/day (12.5 mg o.d.) (n = 259) 25 mg/day (25 mg o.d.) (n = 257)	-	Diclofenac 150 mg/day (50 mg t.d.s.) (n = 268)	WOMAC pain, patient's global assessment of therapy response, patient's global assessment of disease status, withdrawal due to lack of efficacy	52 (and extended)	5
Day, 2000, <sup>232,233</sup> MSD Study 040	OA (hip, knee)	12.5 mg/day (12.5 mg o.d.) (n = 244) 25 mg/day (25 mg o.d.) (n = 242)	n = 74	Ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 249)	WOMAC pain, patient's global assessment of disease, patient's global assessment of response to therapy, withdrawal due to lack of efficacy	6	5
Hawkey, 2000, <sup>234</sup> MSD Study 044/045	OA (not stated)	25 mg/day (25 mg o.d.) (n = 195) 50 mg/day (50 mg o.d.) (n = 193)	n = 194	Ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 193)	Patient's global assessment, withdrawal due to lack of efficacy	24	5

continued

TABLE 25 Characteristics and quality of included rofecoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Rofecoxib	Placebo	Efficacy <sup>a</sup>	Safety <sup>a</sup>		
Saag, 2000a, <sup>235</sup> MSD Study 033	OA (hip, knee)	12.5 mg/day (12.5 mg o.d.) (n = 219) 25 mg/day (25 mg o.d.) (n = 227)	n = 69	Ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 221)	Pain (WOMAC), patient's global assessment of disease, withdrawal due to lack of efficacy	6	5
Saag, 2000b, <sup>235</sup> MSD Study 034	OA (hip, knee)	12.5 mg/day (12.5 mg o.d.) (n = 231) 25 mg/day (25 mg o.d.) (n = 232)	–	Diclofenac 150 mg/day (50 mg t.d.s.) (n = 230)	Pain 0–100 VAS, patient's global assessment of disease status, patient's global assessment of response, withdrawal due to lack of efficacy	52	5
Acevedo, 2001, <sup>236</sup> Arthrotec trial, MSD Study 902	OA (not stated)	12.5 mg/day (12.5 mg o.d.) (n = 242)	–	Arthrotec (diclofenac 100 mg + misoprostol 400 µg/day) (diclofenac 50 mg + misoprostol 200 µg b.d.) (n = 241)	Patient's global assessment (VAS 100 mm), withdrawal due to lack of efficacy	6	5
Ehrich, 2001, <sup>237–241</sup> MSD Study 029	OA (hip, knee)	5 mg/day (5 mg o.d.) (n = 149) 12.5 mg/day (12.5 mg o.d.) (n = 144) 25 mg/day (25 mg o.d.) (n = 137) 50 mg/day (50 mg o.d.) (n = 97)	n = 145	–	Withdrawal due to lack of efficacy	6	3

continued

TABLE 25 Characteristics and quality of included rofecoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Rofecoxib	Placebo	NSAID	Efficacy <sup>a</sup>		
Truitt, 2001a, <sup>242</sup> MSD Study 058	OA (hip, knee)	12.5 mg/day (12.5 mg o.d.) (n = 118) 25 mg/day (25 mg o.d.) (n = 56)	n = 52	Nabumetone 1500 mg/day (1500 mg o.d.) (n = 115)	WOMAC pain subscale, patient's global assessment of disease status, withdrawal due to lack of efficacy	6	5
Myllykangas-Luosujärvi, 2002, <sup>243</sup> MSD Study 901	OA (knee, hip)	Study 1: 12.5 mg/day (12.5 mg o.d.) (n = 242) Study 2: 12.5 mg/day (12.5 mg o.d.) (n = 229)	–	Naproxen Study 1: 1000 mg/day (500 mg b.d.) (n = 240) Study 2: 1000 mg/day (500 mg b.d.) (n = 233)	Pain on walking VAS, patient's global assessment of disease status, patient's global assessment of response to therapy, withdrawal due to lack of efficacy	6	5
Niccoli, 2002 <sup>228</sup>	OA (hand, hip, knee)	25 mg/day (25 mg o.d.) (n = 30)	–	Diclofenac 150 mg/day (50 mg t.d.s.) (n = 30) Amlolmetin guacyl 600 mg/day <sup>b</sup> (600 mg o.d.) (n = 30)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	2	1
Lisse, 2003, <sup>244</sup> ADVANTAGE MSD Study 102/903	OA (knee, hand, hip, spine)	25 mg/day (25 mg o.d.) (n = 2785)	–	Naproxen 1000 mg/day (500 mg b.d.) (n = 2772)	Patient's global assessment of disease status, withdrawal due to lack of efficacy	12	5
Kivitz, 2004, <sup>161</sup> MSD Study 085	OA (knee)	12.5 mg/day (12.5 mg o.d.) (n = 424)	n = 208	Nabumetone 1000 mg/day (1000 mg o.d.) (n = 410)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	6	5

continued

TABLE 25 Characteristics and quality of included rofecoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised			Outcomes		Duration (weeks)	Jadad score
		Rofecoxib	Placebo	NSAID	Efficacy <sup>a</sup>	Safety <sup>a</sup>		
McKenna, 2001b, <sup>197</sup> Pfizer Study 152	OA (knee)	25 mg/day (25 mg o.d.) (n = 59)	n = 60	Celecoxib <sup>c</sup>	Pain (VAS), withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia, total CV thrombotic, total AE, withdrawals due to GI AE	6	5
Gibofsky, 2003, <sup>202</sup> Pfizer Study 003	OA (knee)	25 mg/day (25 mg o.d.) (n = 190)	n = 96	Celecoxib <sup>c</sup>	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia, total AE	6	5
Sowers, 2003, <sup>206,249</sup> CRESCENT, Pfizer Study 002 (2004 submission)	OA (hip, knee)		–	Naproxen 1000 mg/day (500 mg b.d.) (n = 130) Celecoxib <sup>c</sup>	[Confidential information removed]		12	5
Moskowitz, 2003, <sup>245,286</sup> Pfizer Study 143	OA (not stated)	25 mg/day (25 mg o.d.) (n = 208)	n = 110	Valdecoxib <sup>c</sup>	[Confidential information removed]		2	5
Novartis Study 0128 <sup>280</sup> (2004 submission)	[Confidential information removed]							
Schnitzer, 1999, <sup>246</sup> MSD Study 068	RA	5 mg/day (5 mg o.d.) (n = 158) 25 mg/day (25 mg o.d.) (n = 171) 50 mg/day (50 mg o.d.) (n = 161)	n = 168	–	Pain – global (100 mm VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia, withdrawals due to GI AE	8	5
Bombardier, 2000, <sup>39,44,66</sup> VIGOR	RA	50 mg/day (50 mg o.d.) (n = 4047)	–	Naproxen 1000 mg/day (500 mg b.d.) (n = 4029)	Patient global assessment	Ulcer (symptomatic), dyspepsia, MI, total CV thrombotic, withdrawal due to GI AE	38 median (9 months)	5

continued

TABLE 25 Characteristics and quality of included rofecoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Rofecoxib	Placebo	NSAID	Efficacy <sup>a</sup>		
Guesens, 2002, <sup>247</sup> MSD Study 097	RA	25 mg/day (25 mg o.d.) (n = 306) 50 mg/day (50 mg o.d.) (n = 286)	n = 289	Naproxen 1000 mg/day (500 mg b.d.) (n = 142)	Patient's global assessment of disease activity	12	5
Hawkey, 2003, <sup>248</sup> MSD Study 098/103	RA	50 mg/day (50 mg o.d.) (n = 219)	n = 221	Naproxen 1000 mg/day (500 mg b.d.) (n = 220)	Withdrawal due to lack of efficacy	12	5

MSD, Merck Sharp and Dohme.  
<sup>a</sup> Only the outcomes which were included in meta-analyses are listed.  
<sup>b</sup> 1200 mg/day (600 mg twice daily) for the first three days.  
<sup>c</sup> See the section 'Direct comparison of COX-2 selective NSAIDs' (p. 78).

4.5 per 100 patient years (POB 1.4). MIs occurred in 0.1% of patients treated with naproxen compared with 0.4% of rofecoxib patients (RR 0.2, 95% CI 0.1 to 0.7). Many analyses including *post hoc* comparisons of the rate of MIs in those eligible for aspirin and those not, and reviews of the potential beneficial CV effects of naproxen have been carried out in the wake of this finding.

### ADVANTAGE

This double-blind RCT compared cessation of treatment for GI adverse effects of rofecoxib 25 mg once daily ( $n = 2799$ ) with naproxen 500 mg twice daily ( $n = 2787$ ) in OA patients. It was conducted in primary care practices, principally in the USA. Use of medication to treat GI symptoms was allowed and was used as a secondary end-point, as were other safety outcomes, efficacy and quality of life. The quality of the study was judged to be high (Jadad score 5) but the study duration was only 12 weeks. Discontinuations for GI symptoms occurred in 5.9% of rofecoxib patients compared with 8.1% of naproxen patients ( $p = 0.005$ ), two POB events occurred with rofecoxib compared with nine for naproxen and five presumed MIs occurred with rofecoxib compared with one for naproxen.

### Patient characteristics

Nineteen trials included patients with OA, mostly of hip or knee. Four trials included RA patients and none of the trials included both OA and RA patients. Mean age of the patients ranged from 52 to 83 years. More than 80% of patients had prior use of NSAIDs in 13 of the trials. History of previous GI ulcers was not well reported. At least nine of the trials excluded patients on low-dose aspirin.

### Assessment of the quality of included trials

Twenty-one of the 23 studies were judged to be of good quality (Jadad score 5). A small, single-blind trial<sup>228</sup> had a Jadad score of 1. Quality assessments of individual trials are summarised in Appendix 7.

### Assessment of rofecoxib efficacy

The efficacy results across trials are summarised in Table 26.

#### Patient's assessment of arthritis pain

Rofecoxib is of comparable efficacy to non-selective NSAIDs for pain relief in OA patients. One trial<sup>247</sup> compared rofecoxib 25 and 50 mg/day with naproxen in RA patients and was marginally favourable to naproxen, but this was not statistically significant.

#### Patient's assessment of global efficacy

Rofecoxib of equivalent efficacy to non-selective NSAIDs, but there was considerable heterogeneity across trials.

#### ACR-20 responder

Rofecoxib was equivalent to naproxen in one trial that reported this outcome.<sup>247</sup>

#### Withdrawals due to lack of efficacy

Similar proportions of patients treated with rofecoxib and non-selective NSAIDs withdrew from trials for lack of efficacy.

### Rofecoxib tolerability

#### Adverse events

Total adverse events with rofecoxib were similar to those with non-selective NSAIDs (Table 27).

It was not possible to compare the risk of total GI adverse events between rofecoxib and placebo due to insufficient data. One trial<sup>243</sup> that compared rofecoxib 12.5 mg/day with naproxen 1000 mg/day found a significant reduction in the risk of GI adverse events with rofecoxib.

#### Withdrawals

Withdrawals from all adverse events and GI adverse events with rofecoxib were significantly more common with non-selective NSAIDs than rofecoxib (Table 28). Fewer patients withdrew for any reason compared with non-selective NSAIDs, although differences did not reach statistical significance. Substantial heterogeneity was observed between trials for this outcome.

### Safety of rofecoxib

#### Endoscopic ulcers

Endoscopic ulcers were assessed in two OA studies<sup>37,234</sup> and one RA study<sup>248</sup> after up to 24 weeks of treatment. Cumulative incidences of ulcers were calculated using survival analysis methods, taking account of patient withdrawals. Between 5 and 7% of patients did not have a second endoscopy, after baseline, and were excluded from analysis. There were significantly fewer endoscopic gastroduodenal ulcers compared with non-selective NSAIDs.

#### Clinical UGI events (PUBs) and complicated UGI events (POBs)

Rofecoxib was associated with significantly fewer POBs (RR 0.40, 95% CI 0.23 to 0.70; NNT 198, 95% CI 155 to 397) and PUBs (RR 0.43, 95% CI 0.32 to 0.57; NNT 81, 95% CI 96 to 128) than with non-selective NSAIDs combined (Table 29 and Figures 9 and 10).



TABLE 26 Summary of efficacy results for rofecoxib versus placebo and NSAIDs

	Placebo				NSAIDs			
	VAS pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)	VAS pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)
12.5 mg/day	-14.88 (-15.18 to -14.58) [3]	-0.72 (-0.96 to -0.48) [1]	No trials	0.34 (0.25 to 0.45) [5]	-0.77 (-4.21 to 2.68) <sup>a</sup> [4]	-0.06 (-0.22 to 0.10) [1]	No trials	0.78 (0.61 to 1.00) [7]
25 mg/day	-12.51 (-18.53 to -6.48) <sup>a</sup> [4]	-0.81 (-1.36 to -0.26) <sup>a</sup> [3]	1.41 (1.08 to 1.82) [1]	0.28 (0.19 to 0.41) [6]	0.62 (-1.39 to 2.64) <sup>a</sup> [4]	-0.06 (-0.38 to 0.25) <sup>a</sup> [2]	[1] <sup>b</sup>	0.99 (0.85 to 1.16) [8]
>25 mg/day	No trials	0.07 (-0.14 to 0.28) <sup>a</sup> [2]	1.55 (1.20 to 1.99) [1]	0.26 (0.17 to 0.40) [6]	[1] <sup>b</sup>	-0.07 (-0.28 to 0.14) <sup>a</sup> [2]	[1] <sup>b</sup>	0.95 (0.81 to 1.11) [5]
OA only	-14.74 (-17.93 to -11.54) <sup>a</sup> [4]	-0.87 (-1.36 to -0.38) <sup>a</sup> [3]	Not applicable	0.28 (0.22 to 0.35) [8]	0.09 (-2.92 to 3.10) <sup>a</sup> [6]	-0.01 (-0.18 to 0.16) <sup>a</sup> [3]	No trials	0.92 (0.79 to 1.06) [10]
RA only	-7.03 (-11.60 to -2.46) [1]	[2] <sup>b</sup>	1.47 (1.17 to 1.86) [1]	0.44 (0.27 to 0.72) [2]	[1] <sup>b</sup>	0.02 (-0.02 to 0.06) [1]	[1] <sup>b</sup>	0.97 (0.83 to 1.14) [3]
<b>All trials</b>	<b>-13.11</b> <b>(-16.96 to -9.25)<sup>a</sup></b> [5]	<b>-0.87</b> <b>(-1.36 to -0.38)<sup>a</sup></b> [3]	<b>1.47</b> <b>(1.17 to 1.86)</b> [1]	<b>0.31</b> <b>(0.25 to 0.38)</b> [10]	<b>0.09</b> <b>(-2.92 to 3.10)<sup>a</sup></b> [6]	<b>0.00</b> <b>(-0.09 to 0.10)<sup>a</sup></b> [4]	<b>[1]<sup>b</sup></b>	<b>0.94</b> <b>(0.85 to 1.05)</b> [13]

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

<sup>b</sup> Insufficient data for meta-analysis; [ ], no. of trials.

**TABLE 27** Summary of adverse events for rofecoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse events</b>		
12.5 mg/day	1.05 (0.91 to 1.22) [2]	0.98 (0.92 to 1.04) [4]
25 mg/day	1.10 (1.03 to 1.18) [5]	1.01 (0.96 to 1.06) [6]
>25 mg/day	1.10 (1.03 to 1.17) [5]	1.01 (0.95 to 1.08) [4]
OA only	1.07 (1.01 to 1.15) [5]	1.00 (0.96 to 1.04) [7]
RA only	1.10 (1.01 to 1.20) [2]	0.98 (0.89 to 1.08) [2]
<b>All trials</b>	<b>1.08 (1.03 to 1.14) [7]</b>	<b>1.00 (0.96 to 1.04) [9]</b>
<b>GI adverse events</b>		
12.5 mg/day	Not reported	0.55 (0.42 to 0.73) [1]
25 mg/day	Not reported	Not reported
>25 mg/day	Not reported	Not reported
OA only	Not reported	0.55 (0.42 to 0.73) [1]
RA only	Not reported	Not reported
<b>All trials</b>	Not reported	<b>0.55 (0.42 to 0.73) [1]</b>

**TABLE 28** Summary of withdrawals for rofecoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse event withdrawals</b>		
12.5 mg/day	1.94 (1.11 to 3.41) [5]	0.72 (0.59 to 0.89) [7]
25 mg/day	1.27 (0.93 to 1.73) [9]	0.69 (0.48 to 0.99) <sup>a</sup> [10]
>25 mg/day	1.86 (1.40 to 2.47) [7]	0.84 (0.50 to 1.22) <sup>a</sup> [5]
OA only	1.66 (1.23 to 2.23) [8]	0.75 (0.57 to 0.98) <sup>a</sup> [11]
RA only	1.41 (0.91 to 2.21) [3]	1.00 (0.90 to 1.10) [3]
<b>All trials</b>	<b>1.58 (1.24 to 2.02) [11]</b>	<b>0.78 (0.64 to 0.95)<sup>a</sup> [14]</b>
<b>All GI withdrawals</b>		
12.5 mg/day	0.79 (0.16 to 3.97) [1]	0.58 (0.38 to 0.89) [4]
25 mg/day	1.12 (0.61 to 2.06) [4]	0.57 (0.34 to 0.95) <sup>a</sup> [6]
>25 mg/day	2.07 (1.18 to 3.63) [3] <sup>b</sup>	0.59 (0.36 to 0.96) <sup>a</sup> [4]
OA only	1.32 (0.70 to 2.46) [2]	0.55 (0.34 to 0.88) <sup>a</sup> [6]
RA only	2.02 (0.91 to 4.46) [3]	0.73 (0.64 to 0.85) [3]
<b>All trials</b>	<b>1.56 (0.96 to 2.55) [5]</b>	<b>0.59 (0.45 to 0.78)<sup>a</sup> [9]</b>
<b>All withdrawals</b>		
12.5 mg/day	0.57 (0.45 to 0.72) [3]	0.91 (0.81 to 1.03) [6]
25 mg/day	0.69 (0.45 to 1.06) <sup>a</sup> [6]	0.72 (0.47 to 1.09) <sup>a</sup> [8]
>25 mg/day	0.93 (0.60 to 1.42) <sup>a</sup> [4]	0.70 (0.44 to 1.12) [3]
OA only	0.72 (0.48 to 1.08) <sup>a</sup> [6]	0.76 (0.55 to 1.05) <sup>a</sup> [10]
RA only	0.71 (0.49 to 1.04) [1]	1.03 (0.96 to 1.10) [1]
<b>All trials</b>	<b>0.72 (0.51 to 1.02)<sup>a</sup> [7]</b>	<b>0.79 (0.57 to 1.08)<sup>a</sup> [11]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.  
<sup>b</sup> One trial reported zero events in both arms.

### Myocardial infarctions and serious cardiovascular thrombotic events

Pooled results from three trials including VIGOR and ADVANTAGE indicated that rofecoxib significantly increases the risk of MI compared with non-selective NSAIDs [RR 2.92, 95% CI 1.36 to 6.28; number-needed-to-harm (NNH) 526, 95% CI 180 to 3482] but that the occurrence of serious

CV thrombotic events is comparable (Table 30 and Figure 11). This increased MI risk appears to be specific to comparison against naproxen.

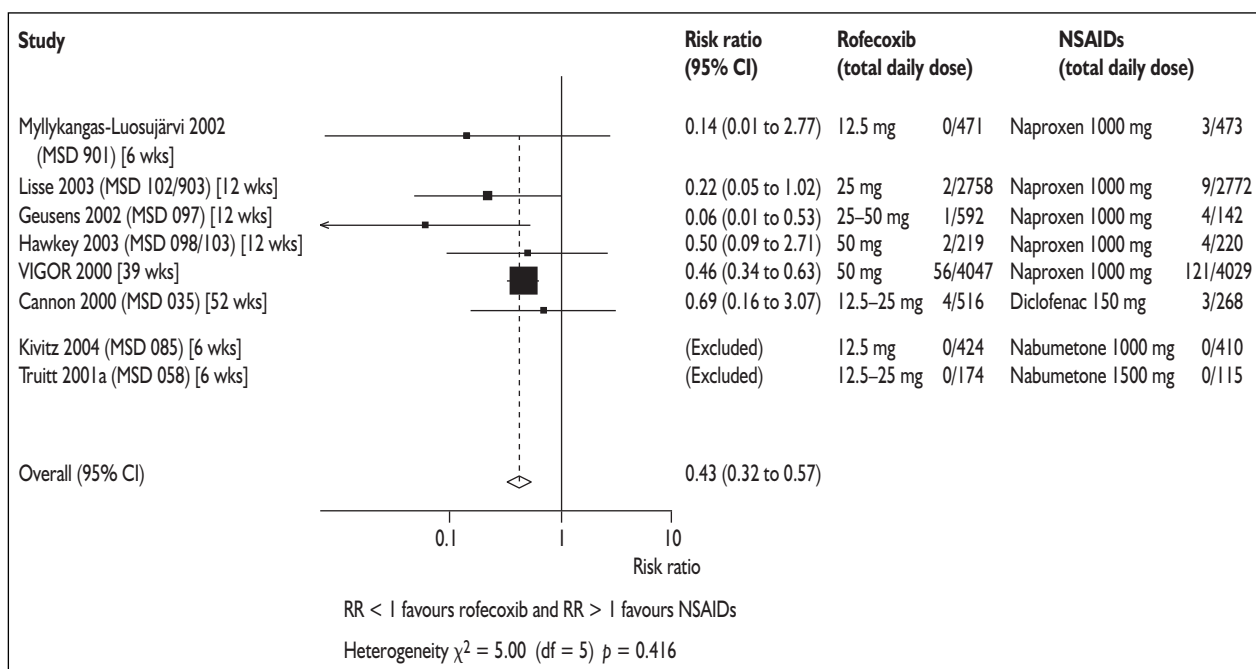
### Subgroup analysis

Several studies investigated the role of various risk factors on clinical outcomes. These are summarised below.

**TABLE 29** Summary of endoscopic GI ulcers and clinical and complicated UGI events (PUBs and POBs) for rofecoxib versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>Endoscopic GI ulcers</b>		
12.5 mg/day	No trial	No trial
25 mg/day	[2] <sup>g</sup>	[2] <sup>g</sup>
>25 mg/day	[3] <sup>g</sup>	[3] <sup>g</sup>
OA only	[2] <sup>g</sup>	[2] <sup>g</sup>
RA only	[1] <sup>g</sup>	[1] <sup>g</sup>
<b>All trials</b>	<b>[3]<sup>g</sup></b>	<b>[3]<sup>g</sup></b>
<b>PUBs</b>		
12.5 mg/day	<i>b</i>	0.39 (0.09 to 1.68) [2] <sup>230,243 b</sup>
25 mg/day	<i>e</i>	0.24 (0.09 to 0.65) [3] <sup>230,244,247 a</sup>
>25 mg/day	2.36 (0.35 to 15.88) [2] <sup>247,248 a</sup>	0.45 (0.33 to 0.61) [3] <sup>66,247,248</sup>
OA only	<i>d</i>	0.32 (0.12 to 0.84) [3] <sup>230,243,244 b</sup>
RA only	1.80 (0.27 to 12.14) [2] <sup>247,248 a</sup>	0.44 (0.33 to 0.60) [3] <sup>66,247,248</sup>
vs ibuprofen	—	No trials
vs diclofenac	—	0.69 (0.16 to 3.07) [1] <sup>230</sup>
vs naproxen	—	0.42 (0.31 to 0.57) [5] <sup>66,243,244,247,248</sup>
vs other NSAIDs	—	<i>b</i>
<b>All trials</b>	<b>1.80 (0.27 to 12.14) [2]<sup>247,248 e</sup></b>	<b>0.43 (0.32 to 0.57) [6]<sup>66,230,243,244,247,248 b</sup></b>
<b>POBs</b>		
12.5 mg/day	<i>b</i>	0.33 (0.01 to 8.20) [1] <sup>243 c</sup>
25 mg/day	0.56 (0.12 to 2.68) [3] <sup>37,202,234 f</sup>	0.41 (0.06 to 2.77) [2] <sup>37,234 c</sup>
>25 mg/day	0.99 (0.14 to 7.03) [2] <sup>229,234 b</sup>	0.41 (0.23 to 0.73) [3] <sup>37,66,234</sup>
OA only	0.49 (0.12 to 1.97) [4] <sup>37,202,229,234 e</sup>	0.24 (0.05 to 1.22) [3] <sup>37,234,243 d</sup>
RA only	<i>a</i>	0.43 (0.24 to 0.77) [1] <sup>66</sup>
vs ibuprofen	—	0.21 (0.03 to 1.41) [2] <sup>37,234</sup>
vs diclofenac	—	<i>a</i>
vs naproxen	—	0.43 (0.24 to 0.76) [2] <sup>66,243 a</sup>
vs other NSAIDs	—	<i>b</i>
<b>All trials</b>	<b>0.49 (0.12 to 1.97) [4]<sup>37,202,229,234 f</sup></b>	<b>0.40 (0.23 to 0.70) [4]<sup>37,66,234,243 d</sup></b>

Additional trial(s) reporting zero events in both arms: *a* one trial; *b* two trials; *c* three trials; *d* four trials; *e* five trials; *f* six trials.  
<sup>g</sup> Meta-analysis not carried out as it was not possible to calculate RR or hazard ratio from survival analysis data.



**FIGURE 9** Risk of PUBs with rofecoxib (all doses) versus NSAIDs (all drugs)

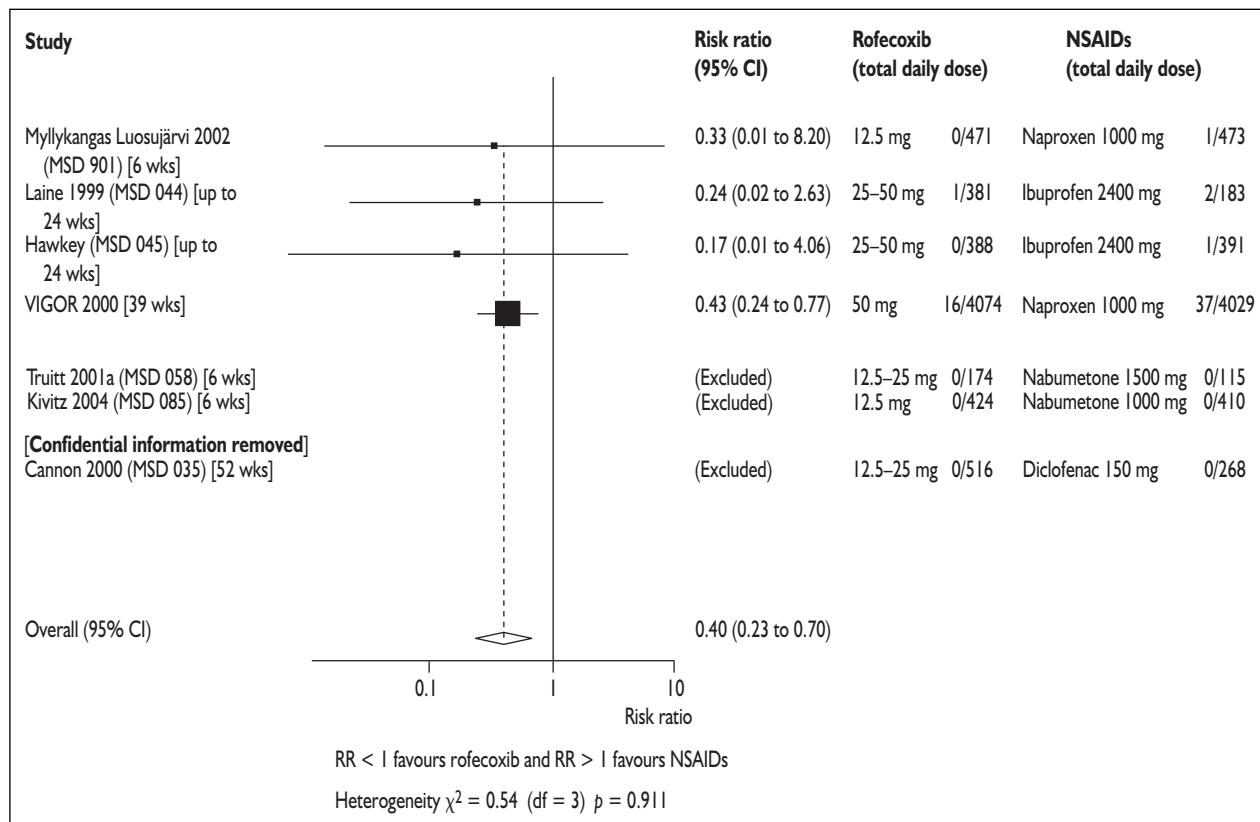


FIGURE 10 Risk of POBs with rofecoxib (all doses) versus NSAIDs (all drugs)

TABLE 30 Summary of myocardial infarction and serious cardiovascular thrombotic events for rofecoxib versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAID: RR (95% CI) [N trials]
<b>MI</b>		
12.5 mg/day	1.48 (0.06 to 36.06) [1] <sup>161 d</sup>	1.01 (0.17 to 5.86) [2] <sup>161,230 a</sup>
25 mg/day		2.16 (0.60 to 7.72) [3] <sup>230,244,249 a</sup>
>25 mg/day		3.98 (1.33 to 11.90) [1] <sup>66 a</sup>
OA only	1.48 (0.06 to 36.06) [1] <sup>161 c</sup>	2.00 (0.67 to 5.99) [4] <sup>161,230,244,249 a</sup>
RA only		3.98 (1.33 to 11.90) [1] <sup>66 a</sup>
vs ibuprofen	–	No trials
vs diclofenac	–	0.52 (0.07 to 3.67) [1] <sup>230</sup>
vs naproxen	–	4.06 (1.60 to 10.31) [3] <sup>66,244,249 b</sup>
vs other NSAIDs	–	2.90 (0.12 to 71.01) [1] <sup>161</sup>
<b>All trials</b>	<b>1.48 (0.06 to 36.06) [1]<sup>161 d</sup></b>	<b>2.92 (1.36 to 6.28) [5]<sup>66,161,230,244,249 b</sup></b>
<b>Serious CV thrombotic events</b>		
12.5 mg/day	Not reported	0.50 (0.14 to 1.47) [1] <sup>a</sup>
25 mg/day		1.02 (0.51 to 2.03) [2] <sup>a</sup>
>25 mg/day		2.36 (1.38 to 4.02) [1] <sup>a</sup>
OA only		0.89 (0.47 to 1.69) [2] <sup>a</sup>
RA only		2.36 (1.38 to 4.02) [1] <sup>a</sup>
<b>All trials</b>		<b>1.31 (0.56 to 3.09)<sup>e</sup> [3]<sup>b</sup></b>

Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> five trials; <sup>d</sup> six trials.  
<sup>e</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

[Confidential information removed]

FIGURE 11 Risk of MI with rofecoxib (all doses) versus NSAIDs (all drugs) [figure confidential except pooled estimate]

**H. pylori status**

Data from VIGOR<sup>66</sup> indicated that the benefits of rofecoxib over naproxen were not influenced by evidence of *H. pylori* infection but that the risks of PUBs were significantly greater in *H. pylori*-positive patients ( $p = 0.04$ ). However, two endoscopic studies did not find *H. pylori* to be an independent risk factor for gastroduodenal ulcers,<sup>37,248</sup> and neither study found a relationship between outcomes of treatment, in terms of toxicity, and *H. pylori* status.

**Low-dose aspirin**

Withdrawals due to adverse GI events and use of GI medications remained lower with rofecoxib than with naproxen regardless of aspirin use.<sup>244</sup> Kivitz and colleagues<sup>161</sup> found that concurrent use of low-dose aspirin did not contribute to an increase in adverse events with rofecoxib or nabumetone.

**Age**

The benefits of rofecoxib over non-selective agents are maintained regardless of age and studies also confirmed that age over 65 years was a risk factor for gastroduodenal ulcers.<sup>37,248</sup> Drugs were similarly efficacious across different age groups.<sup>230,232</sup>

**History of prior GI events**

Data from VIGOR<sup>66</sup> indicated that the benefits of rofecoxib over naproxen in terms of clinical GI events were similar among patients with (RR 0.4, 95% CI 0.2 to 0.8) or without (RR 0.5, 95% CI 0.3 to 0.7) prior GI events. Endoscopic studies confirmed that a past history of GI events was a risk factor of gastroduodenal ulcers<sup>37,248</sup> and the advantage of rofecoxib was maintained in patients with and those without prior GI events.<sup>37</sup>

**Steroids and other DMARDs**

Patients on steroids in VIGOR appeared to benefit more from rofecoxib in that they had a lesser risk of PUBs, compared with naproxen, than those not on steroids: RR 0.4 (95% CI 0.2 to 0.6) for steroid users compared with RR 0.7 (95% CI 0.4 to 1.2) for non-users. Geusens and colleagues<sup>247</sup> observed no unique efficacy or safety findings or trends in subgroups of patients on low-dose corticosteroids, methotrexate or other DMARDs.

**Impact of concomitant gastroprotective agents**

One study, by Acevedo and colleagues,<sup>236</sup> was the only trial included in this review that compared a COX-2 selective NSAID with a non-selective NSAID combined with misoprostol. In this double-

blind, multicentre RCT, rofecoxib 12.5 mg once daily was compared with Arthrotec (diclofenac 50 mg plus misoprostol 0.2 mg) twice daily in 483 OA patients for 6 weeks. The primary end-point in this trial was self-reported diarrhoea. The quality of the trial was judged to be high (Jadad score 5). Unsurprisingly, far more patients on Arthrotec developed diarrhoea (16.2%) and other GI symptoms compared with rofecoxib (6.2% diarrhoea;  $p < 0.001$ ), since both misoprostol and diclofenac have a propensity to cause diarrhoea and abdominal cramping. This trial was not powered to study peptic ulcers or ulcer complications.

**Summary**

*Merck announced voluntary worldwide withdrawal of rofecoxib in September 2004 (see the section 'Safety of COX-2 selective NSAIDs', p. 133) due to its increased risk of serious CV events compared with placebo.*

Based on this systematic review and meta-analyses it is concluded that:

- Twenty-three RCTs of rofecoxib compared with either placebo or non-selective NSAID were included. Studies compared rofecoxib (12.5–50 mg/day) with either placebo or non-selective NSAIDs (naproxen, ibuprofen, Arthrotec or nabumetone). Nineteen trials were exclusively in OA patients and four in RA patients.
- Rofecoxib is of similar efficacy to non-selective NSAIDs in the symptomatic treatment of OA and RA.
- Twenty-one of the 23 studies were judged to be of good quality (Jadad score 5).
- Rofecoxib was associated with significantly fewer withdrawals from all adverse events and from GI adverse events compared with non-selective NSAIDs.
- Rofecoxib was associated with significantly fewer endoscopic gastroduodenal ulcers than non-selective NSAIDs and subgroup analyses suggest that the benefit is independent of *H. pylori* infection, age, aspirin use and prior history of GI events, but this conclusion is based on small numbers and needs confirmation.
- Rofecoxib was associated with significantly fewer POBs and PUBs compared with non-selective NSAIDs.
- MIs occurred significantly more commonly in patients treated with rofecoxib than those treated with naproxen.
- Fewer people treated with rofecoxib experience diarrhoea compared with Arthrotec.

## Etoricoxib

### Description of included trials

Seven trials of etoricoxib met the inclusion criteria. Full details of these trials are outlined in Appendix 6, and summarised in *Table 31*. Trials were relatively small and no trial recruited over 1000 patients. Trials ranged from 6 weeks to 14 months.

### Patient characteristics

Four trials recruited only OA, two trials RA and one trial both OA and RA patients. The mean age of trial patients ranged from 52 to 63 years; 66–82% were female and of functional class I–III (the most severely disabled people, class IV, were excluded, in common with most NSAID trials). Patient characteristics were relatively well reported: 8–10% of participants had experienced a previous GI ulcer, 0–7% were taking low-dose aspirin, 32–59% were taking oral corticosteroids and 57–60% were *H. pylori* positive. In three of the trials, all included patients were already taking NSAIDs at the time of recruitment.

### Study interventions

Etoricoxib at licensed doses (60 and 90 mg/day) was studied in five trials and two trials included supra-licensed doses (120 mg/day). Six trials compared etoricoxib with placebo and all compared etoricoxib with non-selective NSAIDs: diclofenac (2/7), naproxen (4/7) and ibuprofen (1/7).

### Assessment of the quality of included trials

The median Jadad score across trials was 4, indicating that the trials were generally of ‘moderate’ to ‘good’ quality (*Table 31*). A full summary of the quality of trials is provided in Appendix 7.

The three trials that scored poorly (Jadad score 3) did so because of poor reporting of trial methods. Four trials provided adequate details of randomisation and concealment, six were double blind and four described ITT analysis. Loss to follow-up, where reported, ranged from <5 to 17%. As with other COX-2 selective drugs, a large proportion of withdrawals and a higher level in the non-selective NSAID arm of trials led to the potential for bias in favour of non-selective NSAIDs.

### Assessment of etoricoxib efficacy

The efficacy results across trials are summarised in *Table 32*.

### Patient’s assessment of arthritis pain

In comparison with non-selective NSAIDs, etoricoxib was equivalent in pain relief. These results appeared relatively consistent across etoricoxib doses and with both OA and RA patients.

### Patient’s assessment of global efficacy

Global efficacy for etoricoxib was equivalent to that for non-selective NSAIDs. These results appeared to be consistent across etoricoxib doses and with both OA and RA patients.

### ACR-20 responder

ACR-20 was equivalent for etoricoxib to non-selective NSAIDs.

### Withdrawals due to lack of efficacy

A similar number of patients on etoricoxib withdrew due to lack of efficacy compared with non-selective NSAIDs. These results appeared to be consistent to both OA and RA patients and across etoricoxib doses.

### Etoricoxib tolerability

#### Adverse events

There was no significant difference in overall adverse events for etoricoxib compared with placebo or non-selective NSAID. Specific data on GI-related adverse events were not reported (*Table 33*).

#### Withdrawals

Etoricoxib significantly reduced the level of both overall and GI-specific withdrawals compared with non-selective NSAIDs (*Table 34*).

### Safety of etoricoxib

Outcomes such as PUBs, POBs, MIs and serious CV thrombotic events were reported in four trials (*Tables 35 and 36 and Figures 12 and 13*).

### Endoscopic GI ulcers

Endoscopic ulcers were assessed in two 12-week studies.<sup>253,257</sup> Both studies used etoricoxib 120 mg/day (supra-licensed dose), one included OA patients and another included both OA and RA patients. Cumulative incidences of ulcers were calculated using survival analysis methods, taking into account patient withdrawals. Results showed that etoricoxib was associated with significantly fewer endoscopic gastroduodenal ulcers compared with non-selective NSAIDs.<sup>253,257</sup>

### Clinical and complicated UGI events (PUBs and POBs)

There was no significant difference in PUBs and POBs compared with non-selective NSAIDs.

TABLE 31 Characteristics and quality of included etoricoxib RCTs

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Etoricoxib	Placebo	NSAID	Efficacy <sup>a</sup>		
Gottesdiener, 2002, <sup>250,251</sup> MSD Study 007	OA (knee)	5 mg/day (5 mg o.d.) (n = 117) 10 mg/day (10 mg o.d.) (n = 114) 30 mg/day (30 mg o.d.) (n = 102) 60 mg/day (60 mg o.d.) (n = 112) 90 mg/day (90 mg o.d.) (n = 112)	n = 60	-	Pain (WOMAC), patient's global assessment (response to therapy), withdrawal due to lack of efficacy	6	5
Leung, 2002, <sup>252</sup> MSD Study 019	OA (knee or hip)	60 mg/day (60 mg o.d.) (n = 224)	n = 56	Naproxen 1000 mg/day (500 mg b.d.) (n = 221)	WOMAC pain, withdrawal due to lack of efficacy	12	5
Hunt, 2003a, <sup>253</sup> MSD Study 029	OA (site not stated)	120 mg/day (120 mg o.d.) (n = 221)	n = 233	Ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 226)	Withdrawal due to lack of efficacy	12	3
Zacher, 2003, <sup>254</sup> MSD Study 805	OA (knee or hip)	60 mg/day (60 mg o.d.) (n = 256)	-	Diclofenac 150 mg/day (50 mg t.d.s.) (n = 260)	Pain (VAS), patient's global assessment	6	4
Collantes, 2002, <sup>255</sup> MSD Study 025	RA	90 mg/day (90 mg o.d.) (n = 353)	n = 357	Naproxen 1000 mg/day (500 mg b.d.) (n = 181)	Pain – patient's global (VAS), patient's global assessment of disease activity, withdrawal due to lack of efficacy	12	3

continued

TABLE 31 Characteristics and quality of included etoricoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Outcomes		Duration (weeks)	Jadad score
		Etoricoxib	Placebo	NSAID	Efficacy <sup>a</sup>		
Matsumoto, 2002, <sup>256</sup> MSD Study 024	RA	90 mg/day (90 mg o.d.) (n = 323)	n = 323	Naproxen 1000 mg/day (500 mg b.d.) (n = 170)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	12	3
Hunt, 2003b, <sup>257</sup> MSD Study 026	OA (site not stated) or RA	120 mg/day (120 mg o.d.) (n = 251)	n = 247	Naproxen 1000 mg/day (500 mg b.d.) (n = 244)	Withdrawal due to lack of efficacy	12	5

MSD, Merck Sharp and Dohme.  
<sup>a</sup> Only the outcomes which were included in meta-analyses are listed.



**TABLE 32** Summary of efficacy results for etoricoxib versus placebo and NSAIDs

	Placebo				NSAIDs			
	VAS pain difference: mean (95% CI)	Global efficacy (VAS) difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)	VAS pain difference: mean (95% CI)	Global efficacy (VAS) difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)
60 mg/day	-15.81 (-26.66 to -4.97) <sup>a</sup> [2]	-9.34 (-15.72 to -2.96) [1]	No trials	0.33 (0.14 to 0.76) [2]	-0.42 (-3.65 to 2.85) [2]	-1.75 (-5.91 to 2.41) [1]	No trials	1.61 (0.22 to 11.70) <sup>a</sup> [2]
90 mg/day	-16.29 (-19.28 to -13.30) [2]	-13.25 (-21.78 to -4.73) <sup>a</sup> [2]	1.73 (1.18 to 2.52) <sup>a</sup> [2]	0.50 (0.41 to 0.60) [3]	-6.7 (-10.6 to -2.8) [1]	-2.61 (-10.06 to 4.83) <sup>a</sup> [2]	1.44 (1.26 to 1.63) [2]	0.81 (0.41 to 1.61) <sup>a</sup> [2]
>90 mg/day	No trials	No trials	No trials	0.40 (0.18 to 0.90) [2]	No trials	No trials	No trials	1.32 (0.46 to 3.79) [2]
OA only	-15.24 (-24.86 to -5.62) <sup>a</sup> [2]	-9.34 (-15.72 to -2.96) [1]	No trials	0.25 (0.12 to 0.50) [3]	-0.42 (-2.94 to 2.10) [2]	-1.75 (-5.91 to 2.41) [1]	No trials	0.90 (0.37 to 2.18) [2]
RA only	-15.8 (-19.1 to -12.6) [1]	-13.25 (-21.78 to -4.73) <sup>a</sup> [2]	1.22 (0.87 to 1.70) <sup>a</sup> [2]	0.43 (0.36 to 0.52) [2]	-6.7 (-10.6 to -2.8) [1]	-2.61 (-10.06 to 4.83) <sup>a</sup> [2]	1.11 (0.99 to 1.25) [2]	0.81 (0.41 to 1.61) <sup>a</sup> [2]
<b>All trials</b>	<b>-15.48</b> <b>(-20.50 to -10.46)<sup>a</sup></b> <b>[3]</b>	<b>-12.10</b> <b>(-18.05 to -6.15)<sup>a</sup></b> <b>[3]</b>	<b>1.22</b> <b>(0.87 to 1.70)<sup>a</sup></b> <b>[2]</b>	<b>0.42</b> <b>(0.35 to 0.50)</b> <b>[6]</b>	<b>-2.50</b> <b>(-6.55 to 1.56)<sup>a</sup></b> <b>[3]</b>	<b>-2.24</b> <b>(-6.36 to 1.88)<sup>a</sup></b> <b>[3]</b>	<b>1.11</b> <b>(0.99 to 1.25)</b> <b>[2]</b>	<b>1.06</b> <b>(0.53 to 2.11)<sup>a</sup></b> <b>[5]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

**TABLE 33** Summary of adverse events for etoricoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse events</b>		
60 mg/day	Not reported	Not reported
90 mg/day	Not reported	Not reported
120 mg/day	1.05 (0.89 to 1.25) [1]	0.98 (0.83 to 1.15) [1]
OA only	1.05 (0.89 to 1.25) [1]	0.98 (0.83 to 1.15) [1]
RA only	Not reported	Not reported
<b>All trials</b>	<b>1.05 (0.89 to 1.25) [1]</b>	<b>0.98 (0.83 to 1.15) [1]</b>
<b>GI adverse events</b>	No trials <sup>a</sup>	No trials <sup>a</sup>

<sup>a</sup> Specific GI AEs reported but not overall GI AEs.

**TABLE 34** Summary of withdrawals for etoricoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse event withdrawals</b>		
60 mg/day	0.34 (0.13 to 0.84) [2]	0.58 (0.08 to 4.34) <sup>a</sup> [2]
90 mg/day	1.03 (0.59 to 1.80) [3]	0.80 (0.40 to 1.59) [2]
120 mg/day	1.43 (0.87 to 2.34) [2]	0.87 (0.56 to 1.34) [2]
OA only	0.79 (0.19 to 3.23) <sup>a</sup> [3]	0.78 (0.24 to 2.48) <sup>a</sup> [3]
RA only	0.96 (0.52 to 1.75) [2]	0.80 (0.40 to 1.59) [2]
<b>All trials</b>	<b>0.95 (0.56 to 1.60)<sup>a</sup> [7]</b>	<b>0.67 (0.39 to 1.15)<sup>a</sup> [6]</b>
<b>All GI withdrawals</b>		
60 mg/day	0.75 (0.08 to 7.07) [1]	0.20 (0.06 to 0.67) [1]
90 mg/day	0.84 (0.26 to 2.72) [2]	0.43 (0.13 to 1.41) [2]
120 mg/day	9.84 (1.27 to 76.3) [1]	0.44 (0.21 to 0.91) [1]
OA only	0.75 (0.08 to 7.07) [1]	0.20 (0.06 to 0.67) [1]
RA only	0.96 (0.52 to 1.75) [2]	0.38 (0.12 to 1.24) [2]
<b>All trials</b>	<b>1.88 (0.83 to 4.27) [4]</b>	<b>0.36 (0.21 to 0.62) [4]</b>
<b>All withdrawals</b>		
60 mg/day	0.44 (0.26 to 0.74) [2]	0.53 (0.32 to 0.89) [1]
90 mg/day	0.49 (0.42 to 0.57) [3]	0.79 (0.52 to 1.20) [2]
120 mg/day	0.82 (0.60 to 1.11) [2]	0.89 (0.54 to 1.45) [1]
OA only	0.61 (0.44 to 0.85) [3]	0.79 (0.52 to 1.20) [2]
RA only	0.49 (0.41 to 0.57) [2]	0.69 (0.49 to 0.98) [2]
<b>All trials</b>	<b>0.57 (0.45 to 0.71)<sup>a</sup> [6]</b>	<b>0.76 (0.64 to 0.90)<sup>a</sup> [5]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

### Myocardial infarctions and serious cardiovascular thrombotic events

Only one trial reported MIs and serious CV thrombotic events.<sup>256</sup> There was insufficient evidence to compare etoricoxib and non-selective NSAIDs.

### Subgroup analyses

One trial found that age and functional status did not affect the degree of pain relief obtained with etoricoxib (60 mg/day) or diclofenac (50 mg three times per day).<sup>254</sup> No subgroup analyses for adverse effects were available.

### Impact of concomitant gastroprotective agents

No relevant trials were identified.

### Summary

Based on the systematic review and meta-analysis, it is concluded that:

- Seven RCTs were included. Studies compared etoricoxib (60–120 mg/day) with either placebo or non-selective NSAIDs (naproxen, diclofenac and ibuprofen). Four trials recruited only OA, two trials RA and one trial both OA and RA patients.

**TABLE 35** Summary of endoscopic GI ulcers and clinical and complicated UGI events (PUBs and POBs) for etoricoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>Endoscopic ulcer</b>		
60 mg/day	No trials	No trials
90 mg/day	No trials	No trials
>90 mg/day	[2] <sup>e</sup>	[2] <sup>e</sup>
OA only	[1] <sup>e</sup>	[1] <sup>e</sup>
RA only	No trials	No trial
<b>All trials</b>	<b>[2]<sup>e</sup></b>	<b>[2]<sup>e</sup></b>
<b>PUBs</b>		
60 mg/day	<sup>b</sup>	0.09 (0.00 to 1.61) [1] <sup>252</sup>
90 mg/day	3.03 (0.12 to 74.22) [1] <sup>255 b</sup>	0.52 (0.07 to 3.70) [2] <sup>255,256</sup>
>90 mg/day	Not reported	Not reported
OA only	<sup>b</sup>	0.09 (0.00 to 1.61) [1] <sup>252</sup>
RA only	3.03 (0.12 to 74.22) [1] <sup>255 a</sup>	0.52 (0.07 to 3.70) [2] <sup>255,256</sup>
vs ibuprofen	—	Not reported
vs diclofenac	—	Not reported
vs naproxen	—	0.23 (0.05 to 1.08) [3] <sup>252,255,256</sup>
vs other NSAIDs	—	No trial
<b>All trials</b>	<b>3.03 (0.12 to 74.22) [1]<sup>255 c</sup></b>	<b>0.23 (0.05 to 1.08) [3]<sup>252,255,256</sup></b>
<b>POBs</b>		
60 mg/day	<sup>b</sup>	Not reported
90 mg/day	<sup>c</sup>	0.18 (0.01 to 4.30) [1] <sup>256 a</sup>
>90 mg/day	3.16 (0.13 to 77.21) [1] <sup>253</sup>	1.02 (0.06 to 16.25) [1] <sup>253</sup>
OA only	3.16 (0.13 to 77.21) [1] <sup>253 b</sup>	1.02 (0.06 to 16.25) [1] <sup>253</sup>
RA only	<sup>b</sup>	0.18 (0.01 to 4.30) [1] <sup>256 a</sup>
vs ibuprofen	—	1.02 (0.06 to 16.25) [1] <sup>253</sup>
vs diclofenac	—	Not reported
vs naproxen	—	0.18 (0.01 to 4.30) [1] <sup>256 a</sup>
vs other NSAIDs	—	No trial
<b>All trials</b>	<b>3.16 (0.13 to 77.21) [1]<sup>253 d</sup></b>	<b>0.46 (0.07 to 3.10) [2]<sup>253,256 a</sup></b>

Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> three trials; <sup>d</sup> four trials.  
<sup>e</sup> Meta-analysis not carried out as it was not possible to calculate RR or hazard ratio from survival analysis data reported by trials.

**TABLE 36** Summary of MI and serious CV thrombotic events for etoricoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>MI</b>		
60 mg/day	<sup>b</sup>	<sup>a</sup>
90 mg/day	3.00 (0.12 to 73.37) [1] <sup>256 b</sup>	1.58 (0.06 to 38.66) [1] <sup>256 a</sup>
>90 mg/day	Not reported	Not reported
OA only	<sup>b</sup>	<sup>a</sup>
RA only	3.00 (0.12 to 73.37) [1] <sup>256 a</sup>	1.58 (0.06 to 38.66) [1] <sup>256 a</sup>
vs ibuprofen	—	Not reported
vs diclofenac	—	Not reported
vs naproxen	—	1.58 (0.06 to 38.66) [1] <sup>256 b</sup>
vs other NSAIDs	—	No trial
<b>All trials</b>	<b>3.00 (0.12 to 73.37) [1]<sup>256 c</sup></b>	<b>1.58 (0.06 to 38.66) [1]<sup>256 b</sup></b>
<b>Serious CV thrombotic events</b>		
60 mg/day	<sup>b</sup>	<sup>a</sup>
90 mg/day	3.00 (0.12 to 73.37) [1] <sup>b</sup>	1.58 (0.06 to 38.66) [1] <sup>a</sup>
>90 mg/day	Not reported	Not reported
OA only	<sup>b</sup>	<sup>a</sup>
RA only	3.00 (0.12 to 73.37) [1] <sup>a</sup>	1.58 (0.06 to 38.66) [1] <sup>a</sup>
<b>All trials</b>	<b>3.00 (0.12 to 73.37) [1]<sup>c</sup></b>	<b>1.58 (0.06 to 38.66) [1]<sup>b</sup></b>

Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> three trials.

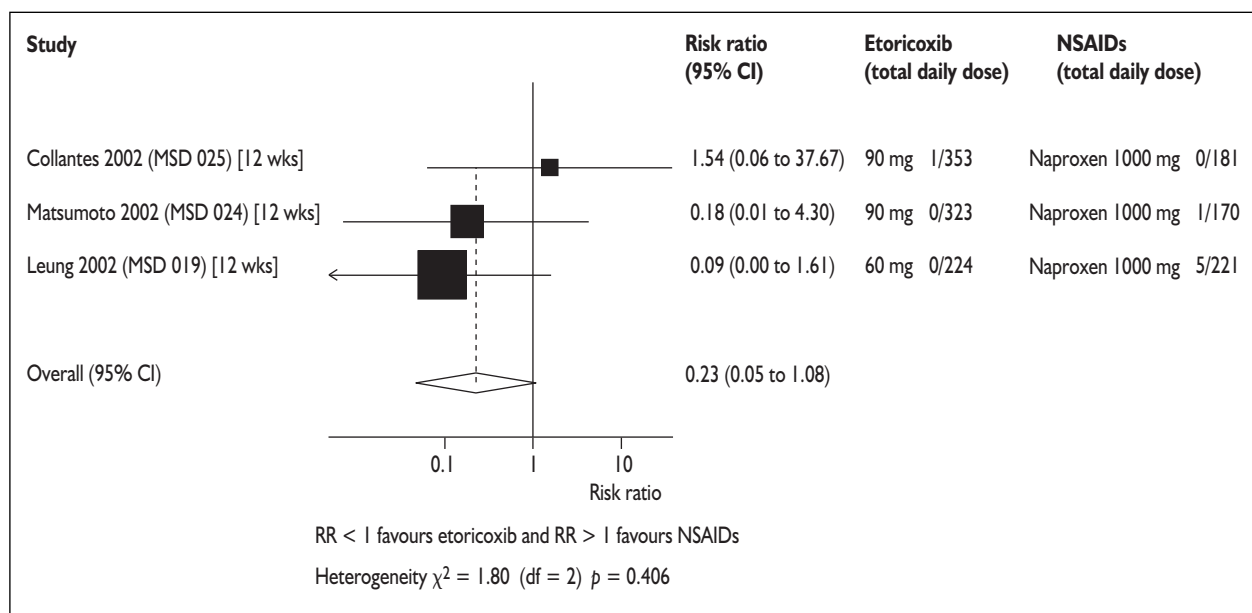


FIGURE 12 Risk of PUBs with etoricoxib (all doses) versus NSAIDs (all drugs)

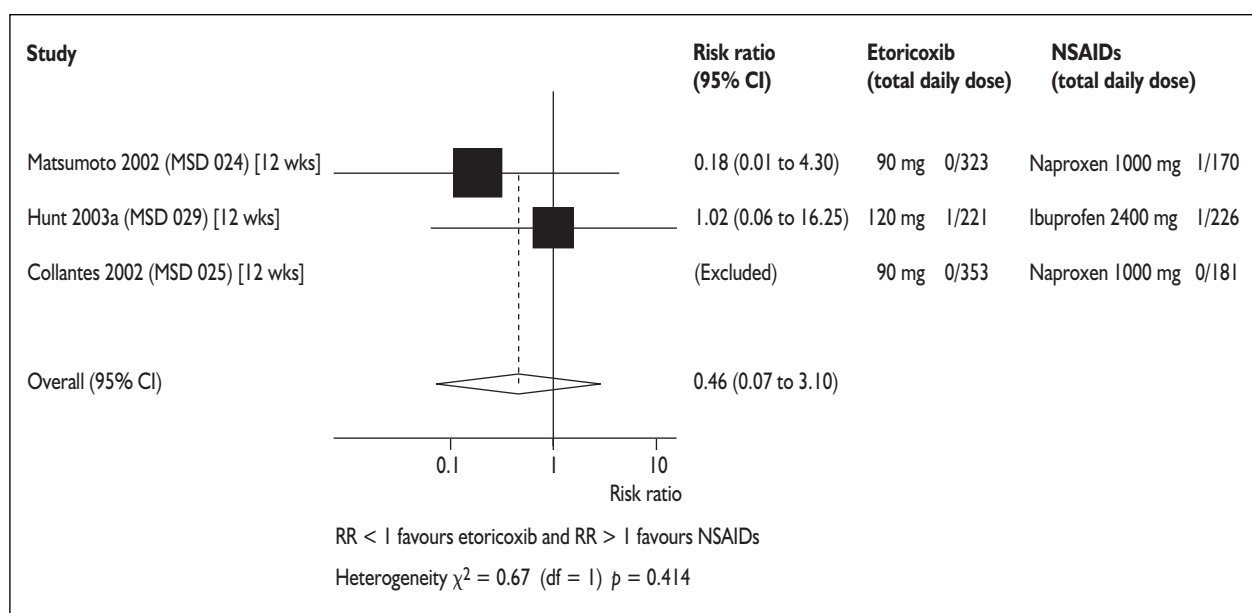


FIGURE 13 Risk of POBs with etoricoxib (all doses) versus NSAIDs (all drugs)

- The median Jadad score across trials was 4, indicating that the trials were generally of ‘moderate’ to ‘good’ quality.
- Etoricoxib is of equivalent efficacy to non-selective NSAIDs in the symptomatic treatment of OA and RA.
- Etoricoxib is associated with significantly fewer GI-related withdrawals compared with non-selective NSAIDs.
- Only a very small number of POBs and PUBs were reported. There was no significant difference between etoricoxib and non-selective

- NSAIDs, although there was a trend of reduced PUBs for etoricoxib.
- There is currently insufficient trial evidence to determine whether the incidence of MIs and serious CV thrombotic events is different between etoricoxib and non-selective NSAIDs.
- No trial evidence was found examining the relative benefits of etoricoxib in patients taking low-dose aspirin or anticoagulants or with *H. pylori* infection. Also, no trial has compared etoricoxib with non-selective NSAIDs combined with a gastroprotective agent.

## Valdecoxib

### Description of included trials

*Trials considered confidential in Table 37 may have subsequently been published.*

Eleven trials of valdecoxib recruiting a total of 9293 participants met the inclusion criteria, nine trials had placebo controls and 10 used one or two non-selective NSAIDs as comparators (naproxen seven, ibuprofen one, diclofenac three). One trial compared valdecoxib with rofecoxib and placebo. The direct comparison with rofecoxib is described in the section 'Direct comparison of COX-2 selective NSAIDs' (p. 78) whereas the comparison with placebo is included in this section. Full details of the 11 trials are outlined in Appendix 6 and summarised in *Table 37*. Sample sizes of trials ranged from 467 to 1218 (median 782) patients. Trials lasted from 2 weeks to 6 months: a majority (8/11) lasted 3 months or less.

### Patient characteristics

Six trials recruited exclusively OA patients, four trials RA patients and one trial both OA and RA patients. The mean age of patients was between 55 and 64 years. Low-dose aspirin was permitted in most trials but the proportion of patients on aspirin was not well reported.

### Assessment of the quality of included trials

Included trials were generally of good quality; eight out of 11 scored 5 on the Jadad scale. A full summary of the quality of the trials is provided in Appendix 7.

### Assessment of valdecoxib efficacy

Efficacy results across trials are summarised in *Table 38*.

#### Patient's assessment of arthritis pain

Valdecoxib is marginally less efficacious than non-selective NSAIDs at licensed doses. This effect appeared to vary across dose and indication.

#### Patient's assessment of global efficacy

Valdecoxib was marginally less effective than non-selective NSAIDs. These differences were observed across various doses.

#### ACR-20 responder

Valdecoxib and non-selective NSAIDs led to similar ACR-20 responses.

### Withdrawals due to lack of efficacy

Significantly more patients on valdecoxib withdrew from lack of efficacy compared with non-selective NSAIDs. Significant differences were noted between valdecoxib 10 mg and non-selective NSAIDs in OA patients, but not at higher doses or in RA trials.

### Valdecoxib tolerability

#### Adverse events

Valdecoxib caused significantly fewer GI-related adverse events and adverse events overall compared with non-selective NSAIDs (*Table 39*). These differences were observed across all doses and for OA and RA.

#### Withdrawals

Withdrawals from all adverse events and from GI-related adverse events were significantly fewer for valdecoxib compared with non-selective NSAIDs (*Table 40*). Withdrawals for any reason were significantly less likely with valdecoxib than with non-selective NSAIDs.

### Safety of valdecoxib

#### Endoscopic GI ulcers

Valdecoxib caused significantly fewer endoscopic ulcers compared with non-selective NSAIDs.

#### Clinical UGI events (PUBs) and complicated UGI events (POBs)

Valdecoxib reduced the risk of PUBs (RR 0.20, 95% CI 0.03 to 1.46) and POBs (RR 0.43, 95% CI 0.19 to 0.97; NNT 193, 95% CI 136 to 3661) compared with non-selective NSAIDs, although the reduction in PUBs is not statistically significant (*Table 41* and *Figures 14* and *15*).

#### Myocardial infarctions and serious cardiovascular thrombotic events

Too few serious CV events occurred in valdecoxib trials to draw any sensible conclusions (*Table 42* and *Figure 16*). Pooled results showed two events in valdecoxib patients compared with four events in non-selective NSAID arms of trials (RR 0.25, 95% CI 0.06 to 1.00). Serious CV thrombotic events were also not well reported.

### Subgroup analyses

Pavelka and colleagues<sup>265</sup> reported that *H. pylori* status, low-dose aspirin and age had no significant effect on gastroduodenal ulcer rates between valdecoxib 20 and 40 mg and diclofenac 150 mg treatment groups ( $p \geq 0.51$ ), but no details were given. Sikes and colleagues<sup>261</sup> and Pfizer Study 047<sup>263</sup> provided numerical data. Pooled results from these two trials are summarised in *Table 43*.

TABLE 37 Characteristic and quality of included valdecoxib RCTs

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised			Efficacy <sup>a</sup>	Outcomes	Duration (weeks)	Jadad score
		Valdecoxib	Placebo	NSAID				
Fiechter, 2001, <sup>258,268</sup> Pfizer Study 015	OA (knee)	1 mg/day (0.5 mg b.d.) (n = [Confidential information removed]) 2.5 mg/day (1.25 mg b.d.) (n = [Confidential information removed]) 5 mg/day (2.5 mg b.d.) (n = [Confidential information removed]) 10 mg/day (5 mg b.d.) (n = [Confidential information removed]) 10 mg/day (10 mg o.d.) (n = [Confidential information removed]) 20 mg/day (10 mg b.d.) (n = [Confidential information removed])	n = [Confidential information removed]	Naproxen 1000 mg/day (500 mg b.d.) (n = [Confidential information removed])	[Confidential information removed]	[Confidential information removed]	6	5
Kivitz, 2002, <sup>259</sup> Pfizer Study 053	OA (knee)	5 mg/day (5 mg o.d.) (n = 201) 10 mg/day (10 mg o.d.) (n = 206) 20 mg/day (20 mg o.d.) (n = 202)	n = 205	Naproxen 1000 mg/day (500 mg b.d.) (n = 205)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, ulcer (endoscopic, definition: >5 mm), dyspepsia, Total AE	12	5
Makarowski, 2002, <sup>260</sup> Pfizer Study 049	OA (hip)	5 mg/day (5 mg o.d.) (n = 120) 10 mg/day (10 mg o.d.) (n = 111)	n = 118	Naproxen 1000 mg/day (500 mg b.d.) (n = 118)	Pain (VAS), patient's global assessment of arthritis, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia, total AE, withdrawal due to GI AE	12	3

continued

TABLE 37 Characteristic and quality of included valdecoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		NSAID	Outcomes		Duration (weeks)	Jadad score
		Valdecoxib	Placebo		Efficacy <sup>a</sup>	Safety <sup>a</sup>		
Sikes, 2002, <sup>261</sup> Pfizer Study 048	OA (not stated)	10 mg/day (10 mg od) (n = 204) 20 mg/day (20 mg o.d.) (n = 219)	n = 210	Diclofenac 150 mg/day (75 mg b.d.) (n = 212), ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 207)	Patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, ulcer (endoscopic, definition: ≥3 mm), dyspepsia, total CV thrombotic, total AE	12	4
Moskowitz, 2003, <sup>245,286</sup> Pfizer Study 143	OA (not stated)	10 mg/day (10 mg o.d.) (n = 212)	n = 110	Rofecoxib <sup>b</sup>	[Confidential information removed]	[Confidential information removed]	2	5
Pfizer Study 063 <sup>262</sup>	[Confidential information removed]							
Pfizer Study 047 <sup>263</sup>	[Confidential information removed]							
Bensen, 2002, <sup>264</sup> Pfizer Study 60	RA	10 mg/day (10 mg o.d.) (n = 209) 20 mg/day (20 mg o.d.) (n = 212) 40 mg/day (40 mg o.d.) (n = 221)	n = 222	Naproxen 1000 mg/day (500 mg b.d.) (n = 226)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, dyspepsia, total CV thrombotic, total AE	12	3
Pavelka, 2003, <sup>265</sup> Pfizer Study 62	RA	20 mg/day (20 mg o.d.) (n = 246) 40 mg/day (40 mg o.d.) (n = 237)	–	Diclofenac 150 mg/day (75 mg b.d.) (n = 239)	Pain (VAS 100 mm), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, ulcer (endoscopic, definition: ≥3 mm), POBs, dyspepsia, total AE, withdrawals due to GI AE	26	5
Pfizer Study 016 <sup>266</sup>	[Confidential information removed]							
Pfizer Study 061 <sup>267</sup>	[Confidential information removed]							

<sup>a</sup> Only the outcomes which were included in meta-analyses are listed.

<sup>b</sup> See the section 'Direct comparison of COX-2 selective NSAIDs' (p. 78).

TABLE 38 Summary of efficacy results for valdecoxib versus placebo and NSAIDs

	Placebo				NSAIDs			
	VAS pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)	VAS pain difference: mean (95% CI)	Global efficacy difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)
10 mg/day	-10.05 (-13.98 to -6.13) <sup>a</sup> [5]	-0.40 (-0.60 to -0.20) [1]	1.41 (1.20 to 1.66) [3]	0.50 (0.39 to 0.63) <sup>a</sup> [8]	3.20 (0.81 to 5.58) [5]	0.23 (0.12 to 0.34) [2]	0.99 (0.86 to 1.13) [3]	1.25 (1.05 to 1.49) [8]
20 mg/day	-10.20 (-15.73 to -4.67) <sup>a</sup> [4]	-0.50 (-0.71 to -0.29) [1]	1.42 (1.21 to 1.67) [3]	0.50 (0.42 to 0.59) [6]	2.81 (0.31 to 5.30) [5]	0.20 (0.09 to 0.31) [2]	0.96 (0.85 to 1.08) [4]	1.17 (0.98 to 1.40) [8]
>20 mg/day	-11.7 (-17.06 to -6.34) [1]	-0.4 (-0.61 to -0.19) [1]	1.48 (1.26 to 1.76) [2]	0.55 (0.45 to 0.67) [2]	4.40 (-0.89 to 9.69) [1]	0.3 (0.10 to 0.50) [1]	0.96 (0.85 to 1.09) [3]	1.03 (0.85 to 1.25) [4]
OA only	-11.39 (-18.06 to -4.72) <sup>a</sup> [3]	No trials	No trials	0.39 (0.24 to 0.63) <sup>a</sup> [5]	-6.05 (-18.28 to 6.17) <sup>a</sup> [3]	0.20 (0.08 to 0.32) [1]	No trials	1.36 (1.06 to 1.75) [5]
RA only	-9.11 (-12.67 to -5.55) [2]	-0.43 (-0.60 to -0.26) [1]	1.43 (1.24 to 1.64) [3]	0.56 (0.49 to 0.64) [3]	4.64 (1.11 to 8.18) [2]	0.27 (0.11 to 0.43) [1]	0.96 (0.87 to 1.07) [4]	0.99 (0.95 to 1.02) [4]
<b>All trials</b>	<b>-10.01</b> <b>(-13.94 to -6.09)<sup>a</sup></b> [5]	<b>-0.43</b> <b>(-0.60 to -0.26)</b> [1]	<b>1.43</b> <b>(1.24 to 1.64)</b> [3]	<b>0.49</b> <b>(0.39 to 0.61)<sup>a</sup></b> [8]	<b>-1.89</b> <b>(-10.71 to 6.93)<sup>a</sup></b> [5]	<b>0.22</b> <b>(0.14 to 0.32)</b> [2]	<b>0.96</b> <b>(0.87 to 1.07)</b> [4]	<b>1.16</b> <b>(1.01 to 1.33)</b> [10]

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.



**TABLE 39** Summary of adverse events for valdecoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse events</b>		
10 mg/day	1.07 (0.99 to 1.15) [8]	0.88 (0.83 to 0.94) [8]
20 mg/day	1.15 (1.06 to 1.25) [6]	0.90 (0.86 to 0.96) [8]
>20 mg/day	1.25 (1.10 to 1.42) [2]	0.94 (0.90 to 0.99) [4]
OA only	1.02 (0.94 to 1.11) [5]	0.88 (0.82 to 0.93) [5]
RA only	1.03 (0.71 to 1.49) <sup>a</sup> [3]	0.83 (0.62 to 1.11) <sup>a</sup> [4]
<b>All trials</b>	<b>1.00 (0.87 to 1.15)<sup>a</sup> [8]</b>	<b>0.87 (0.78 to 0.97)<sup>a</sup> [10]</b>
<b>GI adverse events</b>		
10 mg/day	1.15 (0.99 to 1.34) [6]	0.78 (0.69 to 0.88) [6]
20 mg/day	1.09 (0.92 to 1.29) [5]	0.73 (0.66 to 0.82) [7]
>20 mg/day	1.33 (1.09 to 1.64) [2]	0.84 (0.76 to 0.92) [4]
OA only	1.05 (0.72 to 1.52) <sup>a</sup> [3]	0.84 (0.71 to 0.98) [2]
RA only	0.98 (0.71 to 1.36) <sup>a</sup> [3]	0.69 (0.55 to 0.87) <sup>a</sup> [4]
<b>All trials</b>	<b>1.02 (0.82 to 1.26)<sup>a</sup> [6]</b>	<b>0.74 (0.66 to 0.84)<sup>a</sup> [8]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

**TABLE 40** Summary of withdrawals for valdecoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse event withdrawals</b>		
10 mg/day	1.17 (0.87 to 1.58) [8]	0.65 (0.51 to 0.81) [8]
20 mg/day	1.04 (0.74 to 1.46) [6]	0.58 (0.46 to 0.73) [8]
>20 mg/day	1.73 (0.99 to 3.00) [2]	0.91 (0.73 to 1.13) [4]
OA only	1.07 (0.77 to 1.49) [5]	0.57 (0.46 to 0.71) [5]
RA only	1.17 (0.75 to 1.82) [3]	0.73 (0.39 to 1.39) <sup>a</sup> [4]
<b>All trials</b>	<b>1.11 (0.85 to 1.44) [8]</b>	<b>0.66 (0.51 to 0.86)<sup>a</sup> [10]</b>
<b>All GI withdrawals</b>		
10 mg/day	1.61 (0.79 to 3.28) [4]	0.44 (0.29 to 0.68) [5]
20 mg/day	0.91 (0.37 to 2.28) [3]	0.35 (0.23 to 0.54) [5]
>20 mg/day	1.68 (0.56 to 5.07) [1]	0.56 (0.41 to 0.77) [3]
OA only	1.43 (0.53 to 3.82) [2]	0.36 (0.23 to 0.57) [3]
RA only	1.05 (0.44 to 2.50) [2]	0.40 (0.27 to 0.59) [3]
<b>All trials</b>	<b>1.20 (0.63 to 2.30) [4]</b>	<b>0.47 (0.38 to 0.59) [7]</b>
<b>All withdrawals</b>		
10 mg/day	0.66 (0.59 to 0.73) [8]	0.99 (0.89 to 1.10) [8]
20 mg/day	0.64 (0.54 to 0.77) <sup>a</sup> [6]	0.90 (0.76 to 1.08) <sup>a</sup> [8]
>20 mg/day	0.65 (0.56 to 0.75) [2]	0.94 (0.84 to 1.06) [4]
OA only	0.58 (0.43 to 0.77) <sup>a</sup> [5]	0.86 (0.71 to 1.04) <sup>a</sup> [5]
RA only	0.56 (0.38 to 0.84) <sup>a</sup> [3]	0.88 (0.68 to 1.13) <sup>a</sup> [4]
<b>All trials</b>	<b>0.57 (0.45 to 0.71)<sup>a</sup> [8]</b>	<b>0.88 (0.77 to 0.99)<sup>a</sup> [10]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

No trials reported subgroup analyses for clinical UGI events, complicated UGI events or serious CV events.

### H. pylori status

Both studies reported a non-significant trend towards higher endoscopic ulcer rates among patients who were tested *H. pylori* positive.<sup>261,263</sup> The risk reduction for patients treated with

valdecoxib compared with non-selective NSAIDs does not appear to be affected by *H. pylori* status.

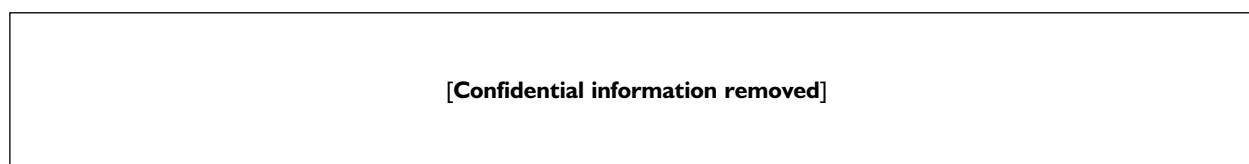
### Low-dose aspirin

No consistent results were observed; Sikes and colleagues found that aspirin increased endoscopic gastroduodenal ulcer rates with valdecoxib 10 mg, diclofenac and ibuprofen, but not with valdecoxib

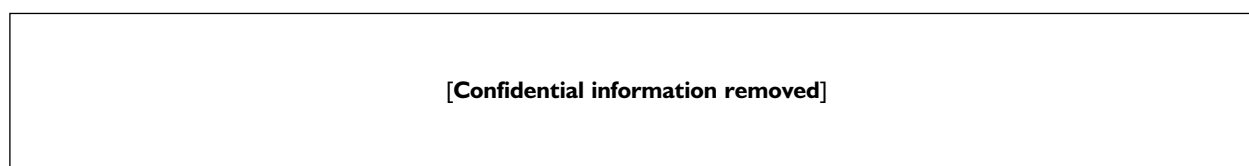
**TABLE 41** Summary of endoscopic GI ulcers and clinical and complicated UGI events (PUBs and POBs) for valdecoxib versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>Endoscopic GI ulcers</b>		
10 mg/day	0.73 (0.35 to 1.53) [2]	0.28 (0.15 to 0.51) [2]
20 mg/day	0.99 (0.51 to 1.93) [2]	0.35 (0.24 to 0.53) [3]
>20 mg/day	Not reported	0.35 (0.24 to 0.51) [2]
OA only	0.87 (0.48 to 1.57) [2]	0.32 (0.21 to 0.49) [2]
RA only	Not reported	0.29 (0.17 to 0.48) [1]
<b>All trials</b>	<b>0.87 (0.48 to 1.57) [2]</b>	<b>0.32 (0.25 to 0.41) [4]</b>
<b>PUBs</b>		
10 mg/day	<sup>b</sup>	0.23 (0.02 to 2.09) [2] <sup>267,268</sup>
20 mg/day	<sup>b</sup>	0.32 (0.03 to 3.10) [2] <sup>267,268</sup>
>20 mg/day	[Confidential information removed] <sup>267</sup>	[Confidential information removed] <sup>267</sup>
OA only	<sup>a</sup>	[Confidential information removed] <sup>268</sup>
RA only	[Confidential information removed] <sup>267</sup>	[Confidential information removed] <sup>267</sup>
vs ibuprofen	–	No trials
vs diclofenac	–	No trials
vs naproxen	–	0.20 (0.03 to 1.46) [2] <sup>267,268</sup>
vs other NSAIDs	–	No trials
<b>All trials</b>	[Confidential information removed] <sup>267 a</sup>	0.20 (0.03 to 1.46) [2] <sup>267,268</sup>
<b>POBs</b>		
10 mg/day	<sup>c</sup>	0.23 (0.02 to 2.09) [2] <sup>267,268 a</sup>
20 mg/day	<sup>b</sup>	0.72 (0.24 to 2.14) [4] <sup>262,265,267,268</sup>
>20 mg/day	[Confidential information removed] <sup>267</sup>	0.41 (0.15 to 1.14) [3] <sup>263,265,267</sup>
OA only	<sup>b</sup>	0.88 (0.18 to 4.29) [2] <sup>262,268</sup>
RA only	[Confidential information removed] <sup>267</sup>	0.26 (0.06 to 1.12) [2] <sup>265,267</sup>
vs ibuprofen	–	No trials
vs diclofenac	–	0.61 (0.18 to 2.09) [2] <sup>262,265</sup>
vs naproxen	–	0.33 (0.11 to 0.99) [3] <sup>263,267,268</sup>
vs other NSAIDs	–	No trials
<b>All trials</b>	[Confidential information removed] <sup>267 b</sup>	<b>0.43 (0.19 to 0.97) [5]<sup>262,263,265,267,268</sup></b>

Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> three trials.



**FIGURE 14** Risk of PUBs with valdecoxib (all doses) versus NSAIDs (all drugs) [figure confidential except pooled estimate]



**FIGURE 15** Risk of POBs with valdecoxib (all doses) versus NSAIDs (all drugs) [figure confidential except pooled estimate]

**TABLE 42** Summary of myocardial infarction and serious CV thrombotic events for valdecoxib versus placebo or NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>MI</b>		
10 mg/day	1.02 (0.15 to 7.04) [2] <sup>266,267 b</sup>	0.48 (0.11 to 2.09)[3] <sup>262,266,267 a</sup>
20 mg/day	0.33 (0.01 to 8.18) [1] <sup>267 b</sup>	0.20 (0.02 to 1.71) [2] <sup>262,267 b</sup>
>20 mg/day	0.35 (0.01 to 8.56) [1] <sup>267 b</sup>	0.35 (0.01 to 8.52) [1] <sup>267</sup>
OA only		0.07 (0.00 to 1.39) [1] <sup>262 a</sup>
RA only	0.52 (0.09 to 3.08) [2] <sup>266,267</sup>	0.52 (0.09 to 3.07) [2] <sup>266,267</sup>
vs ibuprofen	–	No trials
vs diclofenac	–	0.07 (0.00 to 1.39) [1] <sup>262</sup>
vs naproxen	–	0.52 (0.09 to 3.07) [2] <sup>266,267 a</sup>
vs other NSAIDs	–	No trials
<b>All trials</b>	<b>0.52 (0.09 to 3.08) [2]<sup>266,267 b</sup></b>	<b>0.25 (0.06 to 1.00) [3]<sup>262,266,267 a</sup></b>
<b>Serious CV thrombotic events</b>		
10 mg/day	0.19 (0.13 to 77.77) [1] <sup>b</sup>	<sup>a</sup>
20 mg/day	3.14 (0.13 to 76.68) [1] <sup>a</sup>	<sup>a</sup>
>20 mg/day	3.01 (0.12 to 73.58) [1] <sup>b</sup>	No trials
OA only		<sup>a</sup>
RA only	2.43 (0.13 to 46.81) [1]	No trials
<b>All trials</b>	2.43 (0.13 to 46.81) [1] <sup>b</sup>	<sup>a</sup>

Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials.

[Confidential information removed]

**FIGURE 16** Risk of MI with valdecoxib (all doses) versus NSAIDs (all drugs) [figure confidential except pooled estimate]**TABLE 43** Endoscopic ulcers for valdecoxib versus non-selective NSAIDs by subgroups

Subgroup [N trials]	Pooled events valdecoxib vs NSAID	Pooled RR (95% CI) <sup>a</sup>	Comparative RR
<i>H. pylori</i> status: Positive [2] Negative [2]	[Confidential information removed]	[Confidential information removed]	0.97
Low-dose aspirin: User [2] Non-user [2]	[Confidential information removed]	[Confidential information removed]	3.00
Age: ≥65 years [2] <65 years [2]	[Confidential information removed]	[Confidential information removed]	1.63
Prior GI ulcer: Present [1] Not present [1]	[Confidential information removed]	[Confidential information removed]	1.63

<sup>a</sup> RR valdecoxib versus non-selective NSAIDs.

20 mg and placebo. In contrast, the Pfizer Study 047 found [**Confidential information removed**].

### Age

Both studies<sup>261,263</sup> reported a higher incidence of endoscopic ulcers among patients aged 65 years and over compared with younger patients. The risk reduction for patients treated with valdecoxib compared with non-selective NSAIDs does not appear to be affected by age.

### Prior GI ulcers

No consistent result was reported: Sikes and colleagues found that a prior ulcer history had no effect on ulcer incidence in any treatment group; the Pfizer Study 047 reported [**Confidential information removed**].

### Impact of concomitant gastroprotective agents

No relevant trials were identified.

### Summary

*Pfizer suspended the sale of valdecoxib in April 2005 following FDA and EMEA reviews that highlighted serious skin reactions associated with this drug (see the section 'Safety of COX-2 selective NSAIDs', p. 133).*

Based on the systematic review and meta-analysis, it is concluded that:

- Eleven RCTs were included. Studies compared valdecoxib (10–80 mg/day) with either placebo or non-selective NSAIDs (naproxen or diclofenac). Six trials recruited exclusively OA patients, four trials RA patients and one trial both OA and RA patients.
- Included trials were generally of good quality; eight out of 11 scored 5 on the Jadad scale
- Valdecoxib is equivalent to or marginally inferior in efficacy, particularly in RA patients, compared with non-selective NSAIDs.
- Valdecoxib is associated with significantly fewer total and GI-related adverse events and withdrawals as a result of adverse events than non-selective NSAIDs.
- Valdecoxib is associated with significantly fewer endoscopic ulcers than non-selective NSAIDs.
- Based on short-term trials (6 months or less), valdecoxib was associated with fewer clinical and complicated UGI events than non-selective NSAIDs. There are insufficient data on the occurrence of MIs and the effect of *H. pylori*, aspirin, age, anticoagulants and concomitant low-dose aspirin to draw any conclusions about the benefits or hazards of valdecoxib. Also, no trial compared valdecoxib with non-selective NSAIDs with a gastroprotective agent.

## Lumiracoxib

### Quantity of research available

*A few trials considered confidential in Table 44 have subsequently been published.*

Fifteen trials met the inclusion criteria: a detailed summary of their characteristics is given in Appendix 6 and summarised in *Table 44*. Most trials lasted 3 months or less and only two trials lasted 6 months or longer. The median sample size of trials was 893 patients. A key study, the Therapeutic Arthritis Research and Gastrointestinal Event Trial (TARGET), was randomised over 18,000 patients.

### TARGET

TARGET was a double-blind RCT of patients with OA who were randomised, in two identical substudies, to receive lumiracoxib (400 mg/day,  $n = 9156$ ), naproxen (1 g/day,  $n = 4754$ ) in study 0117 or ibuprofen (2.4 g/day,  $n = 4415$ ) in study 2332. The trial was designed to test the hypothesis that lumiracoxib reduced the risk of serious UGI complications compared with non-selective NSAIDs. A secondary objective was to compare CV morbidity and mortality between agents. Patients were stratified by age and use of low-dose aspirin. The original protocol for TARGET was amended and patients with RA were excluded because [**Confidential information removed**].

### Description of included trials

#### Patients' characteristics

Most trials studied patients with OA (nine studies), usually of the hip or knee. The average age of patients across trials ranged from 50 to 65 years and 63–84% were female. Details of baseline risk characteristics such as *H. pylori* status or previous peptic ulcers were either not reported or not collected in many trials, but where reported, patients were of functional class I–III, 0–7% had experienced a previous GI ulcer, 0–24% were taking low-dose aspirin and over 57% needed NSAIDs long-term.

#### Study interventions

Included trials studied lumiracoxib for a wide range of doses (100–1200 mg/day). Lumiracoxib was compared with placebo in 10 studies and with non-selective NSAIDs in eight: naproxen 1 g/day ( $n = 4$ ), diclofenac 150 mg/day ( $n = 2$ ), or ibuprofen 2.4 g/day ( $n = 3$ ). Seven studies compared lumiracoxib with a COX-2 selective NSAID: celecoxib 200 or 400 mg/day ( $n = 5$ ) or rofecoxib 25 mg once daily ( $n = 2$ ). These direct

TABLE 44 Characteristics and quality of included lumiracoxib RCTs

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised		Efficacy <sup>a</sup>	Outcomes Safety <sup>a</sup>	Duration (weeks)	Jadad score
		Lumiracoxib	Placebo NSAID				
Schnitzer, 2004, <sup>270,438</sup> Novartis Study 0104	[Confidential information removed]						
Hawkey, 2004, <sup>207,287</sup> Novartis Study 0126	[Confidential information removed]						
Benevolenskaya, 2003, <sup>271,441</sup> Novartis Study 2316	[Confidential information removed]						
Fleischmann, 2003, <sup>208,209</sup> Novartis Study 0109	OA (knee)	200 mg/day (200 mg o.d.) (n = 465) 400 mg/day (400 mg o.d.) (n = 465)	n = 232 Celecoxib <sup>b</sup>	[Confidential information removed]		13	5
Grifka, 2003, <sup>272,442</sup> Novartis Study 2319	[Confidential information removed]						
Tannenbaum, 2004, <sup>210</sup> Novartis Study 0112	OA (knee)	200 mg/day (200 mg o.d.) (n = 487) 400 mg/day (400 mg o.d.) (n = 491)	n = 243 Celecoxib <sup>b</sup>	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, POBs, dyspepsia, MI, total CV thrombotic, total AE, withdrawal due to GI AE	13	5
Novartis Study 0128 <sup>280</sup> (2004 submission)	[Confidential information removed]						
Novartis Study 2307 <sup>288</sup> (2004 submission)	[Confidential information removed]						
TARGET, <sup>273-275</sup> Novartis Study 0117 + A2332	OA (hip, knee, hand, cervical or lumbar spine)	400 mg/day (400 mg o.d.) (n = 9156)	- Naproxen 1000 mg/day (500 mg b.d.) or ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 9169)	Patient's global assessment, withdrawal due to lack of efficacy	Total withdrawal, PUBs, POBs, dyspepsia, MI, total CV thrombotic, total AE, withdrawal due to GI AE	52	5

continued

TABLE 44 Characteristics and quality of included lumiracoxib RCTs (cont'd)

Author, year, trial name	RA/OA (location)	Drug, dose and no. randomised			Outcomes		Duration (weeks)	Jadad score
		Lumiracoxib	Placebo	NSAID	Efficacy <sup>a</sup>	Safety <sup>a</sup>		
Guesens, 2003, <sup>276,443</sup> Novartis Study 0111	[Confidential information removed]							
Kivitz, 2004, <sup>214</sup> Novartis Study 0110	RA	400 mg/day (400 mg o.d.) (n = 227) 800 mg/day (800 mg o.d.) (n = 227)	–	Celecoxib <sup>b</sup> ibuprofen 2400 mg/day (800 mg t.d.s.) (n = 216)	Patient's global assessment, withdrawal due to lack of efficacy	Total withdrawal, ulcer (endoscopic, definition: ≥3 mm), dyspepsia, total AE	13	4
Scott, 2003, <sup>277,281</sup> Novartis Study 2312	[Confidential information removed]							
Novartis Study 0105 <sup>279</sup> (2004 submission)	[Confidential information removed]							
Novartis Study 0114 <sup>222</sup> (2004 submission)	[Confidential information removed]							
Novartis Study A2335 <sup>278</sup> (2004 submission)	[Confidential information removed]							

<sup>a</sup> Only the outcomes which were included in meta-analyses are listed.

<sup>b</sup> See the section 'Direct comparison of COX-2 selective NSAIDs' (p. 78).

comparisons between COX-2 selective NSAIDs are not included here but are described in the section 'Direct comparison of COX-2 selective NSAIDs' (p. 78).

### Assessment of quality of included trials

Trials were of high quality as judged by the Jadad scale, with a median score of 5. A detailed summary of scores is provided in Appendix 7. It was possible, because of access to full trial reports for most trials, to assess trial design in detail. The majority of trials were properly randomised (11/15) and described methods of concealment well (11/15). All trials were double blind, stated ITT analysis (often a modified ITT), and all reported small losses to follow up (<5%).

### Assessment of lumiracoxib efficacy

Efficacy results are summarised in *Table 45*.

#### Patients' assessment of arthritis pain

There was no statistically significant improvement in pain over non-selective NSAIDs. This was true for OA and RA patients, different doses of lumiracoxib and choice of comparator NSAID, although the number of trials overall was small.

#### Patients' assessment of global efficacy

There was evidence of a greater improvement in global efficacy with non-selective NSAIDs compared with lumiracoxib. However, the number of reporting trials was small.

#### ACR-20 responder

ACR-20 was reported in only three trials of RA patients. Lumiracoxib was no better than comparator NSAIDs. This result appeared to be consistent for lumiracoxib dose and choice of comparator.

#### Withdrawals due to lack of efficacy

There was no difference in withdrawal rates on comparing lumiracoxib with non-selective NSAIDs. This was true for OA and RA patients, lumiracoxib dose and choice of NSAID comparator.

### Lumiracoxib tolerability

#### Adverse events

Adverse events are separated into two categories: all adverse events and GI-related adverse events (*Table 46*). Both overall and GI-specific adverse events were reduced with lumiracoxib compared with non-selective NSAIDs. There was evidence of significant statistical heterogeneity across trials.

These results appeared to be consistent across type of arthritis and dose of lumiracoxib.

#### Withdrawals

Withdrawals are considered at three levels: withdrawal from the trials for any reason (including loss to follow-up, lack of efficacy or adverse events), withdrawal due to adverse events and withdrawal due to GI-specific adverse events (*Table 47*).

The proportion of withdrawal due to all adverse events and GI-specific adverse events with lumiracoxib was lower than with non-selective NSAIDs. There was no significant difference in withdrawals for any reason. There was evidence of statistical heterogeneity across all withdrawal outcomes. Results appeared to be consistent across dose of lumiracoxib and type of arthritis.

### Safety of lumiracoxib

The safety of lumiracoxib was evaluated by considering the development of endoscopic GI ulcers, clinical UGI events (PUBs), complicated UGI event (POBs), clinical MIs and serious CV thrombotic events (see *Tables 48* and *49*).

#### Endoscopic ulcers

In the two trials that reported endoscopic ulcers, there was a statistically significant reduction in ulcers with lumiracoxib compared with non-selective NSAIDs. There is insufficient evidence to comment on the effect of lumiracoxib dose and type of arthritis on endoscopic ulcers.

#### Clinical UGI events (PUBs)

A statistically significant reduction in PUBs with lumiracoxib compared with non-selective NSAIDs was reported in the TARGET trial, which included only OA patients. There is insufficient evidence to comment on the effect of lumiracoxib dose and type of arthritis.

#### Complicated UGI events (POBs)

In the two trials that reported POBs, there was a statistically significant reduction in the risk of POBs with lumiracoxib compared with non-selective NSAIDs. There is insufficient evidence to comment on the effect of lumiracoxib dose and type of arthritis. Again, virtually all events come from TARGET (*Figure 17*).

#### Myocardial infarctions and serious cardiovascular thrombotic events

In the trials that reported MI, there was an increase in the number of clinical events with

TABLE 45 Summary of efficacy results for lumiracoxib versus placebo and NSAIDs

	Placebo				NSAIDs			
	VAS pain difference: mean (95% CI)	VAS global efficacy difference: mean (95% CI)	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)	VAS pain difference: mean (95% CI)	VAS global efficacy difference: mean (95% CI) <sup>a</sup>	ACR-20: RR (95% CI)	Withdrawals due to lack of efficacy: RR (95% CI)
100 mg/day	-7.20 (-10.65 to -3.75) [3]	-8.57 (-12.18 to -4.97) [3]	1.31 (0.79 to 2.18) [1]	0.20 (0.06 to 0.62) [3]	1.07 (-3.10 to 5.25) [2]	2.78 (-1.60 to 7.16) [2]	1.05 (0.65 to 1.69) [1]	2.88 (0.12 to 69.80) <sup>b</sup> [1]
200 mg/day	-6.32 (-7.83 to -4.80) [8]	-6.69 (-8.24 to -5.14) [8]	1.24 (1.12 to 1.37) [4]	0.59 (0.51 to 0.68) [8]	1.77 (-1.89 to 5.44) <sup>c</sup> [4]	2.57 (0.16 to 4.98) [4]	0.97 (0.86 to 1.10) [3]	1.48 (1.13 to 1.94) [5]
>200 mg/day	-7.52 (-9.10 to -5.95) [8]	-8.54 (-10.81 to -6.27) <sup>c</sup> [8]	1.18 (1.03 to 1.35) [3]	0.55 (0.46 to 0.65) [8]	-0.18 (-2.91 to 2.55) [3]	0.51 (-2.36 to 3.38) [3]	0.98 (0.81 to 1.18) [2]	1.03 (0.94 to 1.13) [7]
OA only	-8.11 (-9.80 to -6.42) [6]	-9.24 (-11.00 to -7.48) [6]	No trials	0.44 (0.34 to 0.59) [6]	-0.02 (-4.23 to 4.19) [1]	2.01 (-2.54 to 6.56) [1]	No trials	1.03 (0.93 to 1.13) [3]
RA only	-5.46 (-7.36 to -3.57) [4]	-5.24 (-7.16 to -3.31) [4]	1.22 (1.11 to 1.34) [4]	0.61 (0.53 to 0.69) [4]	1.71 (-2.24 to 5.67) <sup>c</sup> [3]	2.13 (-1.88 to 6.14) <sup>c</sup> [3]	0.96 (0.86 to 1.08) [3]	1.23 (0.74 to 2.03) <sup>c</sup> [5]
<b>All trials</b>	<b>-6.94</b> <b>(-8.20 to -5.67)</b> [10]	<b>-7.51</b> <b>(-9.27 to -5.76)<sup>c</sup></b> [10]	<b>1.22</b> <b>(1.11 to 1.34)</b> [4]	<b>0.53</b> <b>(0.44 to 0.65)</b> [10]	<b>1.13</b> <b>(-0.93 to 3.18)</b> [4]	<b>2.25</b> <b>(0.14 to 4.37)</b> [4]	<b>0.96</b> <b>(0.86 to 1.08)</b> [3]	<b>1.13</b> <b>(0.85 to 1.50)</b> [8]

<sup>a</sup> Assessed using 100 mm VAS scale.<sup>b</sup> One trial reported zero events in both arms.<sup>c</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis: [], no. of trials.



**TABLE 46** Summary of adverse events for lumiracoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse events</b>		
100 mg/day	1.07 (0.85 to 1.34) [2]	0.97 (0.77 to 1.23) [1]
200 mg/day	1.07 (1.00 to 1.14) [7]	0.91 (0.85 to 0.99) [4]
>200 mg/day	1.05 (0.98 to 1.12) [7]	0.95 (0.89 to 1.01) <sup>a</sup> [6]
OA only	1.06 (0.98 to 1.14) [5]	0.99 (0.98 to 1.01) [2]
RA only	1.07 (0.99 to 1.16) [4]	0.91 (0.86 to 0.98) [5]
<b>All trials</b>	<b>1.07 (1.01 to 1.13) [9]</b>	<b>0.94 (0.89 to 1.00)<sup>a</sup> [7]</b>
<b>All GI adverse events</b>		
100 mg/day	1.12 (0.62 to 2.03) <sup>a</sup> [3]	0.51 (0.37 to 0.69) [2]
200 mg/day	1.30 (1.13 to 1.50) [8]	0.69 (0.53 to 0.90) <sup>a</sup> [5]
>200 mg/day	1.41 (1.22 to 1.62) [8]	0.84 (0.75 to 0.94) <sup>a</sup> [7]
OA only	1.47 (1.24 to 1.74) [6]	0.84 (0.72 to 0.99) <sup>a</sup> [3]
RA only	1.20 (1.01 to 1.43) [4]	0.75 (0.59 to 0.95) <sup>a</sup> [5]
<b>All trials</b>	<b>1.34 (1.19 to 1.51) [10]</b>	<b>0.79 (0.70 to 0.90)<sup>a</sup> [8]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

**TABLE 47** Summary of withdrawals for lumiracoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>All adverse event withdrawals</b>		
100 mg/day	0.86 (0.43 to 1.71) [3]	0.39 (0.21 to 0.75) [2]
200 mg/day	1.04 (0.82 to 1.31) [8]	0.60 (0.45 to 0.80) [5]
>200 mg/day	1.15 (0.92 to 1.44) [8]	0.65 (0.46 to 0.90) <sup>a</sup> [7]
OA only	1.05 (0.80 to 1.37) [6]	0.51 (0.26 to 1.02) <sup>a</sup> [3]
RA only	1.16 (0.88 to 1.53) [4]	0.74 (0.58 to 0.95) [5]
<b>All trials</b>	<b>1.10 (0.91 to 1.34) [10]</b>	<b>0.64 (0.48 to 0.86)<sup>a</sup> [8]</b>
<b>All GI withdrawals</b>		
100 mg/day	0.98 (0.25 to 3.84) [2]	0.30 (0.08 to 1.07) [1]
200 mg/day	1.29 (0.78 to 2.12) [5]	0.39 (0.23 to 0.66) [3]
>200 mg/day	1.59 (0.97 to 2.60) [5]	0.70 (0.64 to 0.77) [4]
OA only	1.57 (0.92 to 2.69) [4]	0.60 (0.39 to 0.94) <sup>a</sup> [2]
RA only	1.16 (0.59 to 2.28) [3]	0.35 (0.18 to 0.69) [3]
<b>All trials</b>	<b>1.41 (0.92 to 2.14) [7]</b>	<b>0.50 (0.32 to 0.79)<sup>a</sup> [5]</b>
<b>All withdrawals</b>		
100 mg/day	0.65 (0.41 to 1.02) [3]	0.60 (0.36 to 1.01) [2]
200 mg/day	0.75 (0.68 to 0.82) [8]	0.85 (0.57 to 1.27) <sup>a</sup> [5]
>200 mg/day	0.81 (0.73 to 0.91) [8]	0.83 (0.68 to 1.01) <sup>a</sup> [7]
OA only	0.79 (0.68 to 0.92) [6]	0.70 (0.47 to 1.05) <sup>a</sup> [3]
RA only	0.75 (0.68 to 0.83) [4]	1.02 (0.73 to 1.42) <sup>a</sup> [5]
<b>All trials</b>	<b>0.77 (0.70 to 0.83) [10]</b>	<b>0.88 (0.72 to 1.07)<sup>a</sup> [8]</b>

<sup>a</sup> Significant statistical heterogeneity ( $p < 0.10$ ) – random effects meta-analysis.

lumiracoxib compared with non-selective NSAIDs, although this failed to reach statistical significance. When compared against naproxen, there was evidence of a significant increase in MI risk. There was no significant difference in CV thrombotic events on comparing lumiracoxib and non-selective NSAIDs. There is insufficient evidence to comment on the effect of different

lumiracoxib doses and types of arthritis. As before, the majority events come from TARGET (Figure 18).

#### Hepatotoxicity

Data on hepatotoxicity was not included in our protocol for systematic review. However, TARGET indicates that lumiracoxib is associated with

**TABLE 48** Summary of endoscopic GI ulcers and clinical and complicated UGI events (PUBs and POBs) for lumiracoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>Endoscopic GI ulcers</b>		
100 mg/day	No trials	No trials
200 mg/day	No trials	0.27 (0.14 to 0.52) [1]
>200 mg/day	No trials	0.26 (0.16 to 0.41) [2]
OA only	No trials	0.26 (0.16 to 0.44) [1]
RA only	No trials	0.26 (0.14 to 0.48) [1]
<b>All trials</b>	No trials	<b>0.26 (0.18 to 0.39) [2]</b>
<b>PUBs</b>		
100 mg/day	<sup>a</sup>	Not reported
200 mg/day	1.12 (0.21 to 5.92) [3] <sup>209,210,278 b</sup>	<sup>a</sup>
>200 mg/day	2.26 (0.37 to 13.64) [3] <sup>209,210,222 b</sup>	0.47 (0.37 to 0.61) [1] <sup>274 a</sup>
OA only	1.75 (0.22 to 14.18) [2] <sup>209,210 c</sup>	0.47 (0.37 to 0.61) [1] <sup>274</sup>
RA only	0.69 (0.08 to 5.75) [2] <sup>222,278</sup>	<sup>b</sup>
vs ibuprofen	—	0.48 (0.32 to 0.72) [1] <sup>274</sup>
vs diclofenac	—	Not reported
vs naproxen	—	0.46 (0.34 to 0.64) [1] <sup>274 b</sup>
vs other NSAIDs	—	No trials
<b>All trials</b>	<b>1.14 (0.27 to 4.88) [4]<sup>209,210,222,278 c</sup></b>	<b>0.47 (0.37 to 0.61) [1]<sup>274 b</sup></b>
<b>POBs</b>		
100 mg/day	<sup>b</sup>	0.30 (0.01 to 7.22) [1] <sup>279</sup>
200 mg/day	1.50 (0.06 to 36.69) [1] <sup>210 e</sup>	0.31 (0.01 to 7.58) [1] <sup>279 a</sup>
>200 mg/day	1.99 (0.22 to 17.78) [2] <sup>209,210 d</sup>	0.35 (0.23 to 0.52) [2] <sup>274,279 a</sup>
OA only	1.25 (0.15 to 10.67) [2] <sup>209,210 c</sup>	0.35 (0.23 to 0.53) [1] <sup>274</sup>
RA only	<sup>c</sup>	0.08 (0.00 to 1.96) [1] <sup>279 b</sup>
vs ibuprofen	—	0.30 (0.15 to 0.62) [1] <sup>274</sup>
vs diclofenac	—	0.08 (0.00 to 1.96) [1] <sup>279</sup>
vs naproxen	—	0.38 (0.22 to 0.64) [1] <sup>274 b</sup>
vs other NSAIDs	—	No trials
<b>All trials</b>	<b>1.25 (0.15 to 10.67) [2]<sup>209,210 f</sup></b>	<b>0.34 (0.23 to 0.52) [2]<sup>274,279 b</sup></b>

Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> three trials; <sup>d</sup> four trials; <sup>e</sup> five trials; <sup>f</sup> six trials.

**TABLE 49** Summary of myocardial infarction and serious CV thrombotic events for lumiracoxib versus placebo and NSAIDs

	Placebo: RR (95% CI) [N trials]	NSAIDs: RR (95% CI) [N trials]
<b>MI</b>		
100 mg/day	<sup>b</sup>	<sup>a</sup>
200 mg/day	3.03 (0.37 to 25.13) [2] <sup>209,278 d</sup>	2.49 (0.12 to 51.75) [1] <sup>278 a</sup>
>200 mg/day	2.13 (0.23 to 19.74) [2] <sup>210,280 d</sup>	1.66 (0.83 to 3.34) [2] <sup>273,281 a</sup>
OA only	1.28 (0.22 to 7.43) [3] <sup>209,210,280 b</sup>	1.67 (0.82 to 3.41) [1] <sup>273</sup>
RA only	5.08 (0.24 to 105.45) [1] <sup>278 b</sup>	2.04 (0.23 to 18.15) [2] <sup>278,281 a</sup>
vs ibuprofen	—	1.00 (0.29 to 3.47) [1] <sup>273</sup>
vs diclofenac	—	<sup>a</sup>
vs naproxen	—	2.12 (0.93 to 4.87) [3] <sup>273,278,281</sup>
vs other NSAIDs	—	No trials
<b>All trials</b>	<b>2.01 (0.47 to 8.67) [4]<sup>278 d</sup></b>	<b>1.71 (0.86 to 3.37) [3]<sup>273,278,281 a</sup></b>
<b>Serious CV thrombotic events</b>		
100 mg/day	<sup>b</sup>	<sup>a</sup>
200 mg/day	2.47 (0.43 to 14.13) [3] <sup>c</sup>	1.00 (0.09 to 10.92) [1] <sup>a</sup>
>200 mg/day	1.59 (0.21 to 11.80) [2] <sup>d</sup>	1.19 (0.82 to 1.72) [2] <sup>a</sup>
OA only	1.15 (0.21 to 6.26) [3] <sup>b</sup>	1.18 (0.81 to 1.72) [1]
RA only	5.08 (0.24 to 105.45) [1] <sup>b</sup>	1.19 (0.18 to 7.95) [2] <sup>a</sup>
<b>All trials</b>	<b>1.78 (0.44 to 7.27) [4]<sup>d</sup></b>	<b>1.18 (0.82 to 1.71) [3]<sup>a</sup></b>

Additional trial(s) reporting zero events in both arms: <sup>a</sup> one trial; <sup>b</sup> two trials; <sup>c</sup> three trials; <sup>d</sup> four trials.

[Confidential information removed]

**FIGURE 17** Risk of POBs with lumiracoxib (all doses) versus NSAIDs (all drugs) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 18** Risk of MI with lumiracoxib (all doses) versus NSAIDs (all drugs) [figure confidential except pooled estimate]

**TABLE 50** Endoscopic ulcer for lumiracoxib versus non-selective NSAID by subgroups

Subgroup [N trials]	Pooled events lumiracoxib vs NSAID	RR (95% CI) <sup>a</sup>	p-Value <sup>b</sup>
<i>H. pylori</i> status:			
Positive [1]	8/179 vs 14/91	0.29 (0.13 to 0.67)	0.65
Negative [1]	6/219 vs 12/96	0.20 (0.08 to 0.51)	
<sup>a</sup> RR lumiracoxib vs non-selective NSAID.			
<sup>b</sup> $\chi^2$ test of heterogeneity.			

significant hepatotoxicity: 2.7% of 9156 patients randomised to lumiracoxib had hepatitis, defined as a rise in transaminases of three times above the upper limit of normal, compared with 0.5% for naproxen and 1% for ibuprofen. There were nine events of severe hepatitis, defined as a five-fold increase in transaminases and a bilirubin of more than 51 mmol/l, with lumiracoxib and one case of hepatic failure.

### Subgroup analyses

Stratified analyses of endoscopic ulcers according to *H. pylori* status were reported in Novartis Study 0110,<sup>214</sup> and TARGET reported subgroup analyses of POBs and MIs by low-dose aspirin use. None of the identified trials reported subgroup analyses for age, prior GI status or steroid or anticoagulant use.

### Endoscopic ulcers

Stratified pooled RRs for endoscopically detected ulcers with lumiracoxib compared with non-selective NSAIDs are summarised in Table 50.

There are few events in these subgroups and results should be interpreted with caution.

Lumiracoxib significantly reduced endoscopic events compared with non-selective NSAIDs in each subgroup pair.

### POBs

The subgroup analyses for aspirin users from the TARGET trial are summarised in Table 51.

Analysis suggests that lumiracoxib is less beneficial in aspirin users in terms of POBs, compared with the pronounced reduction seen in non-aspirin users. However, given the very small number of events observed, these data need confirmation. TARGET reported a significant reduction in POBs with lumiracoxib compared with non-selective NSAID regardless of *H. pylori* status, although the numbers were not reported.

### Myocardial infarction

Subgroup analysis for low-dose aspirin on MI (clinically confirmed) rates from the TARGET trial are summarised in Table 52.

The increase in risk of clinically confirmed MI with lumiracoxib compared with non-selective NSAIDs appeared higher in [Confidential information removed]. Given the relatively small

**TABLE 51** POBs for lumiracoxib versus non-selective NSAID by low-dose aspirin use

Subgroup [N trials]	Pooled events	Pooled RR (95% CI) <sup>a</sup>	p-Value <sup>b</sup>
POBs:			
User [1]	15/2167 vs 19/2159	0.78 (0.40 to 1.54)	0.005
Non-user [1]	14/6950 vs 64/6968	0.22 (0.12 to 0.40)	
<sup>a</sup> RR lumiracoxib vs non-selective NSAID.			
<sup>b</sup> $\chi^2$ test of heterogeneity.			

**TABLE 52** MI for lumiracoxib versus non-selective NSAID by low-dose aspirin use

Subgroup [N trials]	Pooled events	Pooled RR (95% CI) <sup>a</sup>	p-Value <sup>b</sup>
MI:			
User [1]	[Confidential information removed]	[Confidential information removed]	[Confidential information removed]
Non-user [1]	[Confidential information removed]	[Confidential information removed]	[Confidential information removed]
<sup>a</sup> RR lumiracoxib vs non-selective NSAID.			
<sup>b</sup> $\chi^2$ test of heterogeneity.			

number of events, caution is necessary when interpreting these data.

### Impact of concomitant gastroprotective agents

No relevant trials were identified.

### Summary

*In December 2007 EMEA recommended the withdrawal of the marketing authorisations for lumiracoxib due to the risk of serious side-effects affecting the liver.*

- Fifteen RCTs were included. Studies compared lumiracoxib (100–1200 mg/day) with either placebo, non-selective NSAIDs (diclofenac, ibuprofen or naproxen) or COX-2 selective NSAIDs (celecoxib or rofecoxib).
- Most trials studied patients with OA (nine studies), usually of the hip or knee.
- Trials were of high quality as judged by the Jadad scale, with a median score of 5.
- Lumiracoxib was of similar efficacy to non-selective NSAIDs for the symptomatic treatment of OA and RA, although the amount of trial evidence is small.
- Lumiracoxib is associated with significantly fewer GI-related adverse events and related withdrawals compared with non-selective NSAIDs, except for hepatotoxicity, which, in TARGET, was significantly increased for lumiracoxib compared with naproxen and ibuprofen.

- Lumiracoxib is associated with significantly fewer endoscopic ulcers than non-selective NSAIDs. This appears to be independent of patients' *H. pylori* status and is based on small numbers of events.
- Lumiracoxib is associated with significantly fewer clinical and complicated GI events than non-selective NSAIDs in OA patients. This benefit of lumiracoxib appeared to be limited to patients not taking low-dose aspirin, but this conclusion is based on small numbers and requires confirmation.
- In the TARGET trial (from which the majority of the events come), non-aspirin users treated with naproxen had significantly fewer clinical MI events than non-aspirin users treated with lumiracoxib. No difference in the risk of MI was observed between patients treated with ibuprofen and those treated with lumiracoxib.
- Lumiracoxib has not been compared with non-selective NSAIDs combined with a gastroprotective agent.

### Direct comparison of COX-2 selective NSAIDs

#### Description of included trials, patients' characteristics and trial quality

Direct comparisons of two COX-2 selective NSAIDs are reported in 14 trials: six compared celecoxib with rofecoxib in OA over 6–12 weeks. Patients were randomised to celecoxib 200 mg/day

or rofecoxib 25 mg/day and one trial also included a rofecoxib 12.5 mg/day arm. A further trial compared valdecoxib (10 mg/day;  $n = 212$ ) with rofecoxib (25 mg/day;  $n = 208$ ) in patients with OA over 2 weeks (Moskowitz and colleagues, Pfizer 143).<sup>245</sup> Seven trials compared lumiracoxib with another COX-2 selective NSAID: five with celecoxib and two with rofecoxib. Two trials compared lumiracoxib 200–800 mg/day with celecoxib 400 mg/day in RA patients. The remaining trials compared lumiracoxib 200–400 mg/day with either celecoxib 200 mg/day or rofecoxib 25 mg/day in OA patients. The characteristics of the 14 trials are summarised in *Table 53*.

All but one of the 14 trials scored 5 on the Jadad scale, indicating high quality. All trials were of relatively short duration ( $\leq 3$  months). Five of the six trials that compared celecoxib with rofecoxib were of 6 weeks duration only. Six of the seven lumiracoxib trials were of 13 weeks duration.

## Efficacy

### Patients' assessment of arthritis pain

Celecoxib and rofecoxib reduced pain, assessed by VAS in four of six trials, equally well (*Figure 19*). Similarly [Confidential information removed].

Substantial heterogeneity exists between the three trials which compared lumiracoxib with celecoxib and reported VAS pain (*Figure 20*). There were no significant differences between lumiracoxib 200–400 mg/day and celecoxib 200 mg/day in OA patients.<sup>209,210</sup> However, celecoxib 400 mg/day was [Confidential information removed].

One trial (Study 0128) found [Confidential information removed].

### Patients' assessment of global efficacy

One trial compared celecoxib 200 mg/day with rofecoxib 25 mg/day (Pfizer 002).<sup>206,249</sup> [Confidential information removed]. A similar finding was reported in a comparison of valdecoxib 10 mg/day with rofecoxib 25 mg/day (Pfizer 143)<sup>245,286</sup> [Confidential information removed].

For lumiracoxib, the results of patients' assessment of global efficacy mirrored the results for pain: lumiracoxib 200–400 mg/day was equally efficacious to celecoxib 200 mg/day in OA patients, but was less efficacious than celecoxib 400 mg/day in RA patients (*Figure 21*). One trial

(Novartis 0128) found [Confidential information removed].

### ACR-20 responder

One trial (Novartis 0114) reported [Confidential information removed].

### Withdrawal due to lack of efficacy

No significant difference in withdrawals due to lack of efficacy was found between celecoxib 200 mg/day and rofecoxib 12.5–25 mg/day in pooled analysis (*Figure 22*). In Pfizer Study 143 [Confidential information removed].

Overall there was no significant difference in withdrawals due to lack of efficacy between lumiracoxib and celecoxib (*Figure 23*). However, significantly more patients [Confidential information removed]. There was no difference between lumiracoxib 400 mg/day and rofecoxib 25 mg/day in OA (*Figure 24*).

## Tolerability

### Total adverse events

There was no evidence of a difference in overall adverse events between celecoxib-treated and rofecoxib-treated patients (*Figure 25*). In Pfizer Study 143, [Confidential information removed]. There were no significant differences in total adverse events between lumiracoxib and celecoxib or between lumiracoxib and rofecoxib (*Figures 26 and 27*).

### GI adverse events

Overall there appeared to be no difference in the level of GI-related adverse events between celecoxib and rofecoxib groups (*Figure 28*). However, one study, by McKenna and colleagues,<sup>197</sup> did report a significantly lower level of GI-related adverse events with celecoxib (RR 0.33, 95% CI 0.15 to 0.72). In Pfizer Study 143, [Confidential information removed]. No significant differences were observed in GI-related adverse events between lumiracoxib and celecoxib or between lumiracoxib and rofecoxib, although the pooled estimates showed slight trends in favour of celecoxib and rofecoxib (*Figures 29 and 30*).

### Withdrawals due to adverse events

Overall, withdrawals due to adverse events appeared equivalent between celecoxib and rofecoxib (*Figure 31*). This outcome was not reported in the valdecoxib versus rofecoxib trial. There were no significant differences in withdrawal due to adverse events between lumiracoxib and celecoxib or between lumiracoxib and rofecoxib (*Figures 32 and 33*).

TABLE 53 Characteristic and quality of included head-to-head COX-2 selective NSAID trials

Author, year, trial name	RA/OA (location)	COX-2s, dose and no. randomised		Outcomes	Duration (weeks)	Jadad score
		COX-2	Comparator COX-2			
McKenna, 2001 <sup>197</sup> , Pfizer Study 152	OA (knee)	<b>Celecoxib</b> 200 mg/day (200 mg o.d.) (n = 63)	<b>Rofecoxib</b> 25 mg/day (25 mg o.d.) (n = 59)	Pain (VAS), withdrawal due to lack of efficacy  Withdrawal due to AE, total withdrawal, dyspepsia, total AE, withdrawals due to GI AE	6	5
Whelton, 2001 <sup>282,283</sup> , SUCCESS-VI, Pfizer Study 149	OA (hip, hand, knee)	<b>Celecoxib</b> 200 mg/day (200 mg o.d.) (n = 411)	<b>Rofecoxib</b> 25 mg/day (25 mg o.d.) (n = 399)	Withdrawal due to AE, total AE	6	5
Whelton, 2002 <sup>284</sup> , SUCCESS-VII, Pfizer Study 181	OA (hip, knee, hand)	<b>Celecoxib</b> 200 mg/day (200 mg o.d.) (n = 549)	<b>Rofecoxib</b> 25 mg/day (25 mg o.d.) (n = 543)	Withdrawal due to lack of efficacy	6	5
Gibofsky, 2003 <sup>202</sup> , Pfizer Study 003	OA (knee)	<b>Celecoxib</b> 200 mg/day (200 mg o.d.) (n = 189)	<b>Rofecoxib</b> 25 mg/day (25 mg o.d.) (n = 190)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	6	5
Sowers, 2003 <sup>206,249</sup> , CRESCENT, Pfizer Study 002 (2004 submission)	OA (hip, knee)	<b>Celecoxib</b> 200 mg/day (200 mg o.d.) (n = 136)	<b>Rofecoxib</b> 25 mg/day (25 mg o.d.) (n = 138)	[Confidential information removed]	12	5
Geba, 2002 <sup>285</sup> , VACT-I	OA (knee)	<b>Celecoxib</b> 200 mg/day (200 mg o.d.) (n = 97)	<b>Rofecoxib</b> 12.5 mg/day (12.5 mg o.d.) (n = 96) 25 mg/day (25 mg o.d.) (n = 95)	Pain (WOMAC), patient's global assessment, withdrawal due to lack of efficacy	6	5
Moskowitz, 2003 <sup>245,286</sup> , Pfizer Study 143 (2004 submission)	OA (knee)	<b>Valdecoxib</b> 10 mg/day (10 mg o.d.) (n = 212)	<b>Rofecoxib</b> 25 mg/day (25 mg o.d.) (n = 208)	[Confidential information removed]	2	5
Hawkey, 2004 <sup>207,287</sup> , Novartis Study 0126	OA (hip, knee or hand)	<b>Lumiracoxib</b> 200 mg/day (200 mg o.d.) (n = 264) 400 mg/day (400 mg o.d.) (n = 260)	<b>Celecoxib</b> 200 mg/day (200 mg o.d.) (n = 258)	Withdrawal due to lack of efficacy  Total withdrawal, ulcer (endoscopic, definition: $\geq 3$ mm), dyspepsia, total AE, withdrawals due to GI AE	13	5

continued

**TABLE 53** Characteristic and quality of included head-to-head COX-2 selective NSAID trials (cont'd)

Author, year, trial name	RA/OA (location)	COX-2s, dose and no. randomised		Efficacy <sup>a</sup>	Outcomes	Duration (weeks)	Jadad score
		COX-2	Comparator COX-2				
Fleischmann, 2003, <sup>208,209</sup> Novartis Study 0109	OA (knee)	<b>Lumiracoxib</b> 200 mg/day (200 mg o.d.) (n = 465) 400 mg/day (400 mg o.d.) (n = 465)	<b>Celecoxib</b> 200 mg/day (200 mg o.d.) (n = 446)	[Confidential information removed]	[Confidential information removed]	13	5
Tannenbaum, 2004, <sup>210</sup> Novartis Study 0112	OA (knee)	<b>Lumiracoxib</b> 200 mg/day (200 mg o.d.) (n = 487) 400 mg/day (400 mg o.d.) (n = 491)	<b>Celecoxib</b> 200 mg/day (200 mg o.d.) (n = 481)	Pain (VAS), patient's global assessment, withdrawal due to lack of efficacy	Withdrawal due to AE, total withdrawal, PUBs, POBs, dyspepsia, total AE, withdrawal due to GI AE	13	5
Novartis Study 0128 <sup>280</sup> (2004 submission)		[Confidential information removed]					
Novartis Study 2307 <sup>288</sup> (2004 submission)		[Confidential information removed]					
Kivitz, 2004, <sup>214</sup> Novartis Study 0110	RA	<b>Lumiracoxib</b> 400 mg/day (400 mg o.d.) (n = 227) 800 mg/day (800 mg o.d.) (n = 227)	<b>Celecoxib</b> 400 mg/day (200 mg b.d.) (n = 223)	Patient's global assessment, withdrawal due to lack of efficacy	Total withdrawal, ulcer (endoscopic, definition: ≥3 mm), dyspepsia, total AE	13	4
Novartis Study 0114 <sup>222</sup> (2004 submission)		[Confidential information removed]					

VACT, Vioxx, Acetaminophen, Celecoxib Trial.

<sup>a</sup> Only the outcomes which were included in meta-analyses are listed.

[Confidential information removed]

**FIGURE 19** Comparison of change in VAS pain between celecoxib (200 mg/day) and rofecoxib (12.5–25 mg/day) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 20** Comparison of change in VAS pain between lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 21** Comparison of change in patient's global assessment (VAS) between lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 22** Comparison of level of withdrawal due to lack of efficacy in celecoxib (200 mg/day) and rofecoxib (12.5–25 mg/day) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 23** Comparison of level of withdrawal due to lack of efficacy in lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 24** Comparison of level of withdrawal due to lack of efficacy in lumiracoxib 400 mg/day and rofecoxib 25 mg/day [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 25** Comparison of overall adverse events with celecoxib (200 mg/day) and rofecoxib (12.5–25 mg/day) [figure confidential except pooled estimate]



[Confidential information removed]

**FIGURE 26** Comparison of overall adverse events with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 27** Comparison of overall adverse events with lumiracoxib (400 mg/day) and rofecoxib (25 mg/day) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 28** Comparison of GI-related adverse events with celecoxib (200 mg/day) and rofecoxib (12.5–25 mg/day) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 29** Comparison of GI-related adverse events with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 30** Comparison of GI-related adverse events with lumiracoxib (400 mg/day) and rofecoxib (25 mg/day) [figure confidential except pooled estimate]

[Confidential information removed]

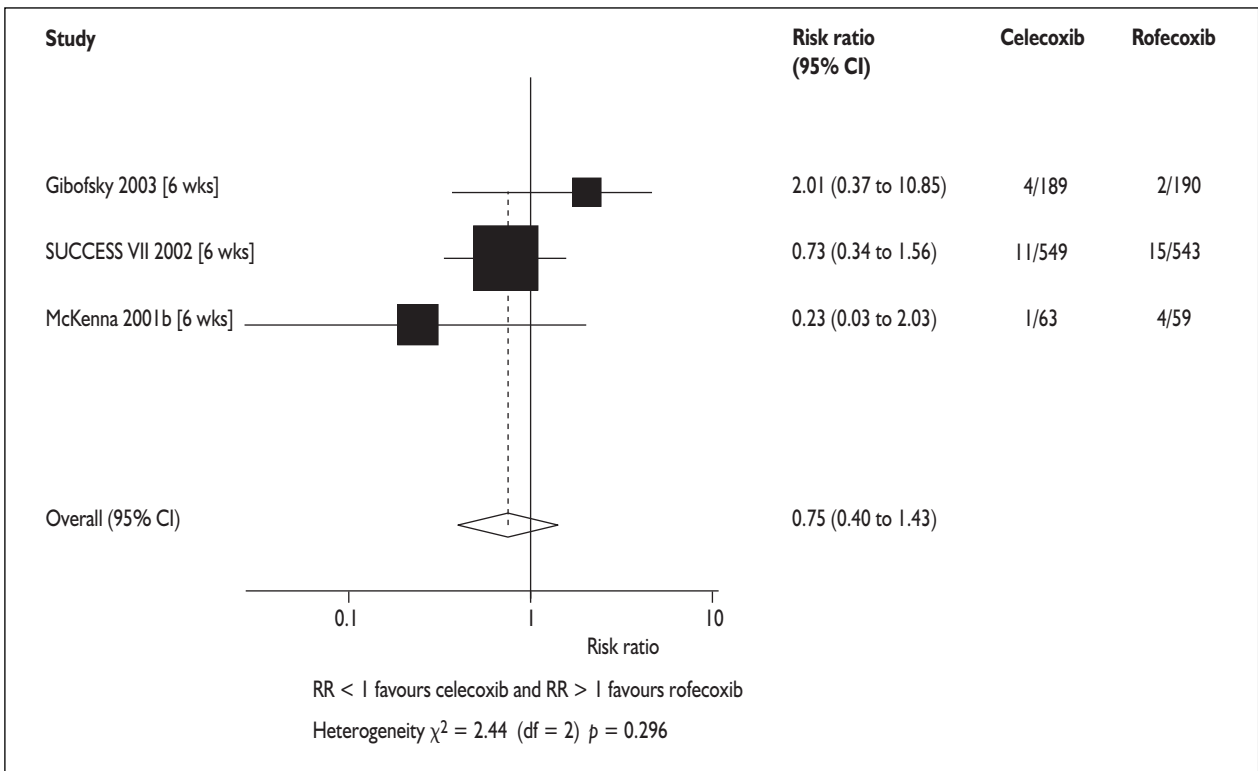
**FIGURE 31** Comparison of withdrawals due to adverse events with celecoxib (200 mg/day) and rofecoxib (12.5–25 mg/day) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 32** Comparison of withdrawals due to adverse events with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 33** Comparison of withdrawals due to adverse events with lumiracoxib (400 mg/day) and rofecoxib (25 mg/day) [figure confidential except pooled estimate]



**FIGURE 34** Comparison of withdrawals due to GI-related adverse events with celecoxib (200 mg/day) and rofecoxib (25 mg/day)

[Confidential information removed]

**FIGURE 35** Comparison of withdrawals due to GI-related adverse events with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 36** Comparison of withdrawals due to GI adverse events with lumiracoxib (400 mg/day) and rofecoxib (25 mg/day) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 37** Comparison of overall withdrawals with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 38** Comparison of overall withdrawals with lumiracoxib (400 mg/day) and rofecoxib (25 mg/day) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 39** Comparison of endoscopic ulcers with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

### Withdrawals due to GI events

The level of withdrawal due to GI-related adverse events appeared equivalent between celecoxib and rofecoxib across the three trials where it was reported (Figure 34). Similarly, no significant differences were found between lumiracoxib and celecoxib or between lumiracoxib and rofecoxib (Figures 35 and 36). Withdrawals due to GI-specific adverse events were not reported in the valdecoxib versus rofecoxib trial.

### Total withdrawals

Overall, withdrawals for any reason were similar between lumiracoxib treatment groups and celecoxib or rofecoxib groups (Figures 37 and 38). Nevertheless, Kivitz and colleagues<sup>214</sup> reported

significantly more withdrawals for any reason in the lumiracoxib 400–800 mg/day arms than in the celecoxib 400 mg/day arm.

### Safety

Direct head-to-head trials on the safety of COX-2s in terms of their GI (endoscopic ulcers, PUBs or POBs) or CV effects were available for lumiracoxib compared with celecoxib and rofecoxib.

### Endoscopic GI ulcers

Two trials reported [Confidential information removed] endoscopically detected ulcers between lumiracoxib and celecoxib treatment arms (Figure 39). No trial which compared lumiracoxib and rofecoxib reported this outcome.

[Confidential information removed]

**FIGURE 40** Comparison of PUBs with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 41** Comparison of POBs with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 42** Comparison of MI with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

[Confidential information removed]

**FIGURE 43** Comparison of serious CV thrombotic events with lumiracoxib (all doses) and celecoxib (all doses) [figure confidential except pooled estimate]

### Clinical UGI events (PUBs) and complicated UGI events (POBs)

Three trials comparing lumiracoxib to celecoxib reported a total of [Confidential information removed] (Figures 40 and 41). There were [Confidential information removed] although the number of events was too small to draw any conclusion. One trial comparing lumiracoxib with rofecoxib reported [Confidential information removed].

### Myocardial infarctions and cardiovascular thrombotic events

Two trials comparing lumiracoxib with celecoxib reported [Confidential information removed] (Figure 42). Three trials reported a total of [Confidential information removed] (Figure 43). Overall there was [Confidential information removed] the number of events was too small to allow sensible comparison. One of the two trials comparing lumiracoxib with rofecoxib reported [Confidential information removed].

### Summary

Based on this systematic review and meta-analyses it is concluded that:

- A total of 14 ‘head-to-head’ trials have directly

compared COX-2 selective NSAIDs in OA and RA patients over 2–13 weeks.

- Seven of the trials compared the maximum licensed dose of rofecoxib (25 mg/day) with either celecoxib (200 mg/day) or valdecoxib (10 mg/day), both at half of their maximum licensed doses. Only one of the trials [Vioxx, Acetaminophen, Celecoxib Trial 1 (VACT-1)] included rofecoxib 12.5 mg/day. Other trials compared lumiracoxib at 200–800 mg/day with celecoxib 200–400 mg/day or rofecoxib 25 mg/day.
- The efficacy and tolerability of rofecoxib appeared to be similar to those of both celecoxib and valdecoxib but, in view of the limited evidence base and because these comparisons are underpowered and at potentially non-equivalent doses, caution is needed in this interpretation. The efficacy of lumiracoxib compared with celecoxib and rofecoxib appears to be dose dependent. There is no significant difference between these COX-2 selective NSAIDs in terms of tolerability and safety based on short-term trials.
- There is insufficient evidence from direct head-to-head trials (for lumiracoxib relative to celecoxib and rofecoxib) on the relative safety of COX-2s in terms of their serious GI (POBs or PUBs) or CV effects.

# Chapter 5

## Health economics

### Introduction

The aim of this chapter is to assess the cost-effectiveness of celecoxib, rofecoxib, etodolac, meloxicam, etoricoxib, valdecoxib and lumiracoxib for OA or RA from an NHS perspective. We include a systematic review of the published literature on the cost-effectiveness of COX-2 selective NSAIDs, a review of economic analyses submitted by manufacturers and a description of our own modelling and economic analyses.

### Systematic review of published cost-effectiveness literature

The searches for this systematic review were carried out in January 2004.

### Methods for the systematic review

A systematic literature search was undertaken to identify economic evaluations where the cost-effectiveness of one or more of the COX-2 drugs was investigated.

For all COX-2 selective NSAIDs, the searches for clinical effectiveness were amplified to identify any existing economic models and information on costs, cost effectiveness and quality of life from the following sources:

- bibliographic databases: MEDLINE, pre-MEDLINE, EMBASE, NHS EED, DARE, HEED
- Internet sites of national economic units
- Internet sites of regulating authorities, such as FDA and EMEA.

Databases were searched from the inception date of the databases for all drugs.

Full details of the search terms used and the overall search strategy are given in Appendix 2.

The inclusion and exclusion criteria applied for the economic searches are shown in *Table 54*.

An experienced health economist (SB) identified included studies by applying inclusion and exclusion criteria and screening titles, abstracts and full text, if appropriate, of bibliographic searches.

A reviewer using a predesigned data extraction form extracted data from included studies. Data were extracted on the following:

- study characteristics such as form of economic analysis, population, interventions, comparators, perspective, time horizon and modelling used
- effectiveness and cost parameters such as effectiveness data, health state valuations (utilities), resource use data, unit cost data, price year, discounting and key assumptions
- results and sensitivity analyses.

These characteristics and main results of included economic evaluations are summarised in a table. The quality of included studies was assessed using the Drummond and Jefferson checklist.<sup>289</sup> The study question, selection of alternatives, form of evaluation, effectiveness data, costs, benefit measurement and valuation, decision modelling, discounting, allowance for uncertainty and

**TABLE 54** Inclusion criteria for the review on cost-effectiveness

Study design	Cost–consequence analysis, cost-minimisation analysis, cost–benefit analysis, cost-effectiveness analysis, cost–utility analysis; cost studies (UK only), quality of life studies
Population	People with OA or RA; other forms of arthritis are excluded
Intervention	Celecoxib, rofecoxib, meloxicam, etodolac, etoricoxib, valdecoxib and lumiracoxib, with or without aspirin
Comparator	Non-COX-2 NSAIDs with or without gastroprotective agents, COX-2 selective NSAIDs with or without gastroprotective agents
Outcome	Quality of life estimates, cost estimates, cost-effectiveness

presentation of results were all evaluated as part of this process.

### Results of the cost-effectiveness systematic review

Fifteen published studies meeting the criteria for inclusion were identified. In addition, three manufacturers (Boehringer Ingelheim, Merck Sharp and Dohme and Pfizer) submitted economic analyses and models. These submissions are reviewed in detail in the section 'Review of industry cost-effectiveness submissions' (p. 93).

Details of the 15 studies (presented using a simplified version of the Drummond and Jefferson checklist)<sup>289</sup> are reported in Appendix 8. Of these 15, three were sponsored by Merck and considered rofecoxib only in comparison with an unnamed non-selective or conventional NSAID (*Table 55*). All three studies were cost-effectiveness analyses, with the cost-effectiveness ratio being in the form of either cost per PUB avoided or cost per life-year gained. Results universally indicated that the incremental cost of rofecoxib is positive; however, in all cases it was concluded that the associated benefits lead support for more widespread use of rofecoxib in OA. All three studies used a very similar simple decision tree model structure. These models did not include the possibility of drug-related MI.

Five of the 15 identified published studies report an economic analysis of celecoxib alone (*Table 56*), four of which were sponsored by the manufacturer (either Pfizer or Pharmacia). All four of the company-sponsored analyses used a simple decision tree that was either the same as the Arthritis Cost Consequences Evaluation System (ACCES) model (for more details see the section 'Pfizer submission', p. 93) or was a slight modification of it. Against the range of comparators explored [ranging from conventional NSAID as monotherapy to NSAIDs with various gastroprotective agents (GPAs)], the most common result was that celecoxib dominated the alternatives; hence celecoxib

costs less and was more effective. Unsurprisingly, these reports recommended more widespread use of celecoxib in people with arthritis. Incremental cost-effectiveness ratios (ICERs) in two other comparisons of celecoxib with NSAID monotherapy, by Zabinski and colleagues<sup>293</sup> and Haglund and Svarvar,<sup>294</sup> were Can\$1800 and SEK780 per GI event avoided, respectively.

A study sponsored by US Veterans Affairs came to a more cautious conclusion: that celecoxib is only cost-effective in OA patients with a high baseline risk of UGI events. This was again a decision tree model, although the detail of the model was not reported in the paper. None of the five models of celecoxib described above considered MIs in their analyses.

A further five cost-effectiveness studies (all published in 2003) considered both celecoxib and rofecoxib, none of which was funded by a drug manufacturer (*Table 57*). All of these analyses gave results that were less attractive for COX-2 selective NSAIDs. Most of these studies considered a longer time horizon; for example, lifetime in the case of Spiegel and colleagues<sup>298</sup> and 5 years in the cases of Maetzel and colleagues<sup>299</sup> and Rafter and colleagues<sup>300</sup> (see Appendix 8).

Spiegel and colleagues<sup>298</sup> did not distinguish between rofecoxib and celecoxib and assumed that they had the same cost and benefit characteristics. They focused on patients with either OA or RA and used a decision tree model. Detailed base-case results found are given in *Table 58*; costs and quality-adjusted life-year (QALY) estimates are for an average patient over a lifetime.

The ICER for the strategy of restricting use of COX-2s to patients who had a previous ulcer haemorrhage was more attractive (US\$55,800 per QALY gained) than unrestricted use (US\$275,800 per QALY gained). Nevertheless, the inclusion of CV events would result in COX-2 selective NSAIDs being less cost-effective.

**TABLE 55** Published rofecoxib economic analyses

Study	Sponsor	Patient group	Comparator(s)	Base-case ICER
Marshall, 2001 <sup>290</sup>	Merck	OA	Non-selective NSAID	Can\$2,000 per PUB avoided
Pellissier, 2001 <sup>291</sup>	Merck	OA	Non-selective NSAID	US\$4,700 per PUB avoided US\$18,600 per life-year saved
Moore, 2001 <sup>292</sup>	Merck	OA	Conventional NSAIDs	£10,700 per PUB avoided £15,600 per life-year saved

**TABLE 56** Published celecoxib economic analyses

Study	Sponsor	Patient group	Comparator(s)	Base-case ICER
Chancellor, 2001 <sup>295</sup>	Pharmacia	Arthritis	5 strategies: NSAID alone NSAID + PPI NSAID + H2RA NSAID + misoprostol Diclofenac/misoprostol	Celecoxib dominant against all comparators (i.e. lower cost and fewer GI events)
Zabinski, 2001 <sup>293</sup>	Pfizer and Pharmacia	OA or RA	5 strategies: NSAID alone NSAID + PPI NSAID + H2RA NSAID + misoprostol Diclofenac/misoprostol	Celecoxib vs NSAID alone: Can\$1,800 per serious GI event avoided  Celecoxib vs all other strategies: celecoxib dominant
Svarvar, 2000 <sup>296</sup>	Pfizer	OA and RA analysed separately	2 comparators: NSAID monotherapy Average NSAID use in Norway	For both OA and RA, celecoxib dominant against both comparators
Haglund, 2000 <sup>294</sup>	Pfizer	OA or RA analysed separately	2 comparators: NSAID monotherapy Average NSAID use in Sweden	For OA, celecoxib dominant against both comparators  For RA, celecoxib vs NSAID monotherapy: SEK780 per GI event avoided  For RA, celecoxib vs 'average basket': celecoxib dominant
El-Serag, 2002 <sup>297</sup>	US Veterans Affairs	OA	7 strategies: Ibuprofen Ibuprofen + PPI Ibuprofen + misoprostol <i>H. pylori</i> treatment + ibuprofen <i>H. pylori</i> treatment + ibuprofen + PPI <i>H. pylori</i> treatment + ibuprofen + misoprostol <i>H. pylori</i> treatment + celecoxib	With 2.5% baseline risk of clinical UGI event with conventional NSAID, US\$35,200 per clinical UGI event avoided (celecoxib vs ibuprofen)  With 6.5% baseline risk of clinical UGI event with conventional NSAID, celecoxib dominates

Maetzel and colleagues<sup>299</sup> and Rafter and colleagues<sup>300</sup> came to the same broad result. They both used a very similar Markov model (originally developed by Maetzel and colleagues), and considered the use of COX-2 selective NSAIDs in both OA and RA. The detailed base-case results reported by Maetzel and colleagues<sup>299</sup> are given in *Table 59*. The costs and QALY estimates are for an average patient over a 5-year time horizon.

Maetzel and colleagues' results<sup>299</sup> support the use of rofecoxib and celecoxib only in high-risk patients with a previous clinical UGI event, but Rafter and colleagues<sup>300</sup> concluded that neither drug represents value for money: both studies explicitly considered CV events. Kamath and colleagues,<sup>301</sup> using a decision tree, did not find any support for the use of rofecoxib and celecoxib in patients with knee OA. Bae and colleagues<sup>302</sup>

used a Markov model and found that comparing COX-2 selective NSAIDs versus a standard NSAID in RA cost US\$51,700 per QALY gained.

A study of meloxicam, by Tavakoli,<sup>303</sup> that appears not to have been funded by a manufacturer of meloxicam, is summarised in *Table 60*. This analysis used a simple decision tree and found that meloxicam dominated the alternatives (diclofenac and piroxicam). CV events were included in this analysis.

Fendrick and colleagues<sup>304</sup> considered an unnamed COX-2 (*Table 60*) and from an analysis of a Markov model concluded that although the unrestricted use of COX-2 selective NSAIDs has the potential to provide important clinical benefit in long-term users of NSAIDs, there is a considerable incremental cost. CV events were not included in this analysis.

**TABLE 57** Published rofecoxib and celecoxib economic analyses

Study	Sponsor	Patient group	Comparator(s)	Base-case ICER
Spiegel, 2003 <sup>298</sup>	US National Institute for Health and Veterans Affairs	OA or RA	Non-selective NSAID (i.e. naproxen)	For the average patient, US\$275,800 per QALY gained  For patients who have had a previous ulcer haemorrhage, US\$55,800 per QALY gained
Maetzel, 2003 <sup>299</sup>	Canadian Coordinating Office for Health Technology Assessment	OA or RA	For average-risk patients: Naproxen (vs rofecoxib) Diclofenac (vs celecoxib) Ibuprofen (vs celecoxib)  For high-risk patients, all comparators also included the addition of PPIs	For average-risk patients: Can\$271,000 per QALY gained (rofecoxib vs naproxen) Can\$125,000 per QALY gained (celecoxib vs diclofenac)  For high-risk patients: Rofecoxib dominates naproxen + PPI Celecoxib dominates ibuprofen + PPI Can\$271,000 per QALY gained (celecoxib vs diclofenac + PPI)
Rafter, 2003 <sup>300</sup>	Accident Compensation Corporation and Australasian Faculty of Public Health Medicine	OA or RA	3 comparators: Naproxen (vs rofecoxib) Diclofenac (vs celecoxib) Ibuprofen (vs celecoxib)	Naproxen dominates rofecoxib Diclofenac dominates celecoxib  Celecoxib vs ibuprofen: NZ\$482,000 per QALY gained (average-risk patients) NZ\$88,000 per QALY gained (high-risk patients)
Kamath, 2003 <sup>301</sup>	McNeil Consumer Healthcare	Symptomatic knee OA	3 comparators: High-dose acetaminophen Ibuprofen Ibuprofen + misoprostol	Acetaminophen dominant against all comparators (i.e. lower cost and fewer GI events)
Bae, 2003 <sup>302</sup>	Korean Ministry of Health and Arthritis Foundation	RA	2 comparators: Corticosteroids NSAIDs	US\$51,700 per QALY gained (COX-2 vs NSAID) US\$137,000 per QALY gained (COX-2 vs corticosteroids)

QALY, quality-adjusted life-year.

**TABLE 58** Base-case study results – Spiegel and colleagues<sup>298</sup>

	Drug	Cost (US\$)	QALYs	ICER (US\$)
Base case	Naproxen	4,859	15.2613	275,800
	Coxib	16,443	15.3033	
Including CV events	Naproxen	2,037	15.2539	395,000
	Coxib	16,620	15.2832	
High-risk cohort (previous ulcer haemorrhage)	Naproxen	14,294	14.7235	55,800
	Coxib	19,015	14.8081	



**TABLE 59** Base case study results – Maetzel and colleagues<sup>299</sup>

	Drug	Cost (Can\$)	Complicated UGI events	QALYs	ICER (cost/QALY gained) (Can\$)
Average-risk patients	Naproxen	1,576	7.70	2.8938	271,000
	Rofecoxib	3,173	3.39	2.8997	
	Ibuprofen	1,141	6.36	2.8990	125,000
	Diclofenac	2,570	2.68	2.9104	
	Celecoxib	3,371	2.48	2.9095	
High-risk patients	Rofecoxib	4,090	7.45	2.8851	Dominated by rofecoxib 281,000
	Naproxen + PPI	4,766	11.31	2.8816	
	Rofecoxib + PPI	6,486	5.13	2.8936	
	Celecoxib	4,327	5.54	2.9003	Dominated by celecoxib 271,000
	Ibuprofen + PPI	4,414	9.49	2.8894	
	Diclofenac + PPI	5,980	4.11	2.9064	
	Celecoxib + PPI	6,746	3.81	2.9057	

**TABLE 60** Published meloxicam economic analysis and published economic analysis of unnamed COX-2 selective NSAIDs

Study	Sponsor	Patient group	Comparator(s)	Base-case ICER
Tavakoli, 2003 <sup>303</sup>	None	OA	Meloxicam compared with: Diclofenac Piroxicam	Meloxicam dominant against both comparators
Fendrick, 2002 <sup>304</sup>	SKB ('unrestricted grant')	Long-term users of NSAIDs	2 strategies compared: Generic NSAID used initially, with safer NSAID used for patients with GI events or intolerance Safer NSAIDs used first line for all patients	For first line use: US\$31,900 per symptomatic ulcer avoided US\$56,700 per complicated ulcer avoided

## Summary

- Results of the published economic evaluations of COX-2 selective and non-selective NSAIDs are highly variable: some analyses suggest dominance and so support the widespread use of COX-2 selective NSAIDs, whereas others report very high ICERs and conclude that use of COX-2 selective NSAIDs cannot be considered an appropriate use of healthcare resources.
- None of the published analyses, where the COX-2 drug name was stated, considered valdecoxib, etoricoxib, etodolac or lumiracoxib.
- Many of the previous analyses are based on clinical estimates that are derived from single trials, or a small number of trials, rather than a formal systematic review and meta-analysis of the evidence.
- Drug manufacturers have sponsored a majority of published analyses; however, government agencies and others have also published economic evaluations of COX-2 selective NSAIDs. Studies not supported by the drug manufacturers are considerably less favourable to COX-2 selective NSAIDs.
- Virtually all economic analyses use a decision analytic model. Published models vary in some important respects, for example, whether switching of therapy is considered, timescale and nature of events considered. This makes direct comparison difficult, but it does appear that those explicitly including CV events found COX-2 selective NSAIDs less attractive.
- Most analyses modelled costs and benefits over a relatively short period (usually between 6 and 12 months) and their results tend to support the widespread use of COX-2 selective NSAIDs. Where a longer time horizon has been modelled (e.g. between 5 years and patient lifetime), ICERs are considerably higher.
- Analyses that consider restricting the use of COX-2 selective NSAIDs to 'high-risk' patients have results that tend to support restriction.

**TABLE 61** Cost-effectiveness information in company submissions

Manufacturer	Drug	Economic analysis included in submission?	Electronic files of model provided?
Pfizer	Celecoxib Valdecoxib	Yes	Yes
Merck Sharp and Dohme	Rofecoxib Etoricoxib	Yes	Yes
Boehringer Ingelheim	Meloxicam	Yes	Yes
Shire	Etodolac	No	No
Novartis	Lumiracoxib	No	No

**TABLE 62** Summary of methods used in industry economic analyses

Submission features	Pfizer	Merck Sharp and Dohme	Boehringer Ingelheim
COX-2s considered	Celecoxib Valdecoxib	Rofecoxib (12.5, 25 and 50 mg once daily) Etoricoxib (60, 90 and 120 mg once daily)	Meloxicam (7.5 and 15 mg once daily)
Comparison technologies	Non-selective NSAID alone Non-selective NSAID plus PPI Non-selective NSAID plus H2RA Arthrotec Non-selective NSAID plus misoprostol	Non-selective NSAIDs alone Non-selective NSAIDs plus PPIs Non-selective NSAIDs plus misoprostol Non-selective NSAIDs plus H2RAs	Diclofenac retard (100 mg once daily) Piroxicam (20 mg once daily)
Patients' characteristics	Patients with arthritis Average-risk patient: age 62 years, no history of GI side-effects or complications, no aspirin use and HAQ of 1 High-risk patient: age 72 years, history of GI side-effects, aspirin use and HAQ of 2	Patient with chronic OA/RA	Average patient with OA Patient with previous symptomatic ulcer (without PPI)
Form of economic analysis	Cost-effectiveness analysis (i.e. cost per life-year saved)	Cost-utility analysis	Cost-utility analysis
Model used	Decision tree (based on ACCES model)	Decision tree	Markov model (based on Maetzel model)
Time horizon of model	1 year (but calculation of life years lost considered patient age and expected survival from actuarial life tables)	1 year (but calculation of life-years lost from actuarial life tables)	5 years
Assumption concerning differential effectiveness/efficacy	Equal efficacy for all treatment arms	Equal efficacy for all treatment arms	Equal efficacy for all treatment arms

HAQ, Health Assessment Questionnaire.

## Review of industry cost-effectiveness submissions

A detailed summary of the economic analyses and models included in the company submissions has been undertaken and is reported in this section. *Table 61* shows the information that was presented by the companies; no economic analysis for etodolac is available. Analyses presented by Pfizer, Merck Sharp and Dohme and Boehringer Ingelheim will be discussed in turn.

An overview of the methods used in the economic analyses is presented in *Table 62*.

### Pfizer submission

Celecoxib or valdecoxib are compared with a generic NSAID (a weighted average of NSAIDs used in the UK); patients with either OA or RA are considered. A direct comparison of celecoxib versus valdecoxib is not reported. Pfizer use the ACCES decision tree, in line with most published economic analyses of celecoxib (supported by Pfizer). The model structure is shown in *Figure 44*. Patients move along the tree from left to right and events cover a 1-year time horizon, but the calculation of life-years gained is undertaken using UK actuarial life tables (assuming a reduction of 1.6 and 3 years for men and women, respectively,

with RA). Costs have been discounted at 6% and life-years at 1.5%.

Initial treatment results in one of the eight possible outcomes shown (including therapeutic success, loss of efficacy and death). The outcomes are defined as:

- GI discomfort: moderate to severe dyspepsia, abdominal pain or nausea
- diarrhoea: severe enough to lead to patient withdrawal from trial
- symptomatic ulcers: ulcers treated in outpatient setting but severe enough to lead to NSAID discontinuation
- anaemia: with occult bleeding
- serious GI events: any GI event resulting in hospitalisation.

Patients who achieve therapeutic success on initial therapy remain on that for the remainder of the time in the model. Those who do not find treatment efficacious or have intolerable diarrhoea change immediately to another therapy. The switch is defined according to a set algorithm that depends on the starting NSAID. A reduced version of this algorithm is given in *Table 63*. Patients who experience an adverse GI event have their therapy temporarily withdrawn while the

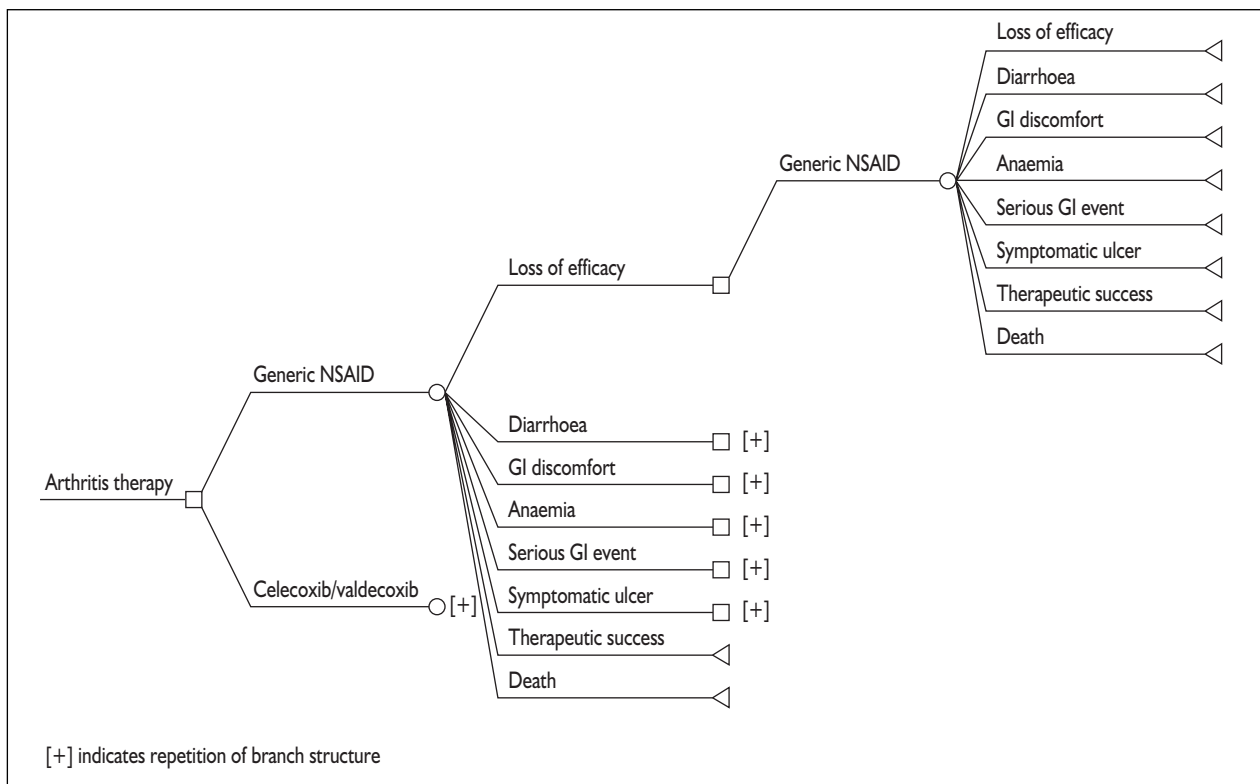


FIGURE 44 Decision tree used in the Pfizer submission

**TABLE 63** Reduced version of the algorithm for therapy switching

Initial therapy	Subsequent therapy after a GI event or loss of efficacy				
	Loss of efficacy	Diarrhoea	GI discomfort	Symptomatic ulcer	Anaemia or serious GI event
NSAID	NSAID	NSAID	NSAID + H2RA	NSAID + H2RA	Arthrotec
Celecoxib	Valdecoxib	Valdecoxib	NSAID + H2RA	NSAID + H2RA	Arthrotec
Valdecoxib	Celecoxib	Celecoxib	NSAID + H2RA	NSAID + H2RA	Arthrotec

**TABLE 64** Event probabilities and relative risks used in Pfizer model (average-risk patients)

[Confidential information removed]
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event is treated but are then switched to another therapy.

The analysis assumes that all compared therapies are equivalent in terms of efficacy and rates of CV events and renal events, so neither CV nor renal adverse events are considered in the model structure.

The event probabilities for the non-selective NSAID strategy were taken from a variety of sources:

- GI discomfort: Weibull model to provide a GI discomfort probability adjusted for time of drug exposure, based on “pooled analysis of five, 12-week, placebo and active (naproxen) controlled, randomised, parallel group celecoxib clinical trials” (Bensen and colleagues<sup>94</sup>).
- Serious GI events: based on a predictive equation adapted from the Fries risk calculator, which uses information from the ARAMIS database – the risk calculator gives the baseline NSAID rate of serious GI events for a population described in terms of age, history of GI events, etc.
- Symptomatic ulcers and anaemia: taken from NSAID-only arm of the CLASS trial.
- Diarrhoea and lack of efficacy: taken from Edwards and colleagues’ meta-analysis (a commissioned meta-analysis reported in the Pfizer submission).<sup>448</sup>

The RRs for gastrointestinal events were taken from single sources for the two drugs of interest:

- the SUCCESS trial (study 096) for celecoxib<sup>224</sup>
- Edwards and colleagues for valdecoxib.<sup>448</sup>

Edwards and colleagues’ analysis was a systematic review commissioned by the manufacturer.<sup>448</sup>

The explanation for the former is that SUCCESS “is the largest study that reports all the inputs to the model at the licensed dose”. The source for valdecoxib is stated to be the only source available. *Table 64* gives the event probabilities used in the ACCES model for average risk patients.

Average-risk patients were defined as “age 62, no history of GI side-effects or complications, no aspirin use and HAQ of 1” (i.e. average age of all patients in SUCCESS). High-risk patients were defined as “age 72, history of GI side-effects, aspirin use and HAQ of 2” (i.e. average age of patients over 65 years in SUCCESS). Analyses were run separately for men and women, and for OA and RA.

Resource use information relating to model events was collected by questioning and interviewing physicians who treat OA and RA patients. Unit costs were taken from routine sources and are expressed in 2002–3 prices.

The base-case results for average-risk OA patients are reported in *Table 65* and for high-risk patients in *Table 66*.

Pfizer believe, from their findings, that celecoxib and valdecoxib represent cost-effective uses of NHS resources. Although valdecoxib and celecoxib were not compared directly, there is sufficient detail in their submission to allow an indirect comparison. ICERs for these comparisons are given in the final rows in *Tables 65* and *66* and show that for both average- and high-risk patients

**TABLE 65** Modelled outcomes – 1000 average-risk male OA patients

[Confidential information removed]

**TABLE 66** Modelled outcomes – 1000 high-risk male OA patients

[Confidential information removed]

celecoxib has a higher cost than valdecoxib but is associated with fewer years of life lost. The ICER for changing from valdecoxib to celecoxib is just over £3000 per life-year gained for both average- and high-risk patients. One-way and probabilistic sensitivity analyses were reported. The baseline patient risk had a large impact on the resulting cost-effectiveness and results change considerably with variation in the RR of serious GI events for celecoxib (up to £33,000 per life-year gained). The results of the probabilistic sensitivity analysis are summarised as follows.

“At a ceiling ratio of £30,000 per life-year saved:

- There is a greater than 95% probability for both average- and high-risk patients that celecoxib is cost-effective.
- There is a greater than 95% probability that in the high-risk patients valdecoxib is cost-effective.
- There is approximately 90% probability that in the average-risk patients valdecoxib is cost-effective.”

Although not reported, the assertion is made that the general findings of the sensitivity analyses are similar for valdecoxib.

### Merck Sharp and Dohme submission

In this submission, rofecoxib or etoricoxib, for patients with either OA or RA, are compared with a range of non-selective NSAID alternatives; rofecoxib and etoricoxib are not compared directly. The alternatives considered are:

- non-selective NSAIDs alone
- non-selective NSAIDs plus PPIs
- non-selective NSAIDs plus misoprostol
- non-selective NSAIDs plus H2RAs.

Merck Sharp and Dohme explore a dose range for rofecoxib and [Confidential information removed]

and also all doses up to 50 mg based on clinical trials and meta-analyses. For etoricoxib, a similar approach was desired but because of time constraints their analysis used clinical data for all doses up to 120 mg and [Confidential information removed].

A decision tree model similar to the published economic analyses of rofecoxib was used (*Figure 45*). Patients move along the tree from left to right. Model events cover a 1-year time horizon but the calculation of life-years gained is undertaken using actuarial life tables (with no differentiation between patients with RA and OA). The cost analysis considered only costs incurred within 1 year and so these were not discounted, but life-years were discounted at a rate of 1.5%.

Events modelled included:

- major GI events (i.e. PUBs)
- lower GI events
- events of sufficient severity to prompt a procedure to exclude a PUB (e.g. endoscopic examination)
- CV events.

### Rofecoxib analyses

Analyses only included data on PUBs that related to occurrences at least 7 days before or after any trial protocol scheduled endoscopic procedure, and were confirmed as clinically significant by an outside expert panel. The rationale for this was to ensure that no protocol-driven healthcare costs were included in the analysis. [Confidential information removed.] For the all-dose investigation, data were taken from pooled analyses of a larger number of trials, including VIGOR.

The model input probabilities are listed in *Tables 67* and *68*.

**TABLE 67** Model inputs (probabilities and rates) – UGI events [partly confidential]

	Non-selective NSAID	Rofecoxib
<b>[Confidential information removed]</b>		
<b>All-dose study</b>		
GI adverse events	0.3673	0.3302
PUB rate per 100 patients	0.0313	0.0116
PUB, given GI adverse event	0.0853	0.0351
Suspected PUB (per 100 patient years)	0.0039	0.0009
Suspected PUB, given GI adverse event and not major GI problem	0.0038	0.0009
Treatment given non-serious GI adverse event	0.3826	0.2985

**TABLE 68** Model inputs (probabilities and rates) – hospital treatment pathways of PUBs and mortality rate of PUBs

	Base rate	Range
Hospitalisation given PUB	0.207	0.056–0.67
Inpatient investigation of suspected PUB	0.25	0.24–0.39
Surgery following hospitalisation	0.24	0.09–0.39
Death rate given hospitalisation	0.186	Not varied
Death given PUB	0.039	Not varied
Death given clinically diagnosed ulcer	0.036	Not varied

**TABLE 69** Results – licensed dose investigation

<b>[Confidential information removed]</b>		
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Probability estimates on pathways and mortality were taken from a variety of published sources. In considering treatment options involving non-selective NSAIDs used in combination with prophylactic GPAs, Merck Sharp and Dohme assumed that no further reduction in UGI PUBs would be seen from the use of H2RAs and a 40% reduction in risk of UGI PUBs was assumed for both misoprostol and PPIs (based on Rostom and colleagues<sup>449</sup>). Estimates of probabilities for CV events were taken from the Antiplatelet Trialists' Collaboration (APTC) end-points observed in rofecoxib clinical trials. For the licensed dose investigation (*Table 69*) there was no statistically significant difference in rates between rofecoxib and non-selective NSAIDs, so the base-case analysis assumed that there was no difference. A sensitivity analyses varied this assumption. Similarly, the base-case analysis assumed no difference in the rate of lower GI events.

Resource use information relating to model events was taken from a variety of published and routine data sources. Unit costs have been taken from

routine sources and are expressed in 2003 prices. The QALY calculations made use of Maetzel and colleagues' utility weights.<sup>305</sup> Extensive sensitivity analyses were undertaken, both one-way and probabilistic. A key feature of the sensitivity analyses is that the effect of incorporating lower GI events and CV events was explored.

The base-case results for **[Confidential information removed]** and for the all-dose investigation are given in *Table 70*.

Merck Sharp and Dohme believe, from these findings, that rofecoxib is cost-effective in the treatment of OA and RA when compared with non-selective NSAIDs alone or in combination with other therapies. On comparing a non-selective NSAID plus either a PPI or misoprostol, rofecoxib is dominant. The inclusion of CV events leads to an improved cost-effectiveness for rofecoxib **[Confidential information removed]**. Sensitivity analyses highlight the high degree of sensitivity of the results to variations in the risk of PUB and the cost of PPIs.

**TABLE 70** Results – all-dose investigation

	<b>NSAID alone</b>	<b>NSAID + PPI</b>	<b>NSAID + H2RA</b>	<b>NSAID + misoprostol</b>	<b>Rofecoxib</b>
<b>Base-case analysis</b>					
Total daily cost (£)	0.40	1.07	0.67	1.03	0.86
QALYs per 10,000 patients	6683	6745	6683	6745	6776
ICER (rofecoxib vs comparator) (£)	17,900	(Saving)	7,159	(Saving)	
<b>Including lower GI effects (from VIGOR)</b>					
Total daily cost (£)	0.43	1.09	0.70	1.06	0.87
QALYs per 10,000 patients	6647	6710	6647	6710	6757
ICER (rofecoxib vs comparator) (£)	14,994	(Saving)	5,834	(Saving)	
<b>Including CV and lower GI effects</b>					
Total daily cost (£)	0.63	1.30	0.91	1.26	1.08
QALYs per 10,000 patients	6261	6324	6261	6324	6406
ICER (rofecoxib vs comparator) (£)	11,192	(Saving)	4,324	(Saving)	

**Etoricoxib analysis**

This analysis followed the same approach as the economic evaluation of rofecoxib. Exactly the same model structure was used (*Figure 45*). Key differences are the model inputs for UGI events and drug costs.

Estimates for UGI events come from a pooled analysis of 10 Phase IIb or Phase III clinical trials that compared etoricoxib with non-selective NSAIDs in OA, RA and ankylosing spondylitis. Probabilities for UGI events included in the model are given in *Table 71* and pathways for hospital treatment of PUBs including mortality rate are identical with those used in the rofecoxib analysis.

Once again, extensive sensitivity analyses were undertaken, both one-way and probabilistic. A key feature of the sensitivity analysis is that the effect of incorporating lower GI events and CV events was explored.

The base-case results are reported in *Table 72*.

In line with the findings for rofecoxib, Merck Sharp and Dohme believe that etoricoxib is cost-effective in the treatment of OA and RA when compared with non-selective NSAIDs alone or in combination with other therapies. On comparing etoricoxib with a non-selective NSAID plus either a PPI or misoprostol, etoricoxib is dominant. Sensitivity analyses again highlight the importance of variations in the risk of PUB and the costs of PPIs.

**Boehringer Ingelheim submission**

In this submission, meloxicam (7.5 or 15 mg/day), for patients with OA or RA, is compared with diclofenac retard (100 mg/day) and piroxicam

(20 mg/day). An economic evaluation, using a slightly modified version of the Markov model developed by Maetzel and colleagues,<sup>305</sup> is included. The submission indicates that the model used “has been adapted to a UK health care setting”, but full details on the nature of the changes made are not given. It is assumed that COX-2 selective and non-selective NSAIDs do not differ in effectiveness but differ in their adverse event profile. *Figure 46* shows the model structure as reported in Maetzel and colleagues<sup>305</sup> and reproduced by Boehringer. The time frame for the model is 5 years.

Clinical information concerning the incidence of GI and MI adverse events was based on two trials, MELISSA and SELECT. It was assumed that the RR reduction for 15 and 7.5 mg of meloxicam was the same, and that “the rate of CV adverse event was not substantially raised compared with those on standard NSAIDs amongst those on meloxicam 15 mg”.

Some of the key clinical assumptions and input parameter values used in the analysis are given in *Table 73*.

Resource use information relating to model events was taken from a variety of published and routine data sources. Unit costs were taken from routine sources and are expressed in 2003–4 prices. Costs were discounted at a rate of 6%. Benefits were discounted at 1.5%. QALY calculations made use of Maetzel and colleagues’ utility weights.<sup>305</sup>

The base-case result for an average patient with OA, comparing meloxicam (7.5 mg) against piroxicam (20 mg), is £12,383 per QALY gained

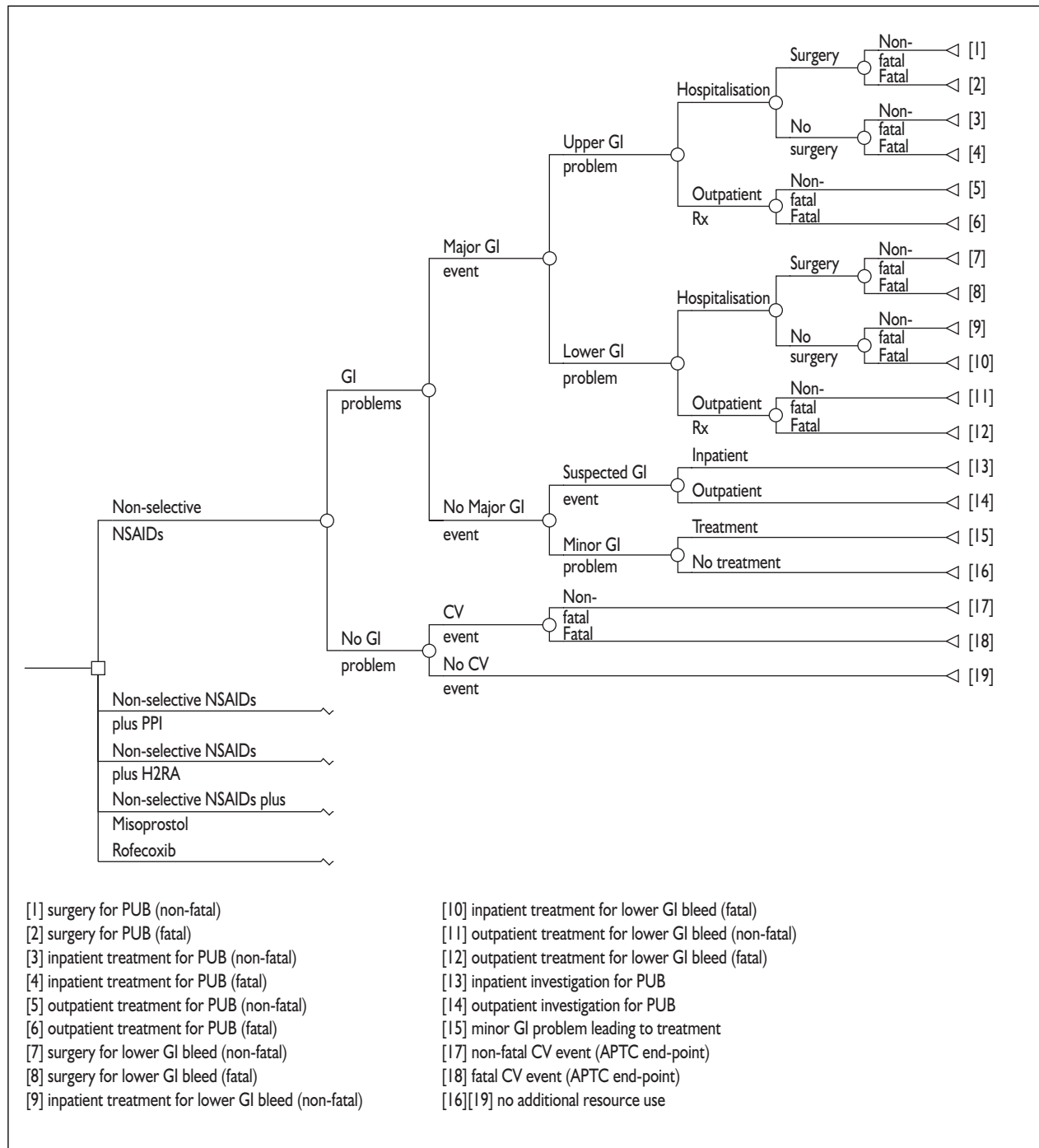


FIGURE 45 Decision tree used in the Merck Sharp and Dohme submission

TABLE 71 Model inputs (probabilities and rates) – UGI events

	Non-selective NSAID	Etoricoxib
GI adverse events	0.1840	0.1472
PUB rate per 100 patients	0.0294	0.0124
PUB, given GI adverse event	0.1598	0.0842
Suspected PUB (per 100 patient years)	0.0032	0.0022
Suspected PUB, given GI adverse event and not major GI problem	0.0032	0.0024
Treatment given non-serious GI adverse event	0.3341	0.2913



TABLE 72 Results – base case analysis

	NSAID alone	NSAID + PPI	NSAID + H2RA	NSAID + misoprostol	Etoricoxib
<b>Base case analysis</b>					
Total daily cost (£)	0.37	1.05	0.65	1.01	0.87
QALYs per 10,000 patients	6705	6769	6705	6769	6802
ICER (etoricoxib vs comparator) (£)	18,972	(Saving)	8,534	(Saving)	
<b>Including CV and lower GI effects</b>					
Total daily cost (£)	0.51	1.18	0.78	1.14	1.01
QALYs per 10,000 patients	6426	6490	6426	6490	6510
ICER (etoricoxib vs comparator) (£)	21,727	(Saving)	9,745	(Saving)	

TABLE 73 Clinical outcome estimates included in model analysis

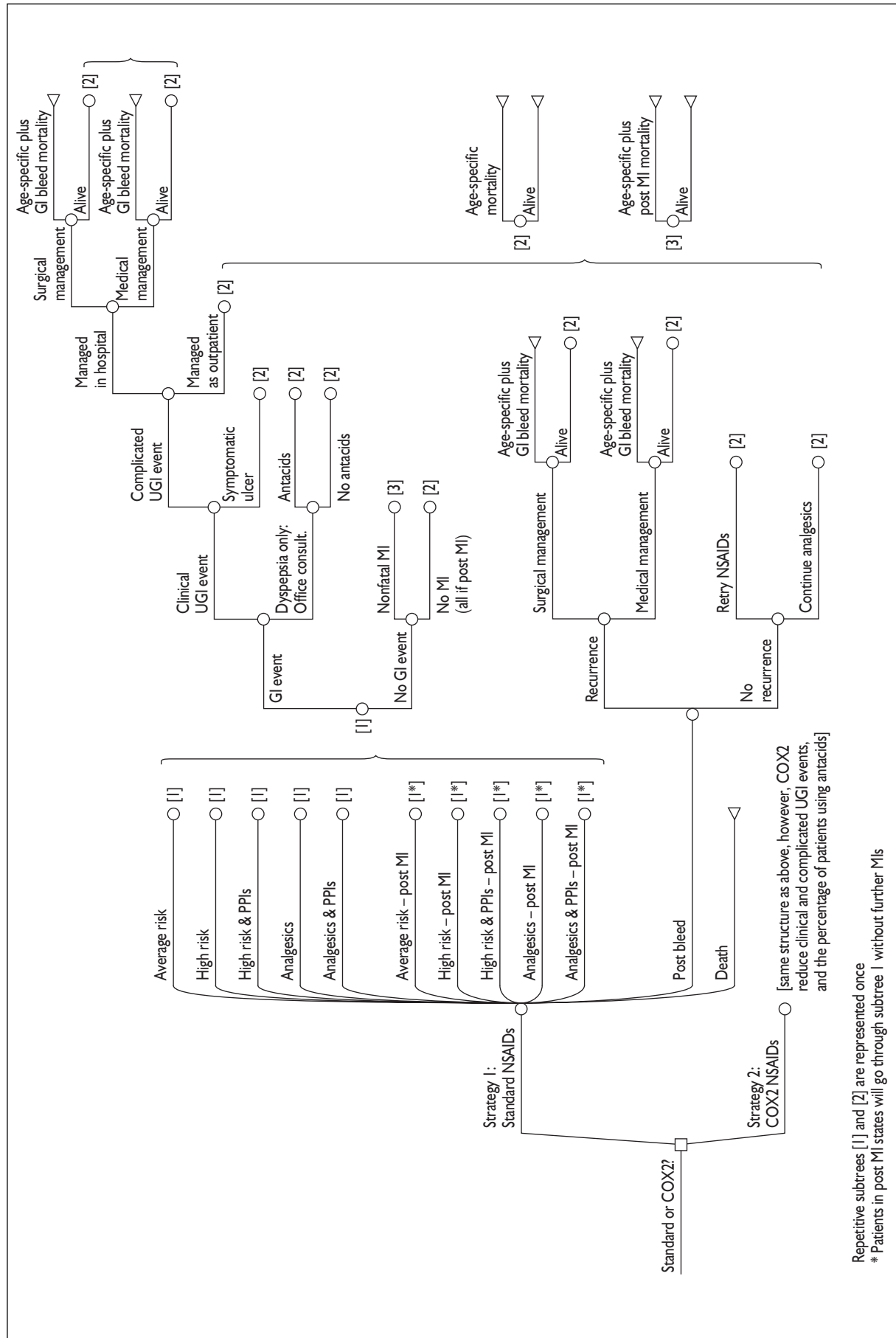
Variable	Base-case value	Source
Dyspepsia requiring medical consultation (%)	10.7	Maetzel, 2001 <sup>305</sup>
Hospitalised if complicated UGI event (%)	62.7	Maetzel, 2001 <sup>305</sup>
Surgery if hospitalised (%)	8.5	Maetzel, 2001 <sup>305</sup>
Mortality in patients with 1st bleed (%)	4.3	Maetzel, 2001 <sup>305</sup>
Recurrence of bleed (%)	11.5	Maetzel, 2001 <sup>305</sup>
Surgery in patients with 2nd GI bleed (%)	71.1	Maetzel, 2001 <sup>305</sup>
Mortality in patient with 2nd bleed (%)	38.7	Maetzel, 2001 <sup>305</sup>
% retrying NSAIDs after GI bleed	5.0	Maetzel, 2001 <sup>305</sup>
RR increase of clinical UGI event due to prior symptomatic ulcer	2.6	Maetzel, 2001 <sup>305</sup>
Mortality after experiencing non-fatal MI (%)	3.5	Maetzel, 2001 <sup>305</sup>
Complicated UGI event (3 months) – meloxicam (%)	0.208	MELISSA
Complicated UGI event (3 months) – diclofenac (%)	0.343	MELISSA
Symptomatic ulcer (3 months) – meloxicam (%)	0.139	MELISSA
Symptomatic ulcer (3 months) – diclofenac (%)	0.137	MELISSA
Non fatal MI (3 months) – meloxicam (%)	0.139	MELISSA
Non fatal MI (3 months) – diclofenac (%)	0.274	MELISSA
Complicated UGI event (3 months) – meloxicam (%)	0.372	SELECT
Complicated UGI event (3 months) – piroxicam (%)	0.815	SELECT
Symptomatic ulcer (3 months) – meloxicam (%)	0.149	SELECT
Symptomatic ulcer (3 months) – piroxicam (%)	0.371	SELECT
Non-fatal MI (3 months) – meloxicam (%)	0.149	SELECT
Non-fatal MI (3 months) – piroxicam (%)	0.074	SELECT

(note: the precise definition of the ‘average patient’ is not clear from the submission). When the 15-mg dose is considered, the ICER increases to £23,448 per QALY gained. These estimates are based on the current branded price for meloxicam. When a generic price is used (assumed to be 60% lower price), meloxicam dominates (i.e. lower cost and higher benefits). For patients with a previous history of symptomatic ulcer (without the use of PPIs), meloxicam dominates all comparisons made. Results from extensive one-way sensitivity analyses do not change the results, in general terms. Unsurprisingly, changes in the reduction in the risk of complicated UGI events bring about the largest change in the overall results.

Boehringer conclude that meloxicam (at both 7.5- and 15-mg doses) is highly cost-effective against diclofenac (100 mg slow-release) and piroxicam in patients at average risk and more so for patients at high risk of GI events. The patent for meloxicam is due to expire in 2005. In a separate analysis assuming drug prices 60% lower than branded prices, an even more favourable result for meloxicam is shown.

### Summary

- All three industry submissions that included a formal economic analysis used a decision modelling approach. Models vary in some important aspects, for example, whether switching of therapy is considered, time frame



Repetitive subtrees [1] and [2] are represented once  
 \* Patients in post MI states will go through subtree 1 without further MIs

FIGURE 46 Markov model used in Boehringer Ingelheim submission (diagram of Maelzel model)

and nature of events considered. This makes direct comparisons difficult.

- All analyses compared individual COX-2 selective NSAIDs with a non-selective agent (in some cases with co-therapy). Manufacturer analyses support the widespread use of celecoxib, rofecoxib, meloxicam, etoricoxib and valdecoxib but none report direct comparisons of COX-2 selective drugs even though this is clearly feasible, especially where manufacturers have more than one product.
- In general terms, the economic analyses presented by the companies are based on clinical estimates derived from single trials, or a small number of trials, rather than a formal systematic review and meta-analysis of the evidence.
- Sensitivity analyses show, consistently, that cost-effectiveness is more favourable when COX-2 selective NSAIDs are restricted to 'high-risk' patients, and when the reduction in the risk of serious GI events is large.

## The Assessment Group Model (AGM)

The Assessment Group has undertaken a new modelling exercise that used the Markov model developed originally by Maetzel and colleagues<sup>305</sup> as a starting point (see the section 'Systematic review of published cost-effectiveness literature', p. 87 for a discussion of the published Maetzel model) and built on it in a number of ways, including: (1) introducing an initial cycle where drug switching could take place, (2) revising the model input parameters and (3) using the revised model to consider all COX-2 drugs (for which adequate data were available). The methods and results of this modelling work are reported in this section.

The AGM is a Markov model with a time cycle of 3 months, and runs by default for a time horizon of 5 years. The model was constructed using TreeAge DATA Pro.

The model has been designed to run in two different forms: the 'full AGM', which includes an initial drug switching cycle, and the 'simpler AGM', which has no initial cycle and no opportunity for the patient to switch NSAID.

Both versions of the AGM are designed to compare COX-2 selective NSAIDs individually with non-selective NSAIDs, not to compare non-selective NSAIDs with each other. Therefore, cost-

effectiveness results have been obtained for each COX-2, compared with a non-selective NSAID, initially for a general population with no special risk factors but additionally for other patient populations with defined risk factors (e.g. previous GI event).

The full AGM, in our view, has the more appropriate model structure, for two reasons: first, it directly addresses the policy question at hand, and second, it models strategies that are in line with current NSAID-prescribing practice. That is, the full AGM allows for the possibility that patients will, in the short term, switch from an initial NSAID therapy to an alternative.

However, this section of the report initially describes the methods and results for the simpler AGM (with no initial switching cycle). The reason for this is that the simpler model is more directly comparable with previous modelling work and the results can more easily be compared with the results of the company analyses. In broad terms, the results of the simpler version of our model and the fuller model are not very different.

### The simpler AGM: broad overview

Simulated patients with arthritis initially start in the model on one NSAID (either a non-selective or a COX-2 selective NSAID) and are immediately at risk of GI and MI events. As time goes on, for each simulated patient, the NSAID that they are receiving may be withdrawn and/or a PPI may be added. There is no provision for switching NSAIDs. Mortality from MI and GI complications is taken into account, in addition to mortality from other causes.

### Markov states and cycles

On entry into the model, a patient is in one of the Markov model states. The majority of states are defined by four characteristics (as shown in *Table 74*):

- whether or not an NSAID is being used (NSAID use)
- whether or not a PPI is being used (PPI use)
- whether or not a GI event has been experienced in the past (Post GI)

**TABLE 74** Markov states in the AGM

NSAID use	PPI	Post GI	Post MI
Yes	No	No	No
No	Yes	Yes	Yes

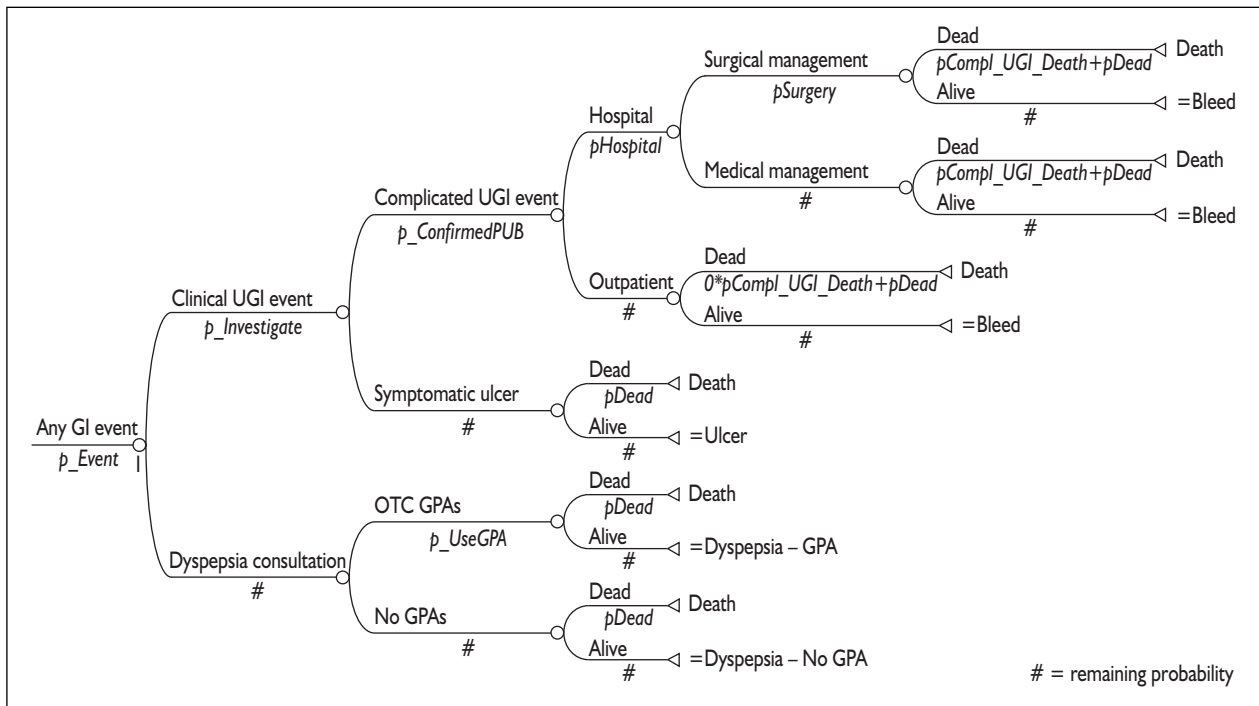


FIGURE 47 Handling GI events

- whether or not an MI event has been experienced in the past (Post MI).

For example, a simulated patient might be taking an NSAID with no PPI, having experienced neither a GI nor an MI event. There are also (immediate) Post Bleed states (with or without Post MI) and Death.

NSAIDs may be taken with or without PPI. Patients who have had a previous serious UGI event are in 'Post GI' states, whereas patients with a previous MI are in 'Post MI' states. For patients taking non-selective NSAIDs, it is assumed that if the patient has had a previous serious UGI event then a PPI would always be used. Thus, the combination 'No PPI' with 'Post GI' is not permitted.

Patients may be in the 'Post GI' states as a result of starting in the model having never previously had a GI event but transitions within the model mean that a GI event is experienced. Alternatively, patients may be in the 'Post GI' states simply because the model is being run for a high-risk cohort of patients with previous UGI history, in which case **only** the 'Post GI' states will be used.

We have maintained the assumption in the Maetzel model that only one new event (GI or MI) can occur in any 3-month cycle. We have also maintained the assumption that second MIs are

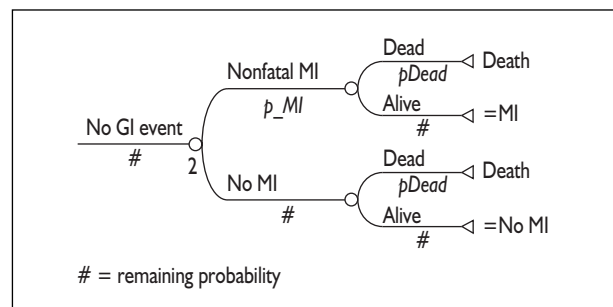


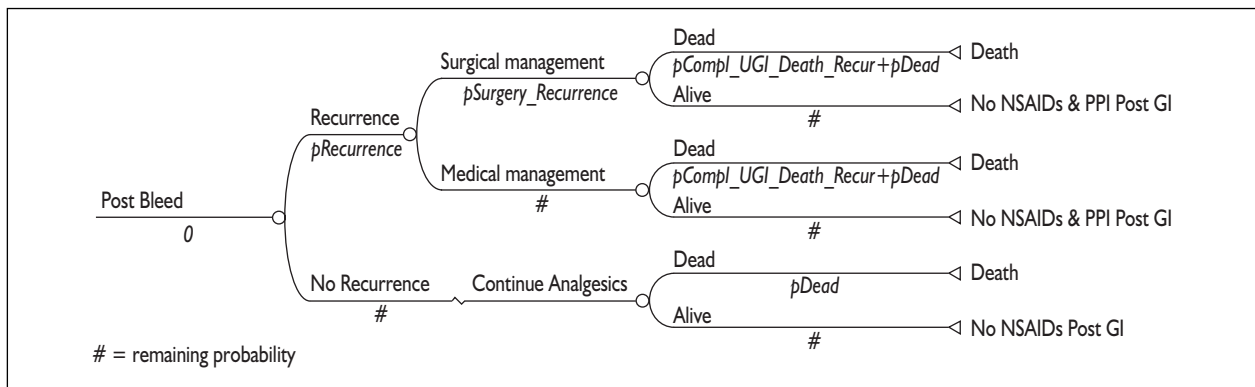
FIGURE 48 Other events

fatal; we appreciate that this is not usual. The possibility that the first MI can be fatal is incorporated in the standard mortality tables, and additional probability of death from MI is added in the 'Post MI' states.

Figure 47 shows possible outcomes following a GI event in a Markov cycle in the model. Patients move from left to right through the tree and circles indicate chance nodes. The label below each branch in the figure indicates the probability of a patient following that branch, conditional on them reaching the previous chance node. If there is no GI event in a Markov cycle, the possibilities are shown in Figure 48. An exception here is that non-fatal MI is omitted in 'Post MI' states as we assume that a second MI would be fatal. The Markov state reached at the end of the cycle is shown in Table 75.

**TABLE 75** Markov transitions

Event occurring during cycle	Markov state at end of cycle
Death (any cause)	Death
Complicated UGI event (bleed)	Post Bleed ('Post MI' as at start)
Other clinical UGI event (ulcer)	Add PPI and 'Post GI' to starting state
Dyspepsia – GPA used	Add PPI to starting state
Dyspepsia – GPA not used	Same as at start of cycle
MI	Add 'Post MI' to starting state
No event (no MI)	Same as at start of cycle



**FIGURE 49** 'Post bleed' transitions

Data inputs to the Markov cycles consist of probabilities of any GI event, clinical GI event, complicated GI event and non-fatal MI. Baseline risks are given for non-selective NSAIDs, with RRs for adding PPI, for COX-2 selective NSAIDs (assumed relative to ibuprofen) and for previous UGI event.

Consider, for example, a patient in state 'NSAID & PPI' at the start of the Markov cycle. If this patient developed an ulcer during the Markov cycle, the patient then moves into the state 'NSAID & PPI, Post GI'.

The only states remaining to be described are the 'Post Bleed' states. The structure for these is shown in *Figure 49*. For a patient who has had an MI and now experiences a bleed (i.e. 'Post Bleed & Post MI'), the possible transitions are equivalent 'Post MI' to those shown in *Figure 49*. In our version of the model (unlike the original Maetzel model), all 'Post Bleed' transitions are to 'No NSAID' states, and therefore no further NSAID will be taken after a bleed. The original Maetzel model allows a small probability of re-trying NSAIDs after a bleed with no recurrence. To include this possibility in a model allowing switching of NSAIDs would require separate 'Post Bleed' states and thus further complicate the

model. Our justification for omitting this possibility is also based on the fact that Maetzel and colleagues reported a sensitivity analysis on the probability of re-trying, which shows that it makes very little difference to the results to the model.

**Costs**

Costs in the model consist of costs of medication (i.e. NSAIDs, analgesics and PPIs) and costs of managing events as they occur. *Table 76* shows the costs in the model.

**Utilities**

We have maintained the utility structure from the Maetzel model. The utilities actually used are shown in *Table 77*. They represent the (undiscounted) QALYs accruing over one 3-month cycle in which the given event occurs. Note that 0 QALYs are scored if death occurs during the cycle. This may appear unreasonable for 'other causes' death, but the difference is likely to be small, and to cancel out between different arms of the model.

**Markov cycle and other model parameters**

The probabilities for the later Markov cycles are calculated from the data in *Table 78*. Details of the methods used are given in Appendix 10. Here,

**TABLE 76** Costs included in the AGM

Item	Per	Value (£)	Source
Ibuprofen	Day	0.11	BNF
Diclofenac	Day	0.13	BNF
Celecoxib (LD)	Day	0.718	BNF
Celecoxib (HD)	Day	1.436	BNF
Etodolac (branded)	Day	0.52	BNF
Etodolac (generic)	Day	0.29	BNF
Etoricoxib	Day	0.82	BNF
Meloxicam (LD)	Day	0.33	BNF
Meloxicam (HD)	Day	0.46	BNF
Rofecoxib	Day	0.77	BNF
Valdecoxib	Day	0.77	BNF
Lumiracoxib	Day	0.57	Novartis
PPI	Day	0.46	BNF
Analgesics	Day	0.05	BNF
Surgical treatment of PUB	Case	3258	BI
Medical treatment of PUB	Case	445	BI
Outpatient treatment of PUB	Case	308	BI
Endoscopy for ulcer	Case	337	BI
Dyspepsia consultation	3 months	28.52	BI
Dyspepsia treatment (H2RA)	Day	0.09	BNF
Non-fatal MI	Case	1383	BI
Bleed follow-up consultation	3 months	87	BI
Post-MI management	3 months	114	BI

BI, company submission (Boehringer Ingelheim); BNF, British National Formulary; HD, high dose; LD, low dose.

**TABLE 77** State utilities used in the model

Event	Utility weight	QALYs per 3-month cycle
Arthritis	0.688	0.172
Dyspepsia	0.504	0.126
Endoscopy (no ulcer)	0.46	0.115
Endoscopy (ulcer)	0.38	0.095
MI	0	0
PUB (medical management)	0.312	0.078
PUB (outpatient treatment)	0.38	0.095
PUB (surgery)	0	0
Post-MI states	Multiply by 0.97	

absolute risks are given for ibuprofen and diclofenac and RRs for COX-2 selective NSAIDs compared with ibuprofen (note that hepatotoxicity, which is increased with lumiracoxib, is not considered).

Clearly, some important assumptions have been made. Notably, we have assumed that non-selective NSAIDs do not protect against the risk of MI.

Other model parameters are given in *Table 79*.

#### **GI events and previous GI history**

The parameter 'RR of GI events for patients with previous GI history' in *Table 79* is applied for risks

of clinical and complicated GI events (PUBs and POBs) to patients in all 'Post GI' states in the model. Note that in the model structure described above, patients who have had a bleed during the model are in a 'No NSAID Post GI' state. However, as a result of the new initial 3-month cycle in the AGM model (in contrast to the original Maetzel model), we have some 'No NSAID' states that are not 'Post GI'.

The risk of serious GI events needs to recognise the difference between 'No NSAID Post GI' states and 'No NSAID' states (which are not 'Post GI').<sup>45</sup> For the 'No NSAID' states (which are not 'Post GI'), we have assumed that the risk of GI events is

TABLE 78 Data for main Markov cycles<sup>a</sup>

	Absolute or relative risk (95% CI)	Source and comment
<b>Risk of any GI event<sup>b</sup></b>		
Ibuprofen	31.15 per 100 person years	CLASS <sup>50 c</sup>
Diclofenac	37.21 per 100 person years	CLASS <sup>50 c</sup>
Celecoxib	RR 0.84 (0.78 to 0.89)	Assessment group meta-analysis
Etodolac	RR 0.85 (0.72 to 1.01)	Assessment group meta-analysis
Etoricoxib	RR 0.48 (0.24 to 0.96)	Assessment group meta-analysis
Lumiracoxib	RR 0.94 (0.90 to 0.98)	Assessment group meta-analysis
Meloxicam	RR 0.66 (0.58 to 0.75)	Assessment group meta-analysis
Rofecoxib	RR 0.84 (0.45 to 1.60)	Assessment group meta-analysis
Valdecoxib	RR 0.71 (0.62 to 0.82)	Assessment group meta-analysis
No NSAID	RR 0.48	Assumed equivalent to lowest COX-2
Adding PPI	RR 0.40 (0.32 to 0.51)	Rostom <i>et al.</i> <sup>125</sup> and Ekstrom <i>et al.</i> <sup>306</sup>
<b>Risk of clinical GI event (PUB)</b>		
Ibuprofen	3.2 per 100 person years	CLASS <sup>50 c</sup>
Diclofenac	1.19 per 100 person years	CLASS <sup>50 c</sup>
Celecoxib	RR 0.55 (0.40 to 0.76)	Assessment group meta-analysis
Etodolac	RR 0.32 (0.15 to 0.71)	Assessment group meta-analysis
Etoricoxib	RR 0.23 (0.05 to 1.08)	Assessment group meta-analysis
Lumiracoxib	RR 0.47 (0.37 to 0.61)	Assessment group meta-analysis
Meloxicam	RR 0.53 (0.29 to 0.97)	Assessment group meta-analysis
Rofecoxib	RR 0.43 (0.32 to 0.57)	Assessment group meta-analysis
Valdecoxib	RR 0.20 (0.03 to 1.46)	Assessment group meta-analysis
No NSAID	RR 0.20	Assumed equivalent to lowest COX-2
Adding PPI	RR 0.40 (0.32 to 0.51)	Rostom <i>et al.</i> <sup>125</sup> and Ekstrom <i>et al.</i> <sup>306</sup>
<b>Risk of complicated GI event (POB)</b>		
Ibuprofen	1.14 per 100 person years	CLASS <sup>50 c</sup>
Diclofenac	0.48 per 100 person years	CLASS <sup>50 c</sup>
Celecoxib	RR 0.57 (0.35 to 0.95)	Assessment group meta-analysis
Etodolac	RR 0.39 (0.12 to 1.24)	Assessment group meta-analysis
Etoricoxib	RR 0.46 (0.07 to 3.10)	Assessment group meta-analysis
Lumiracoxib	RR 0.34 (0.23 to 0.52)	Assessment group meta-analysis
Meloxicam	RR 0.56 (0.27 to 1.15)	Assessment group meta-analysis
Rofecoxib	RR 0.40 (0.23 to 0.70)	Assessment group meta-analysis
Valdecoxib	RR 0.43 (0.19 to 0.97)	Assessment group meta-analysis
No NSAID	RR 0.34	Assumed equivalent to lowest COX-2
Adding PPI	RR 0.40 (0.32 to 0.51)	Rostom <i>et al.</i> <sup>125</sup> and Ekstrom <i>et al.</i> <sup>306</sup>
<b>Risk of MI</b>		
Ibuprofen	0.24/100 person years	CLASS <sup>50</sup>
Diclofenac	0.23/100 person years	CLASS <sup>50</sup>
Celecoxib	RR 1.77 (1.00 to 3.11)	Assessment group meta-analysis
Etodolac	RR 1.77 (1.00 to 3.11)	Assumed same as celecoxib
Etoricoxib	RR 1.58 (0.06 to 38.66)	One trial only (Matsumoto <i>et al.</i> , <sup>256</sup> vs naproxen)
Lumiracoxib	RR 1.71 (0.86 to 3.37)	Assessment group meta-analysis
Meloxicam	RR 0.33 (0.01 to 8.03)	One trial only (Hosie <i>et al.</i> , <sup>170</sup> vs diclofenac)
Rofecoxib	RR 2.92 (1.36 to 6.28)	Assessment group meta-analysis
Valdecoxib	RR 0.25 (0.06 to 1.00)	Assessment group meta-analysis
No NSAID	0.23 per 100 person years	Assumed same as diclofenac
Adding PPI	RR 1	Assumed PPI does not affect MI rates
<p><sup>a</sup> Effective antiplatelet therapy with aspirin reduces the risk of MI in low-risk patients by about one-third (risk reduction 30%; 95% CI 21 to 38%).<sup>307</sup> Naproxen may provide a similar level of benefit and in a recent case-control study ibuprofen had a protective effect similar to naproxen.<sup>308</sup> We have assumed that ibuprofen and diclofenac may have a similar beneficial effect on MI rate but we have explored the possibility that non-selective NSAIDs have no effect at all on MI rates.</p> <p><sup>b</sup> PUBs plus dyspepsia.</p> <p><sup>c</sup> Non-aspirin users.</p>		

**TABLE 79** Other model parameters

Parameter	Value	Source
RR of GI events for patients with previous GI history	2.6	Maetzel model <sup>305</sup>
Hospitalisation given complicated GI event	0.432	CLASS: <sup>50</sup> see below
Surgery given hospitalisation	0.085	Maetzel model: <sup>305</sup> see below
Death given complicated GI event	0.03	VIGOR, <sup>66</sup> CLASS, <sup>50</sup> MUCOSA: <sup>56</sup> see below
Recurrence of GI bleed	0.1145	Maetzel model <sup>305</sup>
Surgery given recurrence of GI bleed	0.7113	Maetzel model <sup>305</sup>
Extra mortality risk post-MI	3.5 per 1000 years	Maetzel model <sup>305</sup>

equivalent to the best COX-2 selective NSAID. For the ‘No NSAID Post GI’ states, we have again assumed that the risk of GI events is equivalent to the best COX-2 selective NSAID but have applied the additional previous GI history risk.

The Maetzel model assumes that the risk for ‘No NSAIDs Post GI’ is the same as the risk for COX-2 selective NSAIDs without the additional ‘Post GI’ risk.<sup>45</sup>

#### **Hospitalisation**

Maetzel and colleagues<sup>305</sup> quote a figure of 62.7% for hospitalisation of patients with a complicated UGI event, based on the MUCOSA study of RA patients. Since RA patients are likely to be sicker and MUCOSA was published in 1995, we studied clinical cases where complicated UGI events occurred in the CLASS study. Of the 44 patients with clinically significant UGI events reported in detail on the FDA website, 19 patients out of 44 (43.2%) were admitted to hospital (in one case the patient “had a prolonged emergency room stay and intravenous hydration” – it was assumed that such a patient would be hospitalised in the UK). Five (26.3%) of the 19 hospitalised patients in CLASS had surgery, two of them for perforations. There were no UGI-related deaths in CLASS. Of the 44 case reports on the FDA website, nine (20.5%) patients had blood transfusions.

#### **Surgery**

Maetzel and colleagues quote a baseline rate for surgery of 8.5% (95% CI 4.8 to 12.2%) for hospitalised patients. We have not identified any better estimates for this parameter and have accepted this baseline figure and a range of 3.3–35.7% quoted by Maetzel and colleagues.<sup>305</sup>

#### **Mortality**

In the VIGOR study, 53 complicated PUBs were reported and four deaths (7.5%), directly due to UGI events, occurred: one in the naproxen group and three for rofecoxib. In MUCOSA, one patient

of 67 with definite UGI complications died. Combining data on deaths from MUCOSA, VIGOR and CLASS indicates that 3.0% of people with a complicated UGI died (assuming 39 events in CLASS). This figure is close to that used by Maetzel and colleagues,<sup>305</sup> who quote a figure of 4.3% from data recorded before 1986.<sup>309</sup>

## **Results for the simpler AGM**

### **Base-case results for the average patient**

The model was initially run for a cohort of standard patients with starting age 58 years. Comparisons against ibuprofen (without PPI) are shown in *Table 80* and against diclofenac (without PPI) alone in *Table 81*. The ICERs for the comparison against ibuprofen are plotted on the cost-effectiveness plane in *Figure 50*.

One might initially want to consider the extent to which the resulting variation in incremental costs, incremental effects and ICERs between the COX-2 drugs is plausible and reasonable. It should be immediately obvious that the results are both plausible and reasonable. The incremental cost estimates are closely in line with the variation in the price of the drugs. For example, the highest price COX-2 is high-dose celecoxib, and this has the highest incremental cost, and the lowest price COX-2 is etodolac (generic), and this has the lowest incremental cost. Similarly, the COX-2s with prices between these two ends of the price scale have incremental cost estimates that are broadly in line with their prices. On the estimates of incremental effects, although the picture is less immediately obvious, the ordering of the COX-2s is as one would have predicted on the basis of the input parameter values. For the sake of exposition, one might crudely group the COX-2s on the basis of their incremental effectiveness results into two groups: ‘higher’ incremental effectiveness group (etoricoxib, valdecoxib and meloxicam) and ‘lower’ incremental effectiveness group (lumiracoxib,



**TABLE 80** Results comparing single COX-2 selective NSAIDs against ibuprofen<sup>a</sup>

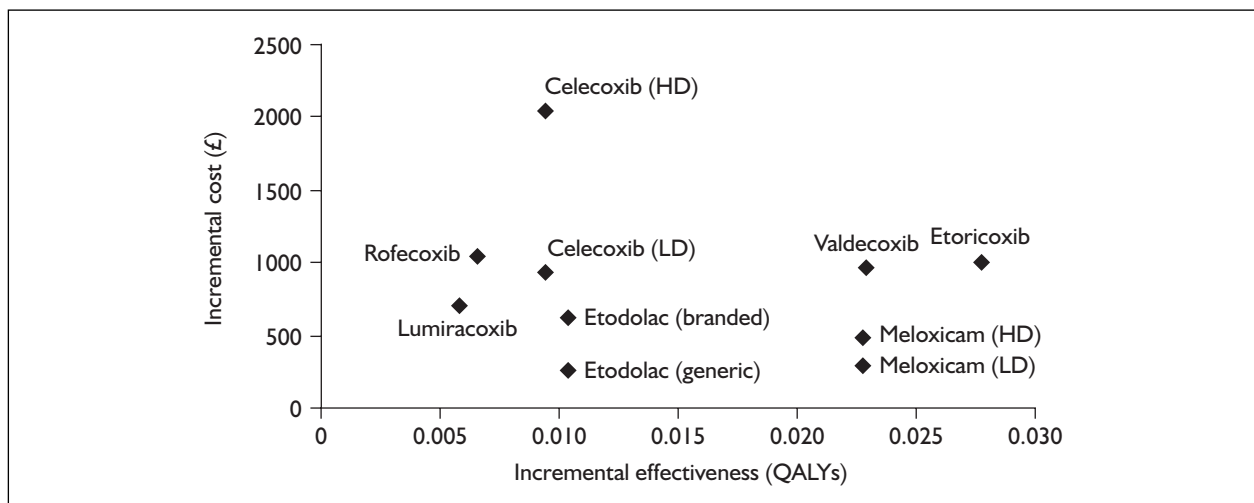
Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY)
Ibuprofen	520.06		3.19150		
Celecoxib (LD)	1,455.04	934.98	3.20100	0.00950	98,400
Celecoxib (HD)	2,564.55	2,044.49	3.20100	0.00950	215,000
Etodolac (branded)	1,142.49	622.43	3.20193	0.01043	59,700
Etodolac (generic)	786.20	266.14	3.20193	0.01043	25,500
Etoricoxib	1,526.05	1,005.99	3.21924	0.02774	36,300
Lumiracoxib	1,226.73	706.67	3.19737	0.00587	120,000
Meloxicam (LD)	805.73	285.67	3.21425	0.02275	12,600
Meloxicam (HD)	1,006.41	486.35	3.21425	0.02275	21,400
Rofecoxib	1,559.58	1,039.52	3.19805	0.00655	159,000
Valdecoxib	1,485.55	965.49	3.21439	0.02289	42,200

HD, high dose; LD, low dose.  
<sup>a</sup> All incremental analysis is compared with ibuprofen.

**TABLE 81** Results comparing single COX-2 selective NSAIDs against diclofenac<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY)
Diclofenac	530.72		3.18749		
Celecoxib (LD)	1,455.04	924.32	3.20100	0.01351	68,400
Celecoxib (HD)	2,564.55	2,033.83	3.20100	0.01351	151,000
Etodolac (branded)	1,142.49	611.77	3.20193	0.01444	42,400
Etodolac (generic)	786.20	255.48	3.20193	0.01444	17,700
Etoricoxib	1,526.05	995.33	3.21924	0.03175	31,300
Lumiracoxib	1,226.73	696.01	3.19737	0.00988	70,400
Meloxicam (LD)	805.73	275.01	3.21425	0.02676	10,300
Meloxicam (HD)	1,006.41	475.69	3.21425	0.02676	17,800
Rofecoxib	1,559.58	1,028.86	3.19805	0.01056	97,400
Valdecoxib	1,485.55	954.83	3.21439	0.0269	35,500

<sup>a</sup> All incremental analysis is compared with diclofenac.

**FIGURE 50** ICERs plotted on the cost-effectiveness plane for single COX-2 selective NSAIDs against ibuprofen

rofecoxib, celecoxib and etodolac). This grouping makes sense when one considers the RR of any GI event inputs into the model. These RRs were no higher than 0.71 for the 'higher' incremental effectiveness group and no lower than 0.84 for the 'lower' incremental effectiveness group. If we are satisfied that the estimates of incremental effectiveness and incremental cost are plausible and reasonable, then it has to follow that the ICERs are also.

Note that the effectiveness estimates (and hence the QALY scores) used in this analysis relate solely to the side-effect profiles of the drugs – no differences in drug efficacy are considered.

For both ibuprofen and diclofenac as comparators, all of the COX-2 products are associated with higher costs (i.e. positive incremental costs) and small increases in effectiveness (i.e. positive incremental effectiveness), measured in terms of QALYs. The magnitudes of the incremental costs and the incremental effects, and therefore the ICERs, vary considerably across all COX-2 drugs.

In order to explore the sensitivity of our results to variation in the comparator, we also compared COX-2 selective NSAIDs against non-selective NSAIDs with PPI. The results are shown in *Tables 82* and *83*. In most cases, non-selective NSAID plus PPI dominates the COX-2 selective NSAIDs (i.e. the COX-2 is associated with both a higher cost and poorer effectiveness). This is because in this model the RR of GI events for adding PPI to a non-selective NSAID is lower (more favourable) than the RR for COX-2 selective

NSAIDs compared with non-selective NSAIDs. In a few cases, the COX-2 selective NSAID is cheaper than the non-selective NSAID plus PPI, but less effective. In this case, we have printed the ICER in *italics*: a low ICER favours non-selective NSAID plus PPI.

### Base-case results for high-risk patients

We also ran this model for patients with previous history of GI events. In this case, given that it would be considered poor medical practice to prescribe a non-selective NSAID without a PPI for such high-risk patients, the comparison made is COX-2 selective NSAID alone against non-selective NSAID plus PPI. The results are shown in *Tables 84* and *85*.

The results show a very similar pattern to those reported in *Tables 82* and *83*, with the COX-2 drugs again looking generally unattractive from a cost-effectiveness point of view.

### Sensitivity analysis results for the simpler AGM

We conducted a number of univariate sensitivity analyses where the sensitivity of the results of the simpler AGM is explored. The parameters varied are the GI risk of PPIs, the RRs of GI events, the RR of MI and the utility weight associated with arthritis. The sensitivity analyses for each of these sets of parameters are described in the following four sections. For the sake of brevity, the main body of the report gives the sensitivity analysis results only for the comparison of diclofenac – the sensitivity analysis results for the comparator of ibuprofen are given in Appendix 11.

**TABLE 82** Results comparing single COX-2 selective NSAIDs against ibuprofen plus PPI<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY) <sup>b</sup>
Ibuprofen + PPI	950.38		3.22032		
Celecoxib (LD)	1,455.04	504.66	3.20100	-0.01932	D
Celecoxib (HD)	2,564.55	1,614.17	3.20100	-0.01932	D
Etodolac (branded)	1,142.49	192.11	3.20193	-0.01839	D
Etodolac (generic)	786.20	-164.18	3.20193	-0.01839	<i>8,930</i>
Etoricoxib	1,526.05	575.67	3.21924	-0.00108	D
Lumiracoxib	1,226.73	276.35	3.19737	-0.02295	D
Meloxicam (LD)	805.73	-144.65	3.21425	-0.00607	<i>23,800</i>
Meloxicam (HD)	1,006.41	56.03	3.21425	-0.00607	D
Rofecoxib	1,559.58	609.20	3.19805	-0.02227	D
Valdecoxib	1,485.55	535.17	3.21439	-0.00593	D

<sup>a</sup> All incremental analysis is compared with ibuprofen plus PPI.

<sup>b</sup> ICER in *italics* means that both incremental values are negative. D means that COX-2 selective NSAID is dominated by ibuprofen plus PPI.

**TABLE 83** Results comparing single COX-2 selective NSAIDs against diclofenac plus PPI<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY) <sup>b</sup>
Diclofenac + PPI	970.56		3.21803		
Celecoxib (LD)	1,455.04	484.48	3.20100	-0.01703	D
Celecoxib (HD)	2,564.55	1,593.99	3.20100	-0.01703	D
Etodolac (branded)	1,142.49	171.93	3.20193	-0.0161	D
Etodolac (generic)	786.20	-184.36	3.20193	-0.0161	<i>11,500</i>
Etoricoxib	1,526.05	555.49	3.21924	0.00121	459,000
Lumiracoxib	1,226.73	256.17	3.19737	-0.02066	D
Meloxicam (LD)	805.73	-164.83	3.21425	-0.00378	43,600
Meloxicam (HD)	1,006.41	35.85	3.21425	-0.00378	D
Rofecoxib	1,559.58	589.02	3.19805	-0.01998	D
Valdecoxib	1,485.55	514.99	3.21439	-0.00364	D

<sup>a</sup> All incremental analysis is compared with diclofenac plus PPI.  
<sup>b</sup> ICER in *italics* means that both incremental values are negative. D means that COX-2 selective NSAID is dominated by diclofenac plus PPI.

**TABLE 84** Results comparing single COX-2 selective NSAIDs against ibuprofen plus PPI for patients with previous history of GI events<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY) <sup>b</sup>
Ibuprofen + PPI	980.56		3.21380		
Celecoxib (LD)	1,455.79	475.23	3.19393	-0.01987	D
Celecoxib (HD)	2,540.73	1,560.17	3.19393	-0.01987	D
Etodolac (branded)	1,139.97	159.41	3.19699	-0.01681	D
Etodolac (generic)	790.24	-190.32	3.19699	-0.01681	<i>11,300</i>
Etoricoxib	1,507.68	527.12	3.21378	-0.00002	D
Lumiracoxib	1,231.77	251.21	3.19202	-0.02178	D
Meloxicam (LD)	829.34	-151.22	3.20658	-0.00722	20,900
Meloxicam (HD)	1,025.94	45.38	3.20658	-0.00722	D
Rofecoxib	1,544.88	564.32	3.19246	-0.02134	D
Valdecoxib	1,482.54	501.98	3.20968	-0.00412	D

<sup>a</sup> All incremental analysis is compared with ibuprofen plus PPI.  
<sup>b</sup> ICER in *italics* means that both incremental values are negative. D means that COX-2 selective NSAID is dominated by ibuprofen plus PPI.

### Varying GI risk associated with PPIs

In our base-case analysis, we assumed that adding a PPI to a non-selective NSAID reduced the risk of a GI event (for all three categories: any GI event, PUB and POB) to an RR of 0.40 (see *Table 78*).

Hooper and colleagues reported that PPIs were associated with an RR of 0.46, or better, for GI symptoms, endoscopic ulcers and serious GI events including complicated events.<sup>310</sup> In sensitivity analysis this RR was increased to 0.6; this value was chosen as it was similar to the RR of celecoxib for PUBs and was felt to be clinically plausible. We did not feel that a sensitivity analysis that allowed for an RR of 1.0 for PPIs, i.e. that PPIs had no benefit on GI events, was plausible.

The results of the analyses following this change are reported in *Tables 86–88*, which can be compared with the base-case analyses reported in *Tables 81, 83 and 85*.

Unsurprisingly, the results for the comparison of the single COX-2 selective NSAID against diclofenac alone are not very different from the base-case analysis. However, the results appear much more sensitive to the RR of adding PPI for the scenarios where the comparator includes the use of a PPI. Both *Tables 87 and 88* show positive incremental effects for etoricoxib, meloxicam (for both low and high dose) and valdecoxib. In fact, in considering both patients with and without a

**TABLE 85** Results comparing single COX-2 selective NSAIDs against diclofenac plus PPI for patients with previous history of GI events<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY) <sup>b</sup>
Diclofenac + PPI	982.26		3.21537		
Celecoxib (LD)	1,455.79	473.53	3.19393	-0.02144	D
Celecoxib (HD)	2,540.73	1,558.47	3.19393	-0.02144	D
Etodolac (branded)	1,139.97	157.71	3.19699	-0.01838	D
Etodolac (generic)	790.24	-192.02	3.19699	-0.01838	<i>10,400</i>
Etoricoxib	1,507.68	525.42	3.21378	-0.00159	D
Lumiracoxib	1,231.77	249.51	3.19202	-0.02335	D
Meloxicam (LD)	829.34	-152.92	3.20658	-0.00879	<i>17,400</i>
Meloxicam (HD)	1,025.94	43.68	3.20658	-0.00879	D
Rofecoxib	1,544.88	562.62	3.19246	-0.02291	D
Valdecoxib	1,482.54	500.28	3.20968	-0.00569	D

<sup>a</sup> All incremental analysis is compared with diclofenac plus PPI.  
<sup>b</sup> ICER in *italics* means that both incremental values are negative. D means that COX-2 selective NSAID is dominated by diclofenac plus PPI.

**TABLE 86** Single COX-2 selective NSAIDs against diclofenac (QALYs) (RR adding PPI: 0.6)<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY)
Diclofenac	535.26		3.18168		
Celecoxib (LD)	1,458.77	923.51	3.19668	0.015	61,600
Celecoxib (HD)	2,567.52	2,032.26	3.19668	0.015	135,000
Etodolac (branded)	1,145.68	610.42	3.19768	0.016	38,200
Etodolac (generic)	789.57	254.31	3.19768	0.016	15,900
Etoricoxib	1,527.33	992.07	3.21735	0.03567	27,800
Lumiracoxib	1,230.66	695.40	3.19265	0.01097	63,400
Meloxicam (LD)	809.24	273.98	3.21090	0.02922	9,380
Meloxicam (HD)	1,009.77	474.51	3.21090	0.02922	16,200
Rofecoxib	1,562.90	1,027.64	3.19380	0.01212	84,800
Valdecoxib	1,487.80	952.54	3.21082	0.02914	32,700

<sup>a</sup> All incremental analysis is compared with diclofenac.

**TABLE 87** Single COX-2 selective NSAIDs against diclofenac plus PPI (RR adding PPI: 0.6)<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY) <sup>b</sup>
Diclofenac + PPI	983.05		3.20181		
Celecoxib (LD)	1,458.77	475.72	3.19668	-0.00513	D
Celecoxib (HD)	2,567.52	1,584.47	3.19668	-0.00513	D
Etodolac (branded)	1,145.68	162.63	3.19768	-0.00413	D
Etodolac (generic)	789.57	-193.48	3.19768	-0.00413	<i>46,800</i>
Etoricoxib	1,527.33	544.28	3.21735	0.01554	35,000
Lumiracoxib	1,230.66	247.61	3.19265	-0.00916	D
Meloxicam (LD)	809.24	-173.81	3.21090	0.00909	<sup>c</sup>
Meloxicam (HD)	1,009.77	26.72	3.21090	0.00909	2,940
Rofecoxib	1,562.90	579.85	3.19380	-0.00801	D
Valdecoxib	1,487.80	504.75	3.21082	0.00901	56,000

<sup>a</sup> All incremental analysis is compared with diclofenac plus PPI.  
<sup>b</sup> ICER in *italics* means that both incremental values are negative. D means that COX-2 selective NSAID is dominated by diclofenac plus PPI.  
<sup>c</sup> Meloxicam (LD) dominates diclofenac plus PPI.

**TABLE 88** Single COX-2 selective NSAIDs against diclofenac plus PPI for patients with previous history of GI events (RR adding PPI: 0.6)<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY) <sup>b</sup>
Diclofenac + PPI	1,000.30		3.19802		
Celecoxib (LD)	1,461.30	461.00	3.18933	-0.00869	D
Celecoxib (HD)	2,544.53	1,544.23	3.18933	-0.00869	D
Etodolac (branded)	1,144.42	144.12	3.19255	-0.00547	D
Etodolac (generic)	795.13	-205.17	3.19255	-0.00547	<i>37,500</i>
Etoricoxib	1,509.37	509.07	3.21175	0.01373	<i>37,100</i>
Lumiracoxib	1,237.48	237.18	3.18706	-0.01096	D
Meloxicam (LD)	834.98	-165.32	3.20291	0.00489	<sup>c</sup>
Meloxicam (HD)	1,031.26	30.96	3.20291	0.00489	6,330
Rofecoxib	1,549.58	549.28	3.18798	-0.01004	D
Valdecoxib	1,485.29	484.99	3.20592	0.0079	61,400

<sup>a</sup> All incremental analysis is compared with diclofenac plus PPI.  
<sup>b</sup> ICER in *italics* means that both incremental values are negative. D means that COX-2 selective NSAID is dominated by diclofenac plus PPI.  
<sup>c</sup> Meloxicam (LD) dominates diclofenac plus PPI.

**TABLE 89** Single COX-2 selective NSAIDs against diclofenac – results with relative risk for all types of GI event at the lower confidence limits (favouring COX-2 selective NSAIDs)<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY)
Diclofenac	530.03		3.18763		
Celecoxib (LD)	1,451.06	921.03	3.20499	0.01736	53,100
Celecoxib (HD)	2,565.24	2,035.21	3.20499	0.01736	117,000
Etodolac (branded)	1,134.91	604.88	3.21070	0.02307	26,200
Etodolac (generic)	776.53	246.50	3.21070	0.02307	10,700
Etoricoxib	1,434.31	904.28	3.23421	0.04658	19,400
Lumiracoxib	1,222.85	692.82	3.20035	0.01272	54,500
Meloxicam (LD)	773.75	243.72	3.22006	0.03243	7,520
Meloxicam (HD)	975.69	445.66	3.22006	0.03243	13,700
Rofecoxib	1,474.12	944.09	3.21732	0.02969	31,800
Valdecoxib	1,460.35	930.32	3.22090	0.03327	28,000

<sup>a</sup> All incremental analysis is compared with diclofenac.

previous history of GI events, the low-dose meloxicam strategy now dominates diclofenac plus a PPI, that is, meloxicam (low dose) has both a negative incremental cost and a positive incremental effect.

### Varying relative risks of GI events

For this analysis, we set the RRs of GI events to the lower and upper 95% CIs shown in *Table 78*. For each COX-2 selective NSAID, we set the risks of any GI event, clinical GI event and complicated GI event simultaneously to low values and then to high values. To maintain our assumption that risks for 'No NSAID' were equivalent to the lowest

COX-2, we changed the risks for 'No NSAID' in line with the other changes. Hence the costs and effects for the comparator strategy alter, even though this is a sensitivity analysis about RRs of COX-2 selective NSAIDs compared with diclofenac or ibuprofen. The results for analyses of average patients for all of the COX-2 drugs, compared with diclofenac, are given in *Tables 89* and *90*. The results for the comparison with ibuprofen are given in Appendix 11. This sensitivity analysis has not been repeated for high-risk patients.

In general terms, the results are reasonably sensitive to variations in the value of the RR of GI events.

**TABLE 90** Single COX-2 selective NSAIDs against diclofenac – results with relative risk for all types of GI event at the upper confidence limits (favouring non-selective NSAIDs)<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY) <sup>b</sup>
Diclofenac	531.42		3.18731		
Celecoxib (LD)	1,460.01	928.59	3.19598	0.00867	107,000
Celecoxib (HD)	2,561.98	2,030.56	3.19598	0.00867	234,000
Etodolac (branded)	1,154.47	623.05	3.18770	0.00039	1,600,000
Etodolac (generic)	804.80	273.38	3.18770	0.00039	701,000
Etoricoxib	1,586.25	1,054.83	3.18021	-0.00710	D
Lumiracoxib	1,231.61	700.19	3.19375	0.00644	109,000
Meloxicam (LD)	833.98	302.56	3.20503	0.01772	17,100
Meloxicam (HD)	1,032.06	500.64	3.20503	0.01772	28,300
Rofecoxib	1,580.67	1,049.25	3.15949	-0.02782	D
Valdecoxib	1,524.50	993.08	3.20073	0.01342	74,000

<sup>a</sup> All incremental analysis is compared with diclofenac.  
<sup>b</sup> D means that COX-2 selective NSAID is dominated by diclofenac.

**TABLE 91** Single COX-2 selective NSAIDs against diclofenac – results with relative risk for MI at the lower confidence limits (favouring COX-2 selective NSAIDs)<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY)
Diclofenac	530.72		3.18749		
Celecoxib (LD)	1,437.38	906.66	3.20360	0.01611	56,300
Celecoxib (HD)	2,547.11	2,016.39	3.20360	0.01611	125,000
Etodolac (branded)	1,124.73	594.01	3.20454	0.01705	34,800
Etodolac (generic)	768.37	237.65	3.20454	0.01705	13,900
Etoricoxib	1,490.59	959.87	3.22447	0.03698	26,000
Lumiracoxib	1,206.97	676.25	3.20027	0.01278	52,900
Meloxicam (LD)	798.23	267.51	3.21535	0.02786	9,600
Meloxicam (HD)	998.93	468.21	3.21535	0.02786	16,800
Rofecoxib	1,523.64	992.92	3.20335	0.01586	62,600
Valdecoxib	1,481.14	950.42	3.21504	0.02755	34,500

<sup>a</sup> All incremental analysis is compared with diclofenac.

### Varying risk of MI

For each COX-2 selective NSAID separately, we varied the RR of MI across its 95% CIs shown in *Table 78*. For the analysis of the standard patient and the comparison with diclofenac, the results for all drugs are reported in full in *Table 91* for the lower limits and in *Table 92* for the upper limits. The results relating to the comparison with ibuprofen are reported in Appendix 11. In the absence of data, we assumed that the risks for etodolac were the same as those for celecoxib. Here, we also used the 95% CIs for celecoxib. This gives reasonable coverage of the range of values for COX-2 selective NSAIDs. This sensitivity analysis has again not been repeated for high-risk patients.

In general terms, the results are sensitive to variation in the value of the risk of MI events.

As a separate analysis, in order to explore the importance of the MI RR estimates, we extended our sensitivity analysis to consider the scenario of an MI RR of 1.0 for all COX-2 selective NSAIDs. This assumes that there is no MI risk associated with any of the COX-2s. This extra analysis was only conducted for the average patient scenario, and the results for the comparison with diclofenac are reported in *Table 93*.

### Utility weight associated with arthritis

The utility weights used in our analyses are those applied by Maetzel and colleagues<sup>305</sup> in their

**TABLE 92** Single COX-2 selective NSAIDs against diclofenac – results with relative risk for MI at the upper confidence limits (favouring non-selective NSAIDs)<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY) <sup>b</sup>
Diclofenac	530.72		3.18749		
Celecoxib (LD)	1,485.64	954.92	3.19649	0.009	106,000
Celecoxib (HD)	2,594.77	2,064.05	3.19590	0.00841	245,000
Etodolac (branded)	1,173.26	642.54	3.19748	0.00999	64,300
Etodolac (generic)	817.09	286.37	3.19748	0.00999	28,700
Etoricoxib	2,250.25	1,719.53	3.11143	-0.07606	D
Lumiracoxib	1,265.26	734.54	3.19171	0.00422	174,000
Meloxicam (LD)	982.53	451.81	3.18618	-0.00131	D
Meloxicam (HD)	1,182.82	652.10	3.18618	-0.00131	D
Rofecoxib	1,634.61	1,103.89	3.18571	-0.00178	D
Valdecoxib	1,503.00	972.28	3.21182	0.02433	40,000

<sup>a</sup> All incremental analysis is compared with diclofenac.  
<sup>b</sup> D means that COX-2 selective NSAID is dominated by diclofenac.

**TABLE 93** Single COX-2 selective NSAIDs against diclofenac – results with relative risk for MI = 1.0<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY)
Diclofenac	530.72		3.18749		
Celecoxib (LD)	1,437.12	906.40	3.20363	0.01614	56,200
Celecoxib (HD)	2,546.86	2,016.14	3.20363	0.01614	125,000
Etodolac (branded)	1,124.47	593.75	3.20458	0.01709	34,700
Etodolac (generic)	768.11	237.39	3.20458	0.01709	13,900
Etoricoxib	1,512.54	981.82	3.22123	0.03374	29,100
Lumiracoxib	1,210.12	679.40	3.19981	0.01232	55,100
Meloxicam (LD)	821.52	290.80	3.21194	0.02445	11,900
Meloxicam (HD)	1,022.17	491.45	3.21194	0.02445	20,100
Rofecoxib	1,515.11	984.39	3.20460	0.01711	57,500
Valdecoxib	1,503.14	972.42	3.21180	0.02431	40,000

<sup>a</sup> All incremental analysis is compared with diclofenac.

running of the model. The utility weight associated with the 'arthritis' state in the model is somewhat lower than that reported by others. Therefore, we conducted a further one-way sensitivity analysis to explore the sensitivity of the results to setting the utility weight on the state 'arthritis' to 0.82 (as reported in the Beaver Dam survey by Fryback and colleagues<sup>311</sup>). The results for average patient group and the diclofenac comparison are reported in *Table 94*.

## The full AGM

### Additional methods for the full AGM

In the full version of the model, a simulated patient initially starts in the model on one NSAID

(either a non-selective or a COX-2 selective NSAID). If this is acceptable, then they continue on that NSAID at least until the end of the first 3-month cycle. However, if the NSAID is unacceptable (for whatever reason), they will switch early (i.e. within the first 3 months) to a different NSAID. Patients then enter a recurring process (i.e. the Markov model proper) in which they are at risk of GI and MI events. From this point on, the process of the Markov model and the data used to populate the model are exactly as described above for the simpler AGM. Separate Markov states are used for patients on different NSAIDs.

Even in the full AGM there is no provision for switching NSAIDs after the initial cycle (for simplicity of modelling). The purpose of the

**TABLE 94** Single COX-2 selective NSAIDs against diclofenac – results with utility for ‘arthritis’ state = 0.82<sup>a</sup>

Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY)
Diclofenac	530.72		3.76756		
Celecoxib (LD)	1,455.04	924.32	3.79292	0.02536	36,400
Celecoxib (HD)	2,564.55	2,033.83	3.79292	0.02536	80,200
Etodolac (branded)	1,142.49	611.77	3.79361	0.02605	23,500
Etodolac (generic)	786.20	255.48	3.79361	0.02605	9,810
Etoricoxib	1,526.05	995.33	3.82303	0.05547	17,900
Lumiracoxib	1,226.73	696.01	3.78593	0.01837	37,900
Meloxicam (LD)	805.73	275.01	3.81322	0.04566	6,020
Meloxicam (HD)	1,006.41	475.69	3.81322	0.04566	10,400
Rofecoxib	1,559.58	1,028.86	3.78933	0.02177	47,300
Valdecoxib	1,485.55	954.83	3.81203	0.04447	21,500

<sup>a</sup> All incremental analysis is compared with diclofenac.

**TABLE 95** Strategies compared in the AGM

Strategy	First-line treatment (N1)	Second-line treatment (N2)
No COX-2	Ibuprofen	Diclofenac
COX-2 second	Ibuprofen	COX-2 selective NSAID
COX-2 first	COX-2 selective NSAID	Ibuprofen

model is still to permit assessment of each COX-2 selective NSAID individually, not to compare non-selective NSAIDs with each other. Accordingly, a fixed pattern of non-selective NSAIDs is used as the basis for comparison, and only one COX-2 selective NSAID is considered in the model at any one time. Ibuprofen and diclofenac are the only two non-selective NSAIDs available for use in the model. These were selected on the basis of current patterns of NSAID use in England and Wales. Three possible general strategies of NSAID use are compared (shown in *Table 95*).

Therefore, for the strategy described as ‘No COX-2’ this always refers to initial treatment with ibuprofen and, if within the first 3 months ibuprofen is judged not to be acceptable for whatever reason, a switch to diclofenac may happen. Similarly, the strategy defined as ‘COX-2 second’ always indicates that patients initially receive ibuprofen but may switch to a COX-2 selective NSAID within the first 3 months if ibuprofen is not acceptable.

### Initial model cycle (i.e. the first 3 months)

The basic structure for the initial sequences for patients with no special risk factors is shown in *Figure 51*. The probabilities on the branches in this

initial cycle of the model are calculated from data given by Langman and colleagues, who describe NSAID switching patterns in primary care in the UK.<sup>76</sup> Although the patterns described by Langman and colleagues are not specifically those of patients with OA and RA, we believe that they are sufficiently representative of people with these conditions in the community. Details of the calculations are given in Appendix 9.

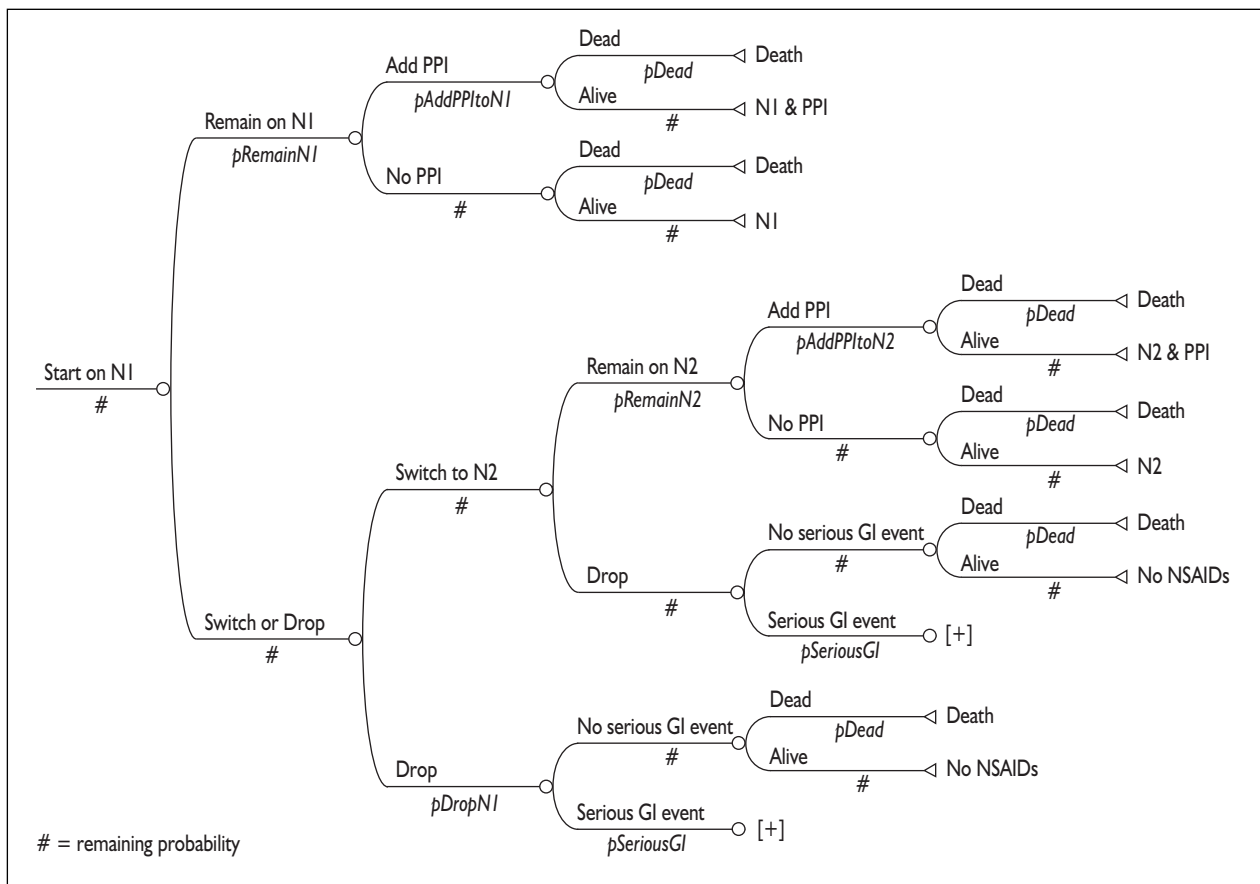
For the purpose of costing, switching from N1 to N2 (or dropping N1) is assumed to take place on average after 30 days, and dropping N2 after a further 30 days. If PPI is added to an existing NSAID, it is assumed to be added on average halfway through the remaining part of the cycle.

When modelling a patient population with a previous history of UGI events (i.e. one of the high-risk subgroups), the tree is simplified in that it is assumed that such patients would never be given a non-selective NSAID without a PPI. The follow-up to serious GI events in this initial treatment phase is the same as that for later Markov cycles, described below.

### Transition probabilities and rates

The transition probabilities for the initial cycle are given in *Table 96* (and see Appendix 9 for further





**FIGURE 51** The initial cycle

details). The probability of switching to a different NSAID is deduced since the probabilities for four outcomes must add to 1. Note that actual probabilities are given for ibuprofen and diclofenac, but probabilities for COX-2 selective NSAIDs are given relative to ibuprofen.

## Results for the full AGM

### Results for the average patient

The full model was initially run for a cohort of average patients with starting age 58 years. The results are given in *Table 97*. As before, separate results for low and high dose are given for celecoxib and meloxicam.

These results are broadly consistent with those reported in *Tables 80* and *81* for the analyses using the simpler AGM. If we look first at the results relating to celecoxib, they indicate that its use second line (after initially trying ibuprofen) is dominated by the 'No COX-2' strategy (i.e. ibuprofen followed by diclofenac, if required) – it is associated with both a higher cost and a poorer level of effectiveness. The use of celecoxib first

line is more promising in that the incremental effect is positive (albeit very small) but the cost increase is considerable, giving ICERs in excess of £130,000 per QALY gained. The COX-2 drugs that have ICERs relating to first-line use that are below £50,000 per QALY are etoricoxib, meloxicam and valdecoxib. A strategy of second-line use of COX-2 drugs looks very unattractive from a cost-effectiveness point of view for all of the drugs considered here.

### Results for high-risk patients

The most important high-risk group consists of patients with previous GI history. For these patients, the comparison is between COX-2 selective NSAIDs (taken originally without PPI) and non-selective NSAIDs taken with PPI. The results are shown in *Table 98*.

Once again, these results are broadly consistent with those reported in *Tables 84* and *85* for the analyses using the simpler AGM. If we look first at the results relating to low-dose celecoxib, they indicate that its use second line (after initially trying ibuprofen) is associated with a lower cost but also reduced effectiveness compared with the

TABLE 96 Data for initial cycle

Drug	Probability or RR <sup>a</sup>	Source and comment
<b>Probability of taking no further NSAIDs in the first 3 months after prescription</b>		
Ibuprofen	0.315	Langman <i>et al.</i> <sup>76</sup>
Diclofenac	0.265	Langman <i>et al.</i> <sup>76</sup>
Celecoxib	RR 1	Assumed same as ibuprofen
Etodolac	RR 1	Assumed same as ibuprofen
Etoricoxib	RR 1.072	Hunt <i>et al.</i> , <sup>253</sup> 12-week trial
Meloxicam	RR 1	Assumed same as ibuprofen
Rofecoxib	RR 0.757	Range of RR 0.55–1.041. Mean value for rofecoxib doses 12.5–25 mg
Valdecoxib	RR 1	Assumed same as ibuprofen
Lumiracoxib	RR 1	Assumed same as ibuprofen
<b>Probability of remaining on the same drug (alone)</b>		
Ibuprofen	0.514	Langman <i>et al.</i> <sup>76</sup>
Diclofenac	0.603	Langman <i>et al.</i> <sup>76</sup>
Celecoxib	RR 1	Assumed same as ibuprofen
Etodolac	RR 1	Assumed same as ibuprofen
Etoricoxib	RR 0.992	Hunt <i>et al.</i> , <sup>253</sup> 12-week trial
Meloxicam	RR 1	Assumed same as ibuprofen
Rofecoxib	RR 1.034	Mean value for rofecoxib doses 12.5–25 mg
Valdecoxib	RR 1	Assumed same as ibuprofen
Lumiracoxib	RR 1	Assumed same as ibuprofen
<b>Probability of adding PPI to given NSAID</b>		
Ibuprofen	0.026	Langman <i>et al.</i> <sup>76</sup>
Diclofenac	0.036	Langman <i>et al.</i> <sup>76</sup>
Celecoxib	RR 1	Assumed same as ibuprofen
Etodolac	RR 1	Assumed same as ibuprofen
Etoricoxib	RR 1	Assumed same as ibuprofen
Meloxicam	RR 1	Assumed same as ibuprofen
Rofecoxib	RR 1	Assumed same as ibuprofen
Valdecoxib	RR 1	Assumed same as ibuprofen
Lumiracoxib	RR 1	Assumed same as ibuprofen

<sup>a</sup> In all cases, RR refers to comparison with ibuprofen.

'No COX-2' strategy (i.e. ibuprofen followed by diclofenac, if required). This gives an ICER of –£4050 for the move **from** the strategy of celecoxib second line **to** the strategy of no COX-2. It is clearly not cost-effective to use celecoxib either first or second line according to these results. All strategies relating to the use of COX-2 drugs (both first- and second-line use) look very unattractive from a cost-effectiveness point of view for all of the drugs considered here.

## Comparison of Assessment Group Model and company models results

This section discusses the differences in the results of the economic analyses using the AGM and those based on the company models. For the purposes of comparability, the AGM results referred to here come from the 'simpler' AGM, i.e. the model without the initial cycle. The comparison does not include etodolac or lumiracoxib as no company

model was submitted for either. The discussion considers separately the results for 'average-risk' and 'high-risk' patients.

### 'Average'-risk patients

For comparability, this section discusses the AGM results for COX-2 selective NSAIDs compared with non-selective NSAIDs alone (not combined with a PPI) in average-risk patients (*Table 99*). The results for meloxicam and etoricoxib using the company models and the AGM-based analysis results are very similar (*Table 99*).

For valdecoxib, comparability of the AGM and company results is complicated by the fact that the AGM ICER uses the QALY as the measure of effect whereas the company ICER uses life-years gained. Nevertheless, given that the additional years of life with COX-2s will be at a utility of less than 1, the company and AGM ICER results are not very different. Given their similarity and that they are all around or below £30,000 per QALY,

TABLE 97 Base-case results

Drug	Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY)	
Celecoxib (LD)	No COX-2	441.13		3.20434			
	COX-2 second	511.15	70.02	3.20398	-0.00036	(Dominated)	
	COX-2 first <sup>a</sup>	951.33	510.20	3.20824	0.00390	131,000	
Celecoxib (HD)	No COX-2	441.13		3.20434			
	COX-2 second	597.94	156.82	3.20398	-0.00036	(Dominated)	
	COX-2 first <sup>a</sup>	1,561.22	1,120.10	3.20824	0.00390	287,000	
Etorolac (branded)	No COX-2	441.13		3.20434			
	COX-2 second	486.19	45.07	3.20418	-0.00016	(Dominated)	
	COX-2 first <sup>a</sup>	778.97	337.84	3.20890	0.00456	74,100	
Etorolac (generic)	No COX-2	441.13		3.20434			
	COX-2 second	458.33	17.20	3.20418	-0.00016	(Dominated)	
	COX-2 first <sup>a</sup>	583.19	142.06	3.20890	0.00456	31,200	
Etoricoxib	No COX-2	441.13		3.20434			
	COX-2 second	516.12	75.00	3.20547	0.00113	66,600	
	COX-2 first	988.41	472.29	3.21794	0.01247	37,900	
	<b>Excluding the option 'COX-2 second' (by extended dominance):</b>						
	No COX-2	441.13		3.20434			
	COX-2 first	988.41	547.29	3.21794	0.01360	40,200	
Lumiracoxib	No COX-2	441.13		3.20434			
	COX-2 second	492.97	51.84	3.2038	-0.00054	(Dominated)	
	COX-2 first <sup>a</sup>	825.24	384.11	3.20652	0.00218	176,000	
Meloxicam (LD)	No COX-2	441.13		3.20434			
	COX-2 second	460.71	19.58	3.20493	0.00059	33,100	
	COX-2 first	597.21	136.50	3.21488	0.00995	13,700	
	<b>Excluding the option 'COX-2 second' (by extended dominance):</b>						
	No COX-2	441.13		3.20434			
	COX-2 first	597.21	156.08	3.21488	0.01054	14,800	
Meloxicam (HD)	No COX-2	441.13		3.20434			
	COX-2 second	476.41	35.28	3.20493	0.00059	59,600	
	COX-2 first	707.54	231.13	3.21488	0.00995	23,200	
	<b>Excluding the option 'COX-2 second' (by extended dominance):</b>						
	No COX-2	441.13		3.20434			
	COX-2 first	707.54	266.41	3.21488	0.01054	25,300	
Rofecoxib	No COX-2	441.13		3.20434			
	COX-2 second	521.86	80.74	3.20381	-0.00053	(Dominated)	
	COX-2 first <sup>a</sup>	1,034.90	593.77	3.20584	0.00150	395,000	
Valdecoxib	No COX-2	441.13		3.20434			
	COX-2 second	513.10	71.97	3.20512	0.00078	92,400	
	COX-2 first	969.43	456.33	3.21519	0.01007	45,300	
	<b>Excluding the option 'COX-2 second' (by extended dominance):</b>						
	No COX-2	441.13		3.20434			
	COX-2 first	969.43	528.30	3.21519	0.01085	48,700	

<sup>a</sup> ICER for 'COX-2 first' relative to 'No COX-2'.

the results for etoricoxib, valdecoxib and meloxicam will not be discussed further in this section. However, there are notable differences in the company and AGM ICERs for celecoxib and rofecoxib, the AGM ICERs being considerably less

attractive than those of the companies. These differences are not explained by the company use of life-years gained and the AGM use of QALYs as the effectiveness measure. The reasons for these differences are explored below.

TABLE 98 Results for patients with previous GI history

Drug	Strategy	Cost (£)	Incremental cost (£)	Effectiveness (QALYs)	Incremental effectiveness (QALYs)	ICER (£ per QALY)
Celecoxib (LD)	COX-2 second	733.47		3.21115		
	No COX-2	754.11	20.63	3.21625	0.00509	4,050
	COX-2 first	991.48	237.37	3.20660	-0.00965	(Dominated)
Celecoxib (HD)	No COX-2	754.11		3.21625		
	COX-2 second	789.00	34.89	3.21115	-0.00509	(Dominated)
	COX-2 first	1,589.69	835.59	3.20660	-0.00965	(Dominated)
Etodolac (branded)	COX-2 second	714.64		3.21188		
	No COX-2	754.11	39.47	3.21625	0.00437	9,040
	COX-2 first	817.19	63.08	3.20831	-0.00793	(Dominated)
Etodolac (generic)	COX-2 first	624.53		3.20831		
	COX-2 second	696.62	72.09	3.21188	0.00357	20,200
	No COX-2	754.11	57.49	3.21625	0.00437	13,200
<b>Excluding the option 'COX-2 second' (by extended dominance):</b>						
Etoricoxib	COX-2 first	624.53		3.20831		
	No COX-2	754.11	129.58	3.21625	0.00793	16,300
	COX-2 second	713.91		3.21405		
Lumiracoxib	No COX-2	754.11	40.20	3.21625	0.00220	18,300
	COX-2 first	1,015.03	260.92	3.21695	0.00071	368,000
	COX-2 second	721.09		3.21114		
Meloxicam (LD)	No COX-2	754.11	33.02	3.21625	0.00511	6,460
	COX-2 first	867.21	113.10	3.20572	-0.01053	(Dominated)
	COX-2 second	648.23		3.21295		
Meloxicam (HD)	COX-2 second	697.41	49.18	3.21271	-0.00025	(Dominated)
	No COX-2 <sup>a</sup>	754.11	105.88	3.21625	0.00329	32,100
	COX-2 first	707.03		3.21271		
Rofecoxib	No COX-2	754.11	47.07	3.21625	0.00354	13,300
	COX-2 first	756.62	2.52	3.21295	-0.00329	(Dominated)
	COX-2 second	740.39		3.21109		
Valdecoxib	No COX-2	754.11	13.71	3.21625	0.00516	2,660
	COX-2 first	1,080.51	326.41	3.20546	-0.01078	(Dominated)
	COX-2 second	728.36		3.21355		
Valdecoxib	No COX-2	754.11	25.75	3.21625	0.00269	9,570
	COX-2 first	1,007.30	253.19	3.21473	-0.00152	(Dominated)

<sup>a</sup> ICER for 'No COX-2' relative to 'COX-2 first'.

In the case of celecoxib, an important contribution to the difference in celecoxib ICERs is that the company (Pfizer) model (ACCES) does not explicitly take into account a difference in MI risk between COX-2 and non-selective NSAIDs, whereas the Birmingham AGM model does take into account this difference (this is not so much of an issue for the valdecoxib analysis, which is also based on this model, as the Birmingham meta-analysis shows an RR for MI of <1.00) (Table 100). The AGM sensitivity analysis indicates that the ICERs for all COX-2s are sensitive to variations in the relative MI risk. Furthermore, it can be seen from Table 101 that the relative estimates for GI adverse events, POBs and PUBs used in the

company model greatly favour celecoxib. The company submission states the source of the GI events as the SUCCESS trial whereas the AGM estimates are based on a meta-analysis of all potentially includable trials, including SUCCESS. Although the costs of celecoxib used by the company model and AGM appear similar, the non-selective NSAIDs costs used by the company are considerably higher (Table 102). This difference in non-selective NSAID cost would again favour the company model ICER for celecoxib.

In the case of rofecoxib, the company (Merck Sharp and Dohme) and AGM models used for rofecoxib appear relatively similar in structure.

**TABLE 99** Comparison of company models and assessment group model (AGM) (with no initial switching cycle) results for 'average'-risk patients

	Incremental cost (£)	Incremental effectiveness	ICER (£) <sup>a</sup>	Comments
<b>Rofecoxib</b>				
MSD	+171	+0.0154	11,104	QALYs and 1-year time horizon
AGM	+1029	+0.01056	97,400	
<b>Etoricoxib</b>				
MSD	+178	+0.0084	22,143	QALYs and 1-year time horizon
AGM	+995	+0.03175	31,300	
<b>Meloxicam</b>				
BI	+118	+0.0139	8,543	QALYs and 5-year time horizon
AGM	+275/476	+0.02676	10,300/17,800	
<b>Celecoxib</b>				
Pfizer	+81	+0.00576	16,063	Life-years gained and 1-year time horizon
AGM	+924/2,033	+0.01351	68,400/151,000	
<b>Valdecoxib</b>				
Pfizer	+75	+0.00393	19,083	Life-years gained and 1-year time horizon
AGM	+954	+0.0269	35,500	

BI, Boehringer Ingelheim; MSD, Merck Sharp and Dohme.  
<sup>a</sup> All ICER estimates reported for each model are those most in favour of COX-2s. Company ICER estimates are slightly different to those reported in company submissions and represent rounding errors. BI meloxicam results not reported in this form by the company and derived from run of the BI model by the assessment team.

**TABLE 100** Comparison of 'structure' of company models and AGM

	Model name			
	ACCES	MSD	Maetzel	AGM
COX-2s	Celecoxib, valdecoxib	Rofecoxib, etoricoxib	Meloxicam	All COX-2s
Company	Pfizer	MSD	BI	Assessment group
Efficacy	Assumed equivalent between COX-2 and NSAIDs	Assumed equivalent between COX-2 and NSAIDs	Assumed equivalent between COX-2 and NSAIDs	Assumed equivalent between COX-2 and NSAIDs
GI parameters used	GI AEs POBs PUBs GI withdrawals	PUBs Lower GI events <sup>a</sup>	Any GI event <sup>b</sup> PUBs POBs	Any GI event <sup>b</sup> PUBs POBs
MI included?	No	Yes	Yes	Yes
Time horizon	1 year	1 year	5 years	5 years
Source of parameter values	Celecoxib – SUCCESS Valdecoxib – meta-analysis	Meta-analysis	SELECT or MELISSA	Meta-analysis

BI, Boehringer Ingelheim; MSD, Merck Sharp and Dohme.  
<sup>a</sup> Set to RR 1.00 in base-case analysis.  
<sup>b</sup> PUBs plus dyspepsia.

Both include GI adverse events, major GI and MI events, and, as with the AGM model, it is stated in the company submission that these estimates are sourced from a meta-analysis of trials. The GI parameter values used by the company appear to fall within the 95% CIs of the AGM values.

However, the RR of MI for rofecoxib in the company base-case model is set to a value of 1.00, in contrast to an RR of MI in the AGM of 2.92 (95% CI 1.29 to 6.60). Although the costs of rofecoxib used by the company model and AGM appear similar, the non-selective NSAIDs costs

**TABLE 101** Comparison of clinical effectiveness parameter values used by company models and AGM (with 95% CIs in parentheses)

Parameter	Celecoxib		Valdecoxib		Rofecoxib		Etoricoxib		Meloxicam	
	Pfizer <sup>a</sup>	AGM	Pfizer <sup>a</sup>	AGM	MSD <sup>a</sup>	AGM	MSD <sup>a</sup>	AGM	BI	AGM
GI/AE	0.76 (GI discomfort) (0.78 to 0.89)	0.84 (0.78 to 0.89)	0.65 (GI discomfort) (0.62 to 0.82)	0.71 (0.62 to 0.82)	0.87/0.90	0.84 (0.45 to 1.60)	0.80	0.48 (0.24 to 0.96)	Not included separately	0.66 (0.58 to 0.75)
PUB	0.23 (ulcer)	0.55 (0.40 to 0.76)	0.12 (ulcer)	0.20 (0.03 to 1.46)	0.26/0.37	0.43 (0.32 to 0.57)	0.53	0.23 (0.05 to 1.08)	0.139/0.371	0.53 (0.29 to 0.97)
POB	0.17 (serious GI event)	0.57 (0.35 to 0.95)	0.38 (serious GI event)	0.43 (0.19 to 0.97)	Not included	0.40 (0.23 to 0.70)	Not included	0.46 (0.07 to 3.10)	0.208	0.56 (0.27 to 1.15)
MI	Not included	1.77 (1.00 to 3.11)	Not included	0.25 (0.06 to 1.00)	1.00	2.92 (1.36 to 6.28)	1.00	1.58 (0.06 to 38.66)	0.139/0.149	0.33 (0.01 to 8.03)

BI, Boehringer Ingelheim; MSD, Merck Sharp and Dohme.

<sup>a</sup> The parameter descriptions for the company model are the nearest match to those of the AGM.

**TABLE 102** Daily drug costs included in company models and AGM

	BI	MSD	Pfizer	AGM
<b>Non-selective NSAID</b>		0.28 <sup>a</sup>	0.23 (generic) 0.44 (branded)	
Ibuprofen				0.11
Diclofenac	0.3343			0.13
Piroxicam	0.1193			
<b>COX-2</b>				
Celecoxib			0.75 (OA) 0.90 (RA)	0.718 (LD) 1.436 (HD)
Etodolac			0.52	0.29 (generic) 0.52 (branded)
Etoricoxib		0.82	0.82 (OA) 0.85 (RA)	0.82
Meloxicam	0.3333 (OA) 0.4633 (RA)		0.38	0.33 (LD) 0.46 (HD)
Rofecoxib		0.80	0.85 (OA) 0.89 (RA)	0.77
Valdecoxib			0.77	0.77
<b>PPI</b>		0.71 <sup>a</sup>		
Omeprazole				0.46
Pantoprazole	0.8446			
NSAID + PPI			0.93	
<b>Analgesics</b>				0.05
Acetaminophen (paracetamol)	0.3760			

BI, Boehringer Ingelheim; MSD, Merck Sharp and Dohme.  
<sup>a</sup> The average daily cost within a drug class (NSAID, PPI, H<sub>2</sub>-antagonist) was obtained using data from the MediPlus database and taking the sum of individual products weighted by market share.

used by the company are considerably higher. This difference in non-selective NSAID cost would again favour the company model QALY ICER for rofecoxib.

In conclusion, not surprisingly, the cost-effectiveness results for COX-2s are dependent on model structure, effectiveness and cost parameter values. The company model and AGM both show that etoricoxib, valdecoxib and meloxicam for 'average' patients have an ICER around or below £30,000 relative to a non-selective agent. However, based on a more appropriate model structure (which includes MI events) and utilisation of parameters values based on available trial evidence, the Birmingham AGM model ICERs for celecoxib and rofecoxib are substantially less attractive than those of the company.

### 'High risk'-patients

The Boehringer Ingelheim and Pfizer reports present results for 'high-risk' patients, comparing COX-2 selective NSAID with non-selective NSAID alone. The Merck Sharp and Dohme report gives an ICER for a COX-2 selective NSAID compared with a non-selective NSAID combined with a PPI

in average-risk patients. However, unlike the report of the AGM-based analyses, none of the company submissions gives explicit results for the comparison of a COX-2 selective NSAID with a non-selective combined with a PPI in high-risk patients. Therefore, no direct comparison of the cost-effectiveness results for the AGM and company models for high-risk patients is possible.

### Summary

- The Assessment Group has undertaken a new modelling exercise that used the Markov model developed originally by Maetzel and colleagues<sup>305</sup> as a starting point.
- The model has been designed to run in two different forms: the 'full AGM', which includes an initial drug switching cycle, and the 'simpler AGM', where there is no initial cycle and no opportunity for the patient to switch NSAID.
- The main data sources for clinical parameters are the meta-analysis results from our systematic review. Where necessary, we have used other sources.

- Using the simpler AGM, with ibuprofen or diclofenac alone as the comparator, all of the COX-2 products are associated with higher costs (i.e. positive incremental costs) and small increases in effectiveness (i.e. positive incremental effectiveness), measured in terms of QALYs. The magnitude of the incremental costs and the incremental effects, and therefore the ICERs, vary considerably across all COX-2 selective NSAIDs.
- When the simpler AGM was run using ibuprofen or diclofenac combined with PPI as the comparator, the results change substantially, with the COX-2 drugs looking generally unattractive from a cost-effectiveness point of view. This applies both to ‘average-risk’ patients and to ‘high-risk’ patients defined in terms of previous GI events. The full model produced results broadly in line with the simpler model.
- Differences in the results of the AGM compared with company models and the publication by Maetzel and colleagues on their model reflect the wide variability in the choice of clinical and cost parameters. The parameter values used in the AGM model are based on a comprehensive meta-analysis of all known trial data and the unbiased selection of drug prices based on current NHS tariffs.



## Chapter 6

### Implications for other parties

**R**A and OA are common chronic conditions that have a substantial negative impact on the quality of life of sufferers. In addition to healthcare costs, arthritis is associated with considerable indirect costs incurred by patients and carers as the result of forgone paid work and

forgone leisure time. Although the difference in pain relief between non-selective NSAIDs and COX-2 selective NSAIDs is likely to be small, differences in GI tolerability of NSAIDs and serious GI events, if realised, would have important quality of life implications for patients.



## Chapter 7

### Factors relevant to the NHS

An important implication of switching from non-selective NSAIDs to COX-2 selective NSAIDs for the management of individuals with OA and RA is drug cost and increased budget impact. Healthcare professionals need to be able to identify clearly the precise role of COX-2 selective NSAIDs in OA and RA to maximise health. Current NICE guidance recommends the use of COX-2 selective drugs in **high-risk** individuals (i.e. age  $\geq 65$  years; previous history of GI events; patients taking concomitant anticoagulants or corticosteroids) with OA and RA. Individuals not at high risk are recommended to remain on non-selective NSAIDs.

The poor adherence to current guidelines in audits of routine practice, described in the introduction of this report, highlights the potential limitations of these guidelines. Clinicians prescribing drugs often make judgements about risks and benefits and choose drugs based on personal knowledge of individual patients and their preferences, professional experience and nuances of medical history. These factors cannot be incorporated readily into guidelines.



# Chapter 8

## Discussion

### Main results

The purpose of this report was to assess the effectiveness and cost-effectiveness of COX-2 selective NSAIDs (etodolac, meloxicam, celecoxib, rofecoxib, etoricoxib, valdecoxib and lumiracoxib) for the management of patients with OA and RA.

### Clinical effectiveness

Our review, which supports data in other reviews, showed that COX-2 selective NSAIDs are generally similar to non-selective NSAIDs for the symptomatic relief of RA and OA. Meloxicam appears to be less effective for pain than non-selective NSAIDs, particularly piroxicam, although this finding is very likely a result of inappropriate dose comparisons in trials.

Celecoxib, rofecoxib and lumiracoxib significantly reduced the risk of both PUBs and POBs compared with non-selective NSAIDs. The reduction in risk was also shown for other COX-2 selective NSAIDs, although differences failed to reach statistical significance. However, given the low number of events reported, the estimates of RRs are highly uncertain. Indeed, the RR across the COX-2 selective NSAIDs appear similar, for example, for PUBs: meloxicam RR 0.53 (95% CI 0.29 to 0.97); etodolac RR 0.32 (95% CI 0.15 to 0.71); celecoxib RR 0.55 (95% CI 0.40 to 0.76); rofecoxib RR 0.43 (95% CI 0.32 to 0.57); etoricoxib RR 0.23 (95% CI 0.05 to 1.08); valdecoxib RR 0.20 (95% CI 0.03 to 1.46); and lumiracoxib RR 0.47 (95% CI 0.37 to 0.61). Nevertheless, these comparisons should be interpreted with caution as they are based on differing amounts of evidence, concerns about appropriate doses of COX-2 selective NSAIDs, especially meloxicam, and are indirect comparisons. There are many potential confounding differences in the patient populations included, such as the use of concomitant therapies, choice and dosage of comparator NSAIDs and methods of assessing outcomes. The remarkable heterogeneity of non-selective NSAIDs in their ability to cause serious UGI events in observational studies also raises concerns about comparisons based on meta-analyses of single COX-2 selective NSAID versus a basket of non-selective NSAIDs.<sup>45</sup>

A proportion of patients at high risk were included in some trials, but many studies excluded higher risk patients, for example those on low-dose aspirin. This limits the generalisability of this trial evidence. Certain individuals such as those with a previous peptic ulcer have a higher risk of further bleeding, regardless of NSAID use. A small number of trials have included subgroup analyses comparing high-risk with 'average-risk' patients. For example, the GI protective effect of celecoxib appears to be independent of age ( $\leq 65$  versus  $> 65$  years), *H. pylori* status, low-dose aspirin use and steroid use. However, analyses are based on relatively small numbers of patients. A direct comparison of celecoxib with diclofenac combined with omeprazole in patients with a recent GI bleed did not show any significant differences, although the wisdom of giving any NSAIDs to some patients in this category is questionable.

We have shown that patients on a number of the COX-2 selective NSAIDs (celecoxib, rofecoxib, etoricoxib and lumiracoxib) appear to be at increased risk of an MI event compared with those on non-selective NSAIDs, especially naproxen, supporting other data indicating a cardioprotective effect of non-selective NSAIDs compared with placebo, presumably through inhibition of platelet activity.<sup>308,312</sup> Since this report was written, rofecoxib has been globally withdrawn on the basis of raised adverse CV events.

### Cost-effectiveness

#### Review of cost-effectiveness literature

A systematic review of the cost-effectiveness literature on COX-2 selective NSAIDs has been undertaken. The results of published economic evaluations are highly variable. Virtually all analyses made use of a decision analytic model. Published models vary in some important aspects (e.g. whether switching of therapy is considered, time frame, nature of events considered) making direct comparisons difficult. Studies that explicitly considered CV events were generally less favourable to COX-2 selective NSAIDs. Economic analyses that modelled costs and benefits over a relatively short period (usually between 6 and 12 months) tended to favour COX-2 selective NSAIDs, but analyses allowing a longer time horizon, for example between 5 years and a

patient's lifetime, found ICERs that were considerably higher. Where restricted use of COX-2s was considered as part of the analysis, for example to high-risk patients, cost-effectiveness was more favourable.

### **Review of industry submissions**

Industry submissions including a formal economic evaluation were received from three companies: Pfizer (celecoxib and valdecoxib), Merck Sharp and Dohme (rofecoxib and etoricoxib) and Boehringer Ingelheim (meloxicam). All three used a decision modelling approach, although the models vary in some important aspects, hence direct comparisons are, again, difficult. All analyses compared COX-2 selective NSAIDs with a non-selective NSAID strategy (in some cases with co-therapy). The results, if taken at face value, support the widespread use of celecoxib, rofecoxib, meloxicam, etoricoxib and valdecoxib. None of the analyses report direct comparisons of different COX-2 selective NSAIDs but all found, consistently, in sensitivity analyses, that cost-effectiveness was more favourable when drug use was restricted to 'high-risk' patients and when the COX-2 selective NSAIDs had a large beneficial effect on UGI events.

### **Assessment Group Model**

Our own model was an extension of the model developed by Maetzel and colleagues.<sup>305</sup> We added an initial cycle allowing for early switching of drugs, in order to reflect more accurately the patterns of NSAID use in primary care. Subsequent cycles largely follow the original Maetzel model structure. Initial cycle probabilities are mainly based on Langman and colleagues,<sup>76</sup> who reported on patterns of NSAID use in a large cohort of primary care patients. For the main Markov cycles we used the results from our own systematic review, where possible.

Our model shows, that in comparison with non-selective NSAIDs, the various COX-2 selective NSAIDs considered in this report are associated with a wide range of costs per QALY gained in arthritis patients. Cost per QALY differed for each COX-2 selective agent, whether the drug was to be used for an 'average-risk' patient or a 'high-risk' patient (one with a previous GI ulcer or bleed), the choice of non-selective NSAID comparator and whether the non-selective NSAID was used in combination with a PPI.

These cost-effectiveness results appear plausible, given the costs and the effects of COX-2 selective NSAIDs. For example, the highest price COX-2

selective NSAID is high-dose celecoxib and this has the highest incremental cost, and the lowest price COX-2 selective NSAIDs is etodolac (generic) and this has the lowest incremental cost. Similarly, the COX-2 selective NSAIDs with prices between these two ends of the price scale have incremental cost estimates that are broadly in line with their prices. On the estimates of incremental effects, although the picture is less immediately obvious, the ordering of the COX-2 selective NSAIDs is as one would have predicted on the basis of the input clinical parameter values from meta-analyses. For the sake of exposition, COX-2 selective NSAIDs can be crudely divided on the basis of their incremental effectiveness results into two groups: 'higher' incremental effectiveness group (etoricoxib, valdecoxib and meloxicam) and 'lower' incremental effectiveness group (lumiracoxib, rofecoxib, celecoxib and etodolac). This grouping makes sense when considering the RR of any GI event inputs into the model. These RRs were no higher than 0.71 for the 'higher' incremental effectiveness group and no lower than 0.84 for the 'lower' incremental effectiveness group. Given that the estimates of incremental effectiveness and incremental cost are plausible and reasonable, then it follows that the ICERs are as well.

## **Assumptions, limitations and uncertainties**

A key strength of our report was its comprehensiveness – this report has identified more trials than many previous systematic reviews – and direct integration of the results of the systematic review into the assessment group economic model. In addition, we were able to include a number of direct comparisons between COX-2 selective NSAIDs published recently. The latter, particularly for rofecoxib, celecoxib and lumiracoxib, show similar efficacy between agents but direct comparisons with adequate power, using comparable doses, and of sufficient duration are needed to clearly understand safety issues.

Some other limitations in the evidence were identified:

1. Outcomes examined by trials are relatively broad and sometimes poorly defined, particularly for older studies, increasing the potential for bias in the reporting and analysis of data. For example, in most trials, the PUB category did not provide specific data about the frequency of perforations, gastric outlet

obstructions or GI bleeds associated with haemodynamic instability or hospitalisation because of these adverse events.

2. Many studies did not report adverse events adequately or, perhaps worse, mentioned several events in an *ad hoc* manner, so that, when collated, events may not have reflected their actual occurrence or allowed meaningful comparisons between drugs used.
3. There was a lack of consistency in the reporting of the principle GI safety events of POBs and PUBs. This was due to both different operational definitions of these events across different studies and also the differential access to outcomes details, for example whether a full trial report was available. This reporting bias appeared to vary across COX-2 NSAIDs. Therefore, considerable caution needs to be applied in directly comparing the pooled POBs and PUBs between drugs.
4. The non-selective NSAID preferred in many studies, naproxen, reflects preferences in the USA, where naproxen is used widely. In England and Wales, diclofenac and ibuprofen predominate. In some studies, the choice and dose of non-selective NSAID comparator, and limited details of the population studied (for example, aspirin use and prior GI history), make it difficult to generalise this evidence base to routine clinical practice.
5. Age restrictions and other exclusion criteria also limit generalisability, supporting the case for more pragmatic studies. A variety of observational data clearly show the limitations of NSAIDs in clinical practice. Trials reported here invariably included individuals who were established and accepting of NSAIDs and indeed required a **flare** of symptoms on NSAID withdrawal before inclusion. This biases towards not only inflated figures on drug retention with chronic therapy, but also a greater likelihood of response to any therapy on the basis of spontaneous improvement of symptoms after a flare (regression to the mean).

Potential limitations of our review:

1. According to the assessment criteria used, the majority of included trials were judged to be of 'good' to 'excellent' quality, that is, with appropriate randomisation and concealment, double blinding and low loss to follow-up. However, despite selective inclusion criteria, there was often considerable attrition in many trials because of adverse events and lack of efficacy. This attrition varied for different drugs, so, for example, in the CLASS study 47
- and 41% of patients completed the trial at 52 weeks in the celecoxib and non-selective NSAID (diclofenac and ibuprofen) arms, respectively. As a result, there is less patient 'exposure' to non-selective NSAID than celecoxib in the initially randomised groups. By implication, this would favour NSAID patients for GI safety outcomes. This is overcome, however, by presenting data that allow for differing durations of drug exposure.
  2. The quality and amount of evidence for newer COX-2 selective drugs were generally far greater than for older drugs, particularly in terms of long-term GI and CV safety data. This, and the heterogeneity of outcome data for selective and non-selective NSAIDs (indicated by observational studies), raise a question about, conceptually, considering NSAIDs simply as two separate classes of agents.
  3. For accuracy, we relied on full study reports for data. However, trial reports from drug sponsors were not available universally. For example, most celecoxib trials study reports were available, but in contrast no industry study reports were available for etodolac and meloxicam. This may have led to unforeseen biases.
- There are a number of potential limitations of the cost-effectiveness analysis undertaken in this report, including issues of model structure and model parameters:
1. The majority of models developed for arthritis specifically exclude consideration of adverse events other than GI events and MI risk and therefore do not take into account differences in GI tolerance or efficacy between drugs. Nor do published models allow for differences between agents in other adverse events such as skin rashes or hepatitis. As an adaptation of the Maetzel model, the AGM is similar in this respect, but the initial ('switching') cycle added to our model allows drug switching and therefore does take into account, to some extent, drug changes, including withdrawal for lack of efficacy or adverse events.
  2. The model only allows one clinical event possible in each cycle (i.e. an arthritis patient cannot undergo MI and a serious GI event within same Markov cycle).
  3. Our model, in common with other published models, does not consider drug compliance and the tendency for many patients to use NSAIDs intermittently rather than continuously.
  4. Relatively limited observational data were available to populate the initial (switching) cycle of the model.

5. Clinical GI events and MI risk for comparator NSAIDs used in the model were based on data from patients in CLASS not taking aspirin. In contrast, the model used RRs of clinical GI events and MI for the COX-2 selective agents were based on meta-analysis that includes all trial patients (i.e. both aspirin users and non-users). Nevertheless, evidence from our clinical review indicates that the effect of COX-2 on GI events and MI risk is maintained, regardless of aspirin status.
6. There is uncertainty around the GI protective RR associated with PPI plus non-selective NSAID compared with non-selective NSAID alone.
7. The utility values used are based on those reported by Maetzel and colleagues<sup>305</sup> using a sample of the general public and the standard gamble method. Although this is a recognised approach to the derivation of utility values, it has been pointed out that the method may underestimate the severity of short-term effects.<sup>305</sup>

### Need for further research

Clinical evidence is still lacking for many areas related to the use of COX-2 selective NSAIDs for OA and RA patients. Further research addressing

the following issues would be particularly valuable for clinical practice and policy decision-making:

1. Trials that assess the relative efficacy and costs of COX-2 selective NSAIDs versus combination of non-selective NSAIDs and gastroprotective agents (e.g. PPIs) in people at 'standard' risk and those at a higher risk.
2. Additional evidence of the safety of etodolac, meloxicam, etoricoxib and valdecoxib in terms of clinical GI events and serious CV events.
3. Trials that assess the relative costs, efficacy and safety effects:
  - (a) of different COX-2 selective NSAIDs directly compared using equivalent doses which are used in standard clinical practice
  - (b) of lower doses of non-selective NSAIDs, for example ibuprofen 1200 mg/day, which are routinely used in clinical practice
  - (c) and include patients with differing CV and GI risks including those on aspirin and, particularly, older age groups likely to need NSAIDs
  - (d) patients with differing types and severities of OA.
4. Further observational studies that describe patterns of drug use by informed patients with OA and RA including switching between agents.



## Chapter 9

# Conclusions

The COX-2 selective NSAIDs examined in this report (i.e. etodolac, meloxicam, celecoxib, rofecoxib, valdecoxib, etoricoxib and lumiracoxib) were found to be similar to non-selective NSAIDs for the symptomatic relief of RA and OA and provide superior GI tolerability (the majority of evidence is in patients with OA). Although COX-2 selective drugs offer protection against serious GI events (i.e. PUBs and POBs) compared to non-selective NSAIDs, the amount of evidence for this protective effect varied considerably across individual drugs. A number of the COX-2 selective NSAIDs appear to increase MI risk compared with

non-selective NSAIDs, particularly naproxen (since this report was initially written, rofecoxib has been globally withdrawn because of its increased CV risk). In comparison with non-selective NSAIDs, COX-2 selective NSAIDs are more expensive.

Economic modelling shows a wide range of possible costs per QALY gained in patients with OA and RA. Costs per QALY also varied if individual drugs were used in 'average-risk' or 'high-risk' patients, and according to the choice of non-selective NSAID comparator and whether that NSAID was combined with a PPI.



# Chapter 10

## Postscript

### Special note regarding contents presented in this report and the interpretation of the evidence

The contents of this Health Technology Assessment (HTA) report are based upon a technology assessment report that was compiled during a review of Technology Appraisal Guidance No. 27 carried out by NICE in 2004. The review of the guidance was temporarily suspended in February 2005 following the withdrawal of rofecoxib and pending the outcome of a review of the safety of COX-2 selective NSAIDs by EMEA. The EMEA review, released in June 2005, confirmed the increased CV risk of COX-2 selective NSAIDs and also raised important questions concerning the role of all NSAIDs within the pathway of care. As these issues are beyond the scope of the initial Technology Appraisal Guidance, NICE has subsequently decided not to proceed with the review of the guidance but instead will consider these issues in the forthcoming clinical guidelines for OA (publication expected in 2008) and RA (being proposed to the Department of Health).

HTA reports based on technology assessment reports are usually published towards the end of a technology appraisal. The publication of this HTA report was substantially delayed, however, because of the unusual circumstances surrounding the review of the technology appraisal for COX-2 selective NSAIDs. A decision was finally made by the National Coordinating Centre for Health Technology Assessment (NCCHTA) to publish the HTA monograph based on the technology assessment report that was completed in 2004, serving as an archive of the situation as it was when the work was conducted. Readers are therefore minded that evidence included in this report is based on searches of electronic databases up to November 2003 and industry submissions in February 2004 (which covers many of the trials subsequently published in 2004–5). New evidence that has emerged since should be considered alongside the evidence presented in this HTA report. A brief summary of significant events, current status (as in February 2007), and emerging

evidence associated with COX-2 selective NSAIDs is provided in the next section. On occasion, new evidence and official documents may override statements previously made in this report. Where possible, a note has been inserted at the beginning of relevant sections to alert readers.

### Current status of COX-2 selective NSAIDs and emerging evidence

#### Safety of COX-2 selective NSAIDs

Since the initial completion of this report, substantial evidence (largely from trials with indications other than OA and RA) concerning the safety of COX-2 selective NSAIDs has emerged. The new evidence, which is briefly summarised below, has profound implications on the licensing status and clinical use of these drugs.

On 30 September 2004, Merck announced a voluntary worldwide withdrawal of rofecoxib after the data from the Adenomatous Polyp Prevention on Vioxx (APPROVe) trial demonstrated an increased risk of serious CV events for rofecoxib 25 mg/day compared with placebo in individuals with a history of colorectal adenomas.<sup>313</sup> In December 2004, another Adenoma Prevention with Celecoxib (APC) trial that compared celecoxib 400–800 mg/day to placebo was halted prematurely following the recommendation of its data and safety monitoring board due to a dose-related increase in the risk of serious CV events for patients treated with celecoxib.<sup>314</sup> The safety of COX-2 selective NSAIDs was further questioned as an increased incidence of serious CV events was observed in patients treated with valdecoxib and parecoxib (intravenous prodrug of valdecoxib) compared with those treated with placebo in a short-term trial of postoperative pain after coronary artery bypass grafting.<sup>315</sup>

Triggered by the emerging evidence, both the FDA and EMEA conducted a thorough review of available data with regard to the safety of COX-2 selective NSAIDs and also non-selective NSAIDs in 2004–5. The FDA review, completed in April 2005, concluded:<sup>316</sup>

- The three approved COX-2 selective NSAIDs (i.e., celecoxib, rofecoxib and valdecoxib) are associated with an increased risk of serious adverse CV events compared with placebo. The available data do not permit a rank ordering of these drugs with regard to CV risk.
- Data from large long-term controlled clinical trials that have included a comparison of COX-2 selective and non-selective NSAIDs do not clearly demonstrate that the COX-2 selective agents confer a greater risk of serious adverse CV events than non-selective NSAIDs.
- Long-term placebo-controlled clinical trial data are not available to assess adequately the potential for the non-selective NSAIDs to increase the risk of serious adverse CV events.
- Pending the availability of additional long-term controlled clinical trial data, the available data are best interpreted as being consistent with a class effect of an increased risk of serious adverse CV events for COX-2 selective and non-selective NSAIDs.
- Short-term use of NSAIDs to relieve acute pain, particularly at low doses, does not appear to confer an increased risk of serious adverse CV events (with the exception of valdecoxib in hospitalised patients immediately postoperative from coronary artery bypass surgery).

The FDA review also concluded that valdecoxib is associated with an increased rate of serious and potentially life-threatening skin reactions compared with other COX-2 selective NSAIDs, and the overall benefit versus risk profile for valdecoxib is unfavourable for marketing. Pfizer has subsequently suspended sales of valdecoxib at the request of FDA and EMEA.<sup>317</sup>

The Committee for Medicinal Products for Human Use (CHMP) of the EMEA concluded its review of COX-2 selective NSAIDs (celecoxib, etoricoxib, lumiracoxib, parecoxib and valdecoxib) in June 2005.<sup>318</sup> It recommended the suspension of the marketing authorisation of valdecoxib and the following contraindications and precautions for the remaining COX-2 selective NSAIDs:

- Contraindications stating that COX-2 selective NSAIDs must not be used in patients with established ischaemic heart disease and/or cerebrovascular disease (stroke), and also in patients with peripheral arterial disease.
- Reinforced warnings to healthcare professionals to exercise caution when prescribing COX-2 selective NSAIDs to patients with risk factors for heart disease, such as hypertension,

hyperlipidaemia (high cholesterol levels), diabetes and smoking.

- Given the association between CV risk and exposure to COX-2 selective NSAIDs, doctors are advised to use the lowest effective dose for the shortest possible duration of treatment.
- Additional or strengthened warnings to healthcare professionals and patients that hypersensitivity reactions and rare, but serious and sometimes fatal skin reactions can occur with all COX-2 selective NSAIDs. In the majority of cases these occur in the first month of use, and prescribers are warned that patients with a history of drug allergies may be at greater risk.

The EMEA's safety review on non-selective NSAIDs (diclofenac, etodolac, ibuprofen, indomethacin, ketoprofen, meloxicam, nabumetone, naproxen, nimesulide and piroxicam) was completed in October 2005 and concluded that there are no new safety concerns regarding CV and GI safety and serious skin reactions with non-selective NSAIDs, but these drugs will be continuously monitored as for all medicinal products.<sup>319</sup>

### Current licensing status and NICE guidance

As per February 2008, the withdrawal of rofecoxib and valdecoxib remains in effect. Lumiracoxib was launched in the UK in January 2006 but was withdrawn in December 2007 due to serious side-effects affecting the liver. Consequently, four (etodolac, meloxicam, celecoxib and etoricoxib) of the seven COX-2 selective NSAIDs are currently available for the treatment of OA and RA in the UK.

The EMEA safety review in 2005 resulted in some changes primarily related to cautions and contraindications in the summaries of product characteristics (SmPCs) of COX-2 selective NSAIDs. NICE concluded in January 2006 that its Guidance No. 27 issued in 2001 should not be withdrawn, but has issued a document detailing the interpretation of the guidance in view of these changes.<sup>320</sup> The key points of the document are:

- COX-2 selective NSAIDs should be used at the minimum effective dose for the shortest duration necessary.
- Prescribers should take note of the revised contraindications and warnings with regard to potentially life-threatening GI perforations, ulcers or bleeds associated with all NSAIDs, including COX-2 selective NSAIDs. Caution is

advised with treatment of patients most at risk of developing a GI complication with NSAIDs: the elderly, patients using any other NSAID or aspirin concomitantly or patients with a prior history of GI disease, such as ulceration and GI bleeding.

- A significant difference in GI safety between selective COX-2 selective NSAIDs + aspirin versus non-selective NSAIDs + aspirin has **not** been demonstrated in long-term clinical trials.
- As etodolac and meloxicam are regarded as non-selective NSAIDs in the EMEA review, these two drugs are now contraindicated in patients with a history of GI bleeding or perforation, related to previous NSAID therapy. In line with other non-selective NSAIDs, combination therapy with gastroprotective agents should be considered when prescribing etodolac and meloxicam for patients with a history of ulcer, those requiring concomitant low-dose aspirin, or other drugs likely to increase GI risk.
- The EMEA safety review has confirmed the concerns about the CV safety of COX-2 selective NSAIDs.

### Emerging evidence and ongoing trials

Although the FDA and EMEA safety reviews generally supported that there is increased risk of serious CV events associated with COX-2 selective NSAIDs as a class, uncertainty remains with regard to whether and to what extent the risk differs between individual drugs, and whether such effect extends to the whole class of NSAIDs including non-selective NSAIDs.<sup>321</sup> Kearney and colleagues published a comprehensive meta-analysis of the incidence of serious vascular events in RCTs of COX-2 selective NSAIDs (celecoxib, rofecoxib, etoricoxib, valdecoxib and lumiracoxib) in 2006.<sup>322</sup> They found a 42% relative increase in the incidence of serious vascular events (rate ratio 1.42, 95% CI 1.13 to 1.78) for COX-2 selective NSAIDs compared with placebo, with little heterogeneity between individual drugs. COX-2 selective NSAIDs were also associated with an

increased incidence of serious vascular events when compared with naproxen (rate ratio 1.57, 95% CI 1.21 to 2.03) but not other non-naproxen NSAIDs (rate ratio 0.88, 95% CI 0.69 to 1.12).

Another meta-analysis of 114 RCTs by Zhang and colleagues found significant heterogeneity between individual COX-2 selective NSAIDs with regard to the risk of adverse renal effects.<sup>323</sup> Compared with controls, rofecoxib was associated with an increased risk of composite renal events (RR 1.53, 95% CI 1.33 to 1.76) and arrhythmia (RR 2.90, 95% CI 1.07 to 7.88), whereas celecoxib was associated with a decreased risk of renal dysfunction (RR 0.61; 95% CI 0.40 to 0.94) and hypertension (RR 0.83, 95% CI 0.71 to 0.97). Other COX-2 selective NSAIDs were not significantly associated with risk.

As already highlighted earlier in this report, the amount of evidence from good-quality RCTs of sufficient sample size and duration varied substantially between individual COX-2 selective NSAIDs included in this report, with celecoxib, rofecoxib and lumiracoxib having accumulated the largest amount of trial evidence. The number of serious GI and CV events reported in etodolac, meloxicam, valecoxib and etoricoxib trials was still too small to allow the quantification of risk with sufficient precision. The results of three large etoricoxib trials have subsequently been published:<sup>324–326</sup> EDGE,  $n = 7111$ , etoricoxib 90 mg/day versus diclofenac 150 mg/day in OA; EDGE II,  $n = 4086$ , etoricoxib 90 mg/day versus diclofenac 150 mg/day in RA; MEDAL,  $n = 23,504$ , etoricoxib 60 or 90 mg/day versus diclofenac 150 mg/day in OA and RA. In addition, Pfizer has planned the largest celecoxib trial (PRECISION) in which 20,000 patients with OA or RA, with or at risk of developing CV disease will be enrolled to compare CV safety between celecoxib and ibuprofen/naproxen.<sup>327</sup> The results of these trials will help in expanding the existing evidence base.





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### Contribution of authors

Yen-Fu Chen (Systematic Reviewer) coordinated the clinical evidence aspects of the review, applied the inclusion and exclusion criteria, extracted data, appraised studies, conducted meta-analysis, wrote the body of the report and edited the report. Paresh Jobanputra (Consultant Rheumatologist) wrote the introduction and background, carried out data extraction, assisted in the identification of non-trial data inputs to the model and edited the report. Pelham Barton (Lecturer in Mathematical Modelling ) adapted the 'front end' to the Maetzel model, ran the assessment group model, wrote the model section and edited the report. Stirling Bryan (Professor of Health Economics) appraised the industry models, wrote the review of economic studies and edited the report. Anne Fry-Smith (Information Specialist) carried out the searches. Gwyn Harris (General Practitioner) provided advice on relevant clinical issues and commented on the drafts of the report. Rod Taylor (Reader in Public Health and Epidemiology) supervised the project, applied the inclusion and exclusion criteria, extracted data, appraised studies and conducted meta-analysis and drafted the discussion section of the report.







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***We look forward to hearing from you.***